

FARMINGTON VALLEY YMCA INVITATIONAL

December 4&5, 2021

97 Salmon Brook Street, Granby, CT 06053

<https://goo.gl/maps/QcV17JKcVHCu7Mxh6>

This meet information is subject to change given the fluid nature of COVID-19. Be aware that CDC, State of CT, and local jurisdiction guidelines or public health actions may change quickly and without warning. Visit ctswim.org or the host website for any updates.

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #S21-37. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

COVID-19 Statement

In applying for this sanction, the Host, Farmington Valley YMCA Tsunamis, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Connecticut Swimming, the State of Connecticut and Farmington Valley Health District. <http://www.fvhd.org/>

COVID-19 Assumption of Risk Disclaimer

We, Farmington Valley YMCA, have taken enhanced health and safety measures – for athletes, coaches, officials, volunteers, and meet management. You must follow all instructions while participating in/spectating at Farmington Valley YMCA Invitational or on site at Farmington Valley YMCA. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in/spectating at Farmington Valley YMCA Invitational and being on site at Farmington Valley YMCA, you voluntarily assume all risks related to exposure to COVID-19.

COVID-19 Release

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND CONNECTICUT SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR

CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

WAIVER: All participants and spectators must sign the Waiver of Liability and Hold Harmless Agreement found on the last page of this meet announcement. Waivers will be collected by the meet host on the day of the meet.

EVENTS

Meet Director:	Mike Beauchene	michael.beauchene@sbcglobal.net	860-485-2474
Meet Referee:	Nancy Wargo	nwargo10@gmail.com	
Lead Admin Official:	Joann Bresnahan	joannbres@gmail.com	
Entry Chair:	Mario Sobrinho	Mario.francisco@ghymca.org	860-707-5569
Safety Chair:	Mario Francisco	Mario.francisco@ghymca.org	860-707-5569
Officials Contact:	Mike Beauchene	michael.beauchene@sbcglobal.net	860-485-2474

MEET HOST: Farmington Valley YMCA.

WEBSITE: WWW.TEAMUNIFY.COM/YMCA-0964

POOL EMERGENCY NUMBER: 860-653-5524

SANCTIONED OR APPROVED: Sanctioned

MEET DURATION: Full meet with time limits as defined by CT/USA Swimming;

MEET FORMAT: The meet will be swum as Timed-Final

SCRATCH PROCEDURES: Coaches will receive an informational envelope containing entry reports for each swimmer's events upon team check in. All scratches are to be submitted to the computer table 30 minutes after the start of the session warm ups. Swimmers are automatically seeded in the meet if a scratch is NOT turned in.

BEFORE ENTERING FACILITY or WHAT TO BRING: Swimmers should arrive in their swim suits and must wear a mask at all times when not swimming. Swimmers should be dropped at the front entrance to the YMCA where they will Temperature screened and asked screening questions. Once inside the Y, they should proceed to their designated staging area and where they will be assigned a seat for the duration of the meet.

FACILITY: Farmington Valley YMCA competition pool is 8 lanes 25-yard pool. Water depth at start end is: 6.3ft Water depth at turn end is: 4ft. Select One: The competition course has not been certified in accordance with 104.2.2C(4). Colorado Timing System, in compliance with USA Swimming Rulebook

SAFE SPORT POLICIES: There will be no spectators on deck. The meet will be live streamed via Zoom. A secure password protected link will be sent to families of participating swimmers before the meet. (situation will be evaluate 2 weeks before the meet date.

DISABLED ACCESS: Handicap parking is available near the front entrance of the Y. All areas of the YMCA are handicap accessible.

COURSE: SCY.

SESSION TIMES: Subject to Change

Saturday December, 4 – 12 and Under Session – Warm Up 12:00 pm Meet Start 1:10 pm

Saturday December, 4 – 13 & Over – Warm Up – 3:30 pm Meet Start 4:30 pm

Sunday December, 5 – 12 and Under Session – Warm Up 12:00 pm Meet Start 1:15 pm

Sunday December, 5 – 13 & Over – Warm Up – 3:30 pm Meet Start 4:30 pm

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. 8-lanes will be used for warm-ups. Each team will have access to the pool for a team warm up. Warm up sessions will be created after the entry deadline. Each team will keep record of lane assignments for swimmers within their warmup block.

ELIGIBILITY: All USA Swimming clubs and individuals. Athletes with Flex memberships must not have swum in more than one USA Swimming meet prior to this meet in order to be eligible.

All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck. Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a **\$100 fine** per instance, as described in CT Swimming meet policies:

<https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf>
and

https://www.ctswim.org/Customer-Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge**. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ADULT ATHLETES: All athletes who will be 18 years of age or older must complete the mandatory Athlete Protection Training prior to competition. Failure to do so will result in the swimmer being scratched from the meet.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to the [Connecticut Swimming office](#).

EVENT INFORMATION: The Farmington Valley YMCA reserve the right to apply other restrictions related to COVID-19 situation.

ENTRY LIMITATIONS: Max of 6 individual events for the swim meet, 3 event per session, 1000 yards will be limited to max 2 heats per gender

ENTRY TIMES: Submit entry times in SCY, all swimmers must have a time.

DEADLINES: deadline is November 23, 2021. Mail hardcopy and payment to the entry chair person: Mario Francisco Sobrinho, 97 Salmon Brook Street Granby, CT 06053. All entries must be legible and must use full

names and registration numbers from USA Swimming registration. Entries are received on the date by electronic file or hardcopy is received by the entry chairperson.

CONNECTICUT-ONLY DEADLINE: November 2, 2021. CT clubs meeting this deadline will be entered before out of state clubs.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at mario.francisco@ghymca.org. Please check that your team name, address, and contact information are listed correctly in this file. Payment must be received by 12/04/21, before the start of the meet.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

All athletes, and their parents, who enter without club affiliation will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

ENTRY FEES: Electronic entries: \$10.00 for individual events, \$10.00 for distance event, \$20.00 for relays. Manual entries: \$15.00 for individual events, \$15.00 for distance events, \$30.00 for relays. In the case of approved meets, include any per swimmer fees. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

OUTREACH ENTRY FEE REIMBURSEMENT: Participating clubs will submit payment in full to the meet host for all Outreach athlete entry fees (splash fees). These fees will be reimbursed by CSI to the participating CSI club after completion of the meet. Scratches and 'No Swims' will not be reimbursed. For more information and to submit a reimbursement visit the [Outreach Athlete](#) page on ctswim.org.

PAYMENT INSTRUCTIONS: Please make checks payable to FARMINGTON VALLEY YMCA and mail to: MARIO FRANCISCO. 97 Salmon Brook Street, Granby, CT 06035. Payment must be received by 12/04/2021, before the start of the meet.

CUT PROTOCOL:

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

1. The distance events of 1000 yards may be heat limited to the first 1 heats of entries per gender in the order they were received
2. The distance events 400/500 yards may be heat limited to the first 4 heats of entries per gender in the order they were received
3. Athletes aged 7 and Under will be cut from the meet.
4. The maximum number of events allowed per day may be reduced by one (1).
5. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: Yes; All relay swimmers must be officially entered in the meet.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

SWIMWEAR: Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

Professional photographers with current, official media credentials that are promoting the sport of swimming

Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training

A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA Swimming Vice President of Program Operations.

RULES: Current USA Swimming Rules will govern this meet.

TIME TRIALS: Yes Time trials may be offered at the discretion of the Meet Referee in accordance with CSI Policy if time allows. Time trials are limited to the events published in this meet announcement (age/distance/stroke). Time Trials will count toward the athlete's event limitations for the day and meet. If they are offered, only athletes properly entered in one or more events in the meet are eligible for time trials and must be properly entered in the Time Trial. The deadline for Time Trial entries is/are 3:00 pm for 12& U sessions and 06:00 for 13& Over sessions. The fee for Time Trial entries are \$20.00 for individual events and \$20.00 for relays.

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: Timers will be needed. Participating clubs will be notified of work assignments by the Monday before the meet. **OFFICIALS:** Please, let Mario Francisco know if you have official coming to the meet and what session they will be available.

All volunteers will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: No.

CONCESSIONS: No.

HOSPITALITY FOR COACHES AND OFFICIALS: Yes

PARKING: At the YMCA Parking lot

DIRECTIONS: 97 Salmon Brook Street, Granby, CT 06053
<https://goo.gl/maps/QcV17JKcVHCu7Mxh6>

WAIVER OF LIABILITY AND HOLD HARMLESS AGREEMENT

In consideration for receiving permission to BE ON PREMISES to either accompany my child or he or she conduct business, voluntarily participate in recreational events, attend practice or participate in training or compete at Farmington Valley YMCA or any Farmington Valley YMCA Tsunamis related activity (hereinafter the "Activity" or "Activities"), I, on behalf of myself and any minor child/children for whom I have the capacity to contract, hereby acknowledge and agree to the following:

- 1. I understand the hazards of the novel coronavirus ("COVID-19") and am familiar with the Centers for Disease Control and Prevention ("CDC") guidelines regarding COVID-19. I acknowledge and understand that the circumstances regarding COVID-19 are changing from day to day and that, accordingly, the CDC guidelines are regularly modified and updated, and I accept full responsibility for familiarizing myself with the most recent updates.
2. Notwithstanding the risks associated with COVID-19, which I readily acknowledge, I hereby willingly choose to participate in Activities.
3. I acknowledge and fully assume the risk of illness or death related to COVID-19 arising from my being on the premises and participating in the Activities and hereby RELEASE, WAIVE, DISCHARGE, AND COVENANT NOT SUE (on behalf of myself and any minor child/children for whom I have the capacity to contract) Farmington Valley YMCA Tsunamis and / or Farmington Valley YMCA and its owners, officers, directors, agents, employees, and assigns (the "RELEASEES") from any liability related to COVID-19 which might occur as a result of my being on the premises and participating in the Activities.
4. I shall indemnify, defend, and hold harmless the RELEASEES from and against any and all claims, demands, suits, judgments, losses or expenses of any nature whatsoever (including, without limitation, attorneys' fees, costs and disbursements, whether of in-house or outside counsel and whether or not an action is brought, on appeal or otherwise), arising from or out of, or relating to, directly or indirectly, the infection of COVID-19 or any other illness or injury.
5. It is my express intent that this Waiver and Hold Harmless Agreement shall bind any assigns and representatives, and shall be deemed as a RELEASE, WAIVER, DISCHARGE, AND COVENENANT NOT TO SUE the above-named RELEASEES. This Agreement and the provisions contained herein shall be construed, interpreted, and controlled according to the laws of the State of Connecticut. I HEREBY KNOWINGLY AND VOLUNTARILY WAIVE ANY RIGHT TO A JURY TRIAL OF ANY DISPUTE ARISING IN CONNECTION WITH THIS AGREEMENT. I ACKNOWLEDGE THAT THIS WAIVER WAS EXPRESSLY NEGOTIATED AND IS A MATERIAL INDUCEMENT OF THE PERMISSION GRANTED BY RELEASEES TO BE ON PREMISES AND PARTICIPATE IN THE ACTIVITIES. BY SIGNING THIS AGREEMENT, I ACKNOWLEDGE AND REPRESENT THAT I have read the foregoing Waiver of Liability and Hold Harmless Agreement, understand it and sign it voluntarily as my own free act and deed; no oral representations, statements, or inducements, apart from the foregoing written agreement, have been made; I am at least eighteen (18) years of age and fully competent; and I execute the Agreement for full, adequate, and complete consideration fully intending to be bound by same.

IN WITNESS WHEREOF, I have signed this Waiver and Agreement under seal on this ____ day of December, 2021.

SIGNATURE: _____

NAME: _____ ADDRESS: _____

NAMES OF MINOR CHILD(REN), IF ANY: _____

Farmington Valley Invitational - 12/4/2021 to 12/5/2021**Session Report**

Session: 1 12&U SATURDAY

Day of Meet: 1 Starts at 01:10 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event
Finals	201 Girls 12 & Under 500 Freestyle
Finals	202 Boys 12 & Under 500 Freestyle
Finals	203 Girls 12 & Under 50 Butterfly
Finals	204 Boys 12 & Under 50 Butterfly
Finals	205 Girls 12 & Under 100 Backstroke
Finals	206 Boys 12 & Under 100 Backstroke
Finals	207 Girls 12 & Under 200 Butterfly
Finals	208 Boys 12 & Under 200 Butterfly
Finals	209 Girls 12 & Under 50 Freestyle
Finals	210 Boys 12 & Under 50 Freestyle
Finals	211 Girls 12 & Under 100 Breaststroke
Finals	212 Boys 12 & Under 100 Breaststroke
Finals	213 Girls 12 & Under 100 IM
Finals	214 Boys 12 & Under 100 IM

Session: 2 13&OVER SATURDAY

Day of Meet: 1 Starts at 04:30 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event
Finals	301 Girls 500 Freestyle
Finals	302 Boys 500 Freestyle
Finals	303 Girls 100 Breaststroke
Finals	304 Boys 100 Breaststroke
Finals	305 Girls 50 Freestyle
Finals	306 Boys 50 Freestyle
Finals	307 Girls 200 Butterfly
Finals	308 Boys 200 Butterfly
Finals	309 Girls 200 IM
Finals	310 Boys 200 IM
Finals	311 Girls 100 Backstroke
Finals	312 Boys 100 Backstroke
Finals	313 Girls 200 Freestyle Relay
Finals	314 Boys 200 Freestyle Relay

Farmington Valley Invitational - 12/4/2021 to 12/5/2021
Session Report

Session: 3 12&U SUNDAY

Day of Meet: 2 Starts at 01:10 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event
Finals	401 Girls 12 & Under 200 Freestyle
Finals	402 Boys 12 & Under 200 Freestyle
Finals	403 Girls 12 & Under 100 Butterfly
Finals	404 Boys 12 & Under 100 Butterfly
Finals	405 Girls 12 & Under 200 Breaststroke
Finals	406 Boys 12 & Under 200 Breaststroke
Finals	407 Girls 12 & Under 50 Backstroke
Finals	408 Boys 12 & Under 50 Backstroke
Finals	409 Girls 12 & Under 100 Freestyle
Finals	410 Boys 12 & Under 100 Freestyle
Finals	411 Girls 12 & Under 200 Backstroke
Finals	412 Boys 12 & Under 200 Backstroke
Finals	413 Girls 12 & Under 50 Breaststroke
Finals	414 Boys 12 & Under 50 Breaststroke
Finals	415 Girls 12 & Under 200 IM
Finals	416 Boys 12 & Under 200 IM

Session: 4 13&OVER SUNDAY

Day of Meet: 2 Starts at 04:30 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event
Finals	501 Girls 200 Backstroke
Finals	502 Boys 200 Backstroke
Finals	503 Girls 100 Freestyle
Finals	504 Boys 100 Freestyle
Finals	505 Girls 200 Breaststroke
Finals	506 Boys 200 Breaststroke
Finals	507 Girls 100 Butterfly
Finals	508 Boys 100 Butterfly
Finals	509 Girls 200 Freestyle
Finals	510 Boys 200 Freestyle
Finals	513 Mixed 400 IM
Finals	511 Girls 400 Medley Relay
Finals	512 Boys 400 Medley Relay