

CDOG v LEHY Dual Meet

MEET ANNOUNCEMENT

About the Invitational Meet

Date: Saturday, November 6, 2021

Location: Cheshire Community Pool

Entry Deadline: Friday, October 29, 2021

Hosted by: Cheshire Y/Sea Dog Swim Club

Meet Director: Sean Farrell; sfarrell@sccymca.org

Web Site: <http://seadogswim.org>

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Note: TOC must be refreshed after updates



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This meet information is subject to change given the fluid nature of COVID-19. Be aware that CDC, State of CT, and local jurisdiction guidelines or public health actions may change quickly and without warning. Visit ctswim.org or the host website for any updates.

COVID-19 Statement

In applying for this sanction, the Host, Cheshire Y/Sea Dog Swim Club, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Connecticut Swimming, the State of Connecticut and, Chesprocott Health Department: <http://www.chesprocott.org/>

COVID-19 Assumption of Risk Disclaimer

We, Cheshire CDOG Swim Team, have taken enhanced health and safety measures – for athletes, coaches, officials, volunteers, and meet management. You must follow all instructions while participating in/spectating at CDOG v LEHY meet or on site at Cheshire Community Pool. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in/spectating at CDOG v LEHY meet and being on site at Cheshire Community Pool, you voluntarily assume all risks related to exposure to COVID-19.

COVID-19 Release

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND CONNECTICUT SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.



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WAIVER: All participants and spectators must sign the Waiver of Liability and Hold Harmless Agreement found on the last page of this meet announcement. Signed and Completed Waivers should be collected by Teams Coaches and be made available upon request.

About The Invitational Meet

This meet is a sanctioned, closed, inter-association YMCA Invitational meet. This meet and all participants will adhere to the Rules that Govern YMCA Competitive Sports and the Swimming Addendum to the Rules that Govern YMCA Competitive Sports. USA Swimming technical rules will be followed. The meet is YMCA sanctioned and approved by the CT LSC of USA Swimming].

YMCA Sanction number: _____.

USA-S/CT Approval number: A21-1

Note well: Because this meet is not open to all Connecticut Swimming members, it will not count toward the regularly scheduled sanctioned meet eligibility requirement for CSI championships (Regional Championships and Age Group Championship). This meet will not count toward the eligibility requirement of Connecticut Swimming Scholar Athlete, Athlete Travel Assistance, or other CSI recognition programs with meet eligibility requirements. This meet will not count toward the regularly scheduled sanctioned meet eligibility requirement for CT Zone Team selection.

ADJUSTMENTS TO THE MEET ANNOUNCEMENTS: The Meet Committee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet or due to unforeseen issues of weather or facility problems. Changes will be communicated as far in advance as possible. None of the required elements for a YMCA Sanctioned Invitational meet and USA-S Approved meet can be changed.

MEET TIMELINE: Warm-up and start times for all sessions are subject to change depending on the size of the meet

Session 1: Warm-Up @ 6:00am; Start @ 8:00am

INCLEMENT WEATHER/CANCELATION: All Teams/Coaches will be notified as far in advance as possible of changes & cancelations. Refunds for Meet Entry Fees will be given only if the entire Meet is canceled.

LOCATION AND FACILITY

Location: Cheshire Community Pool, 520 South Main Street, Cheshire, CT, 06410



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Emergency Phone Number: 203-271-3208

The Cheshire Community Pool is configured as a 10 lane, 25 Yard Course. Water depth at start is 6 Feet (minimum 5 feet required) and at turn end is 6 Feet. Daktronics electronic timing system will be used. The competition course has not been certified in accordance with 104.2.2C (4)

[If Spectators are allowed, they will use the Bleacher Seating Areas. If Spectators are not allowed, the Meet will be Livestreamed and Heat Sheets will be posted on the CDOG Team Website]

[Swimmers will sit all around the Pool. LEHY will be seated by the Picnic Tables, CDOG will be seated by the Diving Boards.]

[Public WiFi is available, Heat Sheets will be sold if Spectators are allowed]

WEB SITE

Meet Information can be found at: <http://seadogswim.org>

Online Meet Results: Results can be found on Meet Mobile by searching the name of the meet: CDOG v LEHY Dual Meet

CONTACT INFORMATION

Meet Director: Sean Farrell; sfarrell@sccymca.org

Entry Chairperson: Sean Farrell; sfarrell@sccymca.org

Meet Referee: Luis Tejada; letejada@msn.com

Administrative Official: Jonah Tyler; Jonah.tyler@comcast.net

Officials Coordinator: N/A

Safety Director: Sean Farrell; sfarrell@sccymca.org

NOTICES

ELIGIBILITY

ATHLETE

YMCA Membership: An athlete must be a YMCA member in good standing who holds an annual, full privilege membership at the YMCA he/she represents for a period of at least 30 days prior to the first day of the meet.



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Amateur Status: An athlete may not have represented a college, university or other post-high school institution in any competition and may not have accepted pay or compensation for competing as a swimmer.

Unattached Athletes: There is no "unattached" status in YMCA Swimming.

Age: An athlete must be at least six (6) years of age, and not older than twenty-one (21) years of age on the first day Meet.

YMCA Meet Participation: All Swimmers must be registered YMCA members

The are no time standards for this meet

Athletes with a Disability: Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted. If modifications to USA Swimming rules are necessary, then the coach or athlete must notify the meet referee of any disability prior to competition.

COACH

Required Certifications: Required Certifications: Coaches must hold current certifications in the following courses in order to receive a deck credential:

- Safety Training for Swim Coaches
- Basic Life Support (Professional Rescuer CPR)
- First Aid
- Principles of YMCA Competitive Swimming and Diving
- Child/Athlete Protection Training

A list of the acceptable certifications can be found in the CERTIFICATION REQUIREMENTS FOR SWIM COACHES or SWIMMING ADDENDUM TO THE RULES THAT GOVERN YMCA COMPETITIVE SPORTS

Coach Registration: Each coach must have completed the annual YMCA on-line coach registration process prior to the entry deadline. Coaches who are not registered and approved will not be permitted on deck.

Teams without A Coach at the Meet: All athletes and teams must have at least one certified and credentialed YMCA coach designated as being responsible for their supervision during competition. When a YMCA team will



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not have a coach present, that YMCA may authorize an eligible coach from another YMCA attending the meet to be responsible for their athletes at the meet. The Meet Director and Meet Referee must be notified of this situation.

TEAM

Team Registration: Each team must have completed the annual YMCA on-line team registration and paid the annual registration fee prior to the entry deadline.

Insurance: Each team that participates in the meet must have a current and correct Certificate of Liability Insurance, in effect through the last day of the meet.

ENTRY INFORMATION

ENTRY LIMITS: Swimmers will be limited to a maximum of 5 Individual events & 1 Relay Event for the Meet.

QUALIFICATION PERIOD: The qualification period is **anytime** through the entry deadline.

USA-S IDs: Only USA-S registered athletes should have an ID number in the Meet Entry File.

TIME STANDARDS: None.

TIMES: No Times (NT) are not allowed. Submit entry times in SCY. Entered times must be the swimmer's BEST time achieved during the qualifying period.

ENTRY FEES: Electronic Entries: \$8.00 for Individual Events & \$12.00 for Relay Events.

OTHER: None

ENTRY DEADLINE: Friday, October 29, 2021

ENTRY PROCEDURE: Entries will be accepted via email. Only electronic entries will accepted.

PAYMENT: Please make checks payable to STPA and mail to: Sean Farrell, 967 South Main Street, Cheshire, CT, 06410. Payment must be received by 10/29/2021.

OVER-SUBSCRIPTION: If Meet is over-subscribed, the event maximum may be reduced by 1 or Relays may be cut or limited.



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VOLUNTEERS/OFFICIALS/TIMERS

OFFICIALS AND TIMERS: All Teams participating in the Meet will be given Volunteer Assignments. All Visiting Team Officials should contact the Meet Referee. clubs will be notified of work assignments by the Monday before the meet.

SIGN-UP PROCEDURE: Teams will assign who from their Team will Volunteer. All Volunteers should check-in at the Manager's Table upon arrival.

BACKGROUND CHECK POLICY: None

ATTIRE: Officials should wear the proper Officiating attire.

CHECK-IN PROCEDURE

MEET CHECK-IN PROCEDURE: Upon arrival all Meet Personnel, should check in at the Meet Manager's Table, this includes Coaches, Officials, Timers, & other Volunteers.

EVENT CHECK-IN: None

COACHES MEETING/SCRATCH MEETING: There will be no Coaches or Scratch meeting

OFFICIALS AND TIMERS MEETING: The Meet Referee will determine an Officials Meeting and Timers Meeting time before the start of the Meet.

MEET PROCEDURES AND OPERATIONS

MEET COMMITTEE: The Committee will consist of the Meet Director, Meet Referee, & Regional Rep, if attending.

RULES: The meet will run under Rules That Govern YMCA Competitive Sports, Swimming Addendum to the Rules That Govern YMCA Competitive Sports, USA-S Technical Rules.

MEET FORMAT: The meet will be swum using a [Timed finals] format. Swimmer's age will be determined as of [first day of the meet, November 6.]

EVENT SEEDING: Events will be seeded Slowest to Fastest. Meet Referee/Administrative Official reserve the right to combine heats.

SCRATCH PROCEDURES: An athlete is considered entered into an event unless he/she scratches from that event. If an athlete does not scratch from an event and does not swim the event, that event still counts toward the athlete's total number of events for the meet.



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DECLARED FALSE START: An athlete may also withdraw from a heat or swim-off by electing to take a declared false start. Such declaration must be made known to the Deck Referee before the heat or swim off is announced. A declared false start counts as an event swum for the athlete and will be counted in the maximum number of events allowed for each athlete.

NO SHOW: An athlete who is seeded in an event and fails to compete (i.e., a “no show”) shall not compete in any further individual or relay events unless the athlete and/or coach declares an intent to swim to the Administrative Referee prior to the next scheduled event for the athlete.

WARM-UP SAFETY PROCEDURES: Teams **will** be assigned lanes for warm-ups.

During designated warm up sessions, athletes may only enter the competition pools from the starting end. Athletes are expected to use a three-point entry in which they sit on the side of the pool then slide into the pool gently, with one hand on the wall. The exception is during specific warm up periods when sprint lanes are designated for practicing racing starts.

Coaches are responsible for the safety of their athletes and are expected to monitor them at all times during warm up sessions.

READY BENCH: None

STARTS: 'Fly-over' starts will be used at this meet. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.

SWIM-OFFS: None

SWIMS (USA-S): This meet has been approved by USA Swimming. Therefore, all individual times will be automatically submitted for entry into SWIMS as long as USA-S ID numbers have been included with your entry.

RESULTS: Any results displayed on the scoreboard are unofficial until final results are published. Results will be posted on the wall of the facility; Meet Mobile will also be used but is also considered unofficial.

PROTEST PROCEDURE: Protests may only be initiated by a person with standing, that is, a coach or YMCA supervisor whose team is competing in the meet. The Meet Committee will arbitrate protests, eligibility issues, safety rules and other issues



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Protests against the judgment decisions of starters, stroke, turn, place and relay take-off judges can only be considered by the Referee and the Referee's decisions will be final USA-S Rule 102.23).

CONDUCT AND RESTRICTIONS: The Meet Referee reserves the right to dismiss any swimmer, coach and/or spectator from the competition due to inappropriate conduct

- Deck access is limited to only registered and approved coaches, swimmers, and working officials.
- Except where the venue facilities require otherwise, changing, into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. The USA Swimming Rulebook defines Deck Change as: Changing, in whole or in part, into or out of a swimsuit (excluding a drag suit) in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes while at a practice, competition, or other pool-related activity." This includes slipping off the top of a one-piece performance suit to place on an alternate bikini top immediately following a race.
- Glass, Food, and Chairs are not permitted on deck.
- The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photographs are not allowed to be taken behind the block during competition.
- Massage tables are not permitted.
- Individuals are responsible for the security of their personal belongings and are encouraged not to bring valuables to the meet venue and not to leave items unattended.
- Swimmers are not permitted in the spectator stands
- Shaving is not permitted in any areas of the facility.

AWARDS AND RECOGNITION

SCORING: No scoring will be used for this Meet.

AWARDS: No Awards will be given for this Meet. There will not be any professional photography.

RECOGNITIONS: None.

TIME TRIALS

FORMAT AND FEE: None



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TIME TRIAL LIMITS: None

TIME TRIAL ENTRIES: N/A

TIME TRIAL PROCEDURE: N/A

SPECTATORS

ADMISSION FEE: No Admission Fee

HEAT SHEETS/PROGRAMS: Heat Sheets will be sold if Spectators are allowed

CONCESSION STAND: None

ATHLETE APPAREL: None

SEAT SAVING POLICY: There will be no seat saving allowed at the Meet.

HANDICAP SEATING: Please contact Safety Chair, Sean Farrell for accommodations; sfarrell@sccymca.org

LOST AND FOUND: Located at the Cheshire Community Pool front desk

CONDUCT AND RESTRICTIONS:

- No Flash Photography at the start of competition races.
- No personal chairs are allowed in the spectator area.
- Parents are responsible for the conduct of their children. Children are not allowed to roam the facility unattended.
- The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Spectators are not permitted on deck past the sectioned off areas
- No smoking, drugs, or alcohol are permitted in the swimming complex.

LIABILITY, SAFETY AND EMERGENCY PROCEDURES

INSURANCE: Each Association participating in this meet must have insurance coverage for representative(s) including leadership and participants who will be in attendance for the period of the meet. The Declaration Form must be signed by each YMCA participating in the meet.

LIABILITY LIMITS:

- In granting of the USA-S/[CT] approval, it is understood and agreed that USA Swimming and [CT] shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.



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- In granting the YMCA Sanctioning, it is understood and agreed that YMCA of the USA shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.
- **WAIVER:** All participants and spectators must sign the Waiver of Liability and Hold Harmless Agreement found on the last page of this meet announcement.

EMERGENCIES: The facility personnel will handle all emergencies at the meet. These individuals will provide CPR and first aid as needed and will ensure that individuals with serious injuries are transported immediately to the nearest hospital for further treatment. Defibrillators will be on site.

Any coach, athlete or official who recognizes an emergency situation should immediately inform the facility's personnel and then make sure the vicinity of the emergency is clear for the emergency personnel to do their job.

UNACCOMPANIED ATHLETE: Each athlete must have a certified coach responsible for him/her while on the pool deck. The coach of the athlete must authorize in writing a coach from another team to represent their team and be responsible for the swimmer(s).

CONCUSSION AWARENESS: This meet will follow the YMCA of USA Concussion procedure. Anyone who observes or has knowledge of a potential head injury should immediately notify lifeguards and/or hired medical personnel. Once the injury report is completed, the lifeguard and/or hired medical personnel will notify the Event Staff, the athlete's coaching staff, and the Meet Director.

If a head injury occurs, the action plan below will be followed:

1. Athlete is removed immediately from participation by the Meet Director
2. Athlete must be evaluated by a licensed health care professional experienced in identifying and treating concussions. In addition, the athlete must be in compliance with the laws that are in effect within the jurisdiction where the meet is held.
3. The coaching staff will inform the athlete's parents or guardians about the possible concussion and give or send them the fact sheet on concussion.
4. The athlete will not be allowed back to warm-up or compete until a health care professional, experienced in evaluating concussions determines that the athlete is symptom-free and is OK to return to participation.

LIGHTNING POLICY: The National Lightning Safety Institute, National Athletic Trainers Association, American College of Emergency Physicians, USA Swimming,



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and YMCA of the USA all recommend or require closing an indoor pool during an electrical storm. This policy will be followed at the meet.]

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

EVACUATION PROCEDURE: Emergency Exits will be used upon Emergency Evacuation. Exits are located at both ends of the Pool.

DIRECTIONS

The Cheshire Community Pool is located at 520 South Main Street, Cheshire, CT, 06410.

From 91 North: to Exit 10 (Rt. 40 ext). Follow to the end heading North, take a right onto Rt. 10. Follow Rt. 10 into Cheshire. Pool is on the right across from the pool.

From 91 South: to 691 West. Take exit 3 off 691, Cheshire. At the light at the end of the ramp, go left, heading South on Rt. 10. Follow Rt. 10 South through Cheshire. Pool is on the left across from the High School.

From 84 West: to 691 East, take the Cheshire exit. Take a right at the end of the ramp onto Rt. 10 South through Cheshire. Pool is on the left across from the High School.

From 84 East: to exit 26 (Rt. 70). Follow Rt. 70 into Cheshire. At Rt. 10 intersection, take a right, heading South on Rt. 10 through Cheshire. Pool is on the left across from the High School.

LODGING

None

PARKING

Parking should be only in the parking lot adjacent to the Pool. DO NOT park in the traffic circle or by the pavilion. Drop Off ONLY in the Traffic Circle.



APPENDIX 1: ORDER OF EVENTS

- 1 Girls 11/12 200 Medley Relay*
- 2 Boys 11/12 200 Medley Relay*
- 3 Girls 13 & Over 200 Medley Relay*
- 4 Boys 13 & Over 200 Medley Relay*
- 5 Girls 8 & Under 100 Medley Relay*
- 6 Boys 8 & Under 100 Medley Relay*
- 7 Girls 9/10 200 Medley Relay*
- 8 Boys 9/10 200 Medley Relay*
- 9 Girls 11/12 200 Freestyle*
- 10 Boys 11/12 200 Freestyle*
- 11 Girls 13 & Over 200 Freestyle*
- 12 Boys 13 & Over 200 Freestyle*
- 13 Girls 8 & Under 25 Freestyle*
- 14 Boys 8 & Under 25 Freestyle*
- 15 Girls 9/10 50 Freestyle*
- 16 Boys 9/10 50 Freestyle*
- 17 Girls 11/12 50 Freestyle*
- 18 Boys 11/12 50 Freestyle*
- 19 Girls 13 & Over 50 Freestyle*
- 20 Boys 13 & Over 50 Freestyle*
- 21 Girls 8 & Under 100 IM*
- 22 Boys 8 & Under 100 IM*
- 23 Girls 9/10 100 IM*
- 24 Boys 9/10 100 IM*
- 25 Girls 11/12 200 IM*
- 26 Boys 11/12 200 IM*
- 27 Girls 13 & Over 200 IM*
- 28 Boys 13 & Over 200 IM*
- 29 Girls 8 & Under 25 Butterfly*



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- 30 Boys 8 & Under 25 Butterfly*
- 31 Girls 9/10 50 Butterfly*
- 32 Boys 9/10 50 Butterfly*
- 33 Girls 11/12 50 Butterfly*
- 34 Boys 11/12 50 Butterfly*
- 35 Girls 13 & Over 100 Butterfly*
- 36 Boys 13 & Over 100 Butterfly*
- 37 Girls 8 & Under 25 Backstroke*
- 38 Boys 8 & Under 25 Backstroke*
- 39 Girls 9/10 50 Backstroke*
- 40 Boys 9/10 50 Backstroke*
- 41 Girls 11/12 50 Backstroke*
- 42 Boys 11/12 50 Backstroke*
- 43 Girls 13 & Over 100 Backstroke*
- 44 Boys 13 & Over 100 Backstroke*
- 45 Girls 8 & Under 50 Freestyle*
- 46 Boys 8 & Under 50 Freestyle*
- 47 Girls 9/10 100 Freestyle*
- 48 Boys 9/10 100 Freestyle*
- 49 Girls 11/12 100 Freestyle*
- 50 Boys 11/12 100 Freestyle*
- 51 Girls 13 & Over 100 Freestyle*
- 52 Boys 13 & Over 100 Freestyle*
- 53 Girls 8 & Under 25 Breaststroke*
- 54 Boys 8 & Under 25 Breaststroke*
- 55 Girls 9/10 50 Breaststroke*
- 56 Boys 9/10 50 Breaststroke*
- 57 Girls 11/12 50 Breaststroke*
- 58 Boys 11/12 50 Breaststroke*
- 59 Girls 13 & Over 100 Breaststroke*
- 60 Boys 13 & Over 100 Breaststroke*
- 61 Girls 8 & Under 100 Free Relay*
- 62 Boys 8 & Under 100 Free Relay*



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63 Girls 9/10 200 Free Relay

64 Boys 9/10 200 Free Relay

65 Girls 11/12 200 Free Relay

66 Boys 11/12 200 Free Relay

67 Girls 13 & Over 200 Free Relay

68 Boys 13 & Over 200 Free Relay

69 Girls Open 400 IM

70 Boys Open 400 IM

APPENDIX 2: QUALIFYING TIMES

None



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APPENDIX 3: YMCA SANCTIONED MEET DECLARATION FORM

(Note: Return signed Declaration form to the meet director)

Participating YMCA: _____

YMCA Address: _____

Meet Name: _____

Meet Date(s): _____

Meet Host: _____

Meet Location: _____

We the undersigned attest to the following:

SWIMMERS - All swimmers representing the YMCA above are full privilege members of the YMCA and meet the eligibility requirements.

COACHES - All coaches representing the YMCA above hold current certifications in BLS (Professional Rescuer CPR), First Aid, Safety Training for Swim Coaches, Child/Athlete Protection Training and Principles of YMCA Competitive Swimming and Diving and have completed the annual YMCA coach registration online.

INSURANCE - Our Association now has insurance coverage for representative(s) including leadership and participants who will be in attendance at the [MEET_NAME] _____ for the period of the meet. I hereby certify that YMCA has a minimum of \$1,000,000/\$2,000,000 in liability insurance that covers our coaches and swimmers during their participation in the [MEET_NAME] _____.

RELEASE - In consideration of your accepting this entry, I hereby, for myself, heirs, executor and administrators, waive and release any and all right and claim for damages I may have against the YMCA of the USA, [MEET_HOST_ORGANIZATION] _____, their agents, representatives or assigns, and the [MEET_LOCATION] _____ for any and all injuries which may be suffered by participants at the [MEET_NAME] _____. Furthermore, we understand that the YMCA of the USA and [MEET_HOST_ORGANIZATION] _____ are not responsible for any intended or unintended consequences related to removing an athlete from competition for a head injury. This includes, but is not limited to, any financial reimbursement associated with such removal.

Name and Signature of Head Coach

Name and Signature of YMCA Executive Director or Designee



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WAIVER OF LIABILITY AND HOLD HARMLESS AGREEMENT - In consideration for receiving permission to BE ON PREMISES to either accompany my child or he or she conduct business, voluntarily participate in recreational events, attend practice or participate in training or compete at The Cheshire Community Pool or any Cheshire Y/Sea Dog Swim Club related activity (hereinafter the "Activity" or "Activities"), I, on behalf of myself and any minor child/children for whom I have the capacity to contract, hereby acknowledge and agree to the following:

- 1. I understand the hazards of the novel coronavirus ("COVID-19") and am familiar with the Centers for Disease Control and Prevention ("CDC") guidelines regarding COVID-19. I acknowledge and understand that the circumstances regarding COVID-19 are changing from day to day and that, accordingly, the CDC guidelines are regularly modified and updated, and I accept full responsibility for familiarizing myself with the most recent updates.*
- 2. Notwithstanding the risks associated with COVID-19, which I readily acknowledge, I hereby willingly choose to participate in Activities.*
- 3. I acknowledge and fully assume the risk of illness or death related to COVID-19 arising from my being on the premises and participating in the Activities and hereby RELEASE, WAIVE, DISCHARGE, AND COVENANT NOT SUE (on behalf of myself and any minor child/children for whom I have the capacity to contract) Cheshire Y/Sea Dog Swim Club and / or The Cheshire Community Pool and its owners, officers, directors, agents, employees, and assigns (the "RELEASEES") from any liability related to COVID-19 which might occur as a result of my being on the premises and participating in the Activities.*
- 4. I shall indemnify, defend, and hold harmless the RELEASEES from and against any and all claims, demands, suits, judgments, losses or expenses of any nature whatsoever (including, without limitation, attorneys' fees, costs and disbursements, whether of in-house or outside counsel and whether or not an action is brought, on appeal or otherwise), arising from or out of, or relating to, directly or indirectly, the infection of COVID-19 or any other illness or injury.*
- 5. It is my express intent that this Waiver and Hold Harmless Agreement shall bind any assigns and representatives, and shall be deemed as a RELEASE, WAIVER, DISCHARGE, AND COVENANT NOT TO SUE the above-named RELEASEES. This Agreement and the provisions contained herein shall be construed, interpreted, and controlled according to the laws of the State of Connecticut. I HEREBY KNOWINGLY AND VOLUNTARILY WAIVE ANY RIGHT TO A JURY TRIAL OF ANY DISPUTE ARISING IN CONNECTION WITH THIS AGREEMENT. I ACKNOWLEDGE THAT THIS*



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WAIVER WAS EXPRESSLY NEGOTIATED AND IS A MATERIAL INDUCEMENT OF THE PERMISSION GRANTED BY RELEASEES TO BE ON PREMISES AND PARTICIPATE IN THE ACTIVITIES.

BY SIGNING THIS AGREEMENT, I ACKNOWLEDGE AND REPRESENT THAT I have read the foregoing Waiver of Liability and Hold Harmless Agreement, understand it and sign it voluntarily as my own free act and deed; no oral representations, statements, or inducements, apart from the foregoing written agreement, have been made; I am at least eighteen (18) years of age and fully competent; and I execute the Agreement for full, adequate, and complete consideration fully intending to be bound by same.

IN WITNESS WHEREOF, I have signed this Waiver and Agreement under seal on this 6th day of November, 2021.

SIGNATURE: _____

NAME: _____ ADDRESS: _____

NAMES OF MINOR CHILD(REN), IF ANY: _____

This is the last page of the Meet Announcement