

# YMCA Virtual Meet

## October 26<sup>th</sup> & 27<sup>th</sup>, 2019

10 Huckleberry Hill Rd, Brookfield, CT 06804.

<https://goo.gl/maps/enzLp>

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #A19-1. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

### EVENTS

	<b>Name</b>	<b>Email</b>	<b>Phone</b>
<b>Meet Director:</b>	Gordon Brown	<a href="mailto:gbrown@regionalmca.org">gbrown@regionalmca.org</a>	203-775-1077
<b>Meet Referee:</b>	Phillip James	<a href="mailto:phillip.m.james@gmail.com">phillip.m.james@gmail.com</a>	
<b>Lead Admin Official:</b>	Beth Falder	<a href="mailto:beth@falder.com">beth@falder.com</a>	
<b>Entry Chair:</b>	Gordon Brown	<a href="mailto:gbrown@regionalmca.org">gbrown@regionalmca.org</a>	203-775-1077
<b>Safety Chair:</b>	Sarah Basile	<a href="mailto:sbasile@regionalmca.org">sbasile@regionalmca.org</a>	203-775-1077
<b>Officials Contact:</b>	Phillip James	<a href="mailto:phillip.m.james@gmail.com">phillip.m.james@gmail.com</a>	

**MEET HOST:** RYWC

**WEBSITE:** [www.makoswim.org](http://www.makoswim.org)

**POOL EMERGENCY NUMBER:** 203-775-1077

**SANCTIONED OR APPROVED:** Approved. **Please Note:** This USA/CT Swimming approved meet will not count toward the regularly scheduled sanctioned meet eligibility requirement for CSI championships (Regional Championships and Age Group Championship). This meet does not count toward the eligibility requirement of Connecticut Swimming Scholar Athlete, Athlete Travel Assistance, or other CSI recognition programs with meet eligibility requirements. This meet will not count toward the regularly scheduled sanctioned meet eligibility requirement for CT Zone Team selection. Times attained at this meet cannot be used for Short Course Zone Team qualification and selection.

**MEET DURATION:** Full meet with time limits as defined by CT/USA Swimming.

**MEET FORMAT:** The meet will be swum as Timed-Final format. The 500 freestyles will be swum slowest to fastest and will not alternate heats.

**SCRATCH PROCEDURES:** Coaches will receive a scratch sheet for each preliminary and timed final session of the meet in their meet packets listing all of their swimmers and events for each session. Scratch sheets will be due to the computer table 30 minutes after the start of warm ups; these must be returned even if a team has no scratches.

**FACILITY:** The Greenknoll Aquatics Center holds two 6 lane, 25 yard pools. For the competition pool: Water depth at start end is: 6ft. Water depth at turn end is: 6ft. For the warm-up pool: Water depth at start end is: 6ft. Water depth at turn end is: 3.5ft. The competition course has not been certified in accordance with 104.2.2C(4). Colorado timing system with 6 lane display and touch pads at start and turn ends. Team and spectator seating is available. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

**DISABLED ACCESS:** Accessible. Fully ADA Compliant. Any individuals requiring handicapped parking please email Sarah Basile at sbasile@regionalyymca.org in advance to make arrangements.

**COURSE:** SCY

**SESSION TIMES: Subject to Change**

Saturday

13&Over Warm-up 7:30am Start 8:30am

12&Under Warm-up 1:00pm Start 2:00pm

Sunday

13&Over Warm-up 7:30am Start 8:30am

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect. All 12 lanes will be used for warm-ups. Teams may be assigned lanes based on their entry size. Specific warm-ups including starts will be offered.

**ELIGIBILITY:**

**Athletes:** YMCA Membership: An athlete must be a YMCA member in good standing who holds an annual, full privilege membership at the YMCA he/she represents for a period of at least 30 days prior to the date of the competition. An athlete may have only represented that YMCA team in competition since September 1, 2018, excluding scholastic competition. Amateur Status: An athlete may not have represented a college, university or other post-high school institution in any competition and may not have accepted pay or compensation for competing as a swimmer. Unattached Athletes: There is no unattached status in YMCA Swimming.

**Age:** An athlete must be at least nine (9) years of age, and not older than twenty-one (21) years of age on the first day meet. High school postgraduate swimmers are eligible as long as they have not represented a posthigh school institution. The age of the swimmer is automatically calculated as of the first day of the Virtual competition: Oct 19. Swimmers will automatically be included into their appropriate age group regardless as to the age group of the event they swam.

**Teams:** Team Registration: Each team must have completed the annual YMCA online team registration and paid the annual registration fee. According to the Rules That Govern (Rule I, Sec. 12), for the purpose of YMCA competitive sports, an association is any YMCA unit that is approved by the National board, has a separate branch or association number and is eligible for a separate listing in the YMCA Directory. This could be a branch or a metropolitan association. A metropolitan association must decide whether to operate one competitive swimming program that represents the association as a whole, or to have each branch within the metropolitan association operate its own team. A YMCA team may only compete under one name and one association number during a given season. Teams may not compete as one combined team for the National YMCA Virtual Invitational Meet and then compete separately during the season, or vice versa. According to the Rules That Govern, a YMCA association must be in good standing with its state, cluster and region in order to participate in this national event.

**ADULT ATHLETES:** All athletes who will be 18 years of age or older must complete the mandatory Athlete Protection Training prior to competition. Failure to do so will result in the swimmer being scratched from the meet.

**ADAPTED SWIMMING:** Any current athlete members of **CT Swimming** with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to the [Connecticut Swimming office](#).

**EVENT INFORMATION:** This meet is a closed (YMCA teams only), inter- or intra-association YMCA Invitational meet open to all YMCA registered swim teams. All competition is held at the local area or local YMCA. The results of all local Virtual meet competitions will be consolidated into one Meet with teams and individuals ranked and awarded on their virtual place and scoring. Because this competition is a closed

Invitational Meet, it will count as one of the three closed meets to satisfy the qualification requirement for the National Championship. Note: This Virtual Invitational Meet and any local competition as part of this Virtual Invitational Meet are not eligible to receive a YMCA Championship meet sanction. In addition, if you use a meet for the Virtual meet, you cannot count the meet again as a second closed invitational. In other words, the same meet cannot be counted as a Virtual and also counted as another inter-association meet.

**ENTRY LIMITATIONS:** A swimmer may swim a maximum of 10 total events (4 individual events and 1 relay per day). Only 5 events with no more than 4 individual events (e.g. three individual events and two relays, four individual events and one relay.) will count towards the Virtual Meet results submission. Swimmers who compete in more than a total of 5 age group stroke/distance events should be marked as exhibition beyond the maximum events allowed. If a swimmer competes in more than the allowed number of age group stroke/distance events, the first 5 events they swim will count and the remaining will automatically be marked as exhibition. YMCAs may swim multiple relay teams in a relay event as long as an individual swimmer does not exceed the maximum number of events.

**AGE:** The age of the swimmer is automatically calculated as of the first day of the Virtual competition: Oct 19. Swimmers will automatically be included into their appropriate age group regardless as to the age group of the event they swam.

**ENTRY TIMES:** Submit entry times in: SCY. NT entries are not accepted.

**DEADLINES:** deadline is October 16<sup>th</sup>, 2019. Email a pdf file of entry report to the entry chair: Gordon Brown, [gbrown@regionallymca.org](mailto:gbrown@regionallymca.org). Payment, or a copy of an official check request must be postmarked or time stamped within **two business days** of the entry submission. **Clubs are responsible for the full payment of their initial entry into the meet. Clubs may update their entries prior to the entry deadline but will still be responsible for the fees associated with the initial entry. Clubs are encouraged to send accurate entries in first submission.** Entries will be accepted on a first come, first served basis, in the order in which they are received, space permitting. Formal entry is determined by the date of email receipt as long as entry fee or check request is postmarked/ time stamped within **two business days**. Failure to send the payment or proof that payment will be made (check request) will cause entry to lose priority and formal entry will be based on the date that payment is actually received. Hardcopies of the entry can be mailed to the entry chair: Gordon Brown, 2 Huckleberry Hill Rd, Brookfield, CT 06804. All hardcopies must be legible and must use full names and registration numbers from USA Swimming registration.

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at [gbrown@regionallymca.org](mailto:gbrown@regionallymca.org). Please check that your team name, address, and contact information are listed correctly in this file. **Clubs are responsible for the full payment of their initial entry into the meet. Clubs may update their entries prior to the entry deadline but will still be responsible for the fees associated with the initial entry. Clubs are encouraged to send accurate entries in first submission.**

**ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION:** Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

All athletes, and their parents, who enter without club affiliation will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

**ENTRY FEES:** Electronic entries: \$5.00 for individual events, \$10.00 for distance events, \$15.00 for relays. Manual entries: \$10 for individual events, \$15.00 for distance events, \$20.00 for relays. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

**PAYMENT INSTRUCTIONS:** Please make checks payable to Regional YMCA of Western CT and mail to: ATTN: Gordon Brown, 2 Huckleberry Hill Rd, Brookfield, CT 06804. Payment, or a copy of an official check request must be postmarked or time stamped within **two business days** of the entry submission. Payment must be received by 10/21/19.

**CUT PROTOCOL:**

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

1. 500 Freestyle events may be limited to the top 5 heats of each gender.
2. Relays will be limited to 1 per team.
3. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

**NOTE:** Teams are responsible for the fees attached to their initial entry. If the host is required to institute the published cut protocol above, all accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. Any entries that are rejected due to the cut protocol will be reimbursed to the visiting team.

**RESERVE THE RIGHT TO MAKE CHANGES:** In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

**RELAYS:** Yes. There are no relay limitations. All relay swimmers must be officially entered in the meet.

**SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

**SWIMWEAR:** Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.

#### **PHOTOGRAPHY AND VIDEO RECORDING:**

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA Swimming Vice President of Program Operations.

**RULES:** Current USA Swimming rules will govern all competition.

**TIME TRIALS:** No.

**TIMERS, OFFICIALS OR WORK ASSIGNMENTS:** Participating clubs will be notified of work assignments by the Monday before the meet.

All volunteers will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

#### **AWARDS AND RECOGNITION:**

**CONSOLIDATED SCORING:** When all meet results are consolidated, scoring will apply to the top 24 places for individual events and the top 18 places for relays.

Individual event scoring: 30, 23, 22, 21, 20, 19, 18, 17, 16, 15, 14, 13, 12, 11, 10, 9, 8, 7, 6, 5, 4, 3, 2, 1

Relay event scoring: 40, 34, 32, 30, 28, 26, 24, 22, 20, 18, 16, 14, 12, 10, 8, 6, 4, 2

**CONSOLIDATED TEAM SCORING:** Age groups will be Team scored.

- Certificates will be given for the top 10 teams in each age group (men and women)
- Certificates will be given to the top 10 teams for overall Men events, the top 10 overall Women events, and the top 10 teams for the overall Combined.
- Certificates will be given to the top 24 swimmers for each individual event
- Certificates will be given to the Top 18 Relays for each relay event

**CERTIFICATES:** Once the entry deadline passes and the Virtual Meet submissions have been consolidated and ranked, meet results and certifications for downloading and printing will be available at this link:  
<http://ymca.ymcacompetitiveswim.org/YMCASVirtualMeetReports.asp>

**CONCESSIONS:** Yes.

**HOSPITALITY FOR COACHES AND OFFICIALS:** Yes.

**PARKING:** The Greenknoll Aquatic Center is located at 10 Huckleberry Hill Road. Parking instructions will be sent out to attending teams the Monday before the meet. Parking instructions may be updated before the meet, in which case all attending teams will be advised.

**DIRECTIONS:** The Greenknoll Aquatic Center is located at 10 Huckleberry Hill Road, Brookfield, CT 06804.  
<https://goo.gl/maps/enzLp>

**2019 YMCA VIRTUAL CHAMPIONSHIP - 10/26/2019 to 10/27/2019****Session Report**

Session: 1 SATURDAY 13&amp;OVER

Day of Meet: 1 Starts at 08:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	1 Girls 13-14 50 Freestyle	0	0	08:30 AM	_____
Finals	2 Boys 13-14 50 Freestyle	0	0	08:30 AM	_____
Finals	3 Girls 15-18 50 Freestyle	0	0	08:30 AM	_____
Finals	4 Boys 15-18 50 Freestyle	0	0	08:30 AM	_____
Finals	5 Girls 13-14 100 Breaststroke	0	0	08:30 AM	_____
Finals	6 Boys 13-14 100 Breaststroke	0	0	08:30 AM	_____
Finals	7 Girls 15-18 100 Breaststroke	0	0	08:30 AM	_____
Finals	8 Boys 15-18 100 Breaststroke	0	0	08:30 AM	_____
Finals	9 Girls 13-14 200 Backstroke	0	0	08:30 AM	_____
Finals	10 Boys 13-14 200 Backstroke	0	0	08:30 AM	_____
Finals	11 Girls 15-18 200 Backstroke	0	0	08:30 AM	_____
Finals	12 Boys 15-18 200 Backstroke	0	0	08:30 AM	_____
Finals	13 Girls 13-14 100 Butterfly	0	0	08:30 AM	_____
Finals	14 Boys 13-14 100 Butterfly	0	0	08:30 AM	_____
Finals	15 Girls 15-18 100 Butterfly	0	0	08:30 AM	_____
Finals	16 Boys 15-18 100 Butterfly	0	0	08:30 AM	_____
Finals	17 Girls 13-14 200 Freestyle	0	0	08:30 AM	_____
Finals	18 Boys 13-14 200 Freestyle	0	0	08:30 AM	_____
Finals	19 Girls 15-18 200 Freestyle	0	0	08:30 AM	_____
Finals	20 Boys 15-18 200 Freestyle	0	0	08:30 AM	_____
Finals	21 Girls 13-14 200 Medley Relay	0	0	08:30 AM	_____
Finals	22 Boys 13-14 200 Medley Relay	0	0	08:30 AM	_____
Finals	23 Girls 15-18 200 Medley Relay	0	0	08:30 AM	_____
Finals	24 Boys 15-18 200 Medley Relay	0	0	08:30 AM	_____
	Finish Time			08:30 AM	_____

**2019 YMCA VIRTUAL CHAMPIONSHIP - 10/26/2019 to 10/27/2019****Session Report**

Session: 2 SATURDAY 12&amp;UNDER

Day of Meet: 1 Starts at 02:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	25 Girls 9-10 200 Medley Relay	0	0	02:00 PM	_____
Finals	26 Boys 9-10 200 Medley Relay	0	0	02:00 PM	_____
Finals	27 Girls 11-12 200 Medley Relay	0	0	02:00 PM	_____
Finals	28 Boys 11-12 200 Medley Relay	0	0	02:00 PM	_____
Finals	29 Girls 9-10 100 IM	0	0	02:00 PM	_____
Finals	30 Boys 9-10 100 IM	0	0	02:00 PM	_____
Finals	31 Girls 11-12 200 IM	0	0	02:00 PM	_____
Finals	32 Boys 11-12 200 IM	0	0	02:00 PM	_____
Finals	33 Girls 9-10 50 Freestyle	0	0	02:00 PM	_____
Finals	34 Boys 9-10 50 Freestyle	0	0	02:00 PM	_____
Finals	35 Girls 11-12 100 Freestyle	0	0	02:00 PM	_____
Finals	36 Boys 11-12 100 Freestyle	0	0	02:00 PM	_____
Finals	37 Girls 9-10 50 Breaststroke	0	0	02:00 PM	_____
Finals	38 Boys 9-10 50 Breaststroke	0	0	02:00 PM	_____
Finals	39 Girls 11-12 100 Breaststroke	0	0	02:00 PM	_____
Finals	40 Boys 11-12 100 Breaststroke	0	0	02:00 PM	_____
Finals	41 Girls 9-10 50 Backstroke	0	0	02:00 PM	_____
Finals	42 Boys 9-10 50 Backstroke	0	0	02:00 PM	_____
Finals	43 Girls 11-12 100 Backstroke	0	0	02:00 PM	_____
Finals	44 Boys 11-12 100 Backstroke	0	0	02:00 PM	_____
Finals	45 Girls 9-10 50 Butterfly	0	0	02:00 PM	_____
Finals	46 Boys 9-10 50 Butterfly	0	0	02:00 PM	_____
Finals	47 Girls 11-12 100 Butterfly	0	0	02:00 PM	_____
Finals	48 Boys 11-12 100 Butterfly	0	0	02:00 PM	_____
Finals	49 Girls 9-10 200 Freestyle Relay	0	0	02:00 PM	_____
Finals	50 Boys 9-10 200 Freestyle Relay	0	0	02:00 PM	_____
Finals	51 Girls 11-12 200 Freestyle Relay	0	0	02:00 PM	_____
Finals	52 Boys 11-12 200 Freestyle Relay	0	0	02:00 PM	_____
	Finish Time			02:00 PM	_____



**2019 YMCA VIRTUAL CHAMPIONSHIP - 10/26/2019 to 10/27/2019****Session Report**

Session: 3 SUNDAY 13&amp;OVER

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	53 Girls 13-14 200 IM	0	0	08:30 AM	_____
Finals	54 Boys 13-14 200 IM	0	0	08:30 AM	_____
Finals	55 Girls 15-18 200 IM	0	0	08:30 AM	_____
Finals	56 Boys 15-18 200 IM	0	0	08:30 AM	_____
Finals	57 Girls 13-14 100 Freestyle	0	0	08:30 AM	_____
Finals	58 Boys 13-14 100 Freestyle	0	0	08:30 AM	_____
Finals	59 Girls 15-18 100 Freestyle	0	0	08:30 AM	_____
Finals	60 Boys 15-18 100 Freestyle	0	0	08:30 AM	_____
Finals	61 Girls 13-14 200 Breaststroke	0	0	08:30 AM	_____
Finals	62 Boys 13-14 200 Breaststroke	0	0	08:30 AM	_____
Finals	63 Girls 15-18 200 Breaststroke	0	0	08:30 AM	_____
Finals	64 Boys 15-18 200 Breaststroke	0	0	08:30 AM	_____
Finals	65 Girls 13-14 100 Backstroke	0	0	08:30 AM	_____
Finals	66 Boys 13-14 100 Backstroke	0	0	08:30 AM	_____
Finals	67 Girls 15-18 100 Backstroke	0	0	08:30 AM	_____
Finals	68 Boys 15-18 100 Backstroke	0	0	08:30 AM	_____
Finals	69 Girls 13-14 200 Butterfly	0	0	08:30 AM	_____
Finals	70 Boys 13-14 200 Butterfly	0	0	08:30 AM	_____
Finals	71 Girls 15-18 200 Butterfly	0	0	08:30 AM	_____
Finals	72 Boys 15-18 200 Butterfly	0	0	08:30 AM	_____
Finals	73 Girls 13-14 200 Freestyle Relay	0	0	08:30 AM	_____
Finals	74 Boys 13-14 200 Freestyle Relay	0	0	08:30 AM	_____
Finals	75 Girls 15-18 200 Freestyle Relay	0	0	08:30 AM	_____
Finals	76 Boys 15-18 200 Freestyle Relay	0	0	08:30 AM	_____
Finals	77 Girls 13 & Over 500 Freestyle	0	0	08:30 AM	_____
Finals	78 Boys 13 & Over 500 Freestyle	0	0	08:30 AM	_____
	Finish Time			08:30 AM	_____