

PIRANHA 13/Over 1000 Freestyle Meet November 20, 2019

Henry Ziegler Memorial Pool, Darien YMCA
2420 Post Road, Darien 06820
<https://goo.gl/cp5PCg>

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #S19-44. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

EVENTS

	Name	Email	Phone
Meet Director:	Henk Jansen	piranha@darien-ymca.org	203.655.8228 x1397
Meet Referee:	Greg Bedell		
Lead Admin Official:	Henk Jansen	piranha@darien-ymca.org	203.655.8228 x1397
Entry Chair:	Henk Jansen	piranha@darien-ymca.org	203.655.8228 x1397
Safety Chair:	Liz Blau	lblau@darien-ymca.org	203.655.8228 x1308
Officials Contact:	Henk Jansen	piranha@darien-ymca.org	203.655.8228 x1397

MEET HOST: PSDY

WEBSITE: <http://www.darien-ymca.org/piranhas>

POOL EMERGENCY NUMBER: 203-655-8228 (front desk at the YMCA)

SANCTIONED OR APPROVED: Sanctioned

MEET DURATION: Full meet with time limits as defined by CT/USA Swimming

MEET FORMAT: The meet will be swum as a timed-finals. Events will be swum fast-to-slow alternating girls and boys.

SCRATCH PROCEDURES: Coaches will receive a scratch sheet for the session of the meet in their information packets listing all of their swimmers and events for that session. Coaches must indicate all scratches on these sheets and turn them in to the office 15 minutes after the beginning of warm-up.

FACILITY: The Darien YMCA Pool is a 6-lane 25 yard facility with Colorado Timing, limited deck space and spectator seating of 150. Parking can be found in front of the YMCA with designated handicapped parking spaces. The competition course has not been certified in accordance with 104.2.2C (4). Water depth at start end is: 10 feet. Water depth at turn end is: 4 feet. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

DISABLED ACCESS: The Darien YMCA is handicapped accessible with a handicapped locker room. Please contact Liz Blau, 203.655.8228 x1308 for more information and special arrangements.

COURSE: SCY

SESSION TIMES: **Subject to Change** Warm-up 5:30 – 6:00p, Meet Start 6:00pm

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. All 6 lanes will be general warm-up

ELIGIBILITY: All USA Swimming clubs and individuals. Athletes with Flex memberships must not have swum in more than one USA Swimming meet prior to this meet in order to be eligible.

All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck. Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a **\$100 fine** per instance, as described in

CT Swimming meet policies:

<https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf>
and https://www.ctswim.org/Customer-Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge**. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ADULT ATHLETES: All athletes who will be 18 years of age or older must complete the mandatory Athlete Protection Training prior to competition. Failure to do so will result in the swimmer being scratched from the meet.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary, then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to the [Connecticut Swimming office](#).

EVENT INFORMATION: Deck entries will be allowed by Teams entered in the meet if the timeline allows.

ENTRY LIMITATIONS: A swimmer may swim one event per day.

SESSION LIMITATIONS: The session will be limited to a maximum of 60 minutes of total swimming.

ENTRY TIMES: Submit entry times in SCY. If there are no official times for an athlete, please submit estimated times. No Times (NT) will not be accepted.

DEADLINES: The entry deadline is **November 11, 2019**. Please send entry via email. No hardcopy necessary unless using 'snail' mail only. If hand written, all entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration. Mail hardcopy, if necessary, and payment to the entry chairperson:

Henk Jansen
Piranha Swimming

2420 Post Rd.
Darien, CT 06820
(203) 655-8228 x1397
Piranha@darien-ymca.org

Date of entry will be determined by the date an email or snail mail is received.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at Piranha@darien-ymca.org. Please check that your team name, address, and contact information are listed correctly in this file. Receipt of email will determine date of entry. Payment is expected by the day of the meet.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

All athletes, and their parents, who enter without club affiliation will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

ENTRY FEES: Electronic entries: \$7 for individual events. Manual entries: \$16.00 for individual events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

Outreach: Participating clubs may request, via email, that individual entry fees be waived for Outreach athletes listed on the club's entry. See <http://ctswim.org/ctswim/policies/outreachentryfees.pdf> for policy and procedure

PAYMENT INSTRUCTIONS: Checks payable to **Darien YMCA, Piranha Swim Club** and mail to the entry chair at the address listed above. Payment must be received by 11/20/2019.

CUT PROTOCOL:

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number: Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

SWIMWEAR: Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA Swimming Vice President of Program Operations.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: NO!

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: All swimmers must provide their own counters and timers. The Piranhas welcome anyone who wishes to assist in officiating during this meet. Please contact Henk Jansen piranha@darien-ymca.org

All volunteers will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: Ribbons for top 6 finishers.

CONCESSIONS: No. A Café is located in the lobby.

HOSPITALITY FOR COACHES AND OFFICIALS: A small coaches' hospitality will be located on deck near the computer stand.

PARKING: Parking is available at the YMCA. Overflow parking can be found on Saltbox Lane (the side street next to the church across the street from the Y). **NO PARKING AT THE CHURCH OR ON SEAVIEW AVE OR LIGHTHOUSE ROAD.**

DIRECTIONS:

I-95 Southbound: Exit 11, US 1 (Post Rd.) Darien. Take left at bottom of ramp onto US 1 South (West). Go under I-95. Go through 5 stop lights. The YMCA will be on your left (small sign). If you enter Stamford, you've traveled too far.

I-95 Northbound: Exit 9. Take left at end of ramp. Take right at light onto US 1 North (East). Follow US 1 into Darien. YMCA will be on your right (small sign). If you hit a stop light, in Darien, you've traveled too far.

Merritt Parkway (Route 15): Exit 37, New Canaan & Darien. At the end of ramp, take a right onto CT 124. Follow CT 124 into Darien to intersection with US 1 (Post Rd.). Turn right onto US 1. Go through downtown Darien under RR truss and I-95. Go through 5 stop lights. The YMCA will be on your left (small sign). If you end up in Stamford, you've traveled too far.

2019 Piranha 1000 Meet - 11/20/2019

Session Report

Session: 1 Distance Meet

Day of Meet: 1 Starts at 06:00 PM Heat Interval: 25 Seconds / Back +25 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 13 & Over 1000 Freestyle	0	0	06:00 PM	_____
Finals	2 Boys 13 & Over 1000 Freestyle	0	0	06:00 PM	_____
	Finish Time			06:00 PM	_____