

# 2019 Pam Liberty Qualifier

## November 16-17, 2019

564 South Avenue, New Canaan, CT 06840

[https://www.google.com/maps/d/u/0/edit?mid=1EaOLONSCQ70UJ1Y\\_n3aV-UfNRZg&ll=41.12863057069105%2C-73.48541964999998&z=18](https://www.google.com/maps/d/u/0/edit?mid=1EaOLONSCQ70UJ1Y_n3aV-UfNRZg&ll=41.12863057069105%2C-73.48541964999998&z=18)

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #S19-41. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

### EVENTS

	<b>Name</b>	<b>Email</b>	<b>Phone</b>
<b>Meet Director:</b>	Suzanne Lancey	<a href="mailto:slancey@newcanaanymca.org">slancey@newcanaanymca.org</a>	203-966-4528 x174
<b>Meet Referee:</b>	Christine Anbar	<a href="mailto:canbar@optonline.net">canbar@optonline.net</a>	203-246-9765
<b>Lead Admin Official:</b>	Patrick Colwell	<a href="mailto:Patrick.colwell@cbre.com">Patrick.colwell@cbre.com</a>	203-594-9110
<b>Entry Chair:</b>	Brian Fazzino	<a href="mailto:bfazzino@newcanaanymca.org">bfazzino@newcanaanymca.org</a>	203-966-4528 x137
<b>Safety Chair:</b>	Ashley Lancey	<a href="mailto:lanceypa@gmail.com">lanceypa@gmail.com</a>	203-966-4528 x137

**MEET HOST:** NCY

**WEBSITE:** [www.ncyac.org](http://www.ncyac.org)

**POOL EMERGENCY NUMBER:** 203-966-4528

**MEET TYPE:** Sanctioned

**MEET DURATION:** Full meet with time limits as defined by CT/USA Swimming

**SCRATCH PROCEDURES:** Coaches will receive a scratch sheet for each session of their meet in their information packets listing all of their events for the session. Coaches must indicate all scratches and turn them into the computer table half an hour before the meet start

**FACILITY:** The New Canaan YMCA Valles Competition Pool is a 6 -lane, 25-yard pool. Water depth at start end is: 13 feet. Water depth at turn end is: 4.7 feet. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. There is a Colorado Timing System with a large LED scoreboard. Ample seating for spectators is on the observation deck ) accessible via stairs / elevator in main lobby). Once meet has begun, swimmers will be allowed to cool down/warm up in the short lanes on the other side of the bulkhead from the competition pool. No swimmers will be allowed into The Forese Family Pool. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

**DISABLED ACCESS:** The New Canaan YMCA is available to the disabled. Handicap parking is available at the Y. Main entrance is handicap accessible, as are the pools, locker rooms and spectator area. Please contact the meet director for more information and special arrangements.

**COURSE:** SCY

**SESSION TIMES: Subject to Change**

Saturday and Sunday 12/U Morning Session Warm-up: 7:00 am Start: 8:15am

Saturday and Sunday 13/O Afternoon Session Warm-up: 1:00 pm Start: 2:45pm

*\*Warm-up and start times for the Sessions are subject to change depending on the size of the meet. Teams will be notified of any changes by Friday November 8, 2019*

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect.

Sat. and Sun. AM: session 1 7:00-7:20 am, session 2 7:20-7:40am, session 3 7:40-8:00am, session 4 8:00-8:10am

Sat. and Sun. pm: session 1 1:00-1:25 PM, session 2 1:25-1:50 PM session 1:50-2:15 PM, Session 4 2:15-2:40 PM

All six lanes will be available during the entire warm up

**ELIGIBILITY:** All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Athletes with Flex memberships must not have swum in more than one USA Swimming meet prior to this meet in order to be eligible. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck. Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a **\$100 fine** per instance, as described in CT Swimming meet policies:

<https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf>

and [https://www.ctswim.org/Customer-Content/www/CMS/files/policies\\_admin/RegistrationPolicyforMeetHosts.pdf](https://www.ctswim.org/Customer-Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf)

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge**. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**ADULT ATHLETES:** All athletes who will be 18 years of age or older must complete the mandatory Athlete Protection Training prior to competition. Failure to do so will result in the swimmer being scratched from the meet.

**ADAPTED SWIMMING:** Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to the [Connecticut Swimming office](#).

**EVENT INFORMATION:** Deck entries will not be accepted.

**ENTRY LIMITATIONS:** Swimmers are allowed 4 events per session.

**ENTRY TIMES:** Submit entry times in SCY

**DEADLINES:** deadline is October 31, 2019. Mail hardcopy and payment to the entry chairperson: Suzanne Lancey, 564 South Street, New Canaan, CT 06840. All entries must be legible and must use full names and registration numbers from USA Swimming registration. Entry into the meet will be determined by the email date of entry.

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at

bfazzino@newcanaanyymca.org. Please check that your team name, address, and contact information are listed correctly in this file. Payment is expected by the first day of the meet.

**ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION:** Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

All athletes, and their parents, who enter without club affiliation will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

**ENTRY FEES:** Electronic entries: \$8.00 for individual events, \$12.00 for relays. Manual entries: \$12.00 for individual events, \$24.00 for relays. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry

**PAYMENT INSTRUCTIONS:** Please make checks payable to NCYAC and mail to: Suzanne Lancey, New Canaan YMCA 564 South Street, New Canaan, CT 06840. Payment must be received by 11/13/18.

#### **CUT PROTOCOL:**

If the session is oversubscribed the following protocol will be instituted **IN THE ORDER PRESENTED** to reduce the timeline to the required length or participation number:

1. Athletes aged 7 and under will be cut from the meet.
2. All relays, if planned, will be eliminated.
3. The distance events (400 meters or yards or greater) may be heat limited to the first 2 heats of entries per gender in the order they were received.
4. The maximum number of events allowed per day may be reduced by one (1).
5. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

**NOTE:** If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

**RESERVE THE RIGHT TO MAKE CHANGES:** In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

**RELAYS:** Yes. Relays will be limited to 3 relays per team per event. All relay swimmers must be officially entered in the meet.

## **SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

**SWIMWEAR:** Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear “Tech Suits” at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.

## **PHOTOGRAPHY AND VIDEO RECORDING:**

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following “Non-Camera Zones” shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for “race starting purposes” during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA Swimming Vice President of Program Operations.

**RULES:** Current USA Swimming rules will govern all competition.

**TIME TRIALS:** No.

**TIMERS, OFFICIALS OR WORK ASSIGNMENTS:** All teams will be required to provide timers in proportion to the size of their team entry. Timer assignments will be emailed to all teams prior to the meet. It is the responsibility of each team representative or coach to make sure that their timers report for the timers meeting and remain in place throughout the session. If timers need to be relieved, it is their team’s responsibility to provide a replacement timer. Swimmers need to provide their own timers and counters for the 1650 freestyle on Saturday and Sunday and the 500 freestyle on Friday. Participating clubs will be notified of work assignments by the Monday before the meet.

All volunteers will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

**SCORING:** The meet will not be scored.

**AWARDS:** Yes. Ribbons will be awarded to the top 12 finishers in each 14/U individual event, and top 3 finishers in each 14/U relay event. Awards will be available for pick up at the conclusion of the session. Teams that fail to pick up their awards will be required to pay shipping charges to have the awards mailed to them.

**CONCESSIONS:** Yes

**HOSPITALITY FOR COACHES AND OFFICIALS:** Yes.

**PARKING:** There will be **NO PARKING AT THE YMCA, South Ave, Putnam, or Surrey Roads**. Cars parked in these areas will be ticketed by the New Canaan Police Department. Parking will be either at the Saxe Middle School or New Canaan High School. The Meet Manager will notify the entered teams prior to the meet. (Parking tickets are not the responsibility of the New Canaan YMCA.)

**DIRECTIONS:** From North or South: Take Merritt Parkway to exit 37, make a left off the exit ramp and head north on South Ave (Rte 124). Follow this road for about  $\frac{3}{4}$  of a mile. The YMCA is on the right. Swimmers may be dropped off at the YMCA; however there is NO parking available. Upon making a right out of the YMCA parking lot the Saxe Middle School lot is the next drive on the right hand side. To get to the High School, after making a right out of the YMCA parking lot make a left at the first traffic light onto Farm Ave. The high school is on the left hand side.

**2019 Pam Liberty Qualifier - 11/16/2019 to 11/17/2019**  
**Session Report**

Session: 1 PLQ 12 and Under Saturday AM Session

Day of Meet: 1 Starts at 08:15 AM Heat Interval: 20 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	1 Girls 10 & Under 100 Freestyle	0	0	08:15 AM	_____
Finals	2 Boys 10 & Under 100 Freestyle	0	0	08:15 AM	_____
Finals	3 Girls 11-12 100 Freestyle	0	0	08:15 AM	_____
Finals	4 Boys 11-12 100 Freestyle	0	0	08:15 AM	_____
Finals	5 Girls 10 & Under 50 Backstroke	0	0	08:15 AM	_____
Finals	6 Boys 10 & Under 50 Backstroke	0	0	08:15 AM	_____
Finals	7 Girls 11-12 50 Backstroke	0	0	08:15 AM	_____
Finals	8 Boys 11-12 50 Backstroke	0	0	08:15 AM	_____
Finals	9 Girls 10 & Under 100 Breaststroke	0	0	08:15 AM	_____
Finals	10 Boys 10 & Under 100 Breaststroke	0	0	08:15 AM	_____
Finals	11 Girls 11-12 100 Breaststroke	0	0	08:15 AM	_____
Finals	12 Boys 11-12 100 Breaststroke	0	0	08:15 AM	_____
Finals	13 Girls 10 & Under 50 Butterfly	0	0	08:15 AM	_____
Finals	14 Boys 10 & Under 50 Butterfly	0	0	08:15 AM	_____
Finals	15 Girls 11-12 50 Butterfly	0	0	08:15 AM	_____
Finals	16 Boys 11-12 50 Butterfly	0	0	08:15 AM	_____
Finals	17 Girls 10 & Under 200 IM	0	0	08:15 AM	_____
Finals	18 Boys 10 & Under 200 IM	0	0	08:15 AM	_____
Finals	19 Girls 11-12 200 IM	0	0	08:15 AM	_____
Finals	20 Boys 11-12 200 IM	0	0	08:15 AM	_____
Finals	21 Girls 10 & Under 200 Medley Relay	0	0	08:15 AM	_____
Finals	22 Boys 10 & Under 200 Medley Relay	0	0	08:15 AM	_____
Finals	23 Girls 11-12 400 Medley Relay	0	0	08:15 AM	_____
Finals	24 Boys 11-12 400 Medley Relay	0	0	08:15 AM	_____
Finals	25 Girls 12 & Under 500 Freestyle	0	0	08:15 AM	_____
	Finish Time			08:15 AM	_____

**2019 Pam Liberty Qualifier - 11/16/2019 to 11/17/2019**  
**Session Report**

Session: 2 PLQ 13 and Over Saturday PM Session

Day of Meet: 1 Starts at 02:45 PM Heat Interval: 20 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	26 Girls 13-14 100 Freestyle	0	0	02:45 PM	_____
Finals	27 Boys 13-14 100 Freestyle	0	0	02:45 PM	_____
Finals	28 Girls 15 & Over 100 Freestyle	0	0	02:45 PM	_____
Finals	29 Boys 15 & Over 100 Freestyle	0	0	02:45 PM	_____
Finals	30 Girls 13-14 100 Backstroke	0	0	02:45 PM	_____
Finals	31 Boys 13-14 100 Backstroke	0	0	02:45 PM	_____
Finals	32 Girls 15 & Over 100 Backstroke	0	0	02:45 PM	_____
Finals	33 Boys 15 & Over 100 Backstroke	0	0	02:45 PM	_____
Finals	34 Girls 13-14 200 Breaststroke	0	0	02:45 PM	_____
Finals	35 Boys 13-14 200 Breaststroke	0	0	02:45 PM	_____
Finals	36 Girls 15 & Over 200 Breaststroke	0	0	02:45 PM	_____
Finals	37 Boys 15 & Over 200 Breaststroke	0	0	02:45 PM	_____
Finals	38 Girls 13-14 200 Butterfly	0	0	02:45 PM	_____
Finals	39 Boys 13-14 200 Butterfly	0	0	02:45 PM	_____
Finals	40 Girls 15 & Over 200 Butterfly	0	0	02:45 PM	_____
Finals	41 Boys 15 & Over 200 Butterfly	0	0	02:45 PM	_____
Finals	42 Girls 13-14 200 IM	0	0	02:45 PM	_____
Finals	43 Boys 13-14 200 IM	0	0	02:45 PM	_____
Finals	44 Girls 15 & Over 200 IM	0	0	02:45 PM	_____
Finals	45 Boys 15 & Over 200 IM	0	0	02:45 PM	_____
Finals	46 Girls 15 & Over 500 Freestyle	0	0	02:45 PM	_____
	Finish Time			02:45 PM	_____

**2019 Pam Liberty Qualifier - 11/16/2019 to 11/17/2019**  
**Session Report**

Session: 3 PLQ 12 and Sunday AM Session

Day of Meet: 2 Starts at 08:15 AM Heat Interval: 20 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	47 Girls 10 & Under 50 Freestyle	0	0	08:15 AM	_____
Finals	48 Boys 10 & Under 50 Freestyle	0	0	08:15 AM	_____
Finals	49 Girls 11-12 50 Freestyle	0	0	08:15 AM	_____
Finals	50 Boys 11-12 50 Freestyle	0	0	08:15 AM	_____
Finals	51 Girls 10 & Under 100 Butterfly	0	0	08:15 AM	_____
Finals	52 Boys 10 & Under 100 Butterfly	0	0	08:15 AM	_____
Finals	53 Girls 11-12 100 Butterfly	0	0	08:15 AM	_____
Finals	54 Boys 11-12 100 Butterfly	0	0	08:15 AM	_____
Finals	55 Girls 10 & Under 200 Freestyle	0	0	08:15 AM	_____
Finals	56 Boys 10 & Under 200 Freestyle	0	0	08:15 AM	_____
Finals	57 Girls 11-12 200 Freestyle	0	0	08:15 AM	_____
Finals	58 Boys 11-12 200 Freestyle	0	0	08:15 AM	_____
Finals	59 Girls 10 & Under 50 Breaststroke	0	0	08:15 AM	_____
Finals	60 Boys 10 & Under 50 Breaststroke	0	0	08:15 AM	_____
Finals	61 Girls 11-12 50 Breaststroke	0	0	08:15 AM	_____
Finals	62 Boys 11-12 50 Breaststroke	0	0	08:15 AM	_____
Finals	63 Girls 10 & Under 100 Backstroke	0	0	08:15 AM	_____
Finals	64 Boys 10 & Under 100 Backstroke	0	0	08:15 AM	_____
Finals	65 Girls 11-12 100 Backstroke	0	0	08:15 AM	_____
Finals	66 Boys 11-12 100 Backstroke	0	0	08:15 AM	_____
Finals	67 Girls 10 & Under 100 IM	0	0	08:15 AM	_____
Finals	68 Boys 10 & Under 100 IM	0	0	08:15 AM	_____
Finals	69 Girls 11-12 100 IM	0	0	08:15 AM	_____
Finals	70 Boys 11-12 100 IM	0	0	08:15 AM	_____
Finals	71 Girls 10 & Under 200 Freestyle Relay	0	0	08:15 AM	_____
Finals	72 Boys 10 & Under 200 Freestyle Relay	0	0	08:15 AM	_____
Finals	73 Girls 11-12 400 Freestyle Relay	0	0	08:15 AM	_____
Finals	74 Boys 11-12 400 Freestyle Relay	0	0	08:15 AM	_____
Finals	75 Boys 12 & Under 500 Freestyle	0	0	08:15 AM	_____
	Finish Time			08:15 AM	_____



**2019 Pam Liberty Qualifier - 11/16/2019 to 11/17/2019**  
**Session Report**

Session: 4 PLQ 13 and Over Sunday PM Session

Day of Meet: 2 Starts at 02:45 PM Heat Interval: 20 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	76 Girls 13-14 50 Freestyle	0	0	02:45 PM	_____
Finals	77 Boys 13-14 50 Freestyle	0	0	02:45 PM	_____
Finals	78 Girls 15 & Over 50 Freestyle	0	0	02:45 PM	_____
Finals	79 Boys 15 & Over 50 Freestyle	0	0	02:45 PM	_____
Finals	80 Girls 13-14 100 Breaststroke	0	0	02:45 PM	_____
Finals	81 Boys 13-14 100 Breaststroke	0	0	02:45 PM	_____
Finals	82 Girls 15 & Over 100 Breaststroke	0	0	02:45 PM	_____
Finals	83 Boys 15 & Over 100 Breaststroke	0	0	02:45 PM	_____
Finals	84 Girls 13-14 200 Freestyle	0	0	02:45 PM	_____
Finals	85 Boys 13-14 200 Freestyle	0	0	02:45 PM	_____
Finals	86 Girls 15 & Over 200 Freestyle	0	0	02:45 PM	_____
Finals	87 Boys 15 & Over 200 Freestyle	0	0	02:45 PM	_____
Finals	88 Girls 13-14 100 Butterfly	0	0	02:45 PM	_____
Finals	89 Boys 13-14 100 Butterfly	0	0	02:45 PM	_____
Finals	90 Girls 15 & Over 100 Butterfly	0	0	02:45 PM	_____
Finals	91 Boys 15 & Over 100 Butterfly	0	0	02:45 PM	_____
Finals	92 Girls 13-14 200 Backstroke	0	0	02:45 PM	_____
Finals	93 Boys 13-14 200 Backstroke	0	0	02:45 PM	_____
Finals	94 Girls 15 & Over 200 Backstroke	0	0	02:45 PM	_____
Finals	95 Boys 15 & Over 200 Backstroke	0	0	02:45 PM	_____
Finals	96 Boys 15 & Over 500 Freestyle	0	0	02:45 PM	_____
	Finish Time			02:45 PM	_____