

2020 Caimans Winter Invitational
Distance Session
January 24, 2020

564 South Avenue, New Canaan, CT 06840

https://www.google.com/maps/d/u/0/edit?mid=1EaOLONSCQ70UJ1Y_n3aV-UfNRZg&ll=41.12863057069105%2C-73.48541964999998&z=18

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #S19-80. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

EVENTS

	Name	Email	Phone
Meet Director:	Suzanne Lancey	slancey@newcanaanyymca.org	203-966-4528 x174
Meet Referee:	Christine Anbar	canbar@optonline.net	203-246-9765
Lead Admin Official:	Patrick Colwell	Patrick.colwell@cbre.com	203-594-9110
Entry Chair:	Brian Fazzino	bfazzino@newcanaanyymca.org	203-966-4528 x137
Safety Chair:	Ashley Lancey	lanceypa@gmail.com	203-966-4528 x137
Officials Contact:			

MEET HOST: NCY

WEBSITE: www.nycac.org

POOL EMERGENCY NUMBER: 203-966-4528

SANCTIONED OR APPROVED: Sanctioned

MEET DURATION: Full meet with time limits as defined by CT/USA Swimming

MEET FORMAT: The meet will be swum as a Timed-Final. The 1000 Freestyle and 400 IM events will be swum fastest-to-slowest alternating girls and boys.

SCRATCH PROCEDURES: Coaches will receive a scratch sheet for each session of their meet in their information packets listing all of their events for the session. Coaches must indicate all scratches and turn them into the computer table half an hour before the meet start.

FACILITY: The New Canaan YMCA Valles Competition Pool is a 6 -lane, 25-yard pool. Water depth at start end is: 13 feet. Water depth at turn end is: 4.7 feet. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. There is a Colorado Timing System with a large LED scoreboard. Ample seating for spectators is on the observation deck) accessible via stairs / elevator in main lobby). Once meet has begun, swimmers will be allowed to cool down/warm up in the short lanes on the other side of the bulkhead from the competition pool. No swimmers will be allowed into The Forese Family Pool.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

DISABLED ACCESS: The New Canaan YMCA is available to the disabled. Handicap parking is available at the Y. Main entrance is handicap accessible, as are the pools, locker rooms and spectator area. Please contact the meet director for more information and special arrangements.

COURSE: SCY

SESSION TIMES: Subject to Change Warm up 4:00-4:45 PM, meet start 4:50 PM

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. General 4-4:30 PM, specific 4:30-4:45 PM, meet start 4:50 PM. All six lanes will be available during the entire warm up.

**Warm-up and start times for the Sessions are subject to change depending on the size of the meet. Teams will be notified of any changes by Friday January 17, 2020*

ELIGIBILITY: All USA Swimming clubs and individuals. Athletes with Flex memberships must not have swum in more than one USA Swimming meet prior to this meet in order to be eligible.

All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck. Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a **\$100 fine** per instance, as described in CT Swimming meet policies: <https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf> and https://www.ctswim.org/Customer-Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge**. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ADULT ATHLETES: All athletes who will be 18 years of age or older must complete the mandatory Athlete Protection Training prior to competition. Failure to do so will result in the swimmer being scratched from the meet.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to the [Connecticut Swimming office](#).

EVENT INFORMATION: Deck entries will not be accepted.

ENTRY LIMITATIONS: Swimmers are allowed 2 events for this session.

ENTRY TIMES: Submit entry times in SCY. Please do not use NT

DEADLINES: deadline is January 12, 2020. Mail hardcopy and payment to the entry chairperson: Suzanne Lancey, 564 South Street, New Canaan, CT 06840. All entries must be legible and must use full names and registration numbers from USA Swimming registration. Entry into the meet will be determined by the email date of entry.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at bfazzino@newcanaanymca.org. Please check that your team name, address, and contact information are listed correctly in this file. Payment is expected by the first day of the meet.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

ENTRY FEES: Electronic entries: \$10.00 for distance event. Manual entries: \$20.00 for distance events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

PAYMENT INSTRUCTIONS: Please make checks payable to NCYAC and mail to: Suzanne Lancey, New Canaan YMCA 564 South Street, New Canaan, CT 06840. Payment must be received by 01/25/19.

CUT PROTOCOL:

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

1. Athletes aged 7 and under will be cut from the meet.
2. All relays, if planned, will be eliminated.
3. The distance events (400 meters or yards or greater) may be heat limited to the first 2 heats of entries per gender in the order they were received.
4. The maximum number of events allowed per day may be reduced by one (1).
5. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: No.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

SWIMWEAR: Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA Swimming Vice President of Program Operations

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: No.

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: Swimmers must provide their own timers and counters. Watches to be provided by meet host.

All volunteers will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: Yes. Ribbons will be awarded to the top 12 finishers in each individual event. Awards will be available for pick up at the conclusion of the session. Teams that fail to pick up their awards will be required to pay shipping charges to have the awards mailed to them.

CONCESSIONS: Yes

HOSPITALITY FOR COACHES AND OFFICIALS: Yes.

PARKING: There will be **NO PARKING AT THE YMCA, South Ave, Putnam, or Surrey Roads**. Cars parked in these areas will be ticketed by the New Canaan Police Department. Parking will be either at the Saxe Middle School or New Canaan High School. The Meet Manager will notify the entered teams prior to the meet. (Parking tickets are not the responsibility of the New Canaan YMCA.)

DIRECTIONS: From North or South: Take Merritt Parkway to exit 37, make a left off the exit ramp and head north on South Ave (Rte 124). Follow this road for about $\frac{3}{4}$ of a mile. The YMCA is on the right. Swimmers may be dropped off at the YMCA; however there is NO parking available. Upon making a right out of the YMCA parking lot the Saxe Middle School lot is the next drive on the right hand side. To get to the High School, after making a right out of the YMCA parking lot make a left at the first traffic light onto Farm Ave. The high school is on the left hand side.

2020 Caiman Winter Invitational - 1/24/2020
Session Report

Session: 1 Winter Invitational

Day of Meet: 1 Starts at 04:50 PM Heat Interval: 10 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 400 IM	0	0	04:50 PM	_____
Finals	2 Boys 400 IM	0	0	04:50 PM	_____
Finals	3 Girls 1000 Freestyle	0	0	04:50 PM	_____
Finals	4 Boys 1000 Freestyle	0	0	04:50 PM	_____
	Finish Time			04:50 PM	_____