

19th Annual Greenwich Town Open Championship Meet
An approved meet by Connecticut and USA Swimming, Inc
December 19-20-21, 2019

at the Greenwich High School Pool
55 Hillside Avenue, Greenwich, CT 06830

<https://plus.google.com/108594164595151298683/about?gl=us&hl=en>

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #A19-3. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

EVENTS

	Name	Email	Phone
Meet Director:	Nick Cavataro	ncavataro@iona.edu	914-633-2323
Meet Referee:	Greg Bedell	greg@bedellmail.com	914-588-1603
Lead Admin Official:	Rick Lewis	lewishshark@aol.com	203-912-9385
Entry Chair:	Nick Cavataro	ncavataro@iona.edu	914-633-2323
Safety Chair:	David Fine	davidandrew.fine@gmail.com	203-968-3089
Officials Contact:	Greg Bedell	greg@bedellmail.com	914-588-1603

MEET HOST: GYWD.

WEBSITE: www.greenwichdolphins.com

POOL EMERGENCY NUMBER: 203-863-8802

SANCTIONED OR APPROVED: Approved. **Note well:** Because this meet is not open to all Connecticut Swimming members, it will not count toward the regularly scheduled sanctioned meet eligibility requirement for CSI championships (Regional Championships and Age Group Championship). This meet will not count toward the eligibility requirement of Connecticut Swimming Scholar Athlete, Athlete Travel Assistance, or other CSI recognition programs with meet eligibility requirements. This meet will not count toward the regularly scheduled sanctioned meet eligibility requirement for CT Zone Team selection.

MEET DURATION: Mini meet with all sessions timed to three hours or less before scratches.

MEET FORMAT: The meet will be swum as Timed-Final. Thursday and Friday events will be competed fast to slow in 7-lanes, allowing for constant warmup and warm down.

SCRATCH PROCEDURES: Coaches must submit all scratches 30 minutes before the start of events on Thursday and Friday. All Saturday events are pre-seeded.

FACILITY: The Greenwich High School Competition Pool is an 8-lane, 25-yard pool. Water depth at start end is: 12.5 Feet Deep. Water depth at turn end is: 4-Feet Deep. The competition course has not been certified in accordance with 104.2.2C (4). This meet will be held using three manual watches on each lane. There is spectator seating for 300.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

DISABLED ACCESS: There is designated handicapped parking, handicapped entrances and all pool, locker rooms and spectator areas are accessible. For additional information contact the meet director at 914-633-2323 for information and special arrangements.

COURSE: This meet will be held in SCY.

SESSION TIMES: Subject to Change:

Thursday, Dec. 19 – Warmup 6:30pm; Start 7:25pm

Friday, Dec. 20 – Warmup 6:30pm; Start 7:25pm

Saturday, Dec. 21 Warmup 12:00pm; Start 1:00pm

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. There will be open warmups in all lanes on Thursday and Friday, with Lane 8 open for one-way dives. Saturday session warmup will be 20 minutes girls; 20 minutes boys; 20 minutes sprints in all lanes

ELIGIBILITY: All Athletes must meet the eligibility requirements and meet one of these three criteria: (1) be a resident of Greenwich; (2) be a member of Greenwich based youth swim team or (3) attend school in Greenwich. USA Swimming athletes should include registration ID with entry. Age on the first day of the meet shall determine the swimmer's age and age group for the meet.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge**. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ADULT ATHLETES: All athletes who will be 18 years of age or older must complete the mandatory Athlete Protection Training prior to competition. Failure to do so will result in the swimmer being scratched from the meet.

ADAPTED SWIMMING: Any current athlete members of CT Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to the [Connecticut Swimming office](#).

EVENT INFORMATION: Thursday and Friday sessions will be limited to a maximum of 128 swimmers in 4 heats per event. Swimmers limited to one event Thursday & one event Friday and three events Saturday. Entries above the maximum will be returned.

ENTRY LIMITATIONS: Saturday session limited to the first 250 entries based on time stamp or postmark. All swimmers must meet one of these three criteria: (1) be a resident of Greenwich; (2) be a member of Greenwich based youth swim team or (3) attend school in Greenwich. Entries above the maximum will be returned. Swimmers must meet eligibility requirements and must have a team affiliation or will be listed as Unattached on the entry program.

Thursday & Friday swimmers may enter and swim only one of the two events. Saturday swimmers may enter a maximum of three events; however, one of the 3 events must be designated as a "scratch event" if meet is oversubscribed and times out to over 3 hours (meet must end by 4pm). The meet director reserves the right to modify the event structure to meet facility time limits. In the event of a format change teams, coaches and swimmers will be notified via email no later than one week prior and details on format adjustment will be e-mailed to entry contacts as well as posted at www.greenwichdolphins.com.

ENTRY TIMES: Submit entry times in: [SCY](#). [No Time \(NT\)](#) entries are highly discouraged.

DEADLINES: Entry deadline is **Wednesday, December 13, 2019**. Mail hardcopy and payment to the entry chairperson: Nick Cavataro, YWCA, 259 East Putnam Avenue, Greenwich, CT 06830. Entries must be typed or printed legibly, and must use full names. Compliance with the entry deadline will be determined by receipt of e-mail or postmark.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at ncavataro@iona.edu. Please check that your team name, address, and contact information are listed correctly in this file. Payment is expected in hand by the start of the meet for the full amount of swimmers on the original entry submission (no refunds)

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

All athletes, and their parents, who enter without club affiliation will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

ENTRY FEES: The entry fee is \$15.00 per swimmer regardless of the number of races. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

PAYMENT INSTRUCTIONS: Please make checks payable to Greenwich YWCA Dolphins Swim Team and mail to: Nick Cavataro, YWCA, 259 East Putnam Avenue, Greenwich, CT 06830. Payment must be received by 12/13/19.

CUT PROTOCOL:

If the session is oversubscribed the following protocol will be instituted **IN THE ORDER PRESENTED** to reduce the timeline to the required length or participation number:

1. The distance events (400 yards or greater) may be heat limited to the first 4 heats of each gender in the order received.
2. The maximum number of events per day may be reduced by one (1)

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: No

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

SWIMWEAR: Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA Swimming Vice President of Program Operations.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: No Time Trials will be offered at any session.

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: The host club will supply all key officials and timers. Volunteers are welcome at site or by contacting meet director in advance. All volunteers will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored

AWARDS: Ribbons will be awarded to the top 8 finishers in each individual event and must be picked up the coach or representative at the conclusion of the meet.

CONCESSIONS: No.

HOSPITALITY FOR COACHES AND OFFICIALS: No.

PARKING: Park in designated adjacent lot

DIRECTIONS: The Greenwich High School Pool is located in the rear of the 55 Hillside Avenue, Greenwich CT 06830 complex. Use mapping link <https://plus.google.com/108594164595151298683/about?gl=us&hl=en>

19th Annual Greenwich Town Swimming Champs
December 19-21, 2019
Session Report

Session: 1 Thursday Stroke Distance

Day of Meet: 1 Starts at 07:25 PM Heat Interval: 30 Seconds / Back +30 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Mixed 8-10 100 Butterfly	0	0	07:25 PM	_____
Finals	2 Mixed 10 & Over 200 Butterfly	0	0	07:25 PM	_____
Finals	3 Mixed 8-10 100 Breaststroke	0	0	07:25 PM	_____
Finals	4 Mixed 10 & Over 200 Breaststroke	0	0	07:25 PM	_____
Finals	5 Mixed 8-10 100 Backstroke	0	0	07:25 PM	_____
Finals	6 Mixed 10 & Over 200 Backstroke	0	0	07:25 PM	_____
	Finish Time			07:25 PM	_____

19th Annual Greenwich Town Swimming Champs
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Session Report

Session: 2 Friday Distance

Day of Meet: 2 Starts at 07:25 PM Heat Interval: 30 Seconds / Back +30 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	7 Girls 9 & Over 500 Freestyle	0	0	07:25 PM	_____
Finals	8 Boys 9 & Over 500 Freestyle	0	0	07:25 PM	_____
Finals	9 Girls 13 & Over 400 IM	0	0	07:25 PM	_____
Finals	10 Boys 13 & Over 400 IM	0	0	07:25 PM	_____
	Finish Time			07:25 PM	_____

19th Annual Greenwich Town Swimming Champs
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Session Report

Session: 3 Saturday

Day of Meet: 3 Starts at 01:00 PM Heat Interval: 30 Seconds / Back +30 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	11 Girls 15 & Over 100 Freestyle	0	0	01:00 PM	_____
Finals	12 Boys 15 & Over 100 Freestyle	0	0	01:00 PM	_____
Finals	13 Girls 13-14 100 Freestyle	0	0	01:00 PM	_____
Finals	14 Boys 13-14 100 Freestyle	0	0	01:00 PM	_____
Finals	15 Girls 11-12 50 Freestyle	0	0	01:00 PM	_____
Finals	16 Boys 11-12 50 Freestyle	0	0	01:00 PM	_____
Finals	17 Girls 9-10 50 Freestyle	0	0	01:00 PM	_____
Finals	18 Boys 9-10 50 Freestyle	0	0	01:00 PM	_____
Finals	19 Girls 8 & Under 25 Freestyle	0	0	01:00 PM	_____
Finals	20 Boys 8 & Under 25 Freestyle	0	0	01:00 PM	_____
Finals	21 Girls 15 & Over 100 Backstroke	0	0	01:00 PM	_____
Finals	22 Boys 15 & Over 100 Backstroke	0	0	01:00 PM	_____
Finals	23 Girls 13-14 100 Backstroke	0	0	01:00 PM	_____
Finals	24 Boys 13-14 100 Backstroke	0	0	01:00 PM	_____
Finals	25 Girls 11-12 50 Backstroke	0	0	01:00 PM	_____
Finals	26 Boys 11-12 50 Backstroke	0	0	01:00 PM	_____
Finals	27 Girls 9-10 50 Backstroke	0	0	01:00 PM	_____
Finals	28 Boys 9-10 50 Backstroke	0	0	01:00 PM	_____
Finals	29 Girls 8 & Under 25 Backstroke	0	0	01:00 PM	_____
Finals	30 Boys 8 & Under 25 Backstroke	0	0	01:00 PM	_____
Finals	31 Girls 15 & Over 100 Breaststroke	0	0	01:00 PM	_____
Finals	32 Boys 15 & Over 100 Breaststroke	0	0	01:00 PM	_____
Finals	33 Girls 13-14 100 Breaststroke	0	0	01:00 PM	_____
Finals	34 Boys 13-14 100 Breaststroke	0	0	01:00 PM	_____
Finals	35 Girls 11-12 50 Breaststroke	0	0	01:00 PM	_____
Finals	36 Boys 11-12 50 Breaststroke	0	0	01:00 PM	_____
Finals	37 Girls 9-10 50 Breaststroke	0	0	01:00 PM	_____
Finals	38 Boys 9-10 50 Breaststroke	0	0	01:00 PM	_____
Finals	39 Girls 8 & Under 25 Breaststroke	0	0	01:00 PM	_____
Finals	40 Boys 8 & Under 25 Breaststroke	0	0	01:00 PM	_____
Finals	41 Girls 15 & Over 100 Butterfly	0	0	01:00 PM	_____
Finals	42 Boys 15 & Over 100 Butterfly	0	0	01:00 PM	_____
Finals	43 Girls 13-14 100 Butterfly	0	0	01:00 PM	_____
Finals	44 Boys 13-14 100 Butterfly	0	0	01:00 PM	_____
Finals	51 Girls 11-12 50 Butterfly	0	0	01:00 PM	_____
Finals	52 Boys 11-12 50 Butterfly	0	0	01:00 PM	_____
Finals	53 Girls 9-10 50 Butterfly	0	0	01:00 PM	_____
Finals	54 Boys 9-10 50 Butterfly	0	0	01:00 PM	_____
Finals	55 Girls 8 & Under 25 Butterfly	0	0	01:00 PM	_____
Finals	56 Boys 8 & Under 25 Butterfly	0	0	01:00 PM	_____
	Finish Time			01:00 PM	_____