2019 GRIT October Qualifier October 5-6, 2019

Jack Suydam Natatorium Kaiser Hall

Central Connecticut State University 1615 Stanley Street, New Britain, CT 06050

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #S19-7. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

EVENTS

	Name	Email	Phone
Meet Director:	Bill Ball	gritaquaticsbb@gmail.com	860-305-4559
Meet Referee:	Mike Huffman	Mhuffman99@gmail.com	860-539-9895
Lead Admin Official:	Alex Albert	gritaquaticsaa@gmail.com	860-539-2002
Entry Chair:	Bill Ball	gritaquaticsbb@gmail.com	860-305-4559
Safety Chair:	Alex Albert	gritaquaticsaa@gmail.com	860-539-2002
Officials Contact:	Mike Huffman	Mhuffman99@gmail.com	860-539-9895

MEET HOST: GRIT.

WEBSITE: http://gritaquatics.teampages.com

POOL EMERGENCY NUMBER: 860-832-3073

SANCTIONED OR APPROVED: Sanctioned

MEET DURATION: Mini meet with all sessions timed to three hours or less before scratches.

MEET FORMAT: The meet will be swum as Timed Finals

SCRATCH PROCEDURES: Coaches will receive a scratch sheet for each day's events upon team check in. All scratch sheets are to be submitted to the Clerk of Course 30 minutes prior to the start of the session. The Clerk of Course will be located at the timers table on deck. USA Swimming Rulebook 102.3

FACILITY: The Jack Suydam Natatorium is a six lane, 25 yard facility with a Colorado Timing System, 6 lane LCD scoreboard and ample deck and spectator seating. Water depth at the start end is 12 feet and the water depth at the turn end is 4 feet. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

DISABLED ACCESS: Handicapped parking is located immediately outside the facility entrance. Handicap access to the pool deck and locker rooms is via the elevator located in the main lobby. Handicap spectator access is also through the main lobby. Locker rooms and spectator areas are all handicap accessible.

COURSE: SCY

SESSION TIMES: Subject to Change

Saturday and Sunday

13 and Over Morning Session warm-up 7:30am with an 8:45am Start

12 and under Afternoon session warm-up 11:45am with a 1:00pm Start

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. General 7:30am-8:20am and 11:45am-12:35pm (assignments to be announced the Wednesday prior) specific-Pace and Sprints 8:20am-8:40am and 12:35pm to 12:55pm

ELIGIBILITY: All USA Swimming clubs and individuals. Athletes with Flex memberships must not have swum in more than one USA Swimming meet prior to this meet in order to be eligible.

All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete registration procedures. Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a \$100 fine per instance, as described in CT Swimming meet policies:

 $\underline{https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf} \ and \ \\$

https://www.ctswim.org/Customer-

Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge.** When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ADULT ATHLETES: All athletes who will be 18 years of age or older must complete the mandatory Athlete Protection Training prior to competition. Failure to do so will result in the swimmer being scratched from the meet.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability <u>prior</u> to competition. Adapted athletes may direct questions to the <u>Connecticut Swimming office</u>.

EVENT INFORMATION: Deck entries will not be accepted

ENTRY LIMITATIONS: Maximum of 5 events per session, 10 events for the meet.

ENTRY TIMES: Submit entry times in: SCY. No Times (NT) will be accepted but estimates preferred for those that have NT.

DEADLINES: deadline is September 27, 2019 at 11:59pm. Entries will be accepted on a first received, first in basis until the meet in full. Entry files need to be emailed to Bill Ball at gritaquaticsbb@gmail.com no later than the deadline.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair

at gritaquaticsbb@gmail.com. Please check that your team name, address, and contact information are listed correctly in this file.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

All athletes, and their parents, who enter without club affiliation will be required to attest to reading and understanding the <u>Minor Athlete Abuse Prevention Policy.</u>

ENTRY FEES: Electronic entries: \$7.00 for individual events. Manual entries: \$10.00 for individual events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

PAYMENT INSTRUCTIONS: Please make checks payable to GRIT Aquatics and mail to: GRIT Aquatics 102 Reservoir Road, Newington, CT 06111. Payment must be received by the entry deadline.

CUT PROTOCOL:

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

- 1. Athletes aged 7 and Under will be cut from the meet.
- 2. The maximum number of events allowed per day may be reduced by one (1).
- 3. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: No Relays

SAFETY:

- 1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
- 2. No shaving is permitted at the competition site.
- 3. No glass containers are permitted within the facility.
- 4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
- 5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

SWIMWEAR: Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA Swimming Vice President of Program Operations.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: No Time Trials

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: Timer assignments will be determined by the size of the team's pre-scratch entry and are for the entire session. Participating clubs will be notified of work assignments by the Monday before the meet.

All volunteers will be required to attest to reading and understanding the Minor Athlete Abuse Prevention Policy.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: No Team Scoring

AWARDS: No awards.

CONCESSIONS: A limited selections of items will be for sale on site.

HOSPITALITY FOR COACHES AND OFFICIALS: Light snacks, drinks and lunch will be provided on site for officials and Coaches

MISCELLANEOUS: Per University Rule: The facility will NOT be open more than 15 minutes prior to the start of the first warm-up. Please make sure all parents and athletes are aware of this policy and at no point should they attempt to enter the building prior.

PARKING: All parking for this meet MUST be in Copernicus Parking Garage. All vehicles parked on surface lots are subject to ticketing and towing at the owners expense.

DIRECTIONS: visit http://www.ccsu.edu for directions to Copernicus Garage and the pool. The pool is located in Kaiser Hall

2019 Grit Oct. Qualifier - 10/5/2019 to 10/6/2019 Session Report

Session: 1 Saturday Morning 13 & Over

Day of Meet: 1 Starts at 08:45 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 13 & Over 100 Freestyle	0	0	08:45 AM	
Finals	2 Boys 13 & Over 100 Freestyle	0	0	08:45 AM	
Finals	3 Girls 13 & Over 100 Backstroke	0	0	08:45 AM	
Finals	4 Boys 13 & Over 100 Backstroke	0	0	08:45 AM	
Finals	5 Girls 13 & Over 200 Breaststroke	0	0	08:45 AM	
Finals	6 Boys 13 & Over 200 Breaststroke	0	0	08:45 AM	
Finals	7 Girls 13 & Over 200 Butterfly	0	0	08:45 AM	
Finals	8 Boys 13 & Over 200 Butterfly	0	0	08:45 AM	
Finals	9 Girls 13 & Over 200 IM	0	0	08:45 AM	
Finals	10 Boys 13 & Over 200 IM	0	0	08:45 AM	
	Finish Time			08:45 AM	

2019 Grit Oct. Qualifier - 10/5/2019 to 10/6/2019 Session Report

Session: 11 Saturday Afternoon 12 & Under
Day of Meet: 1 Starts at 01:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	11 Girls 12 & Under 100 Freestyle	0	0	01:00 PM	
Finals	12 Boys 12 & Under 100 Freestyle	0	0	01:00 PM	
Finals	13 Girls 12 & Under 50 Backstroke	0	0	01:00 PM	
Finals	14 Boys 12 & Under 50 Backstroke	0	0	01:00 PM	
Finals	15 Girls 12 & Under 100 Breaststroke	0	0	01:00 PM	
Finals	16 Boys 12 & Under 100 Breaststroke	0	0	01:00 PM	
Finals	17 Girls 12 & Under 50 Butterfly	0	0	01:00 PM	
Finals	18 Boys 12 & Under 50 Butterfly	0	0	01:00 PM	
Finals	19 Girls 12 & Under 200 IM	0	0	01:00 PM	
Finals	20 Boys 12 & Under 200 IM	0	0	01:00 PM	
	Finish Time			01:00 PM	

2019 Grit Oct. Qualifier - 10/5/2019 to 10/6/2019 Session Report

Session: 3 Sunday Morning 13 & Over
Day of Meet: 2 Starts at 08:45 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	21 Girls 13 & Over 50 Freestyle	0	0	08:45 AM	
Finals	22 Boys 13 & Over 50 Freestyle	0	0	08:45 AM	
Finals	23 Girls 13 & Over 200 Backstroke	0	0	08:45 AM	
Finals	24 Boys 13 & Over 200 Backstroke	0	0	08:45 AM	
Finals	25 Girls 13 & Over 100 Breaststroke	0	0	08:45 AM	
Finals	26 Boys 13 & Over 100 Breaststroke	0	0	08:45 AM	
Finals	27 Girls 13 & Over 100 Butterfly	0	0	08:45 AM	
Finals	28 Boys 13 & Over 100 Butterfly	0	0	08:45 AM	
Finals	29 Girls 13 & Over 200 Freestyle	0	0	08:45 AM	
Finals	30 Boys 13 & Over 200 Freestyle	0	0	08:45 AM	
	Finish Time			08:45 AM	

2019 Grit Oct. Qualifier - 10/5/2019 to 10/6/2019 Session Report

Session: 4 Sunday Afternoon 12 & Under
Day of Meet: 2 Starts at 01:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	31 Girls 12 & Under 50 Freestyle	0	0	01:00 PM	
Finals	32 Boys 12 & Under 50 Freestyle	0	0	01:00 PM	
Finals	33 Girls 12 & Under 100 Backstroke	0	0	01:00 PM	
Finals	34 Boys 12 & Under 100 Backstroke	0	0	01:00 PM	
Finals	35 Girls 12 & Under 50 Breaststroke	0	0	01:00 PM	
Finals	36 Boys 12 & Under 50 Breaststroke	0	0	01:00 PM	
Finals	37 Girls 12 & Under 100 Butterfly	0	0	01:00 PM	
Finals	38 Boys 12 & Under 100 Butterfly	0	0	01:00 PM	
Finals	39 Girls 12 & Under 100 IM	0	0	01:00 PM	
Finals	40 Boys 12 & Under 100 IM	0	0	01:00 PM	
Finals	41 Girls 12 & Under 200 Freestyle	0	0	01:00 PM	
Finals	42 Boys 12 & Under 200 Freestyle	0	0	01:00 PM	
	Finish Time			01:00 PM	