

# 2018 Water Rat 8 & Under Meet

8/U Meet

Sunday, October 7, 2018  
Westport Weston Family Y  
14 Allen Raymond Lane  
Westport, CT 06880

<https://goo.gl/maps/MPWSyz8e7G22>

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #OCS18-1. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

## EVENTS

	<b>Name</b>	<b>Email</b>
<b>Meet Director:</b>	Rob Urban	<a href="mailto:rurban@westporty.org">rurban@westporty.org</a>
<b>Meet Referee:</b>	Lorraine Kennedy	<a href="mailto:rjklsk@optonline.net">rjklsk@optonline.net</a>
<b>Lead Admin Official:</b>	Adrienne Williams	<a href="mailto:awilliams@westporty.org">awilliams@westporty.org</a>
<b>Entry Chair:</b>	Rob Urban	<a href="mailto:rurban@westporty.org">rurban@westporty.org</a>
<b>Safety Chair:</b>	Frisk Driscoll	<a href="mailto:fxdriscoll@yahoo.com">fxdriscoll@yahoo.com</a>
<b>Officials Contact:</b>	Lorraine Kennedy	<a href="mailto:rjklsk@optonline.net">rjklsk@optonline.net</a>

**MEET HOST:** WRAT

**WEBSITE:** [www.wrat.org](http://www.wrat.org)

**POOL EMERGENCY NUMBER:** 203-226-8981

**SANCTIONED OR APPROVED:** Off Calendar Sanctioned - This meet will not count toward the regularly scheduled sanctioned meet eligibility requirement for CSI championships (Regional Championships and Age Group Championship). This meet will not count toward the eligibility requirement of Connecticut Swimming Scholar Athlete, Athlete Travel Assistance, or other CSI recognition programs with meet eligibility requirements. This meet will not count toward the regularly scheduled sanctioned meet eligibility requirement for CT Zone Team selection.

**MEET DURATION:** Full meet with time limits as defined by CT/USA Swimming

**MEET FORMAT:** The meet will be swum as timed finals

**SCRATCH PROCEDURES:** Coaches packets will contain scratch sheets for each session and a timeline for when scratches are due. Please refer to USA Swimming Rulebook 102.3 for general meet guidelines

**FACILITY:** The Strittmatter Aquatic Center is a 10 lane, 25-yard pool. Water depth at start end is 9'. Water depth at turn end is 4'. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Colorado Timing System will be used with a full display color board. Off deck spectator seating is available. NO personal folding chairs will be allowed on deck or in the spectator area.

*Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.*

**DISABLED ACCESS:** Handicap parking is available near the front of the facility. Handicap accessibility is available into the spectator area. An elevator is conveniently located just off the lobby to access the youth locker rooms and pool deck on the lower level.

**COURSE:** SCY

**SESSION TIMES:** Meet Warm Up: 8am Meet Start: 9:15am **Subject to Change**

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect. All 10 lanes will be used for warm up. Warm up assignments will be made once all entries are accepted.

**ELIGIBILITY:** All USA Swimming clubs and individuals.

All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck. Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a **\$100 fine** per instance, as described in CT Swimming meet policies:

<https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf>

and

[https://www.ctswim.org/Customer-Content/www/CMS/files/policies\\_admin/RegistrationPolicyforMeetHosts.pdf](https://www.ctswim.org/Customer-Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf)

**ADAPTED SWIMMING:** Any current athlete members USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to the [Connecticut Swimming office](#).

**ENTRY LIMITATIONS:** Swimmers may swim in three (3) individual events.

**IMPORTANT NOTE:** *This meet will be limited to 170 swimmers.*

**ENTRY TIMES:** Submit entry times in SCY. If there are no official times for a swimmer, please do your best to estimate. No Times (NT) will not be accepted.

**DEADLINES:** Entry deadline is Wednesday September 26, 2018. Mail hardcopy and payment with checks payable to WRAT Parent's Club to Water Rat Swim Team; Westport YMCA; 14 Allen Raymond Lane, Westport, CT 06880. All entries must be legible and must use full names and registration numbers from USA Swimming registration. Entries will be accepted on a first come first served basis.

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at [rurban@westporty.org](mailto:rurban@westporty.org). Please check that your team name, address, and contact information are listed correctly in this file.

**ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION:** Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2.) be certified by a USA Swimming member coach as being

proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

**ENTRY FEES:** Electronic entries: \$7.00 for individual events. Manual entries: \$10.00 for individual events, No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

**PAYMENT INSTRUCTIONS:** Please make checks payable to WRAT Parents Club and mail to: Water Rat Swim Team; Westport YMCA; 14 Allen Raymond Lane, Westport, CT 06880 Payment must be received by 10/1/18

**CUT PROTOCOL:** The intent is to run this meet in one session. Should the meet referee deem the time line to be extensive and with approval from Program Operations, then the meet will be divided into two (2) sessions – girls/boys. Should any changes need to be made, all teams will be notified on Monday, October 1, 2018.

If the session is oversubscribed the following protocol will be instituted **IN THE ORDER PRESENTED** to reduce the timeline to the required length or participation number:

- The maximum number of events allowed per day may be reduced by one (1).
- Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or changes will be made to Program Operations and the attending teams as soon as possible and no later than the Monday before the meet.

**NOTE:** If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

**RESERVE THE RIGHT TO MAKE CHANGES:** In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

**RELAYS:** No

**SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

**PHOTOGRAPHY AND VIDEO RECORDING:**

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following “Non-Camera Zones” shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for “race starting purposes” during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA Swimming Vice President of Program Operations.

**RULES:** Current USA Swimming rules will govern all competition.

**TIME TRIALS:** No

**TIMERS, OFFICIALS OR WORK ASSIGNMENTS:** Participating clubs will be notified of work assignments by the Monday before the meet.

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

**SCORING:** The meet will not be scored.

**AWARDS:** Ribbons will be awarded to the top six (6) finishers in each individual event. Heat winners will also receive awards.

**CONCESSIONS:** Yes

**HOSPITALITY FOR COACHES AND OFFICIALS:** Yes

**PARKING:** Parking is available on site. Please observe parking restrictions. Should the size of the meet warrant additional parking, teams will be sent information to disperse to families.

**DIRECTIONS:**

Located directly off Exit 41 – northbound – of the Merritt Parkway.

I-95: From north or south, left turn off exit ramp. Follow up to the Merritt Parkway – Route 15. Get in the turn lane as though going onto the Parkway north but stay in the right lane and go straight into the YMCA.

**Water Rat 8&Under Meet - 10/7/2018**  
**Session Report**

Session: 1 Sunday AM

Day of Meet: 1 Starts at 09:15 AM Heat Interval: 45 Seconds / Back +20 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	1 Girls 8 & Under 25 Freestyle	0	0	09:15 AM	_____
Finals	2 Boys 8 & Under 25 Freestyle	0	0	09:15 AM	_____
Finals	3 Girls 8 & Under 25 Breaststroke	0	0	09:15 AM	_____
Finals	4 Boys 8 & Under 25 Breaststroke	0	0	09:15 AM	_____
Finals	5 Girls 8 & Under 100 IM	0	0	09:15 AM	_____
Finals	6 Boys 8 & Under 100 IM	0	0	09:15 AM	_____
Finals	7 Girls 8 & Under 25 Backstroke	0	0	09:15 AM	_____
Finals	8 Boys 8 & Under 25 Backstroke	0	0	09:15 AM	_____
Finals	9 Girls 8 & Under 25 Butterfly	0	0	09:15 AM	_____
Finals	10 Boys 8 & Under 25 Butterfly	0	0	09:15 AM	_____
Finals	11 Girls 8 & Under 50 Freestyle	0	0	09:15 AM	_____
Finals	12 Boys 8 & Under 50 Freestyle	0	0	09:15 AM	_____
	Finish Time			09:15 AM	_____