

VSYM 10/Under Meet

January 6th, 2019

Valley Shore YMCA

201 Spencer Plain Road, Westbrook, CT 06498

Mapping software link: <https://goo.gl/maps/Azy9l>

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #S18-104. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

EVENTS

	Name	Email	Phone
Meet Director:	Teddy Weeks	vsymarlins@gmail.com	860-287-1694
Meet Referee:	Edward Hinckley	edwardhinckley@sbcglobal.net	203-430-8620
Lead Admin Official:	Stephen Vitola	svitola@snet.net	(203) 209-1115
Entry Chair:	Teddy Weeks	vsymarlins@gmail.com	860-287-1694
Safety Chair:	Jason Lowy	j_lo280@yahoo.com	(860) 778-3080
Officials Contact:	Dylan Lee	dylantlee@gmail.com	860-235-3074

MEET HOST: Valley Shore YMCA Marlins

WEBSITE: www.vsymarlins.org

POOL EMERGENCY NUMBER: 860-399-9622

SANCTIONED OR APPROVED: Sanctioned

MEET DURATION: Mini meet with all sessions timed to three hours or less before scratches.

MEET FORMAT: The meet will be swum as Timed-Final

SCRATCH PROCEDURES: Coaches will receive a scratch sheet in their information packet before the meet, listing all swimmers and events for that session. Coaches must indicate all scratches or state none on the sheet and return the sheets to the computer table 30 minutes after warm-ups have begun. USA Swimming Rulebook 102.3

FACILITY: The Valley Shore YMCA Competition Pool is a 6-lane, 25-yard pool. Water depth at start end is: 9ft. Water depth at turn end is: 3ft. The competition course has not been certified in accordance with 104.2.2C(4). Colorado timing system will be used. There is limited spectator seating on the pool deck. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

DISABLED ACCESS: Handicapped parking is directly in front of the building. Handicapped access to pool locker rooms and spectator area are available once inside. Anyone needing assistance should contact the Meet Director prior to the meet.

COURSE: SCY

SESSION TIMES: Subject to Change

Session 1 (10/under): Sunday 12:00pm warm-up, 1:00pm start.

Warm-up and start times are subject to change based on entries. Teams will be notified of final session times no later than Monday before the meet.

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. 6 Lanes will be used for warm ups with sufficient sessions to accommodate swimmers. There will be a specific session for sprints. The meet director has the right to expand or decrease warm up format dependent upon the number of swimmers.

ELIGIBILITY: All USA Swimming clubs and individuals

All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck. Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a **\$100 fine** per instance, as described in CT Swimming meet policies:

<https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf>
and

https://www.ctswim.org/Customer-Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to the [Connecticut Swimming office](#).

EVENT INFORMATION: All events will be swum as timed finals and will be deck seeded according to the swimmers' SCY times. Deck entries will not be allowed.

ENTRY LIMITATIONS: Maximum of 6 total events. Maximum of 4 individual and/or 4 relay entries per swimmer.

ENTRY TIMES: Submit entry times in: SCY. NT are discouraged, please estimate times if no official times are available.

DEADLINES: Deadline December 21st, 2018. Mail hardcopy and payment to the entry chairperson: Teddy Weeks, 1 Evergreen Drive, Clinton, CT 06413. All entries must be legible and must use full names and registration numbers from USA Swimming registration. Teams will receive confirmation of receipt of entry, via email, within 24 hours of receiving that entry. This confirmation will include notice of acceptance or rejection of the entry. Entries will be accepted in the order they are received. In the event you are not emailed confirmation of receiving the entry within 24 hours after sending it, please email the meet director immediately. If you have not received a confirmation, you need to assume the entry was not delivered. All entries must be legible and must use full names and registration numbers from USA Swimming registration.

CONNECTICUT-ONLY DEADLINE: CT deadline is December 21st, 2018. Mail hardcopy and payment to the entry chairperson: Teddy Weeks, 1 Evergreen Drive, Clinton, CT 06413. All entries must be legible and must use full names and registration numbers from USA Swimming registration. CT clubs meeting this deadline will be entered before out of state clubs.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at vsymarlins@gmail.com. Please check that your team name, address, and contact information are listed correctly in this file. Remember, payment is due 5 business days after confirmation of receipt of the entry.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

ENTRY FEES: Electronic entries: \$7.00 for individual events, \$12.00 for Relay events. Manual entries: \$10.00 for individual events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

PAYMENT INSTRUCTIONS: Please make checks payable to Valley Shore YMCA Marlins and mail to: Teddy Weeks, 1 Evergreen Drive, Clinton, CT 06413. Payment must be received by 5 business days after receipt of entry has been confirmed by email, but no later than 12/28/2018.

CUT PROTOCOL: Entries will be accepted until the number of swims in the meet reaches 3 hours of swimming for each session. If the session is oversubscribed, visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

Clubs will be notified of changes no later than the Monday before the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities. Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: Yes; all relay swimmers must be officially entered in the meet.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA Swimming Vice President of Program Operations.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: No

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: Work assignments will be based on team entries. Teams supplying names of volunteers willing to officiate will have their timing assignments adjusted. Clubs will be notified of work assignments by the Monday before the meet.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will be scored.

AWARDS: Yes. Prizes will be awarded to the top 6 finishers in each individual event, and top 3 finishers in each relay event. Teams are required to pick up their awards at the conclusion of the meet. Awards will only be mailed at the expense of the visiting team.

CONCESSIONS: Yes

HOSPITALITY FOR COACHES AND OFFICIALS: Yes

PARKING: There is additional parking in the back field.

DIRECTIONS: Valley Shore YMCA, 201 Spencer Plain Rd, Westbrook, CT 06498

Mapping software link: <https://goo.gl/maps/Azy9l>

VSYM 10 & Under Meet - 1/6/2019**Session Report**

Session: 1 Session 1

Day of Meet: 1 Starts at 01:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Mixed 10 & Under 100 Freestyle Relay	0	0	01:00 PM	_____
Finals	2 Girls 10 & Under 50 Butterfly	0	0	01:00 PM	_____
Finals	3 Boys 10 & Under 50 Butterfly	0	0	01:00 PM	_____
Finals	4 Girls 8 & Under 25 Butterfly	0	0	01:00 PM	_____
Finals	5 Boys 8 & Under 25 Butterfly	0	0	01:00 PM	_____
Finals	6 Mixed 10 & Under 100 Breaststroke Relay	0	0	01:00 PM	_____
Finals	7 Girls 10 & Under 50 Backstroke	0	0	01:00 PM	_____
Finals	8 Boys 10 & Under 50 Backstroke	0	0	01:00 PM	_____
Finals	9 Girls 8 & Under 25 Backstroke	0	0	01:00 PM	_____
Finals	10 Boys 8 & Under 25 Backstroke	0	0	01:00 PM	_____
Finals	11 Mixed 10 & Under 100 Backstroke Relay	0	0	01:00 PM	_____
Finals	12 Girls 10 & Under 50 Breaststroke	0	0	01:00 PM	_____
Finals	13 Boys 10 & Under 50 Breaststroke	0	0	01:00 PM	_____
Finals	14 Girls 8 & Under 25 Breaststroke	0	0	01:00 PM	_____
Finals	15 Boys 8 & Under 25 Breaststroke	0	0	01:00 PM	_____
Finals	16 Mixed 10 & Under 100 Butterfly Relay	0	0	01:00 PM	_____
Finals	17 Girls 10 & Under 50 Freestyle	0	0	01:00 PM	_____
Finals	18 Boys 10 & Under 50 Freestyle	0	0	01:00 PM	_____
Finals	19 Girls 8 & Under 25 Freestyle	0	0	01:00 PM	_____
Finals	20 Boys 8 & Under 25 Freestyle	0	0	01:00 PM	_____
Finals	21 Mixed 10 & Under 100 Medley Relay	0	0	01:00 PM	_____
	Finish Time			01:00 PM	_____