

# Northeast 8 and Under All-Stars

**March 22, 2019**

Wesleyan University  
Freeman Athletic Center  
161 Cross Street Middletown, CT 06459  
<https://goo.gl/maps/uK9KBmWYDNJ2>

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #S18-102. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

## EVENTS

	<b>Name</b>	<b>Email</b>	<b>Phone</b>
<b>Meet Director:</b>	Gordon Brown	<a href="mailto:gbrown@regionalmca.org">gbrown@regionalmca.org</a>	203-775-1077
<b>Meet Referee:</b>	Phillip James	<a href="mailto:phillip.m.james@gmail.com">phillip.m.james@gmail.com</a>	
<b>Lead Admin Official:</b>	Peggy Regan	<a href="mailto:gomakos@regionalmca.org">gomakos@regionalmca.org</a>	203-775-1077
<b>Entry Chair:</b>	Gordon Brown	<a href="mailto:gbrown@regionalmca.org">gbrown@regionalmca.org</a>	203-775-1077
<b>Safety Chair:</b>	Peggy Regan	<a href="mailto:gomakos@regionalmca.org">gomakos@regionalmca.org</a>	203-775-1077
<b>Officials Contact:</b>	Phillip James	<a href="mailto:phillip.m.james@gmail.com">phillip.m.james@gmail.com</a>	

**MEET HOST:** RYWC

**WEBSITE:** [www.makoswim.org](http://www.makoswim.org)

**POOL EMERGENCY NUMBER:** 860-685-2915 (Pool Deck)

**SANCTIONED OR APPROVED:** Sanctioned

**MEET DURATION:** Mini meet with all sessions timed to three hours or less before scratches.

**MEET FORMAT:** The meet will be swum as Timed-Final.

**SCRATCH PROCEDURES:** This meet may be a preseeded event based on the number of entries. In the event scratches are required coaches will receive a scratch sheet for each preliminary and timed final session of the meet in their meet packets listing all of their swimmers and events for each session. Scratch sheets will be due to the computer table 30 minutes after the start of warm ups; these must be returned even if a team has no scratches.

**FACILITY:** The Wesleyan University Pool will be configured as one 10 lane, 25 yard course. RYWC reserves the right to adjust to a single course of 8 lanes or less if warranted by the projected time line. Water depth at start and turn ends is between 7.5 and 14 feet. Colorado electronic timing system will be used. Access to spectator seating area will require correct colored wristband for entry. Wristbands will be distributed to teams based on their entry size and work assignments. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

**DISABLED ACCESS:** Accessible. Fully ADA Compliant. Any individuals requiring handicapped parking please email Peggy Regan at [gomakos@regionalmca.org](mailto:gomakos@regionalmca.org) in advance to make arrangements.

**COURSE:** SCY.

**SESSION TIMES: Subject to Change**

Warm-up: 5:15pm

Start: 6:00pm

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect. All 15 lanes will be used for warm-ups. Teams may be assigned lanes based on their entry size. Specific warm-ups including starts will be offered.

**ELIGIBILITY:** All USA Swimming clubs and individuals.

All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. 8/Under swimmers ONLY. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck. Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a **\$100 fine** per instance, as described in CT Swimming meet policies:

<https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf>  
and

[https://www.ctswim.org/Customer-Content/www/CMS/files/policies\\_admin/RegistrationPolicyforMeetHosts.pdf](https://www.ctswim.org/Customer-Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf)

**ADAPTED SWIMMING:** Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to the [Connecticut Swimming office](#).

**ENTRY LIMITATIONS:** Swimmers may participate in a maximum of 5 events per session, (2 relays and 3 individual).

**ENTRY TIMES:** Submit entry times in: SCY. NT entries will not be accepted.

**DEADLINES:** deadline is 3/8/19. Email a pdf file of entry report to the entry chair: Gordon Brown, [gbrown@regionalmca.org](mailto:gbrown@regionalmca.org). Payment, or a copy of an official check request must be postmarked or time stamped within two business days of the entry submission. See payment instructions. Entries will be accepted on a first come, first served basis, in the order in which they are received, space permitting. Formal entry is determined by the date of email receipt as long as entry fee or check request is postmarked/ time stamped within two business days. Failure to send the payment or proof that payment will be made (check request) will cause entry to lose priority and formal entry will be based on the date that payment is actually received. Hardcopies of the entry can be mailed to the entry chair: Gordon Brown, 2 Huckleberry Hill Rd, Brookfield, CT 06804. All hardcopies must be legible and must use full names and registration numbers from USA Swimming registration.

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at [gbrown@regionalmca.org](mailto:gbrown@regionalmca.org). Please check that your team name, address, and contact information are listed correctly in this file. Payment, or a copy of an official check request must be postmarked or time stamped within two business days of the entry submission. Entries will be accepted on a first come, first served basis, in the order in which they are received, space permitting. Formal entry is determined by the date of email receipt as long as entry fee or check request is postmarked/ time stamped within two business days. Failure to send the payment or proof that payment will be made (check request) will cause entry to lose priority and formal entry will be based on the date that payment is actually received.

**ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION:** Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

**ENTRY FEES:** Electronic entries: \$9.00 for individual events and \$15.00 for relays. Manual entries: \$14.00 for individual event and \$20.00 for relays. No refunds will be given for entries that are accepted, for entries that are rejected due to improper entry, or for events that may be canceled due to conditions outside of the control of the Greenknoll YMCA.

**PAYMENT INSTRUCTIONS:** Please make checks payable to the **Regional YMCA of Western CT** and mail to: Gordon Brown, 2 Huckleberry Hill Rd, Brookfield, CT 06804. Payment must be received by 03/14/19.

**CUT PROTOCOL:**

If the session is oversubscribed the following protocol will be instituted **IN THE ORDER PRESENTED** to reduce the timeline to the required length or participation number:

1. Relay entries for each team may be reduced.
2. The maximum number of events allowed per day may be reduced by one (1).
3. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

**NOTE:** If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

**RESERVE THE RIGHT TO MAKE CHANGES:** In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

**RELAYS:** Yes. All relay swimmers must be officially entered in the meet. Relay cards must be submitted to the computer table prior to the start of the relay event, except for teams that pre enter relay swimmers on their electronic entry. Any changes made to the relays will require the submission of a relay card to the computer table.

## **SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

## **PHOTOGRAPHY AND VIDEO RECORDING:**

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA Swimming Vice President of Program Operations.

**RULES:** Current USA Swimming rules will govern all competition.

**TIME TRIALS:** No.

**TIMERS, OFFICIALS OR WORK ASSIGNMENTS:** All teams will be required to supply timers in proportion to the size of their entry. Watches to be provided by meet host. Participating clubs must be notified of work assignments by the Monday before the meet.

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

## **AWARDS & SCORING:**

- Medals will be awarded for 1-3 place and ribbons for 4-8 place individual events and medals for 1-3 place for relays.
- Events will be scored to 8 places. Individual Events: 9-7-6-5-4-3-2-1 Relays: 18-14-12-10-8-6-4-2 Overall team award will be presented.
- Only each team's A, B, and C relays will be eligible for scoring and awards.

**CONCESSIONS:** Yes.

**HOSPITALITY FOR COACHES AND OFFICIALS:** Yes.

**PARKING:** Lot Q, R, or V

**DIRECTIONS:** <https://goo.gl/maps/uK9KBmWYDNJ2>

**2019 Northeast 8/Under All-Stars - 3/22/2019**  
**Session Report**

Session: 1 Northeast 8/Under All-Stars

Day of Meet: 1 Starts at 06:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Meet Qualifying</b>	<b>Starts at</b>	
Finals	1 Girls 8 & Under 100 Medley Relay	0	0		06:00 PM	_____
Finals	2 Boys 8 & Under 100 Medley Relay	0	0		06:00 PM	_____
	Break: 5 Minutes:					
Finals	3 Girls 8 & Under 50 Freestyle	0	0		06:05 PM	_____
Finals	4 Boys 8 & Under 50 Freestyle	0	0		06:05 PM	_____
	Break: 2 Minutes:					
Finals	5 Girls 8 & Under 25 Backstroke	0	0		06:07 PM	_____
Finals	6 Boys 8 & Under 25 Backstroke	0	0		06:07 PM	_____
	Break: 2 Minutes:					
Finals	7 Girls 8 & Under 50 Breaststroke	0	0		06:09 PM	_____
Finals	8 Boys 8 & Under 50 Breaststroke	0	0		06:09 PM	_____
	Break: 2 Minutes:					
Finals	9 Girls 8 & Under 25 Freestyle	0	0		06:11 PM	_____
Finals	10 Boys 8 & Under 25 Freestyle	0	0		06:11 PM	_____
	Break: 2 Minutes:					
Finals	11 Girls 8 & Under 100 IM	0	0		06:13 PM	_____
Finals	12 Boys 8 & Under 100 IM	0	0		06:13 PM	_____
	Break: 2 Minutes:					
Finals	13 Girls 8 & Under 25 Butterfly	0	0		06:15 PM	_____
Finals	14 Boys 8 & Under 25 Butterfly	0	0		06:15 PM	_____
	Break: 2 Minutes:					
Finals	15 Girls 8 & Under 50 Backstroke	0	0		06:17 PM	_____
Finals	16 Boys 8 & Under 50 Backstroke	0	0		06:17 PM	_____
	Break: 2 Minutes:					
Finals	17 Girls 8 & Under 25 Breaststroke	0	0		06:19 PM	_____
Finals	18 Boys 8 & Under 25 Breaststroke	0	0		06:19 PM	_____
	Break: 2 Minutes:					
Finals	19 Girls 8 & Under 50 Butterfly	0	0		06:21 PM	_____
Finals	20 Boys 8 & Under 50 Butterfly	0	0		06:21 PM	_____
	Break: 5 Minutes:					
Finals	21 Girls 8 & Under 100 Freestyle Relay	0	0		06:26 PM	_____
Finals	22 Boys 8 & Under 100 Freestyle Relay	0	0		06:26 PM	_____
	Finish Time				06:26 PM	_____