

# 2018 GRIT Sprint Trophy Pentathlon

## 10/21/2018

Jack Suydam Natatorium  
Kaiser Hall  
Central Connecticut State University  
1615 Stanley Street, New Britain, CT 06050

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #S18-17. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

### EVENTS

	<b>Name</b>	<b>Email</b>	<b>Phone</b>
<b>Meet Director:</b>	Bill Ball	<a href="mailto:bdevcoachball@gmail.com">bdevcoachball@gmail.com</a>	860-305-4559
<b>Meet Referee:</b>	Mike Huffman	<a href="mailto:Mhuffman99@gmail.com">Mhuffman99@gmail.com</a>	860-539-9895
<b>Lead Admin Official:</b>	Alex Huffman	<a href="mailto:bdevcoachhuffman@gmail.com">bdevcoachhuffman@gmail.com</a>	860-539-2002
<b>Entry Chair:</b>	Bill Ball	<a href="mailto:bdevcoachball@gmail.com">bdevcoachball@gmail.com</a>	860-305-4559
<b>Safety Chair:</b>	Alex Huffman	<a href="mailto:Bdevcoachhuffman@gmail.com">Bdevcoachhuffman@gmail.com</a>	860-539-2002
<b>Officials Contact:</b>	Mike Huffman	<a href="mailto:Mhuffman99@gmail.com">Mhuffman99@gmail.com</a>	860-539-9895

**MEET HOST:** GRIT

**WEBSITE:** [www.bluedevilaquatics.org](http://www.bluedevilaquatics.org)

**POOL EMERGENCY NUMBER:** 860-832-3073

**SANCTIONED OR APPROVED:** Sanctioned

**MEET DURATION:** Full meet with time limits as defined by CT/USA Swimming

**MEET FORMAT:** The meet will be swum as Timed Finals

**SCRATCH PROCEDURES:** Scratch sheets are due to the computer operator no later than 30 minutes prior to the start of the session. Scratch sheets not turned in on time will not be accepted. USA Swimming Rulebook 102.3

**FACILITY:** The Jack Suydam Natatorium is a six lane, 25 yard facility with a Colorado Timing System, 6 lane LCD scoreboard and ample deck and spectator seating. Water depth at start end is: 12 feet. Water depth at turn end is: 4 feet. Select One: The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

**DISABLED ACCESS:** Handicapped parking is located immediately outside the facility entrance. Handicap access to the pool deck and locker rooms is via the elevator located in the main lobby. Handicap spectator access is also through the main lobby. Locker rooms and spectator areas are all handicap accessible.

**COURSE:** SCY

**SESSION TIMES:** Subject to Change:

13 and Over morning session warm-up 7:30am, 8:45am Start  
12 and Under Afternoon Session Warm-up 12:15pm, 1:15pm Start

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect.

**ELIGIBILITY:** All USA Swimming clubs and individuals

All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck. Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a **\$100 fine** per instance, as described in CT Swimming meet policies:

<https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf>  
and

[https://www.ctswim.org/Customer-Content/www/CMS/files/policies\\_admin/RegistrationPolicyforMeetHosts.pdf](https://www.ctswim.org/Customer-Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf)

**ADAPTED SWIMMING:** Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to the [Connecticut Swimming office](#).

**EVENT INFORMATION:** Deck entries will not be accepted

**ENTRY LIMITATIONS:** Maximum of 5 events per session

**ENTRY TIMES:** Submit entry times in: SCY. If there are no official times for an athlete, please submit estimated times. No Times (NT) will be accepted, but prefer estimates.

**DEADLINES:** deadline is October 9, 2018. Mail a hard copy and payment to GRIT Aquatics at 102 Reservoir Road Newington, CT 06111. All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration. Date of entry will be determined by the date payment is postmarked

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at [bdevcoachball@gmail.com](mailto:bdevcoachball@gmail.com). Please check that your team name, address, and contact information are listed correctly in this file. Payment for entries must be postmarked by the entry deadline, October 9, 2018.

**ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION:** Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

**ENTRY FEES:** Electronic entries: \$7.00 for individual events. Manual entries: \$9.00 for individual events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry

**PAYMENT INSTRUCTIONS:** Please make checks payable to GRIT Aquatics and mail to: GRIT Aquatics at 102 Reservoir Road Newington CT 06111. Payment must be received by 10/9/2018.

**CUT PROTOCOL:**

If the session is oversubscribed the following protocol will be instituted **IN THE ORDER PRESENTED** to reduce the timeline to the required length or participation number: Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

**NOTE:** If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted will be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

**RESERVE THE RIGHT TO MAKE CHANGES:** In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

**RELAYS:** No Relays

**SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

**PHOTOGRAPHY AND VIDEO RECORDING:**

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following “Non-Camera Zones” shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for “race starting purposes” during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA Swimming Vice President of Program Operations.

**RULES:** Current USA Swimming rules will govern all competition.

**TIME TRIALS:** No Time Trials

**TIMERS, OFFICIALS OR WORK ASSIGNMENTS:** Work and Timing assignments will be based on teams pre-scratch entry. All teams will be notified of their assignments the Tuesday prior to the start of the meet.

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

**SCORING:** No Team Scoring. Individual scoring will be used for awards. Top 16 places will earn points based on the following:

1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>
20	17	16	15	14	13	12	11
9 <sup>th</sup>	10 <sup>th</sup>	11 <sup>th</sup>	12 <sup>th</sup>	13 <sup>th</sup>	14 <sup>th</sup>	15 <sup>th</sup>	16 <sup>th</sup>
9	7	6	5	4	3	2	1

**AWARDS:** Trophies will be awarded to the top three finishers in each age group based on total points earned. Awards must be picked up on site and will not be mailed to the participating athlete or team. In the event of a tie the final time in the IM will be used to break the tie.

**CONCESSIONS:** a limited selection of items will be provided on site.

**HOSPITALITY FOR COACHES AND OFFICIALS:** light snacks, drinks and lunch will be provided on site for officials and coaches.

**MISCELLANEOUS:** Facility will not open more than 15 Minutes prior to the start of warm-up. Please make sure parents and athlete are aware of this and at no point should they attempt to enter the building prior.

**PARKING:** Please use Copernicus Parking Garage. All vehicles parked in all surface lots and reserved spots will be subject to ticketing and towing at the owners expense.

**DIRECTIONS** visit <http://www.ccsu.edu> for directions. The Jack Suydam Natatorium is located in Kaiser Hall.

**2018 GRIT Sprint Pentathlon - 10/21/2018****Session Report**

Session: 1 13 and Over

Day of Meet: 1 Starts at 08:45 AM Heat Interval: 20 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	1 Girls 13-14 100 Butterfly	0	0	08:45 AM	_____
Finals	2 Boys 13-14 100 Butterfly	0	0	08:45 AM	_____
Finals	3 Girls 15 & Over 100 Butterfly	0	0	08:45 AM	_____
Finals	4 Boys 15 & Over 100 Butterfly	0	0	08:45 AM	_____
Finals	5 Girls 13-14 100 Backstroke	0	0	08:45 AM	_____
Finals	6 Boys 13-14 100 Backstroke	0	0	08:45 AM	_____
Finals	7 Girls 15 & Over 100 Backstroke	0	0	08:45 AM	_____
Finals	8 Boys 15 & Over 100 Backstroke	0	0	08:45 AM	_____
Finals	9 Girls 13-14 100 Breaststroke	0	0	08:45 AM	_____
Finals	10 Boys 13-14 100 Breaststroke	0	0	08:45 AM	_____
Finals	11 Girls 15 & Over 100 Breaststroke	0	0	08:45 AM	_____
Finals	12 Boys 15 & Over 100 Breaststroke	0	0	08:45 AM	_____
Finals	13 Girls 13-14 100 Freestyle	0	0	08:45 AM	_____
Finals	14 Boys 13-14 100 Freestyle	0	0	08:45 AM	_____
Finals	15 Girls 15 & Over 100 Freestyle	0	0	08:45 AM	_____
Finals	16 Boys 15 & Over 100 Freestyle	0	0	08:45 AM	_____
Finals	17 Girls 13-14 200 IM	0	0	08:45 AM	_____
Finals	18 Boys 13-14 200 IM	0	0	08:45 AM	_____
Finals	19 Girls 15 & Over 200 IM	0	0	08:45 AM	_____
Finals	20 Boys 15 & Over 200 IM	0	0	08:45 AM	_____
	Finish Time			08:45 AM	_____

**2018 GRIT Sprint Pentathlon - 10/21/2018****Session Report**

Session: 2 12 and Under

Day of Meet: 1 Starts at 01:15 PM Heat Interval: 20 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	21 Girls 10 & Under 50 Butterfly	0	0	01:15 PM	_____
Finals	22 Boys 10 & Under 50 Butterfly	0	0	01:15 PM	_____
Finals	23 Girls 11-12 50 Butterfly	0	0	01:15 PM	_____
Finals	24 Boys 11-12 50 Butterfly	0	0	01:15 PM	_____
Finals	25 Girls 10 & Under 50 Backstroke	0	0	01:15 PM	_____
Finals	26 Boys 10 & Under 50 Backstroke	0	0	01:15 PM	_____
Finals	27 Girls 11-12 50 Backstroke	0	0	01:15 PM	_____
Finals	28 Boys 11-12 50 Backstroke	0	0	01:15 PM	_____
Finals	29 Girls 10 & Under 50 Breaststroke	0	0	01:15 PM	_____
Finals	30 Boys 10 & Under 50 Breaststroke	0	0	01:15 PM	_____
Finals	31 Girls 11-12 50 Breaststroke	0	0	01:15 PM	_____
Finals	32 Boys 11-12 50 Breaststroke	0	0	01:15 PM	_____
Finals	33 Girls 10 & Under 50 Freestyle	0	0	01:15 PM	_____
Finals	34 Boys 10 & Under 50 Freestyle	0	0	01:15 PM	_____
Finals	35 Girls 11-12 50 Freestyle	0	0	01:15 PM	_____
Finals	36 Boys 11-12 50 Freestyle	0	0	01:15 PM	_____
Finals	37 Girls 10 & Under 100 IM	0	0	01:15 PM	_____
Finals	38 Boys 10 & Under 100 IM	0	0	01:15 PM	_____
Finals	39 Girls 11-12 100 IM	0	0	01:15 PM	_____
Finals	40 Boys 11-12 100 IM	0	0	01:15 PM	_____
	Finish Time			01:15 PM	_____