# Soundview YMCA Stingrays 2017 October Qualifier October 28-29, 2017

Walsh Intermediate School Pool 185 Damascus Road, Branford, CT 06405 https://goo.gl/maps/5K8EyJqc9492

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #S17-22. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

#### **EVENTS**

|                       | Name           | Email                        | Phone         |
|-----------------------|----------------|------------------------------|---------------|
| <b>Meet Director:</b> | Sue Lecza      | suelecza@gmail.com           | (203)675-5269 |
| Meet Referee:         | Ed Hinckley    | edwardhinckley@sbcglobal.net | (203)484-7827 |
| Lead Admin Official:  | John Mayo      | johnpmayo@hotmail.com        | (203)453-1115 |
| Entry Chair:          | Sue Lecza      | suelecza@gmail.com           | (203)675-5269 |
| Safety Chair:         | Wesley Crozier | wcrozier@cccymca.org         | (203)484-9622 |
| Officials Contact:    | Ed Hinkley     | edwardhinckley@sbcglobal.net | (203)484-7827 |

**WEBSITE:** SoundviewYMCAStingrays.org

**POOL EMERGENCY NUMBER:** No incoming phone service available

**MEET TYPE:** Sanctioned

**MEET FORMAT:** The meet will be swum as Timed-Finals. The 11/12 500 Freestyle (Events 43/44), the 13 & Over 500 Freestyle (Events 13/14) and the 13 & Over 400 IM (Events 57/58) will be swum fast-to-slow alternating heats of women and men.

**SCRATCH PROCEDURES**: Coaches will receive scratch sheets at the start of each session and are expected to submit scratches 20 minutes after the start of warm-up.

**FACILITY:** The Walsh Intermediate School Pool is a 6-lane, 25-yard pool. Water depth at start end is: 10.5 feet. Water depth at turn end is 4 feet. The competition course has not been certified in accordance with 104.2.2C(4). Colorado Timing System and touch pads will be used. Spectator seating capacity is 220.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

**DISABLED ACCESS:** There are designated handicap parking spaces in the school parking lot. The school, pool and spectator areas are handicap accessible, but the pool locker rooms are NOT. Disabled swimmers who require handicap accessible locker rooms should contact Sue Lecza at <a href="mailto:suelecza@gmail.com">suelecza@gmail.com</a> or (203) 675-5269 at least 3 days prior to the meet to make arrangements for accessible changing facilities.

**COURSE:** SCY

**SESSION TIMES: Subject to Change.** There will be two sessions each day, however, we reserve the right to separate the 10 & Under and 11/12 events into separate sessions if the meet becomes over-subscribed.

13 & Overs: 7:00 AM warm-up, 8:05 AM start 12 & Unders: 12:15 PM warm-up, 1:30 PM start

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect. Teams will be assigned warm-up lanes using 6 lanes. 13 & Over swimmers will have a minimum of 25 minutes general warm-up followed by a 10 minute period with designated lanes for one-way sprints and pace. 12 & Unders will have a minimum of 20 minutes general warm-up followed by a 10 minute period for one-way sprints.

**ELIGIBILITY:** All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete registration procedures. Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a \$100 fine per instance, as described in CT Swimming meet policies: https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf

https://www.ctswim.org/Customer-

and

Content/www/CMS/files/policies\_admin/RegistrationPolicyforMeetHosts.pdf

**ADAPTED SWIMMING:** Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability <u>prior</u> to competition. Adapted athletes may direct questions to the <u>Connecticut Swimming office</u>.

**ENTRY LIMITATIONS:** Swimmers may enter a maximum of 4 individual events per day.

**ENTRY TIMES:** Submit entry times in SCY. If the swimmer does not have an official time please submit estimated times. The use of "No Times" (NT) is strongly discouraged.

**DEADLINES:** Entry deadline is Wednesday October 18, 2017. Mail hardcopy and payment to the entry chairperson: Sue Lecza, 16 Beechwood Road, Branford, CT 06405. All entries must be legible and must use full names and registration numbers from USA Swimming registration. Paper entries will be considered received on the date they are delivered to the entry chair

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at suelecza@gmail.com. Please check that your team name, address, and contact information are listed correctly in this file. Emailed entries will be considered received on the date received by the entry chair. Payments are due before the start of the meet.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

**ENTRY FEES:** Electronic entries: \$7.50 for individual events, \$12.00 for relays. Manual entries: \$15.00 for individual events \$15.00 for relays. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

**PAYMENT INSTRUCTIONS**: Please make checks payable to Soundview YMCA and mail to: Sue Lecza, 16 Beechwood Road, Branford, CT 06405. Payment must be received by 10/27/17.

### **CUT PROTOCOL:**

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

- 1. Athletes aged 7 and Under will be cut from the meet
- 2. All relays will be eliminated.
- 3. The distance events (500 free and 400 IM) may be heat limited to the first 4 heats of entries per gender <u>in</u> the order they were received.
- 4. The maximum number of events allowed per day may be reduced to 3.
- 5. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

**RESERVE THE RIGHT TO MAKE CHANGES:** In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

**RELAYS:** Yes, There are no limitations on the number of relays a team may enter. All relay swimmers must be officially entered in the meet.

#### **SAFETY:**

- 1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
- 2. No shaving is permitted at the competition site.
- 3. No glass containers are permitted within the facility.
- 4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
- 5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

### PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

**DRONES**: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA Swimming Vice President of Program Operations.

**RULES:** Current USA Swimming rules will govern all competition.

TIME TRIALS: No.

**TIMERS, OFFICIALS OR WORK ASSIGNMENTS:** Teams will be required to provide timers in proportion to the size of their entry. Swimmers in the 500 Free and 400 IM will need to provide their own timer. Participating clubs will be notified of work assignments by the Monday before the meet.

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

**SCORING:** The meet will not be scored.

**AWARDS:** No.

**CONCESSIONS:** Yes.

### **HOSPITALITY FOR COACHES AND OFFICIALS:** Yes.

**PARKING:** Parking is available in the large lot on the east (left) side of the school. Any cars parked in the circular driveway in the front of the school will be ticketed and towed.

**DIRECTIONS:** The Walsh Intermediate School is located at 185 Damascus Road, Branford, CT 06405. https://goo.gl/maps/5K8EyJqc9492

**From the West:** I-95 North to Exit 55 (Route 1, Branford). Turn left onto Route 1 West. Proceed to second light and turn left onto Windmill Hill Road. At stop sign turn left onto Damascus Road. Entrance to the school is on the right at the bottom of the hill.

**From the East:** I-95 South to Exit 55 (Route 1, Branford). Turn right onto Route 1 West. Proceed to second light and turn left onto Windmill Hill Road. At stop sign turn left onto Damascus Road. Entrance to the school is on the right at the bottom of the hill.

Session: 1 Saturday 13 & Overs

Day of Meet: 1 Starts at 08:05 AM Heat Interval: 15 Seconds / Back +15 Seconds

| Round  | Event                               | Entries | Heats | Starts at |  |
|--------|-------------------------------------|---------|-------|-----------|--|
| Finals | 1 Women 13 & Over 200 Butterfly     | 0       | 0     | 08:05 AM  |  |
| Finals | 2 Men 13 & Over 200 Butterfly       | 0       | 0     | 08:05 AM  |  |
| Finals | 3 Women 13 & Over 100 Backstroke    | 0       | 0     | 08:05 AM  |  |
| Finals | 4 Men 13 & Over 100 Backstroke      | 0       | 0     | 08:05 AM  |  |
| Finals | 5 Women 13 & Over 200 Breaststroke  | 0       | 0     | 08:05 AM  |  |
| Finals | 6 Men 13 & Over 200 Breaststroke    | 0       | 0     | 08:05 AM  |  |
| Finals | 7 Women 13 & Over 100 Freestyle     | 0       | 0     | 08:05 AM  |  |
| Finals | 8 Men 13 & Over 100 Freestyle       | 0       | 0     | 08:05 AM  |  |
| Finals | 9 Women 13 & Over 200 IM            | 0       | 0     | 08:05 AM  |  |
| Finals | 10 Men 13 & Over 200 IM             | 0       | 0     | 08:05 AM  |  |
| Finals | 11 Girls 13 & Over 200 Medley Relay | 0       | 0     | 08:05 AM  |  |
| Finals | 12 Boys 13 & Over 200 Medley Relay  | 0       | 0     | 08:05 AM  |  |
| Finals | 13 Women 13 & Over 500 Freestyle    | 0       | 0     | 08:05 AM  |  |
| Finals | 14 Men 13 & Over 500 Freestyle      | 0       | 0     | 08:05 AM  |  |
|        | Finish Time                         |         |       | 08:05 AM  |  |

Session: 2 Saturday 12 & Unders

Day of Meet: 1 Starts at 01:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

| Round  | Event                                | Entries | Heats | Starts at |  |
|--------|--------------------------------------|---------|-------|-----------|--|
| Finals | 15 Girls 11-12 200 Butterfly         | 0       | 0     | 01:30 PM  |  |
| Finals | 16 Boys 11-12 200 Butterfly          | 0       | 0     | 01:30 PM  |  |
| Finals | 17 Girls 10 & Under 50 Backstroke    | 0       | 0     | 01:30 PM  |  |
| Finals | 18 Boys 10 & Under 50 Backstroke     | 0       | 0     | 01:30 PM  |  |
| Finals | 19 Girls 11-12 50 Backstroke         | 0       | 0     | 01:30 PM  |  |
| Finals | 20 Boys 11-12 50 Backstroke          | 0       | 0     | 01:30 PM  |  |
| Finals | 21 Girls 10 & Under 100 Breaststroke | 0       | 0     |           |  |
| Finals | 22 Boys 10 & Under 100 Breaststroke  | 0       | 0     | 01:30 PM  |  |
| Finals | 23 Girls 11-12 100 Breaststroke      | 0       | 0     | 01:30 PM  |  |
| Finals | 24 Boys 11-12 100 Breaststroke       | 0       | 0     | 01:30 PM  |  |
| Finals | 25 Girls 10 & Under 100 Freestyle    | 0       | 0     | 01:30 PM  |  |
| Finals | 26 Boys 10 & Under 100 Freestyle     | 0       | 0     |           |  |
| Finals | 27 Girls 11-12 100 Freestyle         | 0       | 0     | 01:30 PM  |  |
| Finals | 28 Boys 11-12 100 Freestyle          | 0       | 0     |           |  |
| Finals | 29 Girls 10 & Under 50 Butterfly     | 0       | 0     |           |  |
| Finals | 30 Boys 10 & Under 50 Butterfly      | 0       | 0     | 01:30 PM  |  |
| Finals | 31 Girls 11-12 50 Butterfly          | 0       | 0     | 01:30 PM  |  |
| Finals | 32 Boys 11-12 50 Butterfly           | 0       | 0     | 01:30 PM  |  |
| Finals | 33 Girls 11-12 200 Backstroke        | 0       | 0     | 01:30 PM  |  |
| Finals | 34 Boys 11-12 200 Backstroke         | 0       | 0     | 01:30 PM  |  |
| Finals | 35 Girls 10 & Under 200 IM           | 0       | 0     | 01:30 PM  |  |
| Finals | 36 Boys 10 & Under 200 IM            | 0       | 0     |           |  |
| Finals | 37 Girls 11-12 100 IM                | 0       | 0     | 01:30 PM  |  |
| Finals | 38 Boys 11-12 100 IM                 | 0       | 0     | 01:30 PM  |  |
| Finals | 39 Girls 10 & Under 200 Medley Relay | 0       | 0     | 01:30 PM  |  |
| Finals | 40 Boys 10 & Under 200 Medley Relay  | 0       | 0     | 01:30 PM  |  |
| Finals | 41 Girls 11-12 200 Medley Relay      | 0       | 0     | 01:30 PM  |  |
| Finals | 42 Boys 11-12 200 Medley Relay       | 0       | 0     | 01:30 PM  |  |
| Finals | 43 Girls 12 & Under 500 Freestyle    | 0       | 0     | 01:30 PM  |  |
| Finals | 44 Boys 12 & Under 500 Freestyle     | 0       | 0     | 01:30 PM  |  |
|        | Finish Time                          |         |       | 01:30 PM  |  |

Session: 3 Sunday 13 & Overs

Day of Meet: 2 Starts at 08:05 AM Heat Interval: 15 Seconds / Back +15 Seconds

| Round  | Event                                  | Entries | Heats | Starts at |  |
|--------|--|---------|-------|-----------|--|
| Finals | 45 Women 13 & Over 200 Freestyle       | 0       | 0     | 08:05 AM  |  |
| Finals | 46 Men 13 & Over 200 Freestyle         | 0       | 0     | 08:05 AM  |  |
| Finals | 47 Women 13 & Over 100 Breaststroke    | 0       | 0     | 08:05 AM  |  |
| Finals | 48 Men 13 & Over 100 Breaststroke      | 0       | 0     | 08:05 AM  |  |
| Finals | 49 Women 13 & Over 200 Backstroke      | 0       | 0     | 08:05 AM  |  |
| Finals | 50 Men 13 & Over 200 Backstroke        | 0       | 0     | 08:05 AM  |  |
| Finals | 51 Women 13 & Over 100 Butterfly       | 0       | 0     | 08:05 AM  |  |
| Finals | 52 Men 13 & Over 100 Butterfly         | 0       | 0     | 08:05 AM  |  |
| Finals | 53 Women 13 & Over 50 Freestyle        | 0       | 0     | 08:05 AM  |  |
| Finals | 54 Men 13 & Over 50 Freestyle          | 0       | 0     | 08:05 AM  |  |
| Finals | 55 Women 13 & Over 200 Freestyle Relay | 0       | 0     | 08:05 AM  |  |
| Finals | 56 Men 13 & Over 200 Freestyle Relay   | 0       | 0     | 08:05 AM  |  |
| Finals | 57 Women 13 & Over 400 IM              | 0       | 0     | 08:05 AM  |  |
| Finals | 58 Men 13 & Over 400 IM                | 0       | 0     | 08:05 AM  |  |
|        | Finish Time                            |         |       | 08:05 AM  |  |

Session: 4 Sunday 12 & Unders

Day of Meet: 2 Starts at 01:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

| Round  | Event                                   | Entries | Heats | Starts at |  |
|--------|---|---------|-------|-----------|--|
| Finals | 59 Girls 11-12 200 Breaststroke         | 0       | 0     | 01:30 PM  |  |
| Finals | 60 Boys 11-12 200 Breaststroke          | 0       | 0     | 01:30 PM  |  |
| Finals | 61 Girls 10 & Under 100 Butterfly       | 0       | 0     | 01:30 PM  |  |
| Finals | 62 Boys 10 & Under 100 Butterfly        | 0       | 0     | 01:30 PM  |  |
| Finals | 63 Girls 11-12 100 Butterfly            | 0       | 0     | 01:30 PM  |  |
| Finals | 64 Boys 11-12 100 Butterfly             | 0       | 0     | 01:30 PM  |  |
| Finals | 65 Girls 10 & Under 50 Freestyle        | 0       | 0     | 01:30 PM  |  |
| Finals | 66 Boys 10 & Under 50 Freestyle         | 0       | 0     | 01:30 PM  |  |
| Finals | 67 Girls 11-12 50 Freestyle             | 0       | 0     | 01:30 PM  |  |
| Finals | 68 Boys 11-12 50 Freestyle              | 0       | 0     | 01:30 PM  |  |
| Finals | 69 Girls 10 & Under 100 IM              | 0       | 0     | 01:30 PM  |  |
| Finals | 70 Boys 10 & Under 100 IM               | 0       | 0     | 01:30 PM  |  |
| Finals | 71 Girls 11-12 200 IM                   | 0       | 0     | 01:30 PM  |  |
| Finals | 72 Boys 11-12 200 IM                    | 0       | 0     | 01:30 PM  |  |
| Finals | 73 Girls 10 & Under 100 Backstroke      | 0       | 0     | 01:30 PM  |  |
| Finals | 74 Boys 10 & Under 100 Backstroke       | 0       | 0     | 01:30 PM  |  |
| Finals | 75 Girls 11-12 100 Backstroke           | 0       | 0     | 01:30 PM  |  |
| Finals | 76 Boys 11-12 100 Backstroke            | 0       | 0     | 01:30 PM  |  |
| Finals | 77 Girls 10 & Under 50 Breaststroke     | 0       | 0     | 01:30 PM  |  |
| Finals | 78 Boys 10 & Under 50 Breaststroke      | 0       | 0     | 01:30 PM  |  |
| Finals | 79 Girls 11-12 50 Breaststroke          | 0       | 0     | 01:30 PM  |  |
| Finals | 80 Boys 11-12 50 Breaststroke           | 0       | 0     | 01:30 PM  |  |
| Finals | 81 Girls 10 & Under 200 Freestyle       | 0       | 0     | 01:30 PM  |  |
| Finals | 82 Boys 10 & Under 200 Freestyle        | 0       | 0     | 01:30 PM  |  |
| Finals | 83 Girls 11-12 200 Freestyle            | 0       | 0     | 01:30 PM  |  |
| Finals | 84 Boys 11-12 200 Freestyle             | 0       | 0     | 01:30 PM  |  |
| Finals | 85 Girls 10 & Under 200 Freestyle Relay | 0       | 0     | 01:30 PM  |  |
| Finals | 86 Boys 10 & Under 200 Freestyle Relay  | 0       | 0     | 01:30 PM  |  |
| Finals | 87 Girls 11-12 200 Freestyle Relay      | 0       | 0     | 01:30 PM  |  |
| Finals | 88 Boys 11-12 200 Freestyle Relay       | 0       | 0     | 01:30 PM  |  |
|        | Finish Time                             |         |       | 01:30 PM  |  |