

SHARKS BACKSTROKE MEET

October 21, 2017

Westhill High School
125 Roxbury Rd
Stamford, CT. 06902

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #S17-13. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

EVENTS

	Name	Email	Phone
Meet Director:	Kurt Bittel	bittelshark@gmail.com	814-769-0656
Meet Referee:	Rick Lewis	lewisshark@aol.com	203-912-9385
Lead Admin Official:	Kurt Bittel		
Entry Chair:	Rick Lewis	lewisshark@aol.com	203-912-9385
Safety Chair:	Rick Lewis	lewisshark@aol.com	203-912-9385
Officials Contact:	Rick Lewis	lewisshark@aol.com	203-912-9385

WEBSITE: www.sharksswimming.com

POOL EMERGENCY NUMBER: 203-912-9385

MEET TYPE: Sanctioned

MEET FORMAT: The meet will be swum as Timed-Final. The 1650 will be swum fast-to-slow, alternating heats of women and men.

SCRATCH PROCEDURES: Scratch sheets are due 30 min. prior to the start of each session.

FACILITY: The Westhill High School Pool is a 6-lane, 25-yard pool. Water depth at start end is: 3 ½ feet. Water depth at turn end is: 3 ½ feet. Due to the water depth all events will begin in the water. The competition course has not been certified in accordance with 104.2.2C(4). We will be using Colorado electronic timing with a 6 lane scoreboard readout. There is plenty of spectator seating.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

DISABLED ACCESS: The pool is fully accessible. If you need help call Rick at 203-912-9385

COURSE: SCY.

SESSION TIMES: Subject to Change

Session 1: Warmup 7:30, Start 8:10.

Session 2 (1000 Free): Warmup After conclusion first session for 20 minutes.

A timeline prior to scratches will be sent to each club by the Wed. before the meet.

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. There will be only one warmup session using all six lanes. The diving well will be open during the meet for warmup/warndown.

ELIGIBILITY: All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck. Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a **\$100 fine** per instance, as described in CT Swimming meet policies: <https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf>

and

https://www.ctswim.org/Customer-Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to the [Connecticut Swimming office](#).

EVENT INFORMATION: Swimmers will need to supply their own counter and timer for the 1000.

ENTRY LIMITATIONS: Swimmers may compete in a maximum of four events.

ENTRY TIMES: Submit entry times in SCY

DEADLINES: Deadline is October 7, 2017. Mail hardcopy and payment to the entry chairperson: Rick Lewis, 212 Palmer Hill Rd., Old Greenwich, CT 06870. All entries must be legible and must use full names and registration numbers from USA Swimming registration. Entry date will be determined by the date received.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at lewisshark@aol.com. Please check that your team name, address, and contact information are listed correctly in this file. Payments should be received by October 14, 2017.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

ENTRY FEES: Electronic entries: \$8.00 for individual events. Manual entries: \$15.00 for individual events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry

PAYMENT INSTRUCTIONS: Please make checks payable to Sharks Swim Team and mail to: Rick Lewis, 212 Palmer Hill Rd., Old Greenwich, CT 06870. Payment must be received by 10/14/17.

CUT PROTOCOL:

If the session is oversubscribed the following protocol will be instituted **IN THE ORDER PRESENTED** to reduce the timeline to the required length or participation number:

1. Athletes aged 7 and Under will be cut from the meet.
2. The distance events (400 meters or yards or greater) may be heat limited to the first 7 heats of entries per gender in the order they were received.
3. The maximum number of events allowed per day may be reduced by one (1).
4. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: No.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA Swimming Vice President of Program Operations.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: No.

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: Each team will be asked to supply timers during session 1. In session two the swimmer must supply their own timer and counter. Each team will be notified by the Monday prior to the meet of their work assignments.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: No.

CONCESSIONS: No.

HOSPITALITY FOR COACHES AND OFFICIALS: Limited

PARKING: Park in a legal parking space. Cars in the fire lanes are subject to being towed.

DIRECTIONS: The Westhill pool is at 125 Roxbury Rd in Stamford. Take the Merritt Parkway. Get off at Exit 34 – Long Ridge Rd. Off the exit turn South town down town. Go approximately 1 mile and take a very sharp right turn (at a traffic light) onto Roxbury Rd. The school will be on your right. The pool is in the rear of the building near the baseball field. Enter at the loading dock.

Sharks Backstroke Meet - 10/21/2017

Session Report

Session: 1 Backstroke Events

Day of Meet: 1 Starts at 08:10 AM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 10 & Under 100 Backstroke	0	0	08:10 AM	_____
Finals	2 Boys 10 & Under 100 Backstroke	0	0	08:10 AM	_____
Finals	3 Girls 11-12 100 Backstroke	0	0	08:10 AM	_____
Finals	4 Boys 11-12 100 Backstroke	0	0	08:10 AM	_____
Finals	5 Girls 100 Backstroke	0	0	08:10 AM	_____
Finals	6 Boys 100 Backstroke	0	0	08:10 AM	_____
Finals	7 Girls 10 & Under 25 Backstroke	0	0	08:10 AM	_____
Finals	8 Boys 10 & Under 25 Backstroke	0	0	08:10 AM	_____
Finals	9 Girls 200 Backstroke	0	0	08:10 AM	_____
Finals	10 Boys 200 Backstroke	0	0	08:10 AM	_____
Finals	11 Girls 10 & Under 50 Backstroke	0	0	08:10 AM	_____
Finals	12 Boys 10 & Under 50 Backstroke	0	0	08:10 AM	_____
Finals	13 Girls 11-12 50 Backstroke	0	0	08:10 AM	_____
Finals	14 Boys 11-12 50 Backstroke	0	0	08:10 AM	_____
	Finish Time			08:10 AM	_____

Session: 2 1000 Free

Day of Meet: 1 Starts at 09:30 AM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	15 Girls 1000 Freestyle	0	0	09:30 AM	_____
Finals	16 Boys 1000 Freestyle	0	0	09:30 AM	_____
	Finish Time			09:30 AM	_____