# Northeast Regional YMCA All-Star Championship Hosted by the Regional YMCA of Western CT March, 23-25, 2018

Wesleyan University Freeman Athletic Center 161 Cross Street Middletown, CT 06459 https://goo.gl/maps/uK9KBmWYDNJ2

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #A17-10. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

#### **EVENTS**

	Name	Email	Phone
Meet Director:	Gordon Brown	gbrown@regionalymca.org	203-775-4444 ext.129
Meet Referee:	Phillip James	phillip.m.james@gmail.com	
Entry Chair:	Gordon Brown	gbrown@regionalymca.org	203-775-4444 ext 129
Safety Chair:	Peggy Regan	gomakos@regionalymca.org	203-775-4444 ext 124
<b>Officials Contact:</b>	Phillip James	phillip.m.james@gmail.com	

WEBSITE: www.makoswim.org

POOL EMERGENCY NUMBER: 860-685-2915 (Pool Deck)

**MEET TYPE:** Approved. This is a sanctioned, closed, inter-association YMCA meet as defined by the YMCA of USA. Swimmers must be full members of the YMCA they are representing. 2017 USA Swimming Technical Rules will govern this meet.

**Please Note:** This approved meet will not count toward the regularly scheduled sanctioned meet eligibility requirement for CSI championships (Regional Championships and Age Group Championship). This meet does not count toward the eligibility requirement of Connecticut Swimming Scholar Athlete, Athlete Travel Assistance, or other CSI recognition programs with meet eligibility requirements. This meet will not count toward the regularly scheduled sanctioned meet eligibility requirement for CT Zone Team selection.

**MEET FORMAT:** The meet will be swum as timed-finals. The age limit is 18 years of age – no lower age limits; swimmers will be separated by seed times and gender based on traditional age groups. Results will be reported for 8 & Under, 9/10, 11/12, 13/14 and 15-18 age groups. Swimmers age will be determined by the first day of the meet (3/24/17). Distance freestyle events over 500 yards and the 400 IM will be swam fastest to slowest alternating heats of girls and boys. Friday's 11-12 age 200 backstroke, breaststroke and butterfly will be swam fastest to slowest.

**SCRATCH PROCEDURES:** Coaches will receive a scratch sheet for each preliminary and timed final session of the meet in their meet packets listing all of their swimmers and events for each session. Scratch sheets will be due to the computer table 30 minutes after the start of warm ups; these must be returned even if a team has no scratches.

**FACILITY:** The Wesleyan University Pool will be configured as one 10 lane, 25 yard course. RYWC reserves the right to adjust to a single course of 8 lanes or less if warranted by the projected time line. Water depth at start and turn ends is between 7.5 and 14 feet. Colorado electronic timing system will be used. Access to

spectator seating area will require correct colored wristband for entry. Wristbands will be distributed to teams based on their entry size and work assignments. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. No locks may be left on Wesleyan lockers. No shaving on premises is permitted. No access to faculty locker rooms. Personal chairs or like furniture are prohibited inside the facility. No electronic audio or visual recording devices, including cell phones, are permitted in changing areas, rest rooms, locker rooms, or pool deck. Deck capacity is 350 people.

**DISABLED ACCESS:** Accessible. Fully ADA Compliant. Any individuals requiring handicapped parking please email Peggy Regan at gomakos@regionalymca.org in advance to make arrangements.

## COURSE: SCY.

# SESSION TIMES: Subject to Change Friday:

rillay.		
Session 1: 11 and Over Distance Events:	1:00pm Warm-up	1:45pm Start
Session 2: 11/12 Stroke 200's and 11/O 400IM:	3:00pm Warm-up	3:45pm Start
Session 3: 8 and Under	5:45pm Warm-up	6:30pm Start
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Saturday and Sunday:		
Sessions 4 & 6: 9/10 and 11/12 Swimmers:	8:00am Warm-up	9:00am Start
Sessions 5 &7: 13/14 and 15-18 Swimmers:	2:00pm Warm-up	3:00pm Start

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect. Warm-up assignments will be provided. Session 1+2 will have a general warm-up in all lanes. Session 3-7 will have designated team and specific warm-up sessions for starts and pace.

**ELIGIBILITY:** Age on the first day of the meet shall determine the swimmer's age and age group for the meet. All athletes must meet the standards regarding Swimmer Eligibility as stated in the YMCA of the USA Competitive Swimming Black Book. All teams must be currently registered through the YMCA Online Team Registration system in order to participate in the meet.

Only YMCA Registered coaches with current certifications in the following safety courses will be permitted on deck at a YMCA Sanctioned Meet:

- First Aid
- CPR
- Safety Training for Swim Coaches OR Lifeguarding
- Principles of YMCA Swimming and Diving

Coaches may show their current YMCA coach credential, current USA Swimming coach credential or the individual current certification cards

Age Group	Individual Events per Session	Relay Events per Session	Total Individual Events for the	Total Relay Events for the
			Meet	Meet
8/u	3	2	3	2
9-10	3	2	6	4
11-12	3	2	6	4
13-14	3	2	6	4
15-18	3	2	6	4

**ENTRY LIMITATIONS:** Swimmers may participate in the following number of events:

ENTRY TIMES: Submit entry times in: SCY. NT entries will not be accepted.

**TIME STANDARDS:** Swimmers must have equaled or bettered the minimum time standard since January 1, 2016. Swimmers absolutely may not swim an event for the first time at this meet. In order to fulfill volunteer requirements as the host team, the Regional YMCA of Western CT Mako Swim Club, and all swimmers attached to the Regional YMCA of Western CT, are not required to meet the qualifying standards set for this meet.

**DEADLINES:** deadline is 3/9/18. Email a pdf file of entry report to the entry chair: Gordon Brown, <u>gbrown@regionalymca.org</u>. Payment, or a copy of an official check request must be postmarked or time stamped within two business days of the entry submission. See payment instructions. Entries will be accepted on a first come, first served basis, in the order in which they are received, space permitting. Formal entry is determined by the date of email receipt as long as entry fee or check request is postmarked/ time stamped within two business days. Failure to send the payment or proof that payment will be made (check request) will cause entry to lose priority and formal entry will be based on the date that payment is actually received. Hardcopies of the entry can be mailed to the entry chair: Gordon Brown, 2 Huckleberry Hill Rd, Brookfield, CT 06804. All hardcopies must be legible and must use full names and registration numbers from USA Swimming registration. A statement, signed by each competing YMCA's executive director, verifying that all athletes have met the membership requirements and that all coaches have met the coach certification requirements must be submitted with payment and post marked within five business days of the email receipt of the electronic entry.

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at <u>gbrown@regionalymca.org</u>. Please check that your team name, address, and contact information are listed correctly in this file. Payment, or a copy of an official check request must be postmarked or time stamped within two business days of the entry submission. Entries will be accepted on a first come, first served basis, in the order in which they are received, space permitting. Formal entry is determined by the date of email receipt as long as entry fee or check request is postmarked/ time stamped within two business days. Failure to send the payment or proof that payment will be made (check request) will cause entry to lose priority and formal entry will be based on the date that payment is actually received.

**ENTRY FEES:** Electronic entries: \$8.00 for individual events, \$15.00 for relays. Manual entries: \$10.00 for individual events, \$20.00 for relays. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry. Relay only swimmers: \$2.00.

**PAYMENT INSTRUCTIONS**: Please make checks payable to the Regional YMCA of Western CT and mail to: Gordon Brown, 2 Huckleberry Hill Rd, Brookfield, CT 06804. Payment must be received by 3/16/18.

# **CUT PROTOCOL:**

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

- 1. 400IM and 500 Free will be limited to only the fastest 30 swimmers per gender.
- 2. 1650 Freestyle will be limited to only the fastest 30 swimmers per gender.
- 3. Number of relays entries will be reduced or eliminated.
- 4. Number of individual entries will be reduced by one (1).

5. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

**RESERVE THE RIGHT TO MAKE CHANGES:** In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

**RELAYS:** Teams may enter as many relays as they wish. However, only each team's A, B, and C relays will be eligible for scoring and awards. All relay swimmers must be officially entered in the meet and be full members of their YMCA.

# SAFETY:

- 1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
- 2. No shaving is permitted at the competition site.
- 3. No glass containers are permitted within the facility.
- 4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
- 5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

# PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

**DRONES**: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA Swimming Vice President of Program Operations.

RULES: Current USA Swimming rules will govern all competition.

**TIME TRIALS:** Individual event and relay time trials will be offered at the discretion of the meet referee if time allows. There will be no Time Trials on Friday, March 23rd. Time trials are \$10.00 for individual events, and \$20.00 for relays. The decision to offer time trials will be made each session after the start of the meet. In the event that time trials will run, requests for time trials must be handed in to the Admin Referee by 10:00AM for morning sessions and 4:00PM for the afternoon sessions. Time trial events will be limited to one event per time trial session and will not count toward the total number of event limitations per session. Time Trial events may be limited to those events published in this meet announcement. Swimmers will need to provide their own timers for time trial events. Relay only swimmers are permitted to time trial.

**TIMERS, OFFICIALS OR WORK ASSIGNMENTS:** All teams will be required to supply timers in proportion to the size of their entry. Teams providing a list of officials by March 12<sup>th</sup>, 2018 will be credited in their timing assignments. Watches to be provided by meet host. Swimmers will need to provide their own timers and counters for the 500 freestyle for all age groups and the 11 and Over 1650 Freestyle. Swimmers in the 11-12 200's on Friday evening may be required to provide their own timers. Participating clubs will be notified of work assignments by the Monday before the meet.

YMCA Sanctioned Championship Meets must be run under USA Swimming Technical Rules. It is recommended that they also follow the USA-S Administrative Regulations of Competition in Part Two of the Rulebook, modified to adapt to local conditions.

YMCA Sanctioned Championship Meets must be officiated by YMCA certified officials. USA-S certified officials may assist in the officiating and should be encouraged to do so. However, the Meet Referee must be YMCA certified and two additional YMCA certified officials must be on deck at all times, one of whom must be the deck referee. A copy of the Meet Referee's YMCA Certified Official's card must be submitted with the sanction request.

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

## AWARDS & SCORING:

- Medals will be awarded for 1-3 place and ribbons for 4-8 place individual events and medals for 1-3 place for relays.
- Events will be scored to 8 places. Individual Events: 9-7-6-5-4-3-2-1 Relays: 18-14-12-10-8-6-4-2
- Only each team's A, B, and C relays will be eligible for scoring and awards.
- Team Champion plaques will be awarded to the women's, men's and combined team that earn the most points across all ages.

Teams are required to collect their awards at the end of the meet. Awards will be mailed at the visiting teams expense.

## CONCESSIONS: Yes.

## HOSPITALITY FOR COACHES AND OFFICIALS: Yes.

PARKING: Lot Q, R, or V

# DIRECTIONS: https://goo.gl/maps/uK9KBmWYDNJ2

Session: 1 NE ALL STARS Session 1 - 11& Over 1650 Day of Meet: 1 Starts at 01:45 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Meet Qualifying	Starts at	
Finals	1 Girls 11 & Over 1650 Freestyle	0	0		01:45 PM	
	11-12			21:29.99		
	13-14			21:29.99		
	15 & Over			21:29.99		
Finals	2 Boys 11 & Over 1650 Freestyle	0	0		01:45 PM	
	11-12			21:44.99		
	13-14			21:44.99		
	15 & Over			21:44.99		
	Finish Time				01:45 PM	

Session: 2 NE ALL STARS Session 2 - 11&12 Stroke 200's & 11&Over 400 IM Day of Meet: 1 Starts at 03:45 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Meet Qualifying	Starts at	
Finals	3 Girls 11-12 200 Backstroke	0	0	3:08.00	03:45 PM	
Finals	4 Boys 11-12 200 Backstroke	0	0	3:20.00	03:45 PM	
Finals	5 Girls 11-12 200 Breaststroke	0	0	3:30.00	03:45 PM	
Finals	6 Boys 11-12 200 Breaststroke	0	0	3:40.00	03:45 PM	
Finals	7 Girls 11-12 200 Butterfly	0	0	3:23.00	03:45 PM	
Finals	8 Boys 11-12 200 Butterfly	0	0	3:30.00	03:45 PM	
Finals	9 Girls 11 & Over 400 IM	0	0		03:45 PM	
	11-12			5:35.00		
	13-14			5:35.00		
	15 & Over			5:35.00		
Finals	10 Boys 11 & Over 400 IM	0	0		03:45 PM	
	11-12			5:39.00		
	13-14			5:39.00		
	Finish Time				03:45 PM	

#### Session: 3 NE ALL STARS Session 3 - 8/Under

Day of Meet: 1 Starts at 06:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Meet Qualifying	Starts at	
Finals	11 Mixed 8 & Under 100 Medley Relay	0	0		06:30 PM	
Finals	12 Girls 8 & Under 25 Freestyle	0	0	25.00	06:30 PM	
Finals	13 Boys 8 & Under 25 Freestyle	0	0	27.00	06:30 PM	
Finals	14 Girls 8 & Under 50 Backstroke	0	0	54.00	06:30 PM	
Finals	15 Boys 8 & Under 50 Backstroke	0	0	58.00	06:30 PM	
Finals	16 Girls 8 & Under 100 IM	0	0	2:00.00	06:30 PM	
Finals	17 Boys 8 & Under 100 IM	0	0	2:05.00	06:30 PM	
Finals	18 Girls 8 & Under 25 Breaststroke	0	0	30.00	06:30 PM	
Finals	19 Boys 8 & Under 25 Breaststroke	0	0	33.00	06:30 PM	
Finals	20 Girls 8 & Under 50 Butterfly	0	0	52.00	06:30 PM	
Finals	21 Boys 8 & Under 50 Butterfly	0	0	56.00	06:30 PM	
Finals	22 Girls 8 & Under 25 Backstroke	0	0	27.00	06:30 PM	
Finals	23 Boys 8 & Under 25 Backstroke	0	0	29.00	06:30 PM	
Finals	24 Girls 8 & Under 50 Breaststroke	0	0	1:00.00	06:30 PM	
Finals	25 Boys 8 & Under 50 Breaststroke	0	0	1:06.00	06:30 PM	
Finals	26 Girls 8 & Under 25 Butterfly	0	0	26.00	06:30 PM	
Finals	27 Boys 8 & Under 25 Butterfly	0	0	28.00	06:30 PM	
Finals	28 Girls 8 & Under 50 Freestyle	0	0	50.00	06:30 PM	
Finals	29 Boys 8 & Under 50 Freestyle	0	0	55.00	06:30 PM	
Finals	30 Girls 8 & Under 100 Freestyle Relay	0	0		06:30 PM	
Finals	31 Boys 8 & Under 100 Freestyle Relay	0	0		06:30 PM	
	Finish Time				06:30 PM	

Session: 4 NE ALL STARS Session 4 - 9/10 & 11/12

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Meet Qualifying	Starts at	
Finals	32 Mixed 9-10 200 Medley Relay	0	0		09:00 AM	
Finals	33 Mixed 11-12 200 Medley Relay	0	0		09:00 AM	
Finals	34 Girls 9-10 50 Freestyle	0	0	45.00	09:00 AM	
Finals	35 Boys 9-10 50 Freestyle	0	0	48.00	09:00 AM	
Finals	36 Girls 11-12 50 Freestyle	0	0	37.50	09:00 AM	
Finals	37 Boys 11-12 50 Freestyle	0	0	38.00	09:00 AM	
Finals	38 Girls 9-10 100 Backstroke	0	0	1:39.50	09:00 AM	
Finals	39 Boys 9-10 100 Backstroke	0	0	1:44.00	09:00 AM	
Finals	40 Girls 11-12 50 Backstroke	0	0	42.00	09:00 AM	
Finals	41 Boys 11-12 50 Backstroke	0	0	45.00	09:00 AM	
Finals	42 Girls 9-10 50 Butterfly	0	0	59.00	09:00 AM	
Finals	43 Boys 9-10 50 Butterfly	0	0	1:01.50	09:00 AM	
Finals	44 Girls 11-12 100 Butterfly	0	0	1:28.50	09:00 AM	
Finals	45 Boys 11-12 100 Butterfly	0	0	1:40.00	09:00 AM	
Finals	46 Girls 9-10 200 Freestyle	0	0	3:07.00	09:00 AM	
Finals	47 Boys 9-10 200 Freestyle	0	0	3:13.00	09:00 AM	
Finals	48 Girls 11-12 200 Freestyle	0	0	2:36.48	09:00 AM	
Finals	49 Boys 11-12 200 Freestyle	0	0	2:43.00	09:00 AM	
Finals	50 Girls 9-10 200 IM	0	0	3:34.99	09:00 AM	
Finals	51 Boys 9-10 200 IM	0	0	3:37.99	09:00 AM	
Finals	52 Girls 11-12 100 IM	0	0	1:23.00	09:00 AM	
Finals	53 Boys 11-12 100 IM	0	0	1:31.00	09:00 AM	
Finals	54 Girls 9-10 50 Breaststroke	0	0	56.50	09:00 AM	
Finals	55 Boys 9-10 50 Breaststroke	0	0	1:01.25	09:00 AM	
Finals	56 Girls 11-12 100 Breaststroke	0	0	1:37.50	09:00 AM	
Finals	57 Boys 11-12 100 Breaststroke	0	0	1:42.50	09:00 AM	
Finals	58 Girls 9-10 400 Freestyle Relay	0	0		09:00 AM	
Finals	59 Boys 9-10 400 Freestyle Relay	0	0		09:00 AM	
Finals	60 Girls 11-12 400 Freestyle Relay	0	0		09:00 AM	
Finals	61 Boys 11-12 400 Freestyle Relay	0	0		09:00 AM	
	Break: 10 Minutes:					
Finals	62 Girls 9-10 500 Freestyle	0	0	7:27.50	09:10 AM	
Finals	63 Boys 9-10 500 Freestyle	0	0	7:40.00	09:10 AM	
	Finish Time				09:10 AM	

Session: 5 NE ALL STARS Session 5 - 13/14 & 15-18

Day of Meet: 2 Starts at 03:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Meet Qualifying	Starts at	
Finals	64 Girls 15-18 200 Freestyle Relay	0	0		03:00 PM	
Finals	65 Boys 15-18 200 Freestyle Relay	0	0		03:00 PM	
Finals	66 Girls 13-14 200 Freestyle Relay	0	0		03:00 PM	
Finals	67 Boys 13-14 200 Freestyle Relay	0	0		03:00 PM	
Finals	68 Girls 15-18 50 Freestyle	0	0	34.50	03:00 PM	
Finals	69 Boys 15-18 50 Freestyle	0	0	32.00	03:00 PM	
Finals	70 Girls 13-14 50 Freestyle	0	0	35.00	03:00 PM	
Finals	71 Boys 13-14 50 Freestyle	0	0	34.50	03:00 PM	
Finals	72 Girls 15-18 200 Backstroke	0	0	2:41.50	03:00 PM	
Finals	73 Boys 15-18 200 Backstroke	0	0	2:39.00	03:00 PM	
Finals	74 Girls 13-14 200 Backstroke	0	0	2:43.50	03:00 PM	
Finals	75 Boys 13-14 200 Backstroke	0	0	2:53.25	03:00 PM	
Finals	76 Girls 15-18 100 Butterfly	0	0	1:25.00	03:00 PM	
Finals	77 Boys 15-18 100 Butterfly	0	0	1:22.50	03:00 PM	
Finals	78 Girls 13-14 100 Butterfly	0	0	1:30.00	03:00 PM	
Finals	79 Boys 13-14 100 Butterfly	0	0	1:30.50	03:00 PM	
Finals	80 Girls 15-18 200 Freestyle	0	0	2:22.00	03:00 PM	
Finals	81 Boys 15-18 200 Freestyle	0	0	2:18.00	03:00 PM	
Finals	82 Girls 13-14 200 Freestyle	0	0	2:29.00	03:00 PM	
Finals	83 Boys 13-14 200 Freestyle	0	0	2:28.00	03:00 PM	
Finals	84 Girls 15-18 100 Breaststroke	0	0	1:32.50	03:00 PM	
Finals	85 Boys 15-18 100 Breaststroke	0	0	1:22.00	03:00 PM	
Finals	86 Girls 13-14 100 Breaststroke	0	0	1:32.50	03:00 PM	
Finals	87 Boys 13-14 100 Breaststroke	0	0	1:36.50	03:00 PM	
Finals	88 Girls 15-18 400 Medley Relay	0	0		03:00 PM	
Finals	89 Boys 15-18 400 Medley Relay	0	0		03:00 PM	
Finals	90 Girls 13-14 400 Medley Relay	0	0		03:00 PM	
Finals	91 Boys 13-14 400 Medley Relay	0	0		03:00 PM	
	Break: 10 Minutes:					
Finals	92 Girls 15-18 500 Freestyle	0	0	5:57.50	03:10 PM	
Finals	93 Boys 15-18 500 Freestyle	0	0	5:40.00	03:10 PM	
	Finish Time				03:10 PM	

Session: 6 NE ALL STARS Session 6 - 9/10 & 11/12

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Meet Qualifying	Starts at	
Finals	94	Girls 11-12 400 Medley Relay	0	0		09:00 AM	
Finals	95	Boys 11-12 400 Medley Relay	0	0		09:00 AM	
Finals	96	Girls 9-10 400 Medley Relay	0	0		09:00 AM	
Finals	97	Boys 9-10 400 Medley Relay	0	0		09:00 AM	
Finals	98	Girls 11-12 100 Freestyle	0	0	1:19.00	09:00 AM	
Finals	99	Boys 11-12 100 Freestyle	0	0	1:20.00	09:00 AM	
Finals	100	Girls 9-10 100 Freestyle	0	0	1:33.50	09:00 AM	
Finals	101	Boys 9-10 100 Freestyle	0	0	1:36.50	09:00 AM	
Finals	102	Girls 11-12 100 Backstroke	0	0	1:24.00	09:00 AM	
Finals	103	Boys 11-12 100 Backstroke	0	0	1:30.00	09:00 AM	
Finals	104	Girls 9-10 50 Backstroke	0	0	49.75	09:00 AM	
Finals	105	Boys 9-10 50 Backstroke	0	0	52.00	09:00 AM	
Finals	106	Girls 11-12 50 Butterfly	0	0	44.25	09:00 AM	
Finals	107	Boys 11-12 50 Butterfly	0	0	50.00	09:00 AM	
Finals	108	Girls 9-10 100 Butterfly	0	0	1:58.00	09:00 AM	
Finals	109	Boys 9-10 100 Butterfly	0	0	2:03.00	09:00 AM	
Finals	110	Girls 11-12 50 Breaststroke	0	0	48.75	09:00 AM	
Finals	111	Boys 11-12 50 Breaststroke	0	0	51.25	09:00 AM	
Finals	112	Girls 9-10 100 Breaststroke	0	0	1:53.00	09:00 AM	
Finals	113	Boys 9-10 100 Breaststroke	0	0	2:02.50	09:00 AM	
Finals	114	Girls 11-12 200 IM	0	0	3:00.00	09:00 AM	
Finals	115	Boys 11-12 200 IM	0	0	3:07.00	09:00 AM	
Finals	116	Girls 9-10 100 IM	0	0	1:37.00	09:00 AM	
Finals	117	Boys 9-10 100 IM	0	0	1:38.00	09:00 AM	
Finals	118	Mixed 11-12 200 Freestyle Relay	0	0		09:00 AM	
Finals	119	Mixed 9-10 200 Freestyle Relay	0	0		09:00 AM	
		Break: 10 Minutes:					
Finals	120	Girls 11-12 500 Freestyle	0	0	6:40.00	09:10 AM	
Finals	121	Boys 11-12 500 Freestyle	0	0	6:45.00	09:10 AM	
		Finish Time				09:10 AM	

Session: 7 NE ALL STARS Session 7 - 13/14 & 15-18 Day of Meet: 3 Starts at 03:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Meet Qualifying	Starts at	
Finals	122	Girls 13-14 400 Freestyle Relay	0	0		03:00 PM	
Finals	123	Boys 13-14 400 Freestyle Relay	0	0		03:00 PM	
Finals	124	Girls 15-18 400 Freestyle Relay	0	0		03:00 PM	
Finals	125	Boys 15-18 400 Freestyle Relay	0	0		03:00 PM	
Finals	126	Girls 13-14 100 Freestyle	0	0	1:14.00	03:00 PM	
Finals	127	Boys 13-14 100 Freestyle	0	0	1:13.50	03:00 PM	
Finals	128	Girls 15-18 100 Freestyle	0	0	1:10.00	03:00 PM	
Finals	129	Boys 15-18 100 Freestyle	0	0	1:08.00	03:00 PM	
Finals	130	Girls 13-14 100 Backstroke	0	0	1:21.75	03:00 PM	
Finals	131	Boys 13-14 100 Backstroke	0	0	1:26.75	03:00 PM	
Finals	132	Girls 15-18 100 Backstroke	0	0	1:20.75	03:00 PM	
Finals	133	Boys 15-18 100 Backstroke	0	0	1:19.50	03:00 PM	
Finals	134	Girls 13-14 200 Butterfly	0	0	3:00.00	03:00 PM	
Finals	135	Boys 13-14 200 Butterfly	0	0	3:01.00	03:00 PM	
Finals	136	Girls 15-18 200 Butterfly	0	0	2:50.00	03:00 PM	
Finals	137	Boys 15-18 200 Butterfly	0	0	2:45.00	03:00 PM	
Finals	138	Girls 13-14 200 Breaststroke	0	0	3:05.00	03:00 PM	
Finals	139	Boys 13-14 200 Breaststroke	0	0	3:13.00	03:00 PM	
Finals	140	Girls 15-18 200 Breaststroke	0	0	3:05.00	03:00 PM	
Finals	141	Boys 15-18 200 Breaststroke	0	0	2:56.00	03:00 PM	
Finals	142	Girls 13-14 200 IM	0	0	2:40.00	03:00 PM	
Finals	143	Boys 13-14 200 IM	0	0	2:42.50	03:00 PM	
Finals	144	Girls 15-18 200 IM	0	0	2:40.00	03:00 PM	
Finals	145	Boys 15-18 200 IM	0	0	2:35.00	03:00 PM	
Finals	146	Girls 13-14 200 Medley Relay	0	0		03:00 PM	
Finals	147	Boys 13-14 200 Medley Relay	0	0		03:00 PM	
Finals	148	Girls 15-18 200 Medley Relay	0	0		03:00 PM	
Finals	149	Boys 15-18 200 Medley Relay	0	0		03:00 PM	
		Break: 10 Minutes:					
Finals	150	Girls 13-14 500 Freestyle	0	0	6:04.50	03:10 PM	
Finals	151	Boys 13-14 500 Freestyle	0	0	6:08.50	03:10 PM	
		Finish Time				03:10 PM	