2020 Wilton Wahoo Summer Qualifier May 8-10, 2020

Wilton Family YMCA 404 Danbury Rd. Wilton, CT. 06897

http://maps.google.com/maps?hl=en&tab=wl

Held under sanction of USA Swimming and Connecticut Swimming #L20-8.

In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by any reason of injuries to anyone during the conduct of the event.

EVENTS

	Name	Email	Phone
Meet Director:	JoAnn McCaffrey	jmccaffrey@riverbrookymca.org	203-762-8384 x249
Meet Referee:	Liza Heller	<u>Liza.j.heller@gmail.com</u>	
Lead Admin Official	Jo Ann McCaffrey	jmccaffrey@rivverbrookymca.org	
Entry Chair:	Jo Ann McCaffrey	jmccaffrey@riverbrookymca.org	203-762-8384 x249
Safety Chair	Mary Norman	marynorman@optonline.net	
Officials Contact:	Liza Heller	Liza.j.heller@gmail.com	

MEET HOST: Wilton Wahoos

WEBSITE: http://www.wywahoos.org

POOL EMERGENCY NUMBER: 203-762-8384

SANCTIONED or APPROVED: Sanctioned

MEET DURATION: Full meet with time limits as defined by CT/USA Swimming

MEET FORMAT: The meet will be swum as timed-finals format. The meet referee reserves the right to make any adjustments to the provisions of the meet announcement necessary to ensure the fair and efficient running of the meet.

Friday events:

13 and over

- o 400 IM, 800 Free will be swum fastest to slowest alternating girls and boys. Swimmers must provide:
 - Counters and Timers for the 800 Freestyle on Friday

12/ under

■ 12/Under 400 Free and 200 Breast, back and fly. The 12/under 400 free will be fast to slow alternating boys and girls. 12/under 400 free will be limited to 4 fastest heats, unless time permits more.

Saturday:

- 13/O 400 Free will be swum fastest to slowest alternating girls and boys.
- Swimmers must provide Timers for 13/over **400 Free** on Saturday

SCRATCH PROCEDURES: Coaches will receive a scratch sheet for each session of the meet in their information packet, listing all of their swimmers and events for that session. Coaches must indicate all

scratches or none on these sheets and turn them in to the computer table within <u>15 minutes after</u> the beginning of warm-ups. Teams failing to comply with scratch procedures will be barred from swimming in that session.

FACILITY: Wilton Family YMCA, 404 Danbury Rd., Wilton, CT. The Wilton YMCA pool is a 6 lane by 50 meter facility with a dividing bulkhead and Daktronics electronic timing. The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming. The pool is 50 meters x 15 yards with a north end pool depth of 6 ½ ft and south end pool depth of 4 ft. Some bleacher seating is provided for spectators and athletes. No deck chairs are permitted on the pool deck or in the hallways of the Wilton Family YMCA per Fire Marshall's regulation. When available the YMCA gym will be an option for athlete/spectator seating. Chairs are permitted in the gym. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

DISABLED ACCESS: Wilton Family YMCA is Handicapped-accessible. Pool deck and spectator area are accessible through men's and women's locker rooms and are also handicapped-accessible. Contact joannmccaffrey@riverbrookymca.org

COURSE: LCM.

SESSION TIMES: Subject to change

Friday:

Afternoon Session 12 /U Warm-up: 1:00PM Start: 2:00PM Evening Session 13/O Warm-up: 4:00PM Start: 5:00PM

Saturday:

13/O Morning SessionWarm-up: 6:30AMStart: 8:00AM13 & over 400 FreeWarm-up: 1:00PMStart: 2:00PM12/under Afternoon SessionWarm-up: 3:00 PMStart: 4:00 PM

Sunday: 13/O Morning Session Warm up: 6:30 AM Start: 8:00 AM

12/under Afternoon Session Warm up: 12:30 PM Start: 1:30PM***

Teams will be notified of any changes by Monday May 4th, 2020 or as soon as possible thereafter. ** SATURDAY 13/O 400 FREE MUST PROVIDE THEIR OWN TIMERS!!

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. 6 Lanes will be used for warm ups with sufficient sessions to accommodate swimmers. There will be a specific session for sprints and pace. The meet director has the right to expand or decrease warm up format dependent upon the number of swimmers.

ELIGIBILITY: All USA Swimming Clubs and individuals. Athletes with Flex memberships must not have swum in more than one USA Swimming meet prior to this meet in order to be eligible.

All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete registration procedures. Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a \$100 fine per instance, as described in CT Swimming meet policies: https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf

https://www.ctswim.org/Customer-

Content/www/CMS/files/policies admin/RegistrationPolicyforMeetHosts.pdf

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge.** When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ADULT ATHLETES: All athletes who will be 18 years of age or older on any day of the meet must complete the mandatory Athlete Protection Training prior to competition. Failure to do so will result in the swimmer being scratched from the meet.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability <u>prior</u> to competition. Adapted athletes may direct questions to the <u>Connecticut Swimming office</u>

EVENT INFORMATION: All events will be swum as timed finals and will be deck seeded according to the swimmers' **LCM** times. Deck entries **WILL NOT BE ALLOWED.**

ENTRY OPENING DATE: Entries will be accepted no earlier than 8:00 pm on Thursday, April 2, 2020

ENTRY LIMITATIONS: All swimmers may enter up to two individual events on Friday,

13/overs may enter 3 individual events each on Saturday and Sunday. 13/O may add the 400 Free on Saturday for a total of 4 events on SATURDAY, with a **maximum of 9 total events**.

12/Unders can swim up to 4 individual events each on Saturday or Sunday, with a maximum of 9 total events. (If the 12 & under sessions are oversubscribed, coaches will be notified to drop the 4th event in that session)

The 800 free will be limited to 4 heats each event. Psych sheets for the 800 free and 12 under 400 free will be posted on www.wywahoos.org by May 4th. Total number of swimmers in the meet will be limited to 550 swimmers to maintain the integrity of the meet. Counters and timers will be needed for the 800 Free.

Timers will be needed for the Saturday session of the 13/O 400 FREE

<u>The 12/under 400 free will be limited</u> to the 4 fastest heats per gender, swimming fast to slow alternating girls/boys. If time allows there will be additional heats.

ENTRY TIMES: Submit entry times in LCM.

DEADLINES: Entry deadline is Wednesday April 22, 2020. Mail hardcopy and payment to Jo Ann McCaffrey: Wilton Y Wahoos, 404 Danbury Rd., Wilton, CT 06897. All entries must be legible, and must use full names and registration numbers from USA Swimming registration. *Any entry received after the above dates will be returned.* The final deadline for the meet is Wednesday, April 22, 2020. Teams with "place holder" entries will be financially responsible for that entry fee as of that date. Formal team entry date is determined by the date of the email entry receipt. Teams whose entries cannot be accepted will be notified as soon as the meet is full, but no later than Wednesday April 29th.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair

at <u>jmccaffrey@riverbrookymca.org</u>. Please check that your team name, address, and contact information are listed correctly in this file.

CONNETICUT-ONLY DEADLINE: none

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

All adult athletes, or parents of minor athletes, who enter without club affiliation will be required to attest to reading and understanding the Minor Athlete Abuse Prevention Policy.

ENTRY FEES: Electronic entries: \$10.00 for individual events & \$10.00 for distance event. Manual entries: \$13.00 for individual events & \$13.00 for distance events. No refunds will be given for entries that are accepted or for entries that are rejected due to improper entry.

PAYMENT INSTRUCTIONS: Please make checks payable to Wilton Wahoos and mail to: Jo Ann McCaffrey, Wilton Wahoos, 404 Danbury Rd., Wilton, CT 06897. Payment must be received by Monday May 14, 2020.

CUT PROTOCOL: If a session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number.

- 1. 800 free will be limited to the fastest 4 heats of girls and 4 heats of boys
- 2. The 12/ under 400 free may be limited to 4 heats each of boys and girls unless time allows more
- 3. The maximum number of events per day may be reduced by (1)
- 4. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order they were received..

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: No

SAFETY:

- 1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
- 2. No shaving is permitted at the competition site.
- 3. No glass containers are permitted within the facility.
- 4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
- 5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

SWIMWEAR: Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography, audio and visual recording using cameras, video cameras, tablets, cell phones or other electronic devices at a meet.

Photography or video recording from the deck is prohibited by all individuals, other than participating Coaches, unless prior authorization from the Meet Referee or meet referee has been granted.

Under no circumstances is photography or video recording permitted by anyone in the area adjacent to or behind the starting blocks, including spectator stands at deck level, while they are in use for race starting purposes during competition and warm-ups. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Photography or video recording and the use of audio, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additional "No Camera Zones" may be designated by Meet Management or the meet referee.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

- Professional photographers with current, official media credentials that are promoting the sport of swimming
- Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training
- A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA Swimming Vice President of Program Operations.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: Yes. Time trials may be offered at the discretion of the Meet Referee in accordance with CSI Policy if time allows. Time trials are limited to the events published in this meet announcement (age/distance/stroke). Time Trials will count toward the athlete's event limitations for the day and meet. If they are offered, only athletes properly entered in one or more events in the meet are eligible for time trials and must be properly entered in the Time Trial. The deadline for Time Trial entries are 10:00AM for morning sessions and 3:00 PM for afternoon sessions. The fee for Time Trial entries are \$13.00 for individual events.

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: Officials: A meet of this size and caliber requires many workers to make it run efficiently. The Wahoos welcome anyone who would like to assist with officiating during this meet. Please contact Liza Heller (contact information listed above) if you have any officials that will be able to help, or include name, phone number and level of official with entry. Timers: If necessary, the host team will require timers from teams in proportion to the size of their entries. Team assignments will be emailed to your team contact on the Monday before the meet. Swimmers must provide timers and counters for the distance events.

All volunteers will be required to attest to reading and understanding the <u>Minor Athlete Abuse Prevention</u> <u>Policy.</u>

DECK ACCESS: Spectators are permitted to sit on the bleachers on the building side of the pool. **No Deck chairs will be permitted.** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the other areas of the pool deck.

SCORING: The meet will not be scored.

AWARDS:

<u>12/U events</u>- Awards will be given for the top 6 finishers in each individual event.

13/O events - no awards will be given.

All teams are to pick up awards at the conclusion of the meet. Awards will not be mailed out.

CONCESSIONS: Yes

HOSPITALITY FOR COACHES AND OFFICIALS: Yes

PARKING: There is limited parking at the Wilton Family YMCA. .Additional parking is available across the street at Wilton High School

DIRECTIONS:

From New York: Take the Merritt Parkway to Exit 39B Follow the Route 7 North freeway to its end and turn right at the light. Turn left onto Rt. 7 North. Go 4.4 miles and turn right into the Y parking lot. The Wilton Family Y is on the right, and the Wilton High School is on the left.

From New Haven: Take the Merritt Parkway to exit 41(Rt 33). At the end of the ramp, turn left (north) onto Rt 33. Go North along Rt.33 for 2.5 miles. Rt 33 merges with Rt. 7. Stay on Rt. 7 for 2.6 miles to the Y. The Wilton Y is on the right and the Wilton High School is on the left.

From I 95: Take exit 15 to Rt. 7 North. Follow Rt 7 freeway to the end and turn right at the light. At the end of the road turn left onto old

Rt. 7 North. Proceed to the Wilton Y as above.

***IF YOUR TEAM IS TRAVELLING BY BUS, PLEASE CONTACT THE MEET DIRECTOR TO MAKE ARRANGEMENTS FOR DROPPING OFF AND PICKING UP SWIMMERS DUE TO THE LIMITED PARKING LOT ACCESS.

Swimmers and their families are guests of the Wilton Family Y and must follow the rule **that no children** under 12 years should be anywhere in the building unsupervised by an adult.

2020 Wilton Wahoo Summer Qualifier - 5/8/2020 to 5/10/2020 Session Report

Session: 1 Friday 12 & under

Day of Meet: 1 Starts at 02:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 12 & Under 400 Freestyle	0	0	02:00 PM	
Finals	2 Boys 12 & Under 400 Freestyle	0	0	02:00 PM	
Finals	3 Girls 12 & Under 200 Backstroke	0	0	02:00 PM	
Finals	4 Boys 12 & Under 200 Backstroke	0	0	02:00 PM	
Finals	5 Girls 12 & Under 200 Butterfly	0	0	02:00 PM	
Finals	6 Boys 12 & Under 200 Butterfly	0	0	02:00 PM	
Finals	7 Girls 12 & Under 200 Breaststroke	0	0	02:00 PM	
Finals	8 Boys 12 & Under 200 Breaststroke	0	0	02:00 PM	
	Finish Time			02:00 PM	·

Session: 2 Friday 13 & over

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	9 Girls 13 & Over 400 IM	0	0	05:00 PM	
Finals	10 Boys 13 & Over 400 IM	0	0	05:00 PM	
	Break: 5 Minutes:				
Finals	11 Girls 13 & Over 50 Freestyle	0	0	05:05 PM	
Finals	12 Boys 13 & Over 50 Freestyle	0	0	05:05 PM	
	Break: 10 Minutes:				
Finals	13 Girls 13 & Over 800 Freestyle	0	0	05:15 PM	
Finals	14 Boys 13 & Over 800 Freestyle	0	0	05:15 PM	
	Finish Time			05:15 PM	

Session: 3 Saturday 13 & over

Day of Meet: 2 Starts at 08:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	15 Girls 13 & Over 200 Butterfly	0	0	08:00 AM	
Finals	16 Boys 13 & Over 200 Butterfly	0	0	08:00 AM	
Finals	17 Girls 13 & Over 100 Freestyle	0	0	08:00 AM	
Finals	18 Boys 13 & Over 100 Freestyle	0	0	08:00 AM	
Finals	19 Girls 13 & Over 200 Breaststroke	0	0	08:00 AM	
Finals	20 Boys 13 & Over 200 Breaststroke	0	0	08:00 AM	
Finals	21 Girls 13 & Over 100 Backstroke	0	0	08:00 AM	
Finals	22 Boys 13 & Over 100 Backstroke	0	0	08:00 AM	
	Finish Time			08:00 AM	

2020 Wilton Wahoo Summer Qualifier - 5/8/2020 to 5/10/2020 Session Report

Session: 4 Saturday 13 & over 400 Free

Day of Meet: 2 Starts at 02:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	23 Girls 13 & Over 400 Freestyle	0	0	02:00 PM	
Finals	24 Boys 13 & Over 400 Freestyle	0	0	02:00 PM	
	Finish Time			02:00 PM	

Session: 5 Saturday 12 & under

Day of Meet: 2 Starts at 04:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	25 Girls 12 & Under 50 Breaststroke	0	0	04:00 PM	
Finals	26 Boys 12 & Under 50 Breaststroke	0	0	04:00 PM	
Finals	27 Girls 12 & Under 100 Freestyle	0	0	04:00 PM	
Finals	28 Boys 12 & Under 100 Freestyle	0	0	04:00 PM	
Finals	29 Girls 12 & Under 50 Butterfly	0	0	04:00 PM	
Finals	30 Boys 12 & Under 50 Butterfly	0	0	04:00 PM	
Finals	31 Girls 12 & Under 100 Backstroke	0	0	04:00 PM	
Finals	32 Boys 12 & Under 100 Backstroke	0	0	04:00 PM	
Finals	33 Girls 12 & Under 200 IM	0	0	04:00 PM	
Finals	34 Boys 12 & Under 200 IM	0	0	04:00 PM	
	Finish Time			04:00 PM	

Session: 6 Sunday 13 & over

Day of Meet: 3 Starts at 08:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	35 Girls 13 & Over 200 Freestyle	0	0	08:00 AM	
Finals	36 Boys 13 & Over 200 Freestyle	0	0	08:00 AM	
Finals	37 Girls 13 & Over 100 Butterfly	0	0	08:00 AM	
Finals	38 Boys 13 & Over 100 Butterfly	0	0	08:00 AM	
Finals	39 Girls 13 & Over 200 Backstroke	0	0	08:00 AM	
Finals	40 Boys 13 & Over 200 Backstroke	0	0	08:00 AM	
Finals	41 Girls 13 & Over 100 Breaststroke	0	0	08:00 AM	
Finals	42 Boys 13 & Over 100 Breaststroke	0	0	08:00 AM	
Finals	43 Girls 13 & Over 200 IM	0	0	08:00 AM	
Finals	44 Boys 13 & Over 200 IM	0	0	08:00 AM	
	Finish Time			08:00 AM	

2020 Wilton Wahoo Summer Qualifier - 5/8/2020 to 5/10/2020 Session Report

Session: 7 Sunday 12 & under

Day of Meet: 3 Starts at 01:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	45 Girls 12 & Under 200 Freestyle	0	0	01:30 PM	
Finals	46 Boys 12 & Under 200 Freestyle	0	0	01:30 PM	
Finals	47 Girls 12 & Under 100 Butterfly	0	0	01:30 PM	
Finals	48 Boys 12 & Under 100 Butterfly	0	0	01:30 PM	
Finals	49 Girls 12 & Under 50 Backstroke	0	0	01:30 PM	
Finals	50 Boys 12 & Under 50 Backstroke	0	0	01:30 PM	
Finals	51 Girls 12 & Under 100 Breaststroke	0	0	01:30 PM	
Finals	52 Boys 12 & Under 100 Breaststroke	0	0	01:30 PM	
Finals	53 Girls 12 & Under 50 Freestyle	0	0	01:30 PM	
Finals	54 Boys 12 & Under 50 Freestyle	0	0	01:30 PM	
	Finish Time			01:30 PM	