

9th Annual 12 and Under Spring Showcase

April 26th, 2020

Miss Porter's School, 88 Garden Street, Farmington, CT 06032

[Google map](#)

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #L20-3. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

EVENTS

	Name	Email	Phone
Meet Director:	Rob Riccobon	whatcoaches@gmail.com	860-985-2818
Meet Referee:	Pierre Guertin	Phg8@comcast.com	860-463-5755
Lead Admin Official:	Jennifer Lemus	whatcoaches@gmail.com	860-985-2818
Entry Chair:	JoAnn McCaffrey	keepintimeentries@gmail.com	914-391-5841
Safety Chair:	Kristine Perrault	whatcoaches@gmail.com	860-985-2818
Officials Contact:	Pierre Guertin	Phg8@comcast.com	860-463-5755

MEET HOST: WHAT Swimming

WEBSITE: www.whatswimming.org

POOL EMERGENCY NUMBER: 860-409-3650

SANCTIONED OR APPROVED: Sanctioned

MEET DURATION: Full meet with time limits as defined by CT/USA Swimming.

MEET FORMAT: The meet will be swum Timed-Finals

SCRATCH PROCEDURES: Coaches will receive a scratch sheet for the meet in their information packets listing all of their swimmers and the events for that session. Coaches must indicate all scratches on these sheets and turn them into the office within one half hour after the beginning of warm-up. If the scratch sheet is not received by that deadline all swimmers will be considered to be scratched.

FACILITY: The Miss Porter's School Pool is an 8-lane, 25-yard pool. Water depth at start end is: 10 feet. Water depth at turn end is: 5 feet. Select One: The competition course has not been certified in accordance with 104.2.2C(4). The facility is equipped with a Daktronics Timing System and has spectator seating for 250. The spectator area is accessible by stairs or elevator and is located above the competition pool. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

DISABLED ACCESS: The Miss Porters School Pool is handicapped accessible with a handicapped locker room. Please contact Miss Porter's Aquatic Director, Katie Riccobon, at 860-409-3711, for more information or to make special arrangements.

COURSE: SCY

SESSION TIMES: Subject to Change 8:30 am Warm up, 9:30 am start

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. 8:30-9:10am General Warmup (8 lanes):
9:10am-9:20 Sprints (8 lanes)

ELIGIBILITY: All USA Swimming clubs and individuals; Athletes with Flex memberships must not have swum in more than one USA Swimming meet prior to this meet in order to be eligible.

For Sanctioned Meets: All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a **\$100 fine** per instance, as described in CT Swimming meet policies:

<https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf>
and

https://www.ctswim.org/Customer-Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge**. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ADULT ATHLETES: All athletes who will be 18 years of age or older on any day of the meet must complete the mandatory Athlete Protection Training prior to competition. Failure to do so will result in the swimmer being scratched from the meet.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to the [Connecticut Swimming office](#).

EVENT INFORMATION: This meet will have a theme and will be emailed to the attending teams. Heat winner and musical heat prizes will be awarded.

ENTRY OPENING DATE: Entries will be accepted no earlier than 8:00 pm on April 2, 2020.

ENTRY LIMITATIONS: 5 events per day

ENTRY TIMES: Submit entry times in: SCY

DEADLINES: Deadline is deadline is April 17th, 2020. Mail hardcopy and payment to the entry chairperson: WHAT Swimming, 113 Ballard Drive, West Hartford, CT 06119. All entries must be legible and must use full names and registration numbers from USA Swimming registration. Receipt of an e-mailed entry will determine the date of entry. Invited teams will be given priority in acceptance of entries.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at keepintimeentries@gmail.com. Please check that your team name, address, and contact information are listed correctly in this file. Receipt of emailed entry will determine the date of entry,

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

All adult athletes, or parents of minor athletes, who enter without club affiliation will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

ENTRY FEES: Electronic entries: \$8.00 for individual events. Manual entries: \$12.00 for individual events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

PAYMENT INSTRUCTIONS: Please make checks payable to WHAT Swimming and mail to: WHAT Swimming 113 Ballard Drive, West Hartford, CT 06119. Payment must be received by 4/26/20.

CUT PROTOCOL:

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

1. Athletes aged 6 and Under will be cut from the meet.
2. An email to the attending coaches will be generated with additional options and a virtual poll will be taken and presented to Program Operations for approval.
3. The maximum number of events allowed per day may be reduced by one (1).
4. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: No

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

SWIMWEAR: Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography, audio and visual recording using cameras, video cameras, tablets, cell phones or other electronic devices at a meet.

Photography or video recording from the deck is prohibited by all individuals, other than participating Coaches, unless prior authorization from the Meet Referee or meet referee has been granted.

Under no circumstances is photography or video recording permitted by anyone in the area adjacent to or behind the starting blocks, including spectator stands at deck level, while they are in use for race starting purposes during competition and warm-ups. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Photography or video recording and the use of audio, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additional "No Camera Zones" may be designated by Meet Management or the meet referee.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

- Professional photographers with current, official media credentials that are promoting the sport of swimming
- Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training
- A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by USA Swimming Vice President of Program Operations.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: No

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: Participating clubs will be notified of work assignments by the Monday before the meet.

All volunteers will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: Yes, Heat Winners

CONCESSIONS: Yes

HOSPITALITY FOR COACHES AND OFFICIALS: Yes

MISCELLANEOUS:

PARKING: A parking map will be mailed to attending teams before the meet.

DIRECTIONS: : The Miss Porter's School Pool is located at 88 Garden Street, Farmington, CT 06032. Take Exit 39 from Interstate 84 (east or west)

Go straight through the traffic light onto Route 4 West (Farmington Avenue) Continue through the blinking light

Turn left at the 2nd traffic light onto Garden Street

Continue through the stop sign. Pool will be on your right (brick building -88 Garden St.)

9th Annual WHAT Spring Showcase - 4/26/2020**Session Report**

Session: 1 Sunday

Day of Meet: 1 Starts at 09:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 11-12 50 Butterfly	0	0	09:30 AM	_____
Finals	2 Boys 11-12 50 Butterfly	0	0	09:30 AM	_____
Finals	3 Girls 9-10 50 Butterfly	0	0	09:30 AM	_____
Finals	4 Boys 9-10 50 Butterfly	0	0	09:30 AM	_____
	Break: 3 Minutes:				
Finals	5 Girls 8 & Under 25 Butterfly	0	0	09:33 AM	_____
Finals	6 Boys 8 & Under 25 Butterfly	0	0	09:33 AM	_____
Finals	7 Girls 11-12 50 Backstroke	0	0	09:33 AM	_____
Finals	8 Boys 11-12 50 Backstroke	0	0	09:33 AM	_____
Finals	9 Girls 9-10 50 Backstroke	0	0	09:33 AM	_____
Finals	10 Boys 9-10 50 Backstroke	0	0	09:33 AM	_____
	Break: 3 Minutes:				
Finals	11 Girls 8 & Under 25 Backstroke	0	0	09:36 AM	_____
Finals	12 Boys 8 & Under 25 Backstroke	0	0	09:36 AM	_____
Finals	13 Girls 11-12 50 Breaststroke	0	0	09:36 AM	_____
Finals	14 Boys 11-12 50 Breaststroke	0	0	09:36 AM	_____
Finals	15 Girls 9-10 50 Breaststroke	0	0	09:36 AM	_____
Finals	16 Boys 9-10 50 Breaststroke	0	0	09:36 AM	_____
	Break: 3 Minutes:				
Finals	17 Girls 8 & Under 25 Breaststroke	0	0	09:39 AM	_____
Finals	18 Boys 8 & Under 25 Breaststroke	0	0	09:39 AM	_____
Finals	19 Girls 11-12 50 Freestyle	0	0	09:39 AM	_____
Finals	20 Boys 11-12 50 Freestyle	0	0	09:39 AM	_____
Finals	21 Girls 9-10 50 Freestyle	0	0	09:39 AM	_____
Finals	22 Boys 9-10 50 Freestyle	0	0	09:39 AM	_____
	Break: 3 Minutes:				
Finals	23 Girls 8 & Under 25 Freestyle	0	0	09:42 AM	_____
Finals	24 Boys 8 & Under 25 Freestyle	0	0	09:42 AM	_____
	Break: 3 Minutes:				
Finals	25 Girls 11-12 100 IM	0	0	09:45 AM	_____
Finals	26 Boys 11-12 100 IM	0	0	09:45 AM	_____
Finals	27 Girls 9-10 100 IM	0	0	09:45 AM	_____
Finals	28 Boys 9-10 100 IM	0	0	09:45 AM	_____
	Finish Time			09:45 AM	_____