

# SHARKS Distance Meet

June 6, 2020

Held at Stamford YMCA – 10 Bell St., Stamford, CT 06901

## EVENTS

	<b>Name</b>	<b>Email</b>	<b>Phone</b>
<b>Meet Director:</b>	Kurt Bittel	<a href="mailto:bittelshark@gmail.com">bittelshark@gmail.com</a>	
<b>Meet Referee:</b>	Rick Lewis	<a href="mailto:lewisshark@aol.com">lewisshark@aol.com</a>	203-912-9385
<b>Lead Admin Official:</b>	Kurt Bittel	<a href="mailto:bittelshark@gmail.com">bittelshark@gmail.com</a>	
<b>Entry Chair:</b>	Rick Lewis	<a href="mailto:lewisshark@aol.com">lewisshark@aol.com</a>	203-912-9385
<b>Safety Chair:</b>	Rick Lewis	<a href="mailto:lewisshark@aol.com">lewisshark@aol.com</a>	203-912-9385
<b>Officials Contact:</b> (optional)	Rick Lewis	<a href="mailto:lewisshark@aol.com">lewisshark@aol.com</a>	203-912-9385

**MEET HOST:** Stamford YMCA SHARKS

**WEBSITE:** [www.Sharksswimming.com](http://www.Sharksswimming.com)

**POOL EMERGENCY NUMBER:** 203-912-9385

**SANCTIONED OR APPROVED:** Sanctioned

**MEET DURATION:** Full meet with time limits as defined by CT/USA Swimming.

**MEET FORMAT:** The meet will be swum as Timed-Final.

**SCRATCH PROCEDURES:** Upon arrival each team will be given a scratch sheet which is due 30 minutes prior to the start of the meet.

**FACILITY:** The Stamford YMCA Pool is a 6-lane, 25-yard pool. Water depth at start end is: 12 feet. Water depth at turn end is: 3 feet 6 inches. The competition course has not been certified in accordance with 104.2.2C(4). The meet will be timed using a Colorado timing system with touchpads. Spectator seating is limited. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

**DISABLED ACCESS:** The YMCA is fully accessible. Anyone needing help can contact Rick, Kurt, or any member of the YMCA staff.

**COURSE:** SCY

**SESSION TIMES:** Subject to Change – Warmup is at 7:30 am with a starting time of 8:05 am

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect. Warmup will run from 7:30 am to 8:05 am

**ELIGIBILITY:** All USA Swimming clubs and individuals; Athletes with Flex memberships must not have swum in more than one USA Swimming meet prior to this meet in order to be eligible.

All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming

coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck. Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a **\$100 fine** per instance, as described in CT Swimming meet policies:

<https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf>

and  
[https://www.ctswim.org/Customer-Content/www/CMS/files/policies\\_admin/RegistrationPolicyforMeetHosts.pdf](https://www.ctswim.org/Customer-Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf)

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge**. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**ADULT ATHLETES:** All athletes who will be 18 years of age or older on any day of the meet must complete the mandatory Athlete Protection Training prior to competition. Failure to do so will result in the swimmer being scratched from the meet.

**ADAPTED SWIMMING:** Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to the [Connecticut Swimming office](#).

**EVENT INFORMATION:** Some events may be combined. Swimmers will need to supply their own counters and timers.

**ENTRY OPENING DATE:** Entries will be accepted no earlier than 8:00 pm on April 16, 2020

**ENTRY LIMITATIONS:** Each swimmer can enter and swim a maximum of 3 events.

**ENTRY TIMES:** Submit entry times in: SCY

**ENTRY DEADLINE:** May 26, 2020

**CONNECTICUT-ONLY DEADLINE:** May 1, 2020. Entries will put into the system as they are received either by email or US Mail. Any CT entries received by May 1, 2020 will be entered into the system first, in the order in which they are received.

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at [lewisshark@aol.com](mailto:lewisshark@aol.com). Please check that your team name, address, and contact information are listed correctly in this file. Payment is due by May 5, 2020. Checks payable to Sharks Swim Team. The meet will be limited to the first 100 swimmers. If the meet is full the financial responsibility date will be the date the meet is full. Otherwise it is May 1, 2020.

**ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION:** Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the

USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

All adult athletes, or parents of minor athletes, who enter without club affiliation will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

**ENTRY FEES:** Electronic entries: \$10.00 for individual events, \$10.00 for distance events. Manual entries: \$15.00 for individual events, \$15.00 for distance events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

**PAYMENT INSTRUCTIONS:** Please make checks payable to Sharks Swim Team and mail to: Rick Lewis; 212 Palmer Hill Rd.; Old Greenwich, CT 06870. Payment must be received by June 2, 2020.

### **CUT PROTOCOL:**

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

1. Athletes aged 7 and Under will be cut from the meet.
2. All relays, if planned, will be eliminated.
3. The distance events (400 meters or yards or greater) may be heat limited to the first 4 heats of entries per gender in the order they were received.
4. The maximum number of events allowed per day may be reduced by one (1).
5. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities including splitting the meet into two sessions.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted will be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

**RESERVE THE RIGHT TO MAKE CHANGES:** In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

**RELAYS:** No

### **SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.

5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

**SWIMWEAR:** Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.

#### **PHOTOGRAPHY AND VIDEO RECORDING:**

Meet Management has the full authority to restrict any and all photography, audio and visual recording using cameras, video cameras, tablets, cell phones or other electronic devices at a meet.

Photography or video recording from the deck is prohibited by all individuals, other than participating Coaches, unless prior authorization from the Meet Referee or meet referee has been granted.

Under no circumstances is photography or video recording permitted by anyone in the area adjacent to or behind the starting blocks, including spectator stands at deck level, while they are in use for race starting purposes during competition and warm-ups. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Photography or video recording and the use of audio, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additional "No Camera Zones" may be designated by Meet Management or the meet referee.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

- Professional photographers with current, official media credentials that are promoting the sport of swimming
- Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training
- A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by USA Swimming Vice President of Program Operations.

**RULES:** Current USA Swimming rules will govern all competition.

**TIME TRIALS:** No.

**TIMERS, OFFICIALS OR WORK ASSIGNMENTS:** Swimmers need to supply their own timer and counter.

All volunteers will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

**SCORING:** The meet will not be scored.

**AWARDS:** No.

**CONCESSIONS:** No.

**HOSPITALITY FOR COACHES AND OFFICIALS:** Limited.

**MISCELLANEOUS:** The meet will be limited to the first 100 swimmers.

**PARKING:** Parking is available in the parking garage next to the YMCA for a small fee (\$1 per hour). You can also park in the metered parking on the street. Just make sure you feed the meter.

**DIRECTIONS:** The Stamford YMCA is located at 10 Bell Street in Stamford, CT

**Sharks Spring 2020 Distance Meet - 6/6/2020**  
**Session Report**

Session: 1 Distance Meet

Day of Meet: 1 Starts at 08:05 AM Heat Interval: 45 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	1 Girls 12 & Under 200 Backstroke	0	0	08:05 AM	_____
Finals	2 Boys 12 & Under 200 Backstroke	0	0	08:05 AM	_____
Finals	3 Girls 500 Freestyle	0	0	08:05 AM	_____
Finals	4 Boys 500 Freestyle	0	0	08:05 AM	_____
Finals	5 Girls 12 & Under 200 Butterfly	0	0	08:05 AM	_____
Finals	6 Boys 12 & Under 200 Butterfly	0	0	08:05 AM	_____
Finals	7 Girls 1000 Freestyle	0	0	08:05 AM	_____
Finals	8 Boys 1000 Freestyle	0	0	08:05 AM	_____
Finals	9 Girls 12 & Under 200 Breaststroke	0	0	08:05 AM	_____
Finals	10 Boys 12 & Under 200 Breaststroke	0	0	08:05 AM	_____
Finals	11 Girls 400 IM	0	0	08:05 AM	_____
Finals	12 Boys 400 IM	0	0	08:05 AM	_____
	Finish Time			08:05 AM	_____