

**Storrs Aquatic Club**  
**April Distance Meet**  
**April, 24, 2020**

The University of Connecticut  
Wolff – Zackin Natatorium  
Storrs, CT, 06269

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #L20-1. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**EVENTS**

	<b>Name</b>	<b>Email</b>	<b>Phone</b>
<b>Meet Director:</b>	Tim Wise	<a href="mailto:tim.wise@uconn.edu">tim.wise@uconn.edu</a>	860 617 5914
<b>Meet Referee:</b>	Ken Galica		
<b>Lead Admin Official:</b>	Tim Wise	<a href="mailto:tim.wise@uconn.edu">tim.wise@uconn.edu</a>	860 617 5914
<b>Entry Chair:</b>	Tim Wise	<a href="mailto:tim.wise@uconn.edu">tim.wise@uconn.edu</a>	860 617 5914
<b>Safety Chair:</b>	Cay McClusker	<a href="mailto:cayleigh.mcclusker@uconn.edu">cayleigh.mcclusker@uconn.edu</a>	
<b>Officials Contact:</b>	Tim Wise		

**MEET HOST:** Storrs Aquatic Club (SAQ)

**WEBSITE:** <http://www.storrsaquatics.com>

**POOL EMERGENCY NUMBER:** (860) 486 – 4800 (campus police)

**SANCTIONED OR APPROVED:** Sanctioned

**MEET DURATION:** Full meet with time limits as defined by CT/USA Swimming.

**MEET FORMAT:** The meet will be swum as Timed-Final. The events will be swum fast-to-slow, alternating heats of women and men.

**SCRATCH PROCEDURES:** Scratches will be due 20 minutes after warm up begins.

**FACILITY:** The Wolff – Zackin Natatorium is a 6 -lane, 50-meter pool. Water depth at start end is: 6 feet, water depth at turn end is: 12 feet. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. In addition to the Wolff – Zackin Natatorium the 6 lane, 25 yard Brundage pool will be available for additional warm up/warm down throughout the competition. Brundage is easily accessed via a breezeway. Colorado electronic timing will be used. Ample spectator seating exists. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

**DISABLED ACCESS:** Handicapped parking and pool deck access are available. If special assistance is required by athletes, coaches or spectators please contact the meet director.

**COURSE:** LCM

**SESSION TIMES:** Subject to Change      Warm up 4:00 pm      Meet Begins 5:00 pm

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect. The Natatorium will be open for General warm up at beginning at 4:00 pm.

**ELIGIBILITY:** All USA Swimming clubs and individuals. Athletes with Flex memberships must not have swum in more than one USA Swimming meet prior to this meet in order to be eligible.

All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck. Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a **\$100 fine** per instance, as described in CT Swimming meet policies: <https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf> and [https://www.ctswim.org/Customer-Content/www/CMS/files/policies\\_admin/RegistrationPolicyforMeetHosts.pdf](https://www.ctswim.org/Customer-Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf)

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge**. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**ADULT ATHLETES:** All athletes who will be 18 years of age or older on any day of the meet must complete the mandatory Athlete Protection Training prior to competition. Failure to do so will result in the swimmer being scratched from the meet.

**ADAPTED SWIMMING:** Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to the [Connecticut Swimming office](#).

**ENTRY OPENING DATE:** Entries will be accepted no earlier than 8:00 pm on [April 2, 2020](#)

**ENTRY LIMITATIONS:** There are no entry limitations for this meet. Athletes may enter all 3 events offered.

**ENTRY TIMES:** Submit entry times in: LCM

**DEADLINES:** Deadline is April, 15, 2020. Mail hardcopy and payment to the entry chairperson: Tim Wise, 85 Merriman Road, Wethersfield, CT, 06109. All entries must be legible and must use full names and registration numbers from USA Swimming registration. Entries will be accepted electronically ([tim.wise@uconn.edu](mailto:tim.wise@uconn.edu)) on a first come – first serve basis until the meet is fully subscribed.

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at [tim.wise@uconn.edu](mailto:tim.wise@uconn.edu). Please check that your team name, address, and contact information are listed correctly in this file. Payment is expected before the meet begins. Clubs will be notified that their entry has been received within 48 hours via email confirmation. If you do not receive confirmation within 48 hours please contact the meet director to verify receipt. Clubs will be notified of their acceptance into the meet no later than April 16, 2020.

**ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION:** Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

All adult athletes, or parents of minor athletes, who enter without club affiliation will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

**ENTRY FEES:** Electronic entries: \$20.00 for individual events. The \$ 20.00 entry fee covers all 3 events. Swimmers are not required to enter all 3 events, but there is just one flat fee for this meet. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

**PAYMENT INSTRUCTIONS:** Please make checks payable to Storrs Aquatic Club and mail to: Tim Wise 85 Merriman Road, Wethersfield, CT 06109. Payment must be received by 04/24/20.

**CUT PROTOCOL:** If the session exceeds four hours, visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

**NOTE:** If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

**RESERVE THE RIGHT TO MAKE CHANGES:** In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

**RELAYS:** No

**SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

**SWIMWEAR:** Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear “Tech Suits” at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.

#### **PHOTOGRAPHY AND VIDEO RECORDING:**

Meet Management has the full authority to restrict any and all photography, audio and visual recording using cameras, video cameras, tablets, cell phones or other electronic devices at a meet.

Photography or video recording from the deck is prohibited by all individuals, other than participating Coaches, unless prior authorization from the Meet Referee or meet referee has been granted.

Under no circumstances is photography or video recording permitted by anyone in the area adjacent to or behind the starting blocks, including spectator stands at deck level, while they are in use for race starting purposes during competition and warm-ups. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Photography or video recording and the use of audio, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additional "No Camera Zones" may be designated by Meet Management or the meet referee.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

- Professional photographers with current, official media credentials that are promoting the sport of swimming
- Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training
- A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by USA Swimming Vice President of Program Operations.

**RULES:** Current USA Swimming rules will govern all competition.

**TIME TRIALS:** Yes. Time trials may be offered at the discretion of the Meet Referee in accordance with CSI Policy if time allows. Time trials are limited to the events published in this meet announcement (age/distance/stroke). Time Trials will count toward the athlete's event limitations for the day and meet. If they are offered, only athletes properly entered in one or more events in the meet are eligible for time trials and must be properly entered in the Time Trial. The deadline for Time Trial entries is 30 minutes after the session begins. The fee for Time Trial entries are \$20.00 for individual events.

**TIMERS, OFFICIALS OR WORK ASSIGNMENTS:** Swimmers will be responsible for providing their own timer and lap counter. SAQ welcomes certified officials willing to assist with the running of this meet. Officials who contact the Meet Director Prior to April 14 will be given credit towards their teams overall work assignment. Participating clubs will be notified of work assignments by the Monday before the meet.

All volunteers will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

**SCORING:** The meet will not be scored.

**AWARDS:** No

**CONCESSIONS:** Yes. Light refreshments may be offered.

**HOSPITALITY FOR COACHES AND OFFICIALS:** Yes. Light refreshments will be offered

**PARKING:** South Garage is the nearest structure to the Wolff – Zackin Natatorium. This is an hourly “pay to park facility”. Surface lot parking is free of charge after 5:00 pm on Friday’s.

**DIRECTIONS:** From Hartford: The University of Connecticut campus is located 45 minutes driving time from Hartford. Take 1 – 84 east to exit 68. Off the exit take a right on Rte. 195 south and follow signs to the university. Once on the campus go right on North Eagleville Road. Take first left onto Glenbrook Rd. At the end of Glenbrook Rd., go left on Hillside Circle. At the second stop sign go right on Jim Calhoun Way.

From Boston: The University of Connecticut campus is approximately one and half-hours from Boston. From Mass Pike take 1 – 84 west to exit 68. Off the exit take a left on Rte. 195 south and follow signs to the university. Once on the campus go right on North Eagleville Road. Take first left onto Glenbrook Rd. At the end of Glenbrook Rd., go left on Hillside Circle. At the second stop sign go right on Jim Calhoun Way.

<https://maps.uconn.edu>

**LODGING:** Nathan Hale Inn and Conference Center (located on campus)  
855 Bolton Road – Storrs, CT 06268 (860) 427 – 7888

**SAQ April Distance Meet - 4/24/2020**  
**Session Report**

Session: 1 Friday Evening

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	1 Women 400 Freestyle	0	0	05:00 PM	_____
Finals	2 Men 400 Freestyle	0	0	05:00 PM	_____
Finals	3 Women 400 IM	0	0	05:00 PM	_____
Finals	4 Men 400 IM	0	0	05:00 PM	_____
Finals	5 Women 800 Freestyle	0	0	05:00 PM	_____
Finals	6 Men 800 Freestyle	0	0	05:00 PM	_____
	Finish Time			05:00 PM	_____