

Mandell JCC
Summer Splash Last Chance Qualifier
July 11th-12th 2020

[Goodwin Park Pool](#)
[341 South Street, Hartford, CT 06114](#)

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #L20-47. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

EVENTS

	Name	Email	Phone
Meet Director:	Karim Mabrouk	kmabrouk@mandelljcc.org	914-433-1473
Meet Referee:	David Heller	hellerd@nationwide.com	203-509-7320
Lead Admin Official:	Maryanne Seguro	maryanne.seguro@gmail.com	860-593-1886
Entry Chair:	Karim Mabrouk	kmabrouk@mandelljcc.org	914-433-1473
Safety Chair:	Juan Dominguez	juanitodom@hotmail.com	860-916-8780
Officials Contact:	Karim Mabrouk	kmabrouk@mandelljcc.org	914-433-1473

MEET HOST: MJCC

WEBSITE: [Mandell JCC Sharks](#)

POOL EMERGENCY NUMBER: 860-722-6532

SANCTIONED OR APPROVED: Sanctioned

MEET DURATION: Full meet with time limits as defined by CT/USA Swimming.

MEET FORMAT: The meet will be swum as Timed-Final

SCRATCH PROCEDURES: Scratch sheets are due to the computer desk no later than 20 minutes after the start of the warm-up session. If a scratch sheet is not turned in, it will be assumed that the team is not in attendance and the entire team will be scratched from that session.

FACILITY: The Goodwin Park Pool is an 8-lane, 50-meter competition pool. Water depth at start end is: 9ft. Water depth at turn end is: 4ft. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Colorado electronic timing will be used. Spectators will need to provide their own seating arrangements around the perimeter of the facility

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

DISABLED ACCESS: The Goodwin Park Pool is handicapped accessible, with handicapped viewing area available. Contact the meet director for additional information and/or if special arrangements are required.

COURSE: LCM.

SESSION TIMES: Subject to Change

Saturday warm-up -- 7:00AM ; Start -- 8:10AM

Sunday warm-up -- 7:00AM ; Start -- 8:10AM

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. Based on the number of teams in attendance, there will either be three 20-minute sessions, or two 25-minute sessions. All assigned warm-ups will be followed by 10 minutes of controlled warmup with sprint and pace lanes. All 8 lanes will be used for warmup. Warm-up assignments will be emailed to all teams by no later than July 8th, 2020.

ELIGIBILITY: All USA Swimming clubs and individuals; Athletes with Flex memberships must not have swum in more than one USA Swimming meet prior to this meet in order to be eligible.

All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#).

Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck. Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a **\$100 fine** per instance, as described in CT Swimming meet policies:

<https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf>
and

https://www.ctswim.org/Customer-Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge**. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ADULT ATHLETES: All athletes who will be 18 years of age or older on any day of the meet must complete the mandatory Athlete Protection Training prior to competition. Failure to do so will result in the swimmer being scratched from the meet.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to the [Connecticut Swimming office](#).

EVENT INFORMATION: Note that time trials are offered, but remain at the discretion of the Meet Referee.

ENTRY OPENING DATE: Entries will be accepted no earlier than 8:00 pm on April 16, 2020

ENTRY LIMITATIONS: Each swimmer can enter up to but no more than 5 events per session.

ENTRY TIMES: Submit entry times in: LCM.

DEADLINES: Deadline is May 31st, 2020. Mail hardcopy and payment to the entry chairperson: [Karim Mabrouk, 51 Rosemont Ave, Bristol CT 06010](#). All entries must be legible and must use full names and registration numbers from USA Swimming registration. An entry will be officially considered in the meet when the entry has been received by email or mail. Entry chairs will be notified of entry acceptance within 24 hours of receiving the entry.

CONNECTICUT-ONLY DEADLINE: CT deadline is May 31st, 2020. CT clubs meeting this deadline will be entered before out of state clubs. Priority up to May 31st, 2020 will be given to CT teams. After May 31st, teams outside of CT will have equal chance of entering the meet as CT teams. Mail hardcopy and payment to the entry chairperson: Karim Mabrouk, 51 Rosemont Ave, Bristol CT 06010. All entries must be legible and must use full names and registration numbers from USA Swimming registration. An entry will be officially considered in the meet when the entry has been received by email or mail. Entry chairs will be notified of entry acceptance within 24 hours of receiving the entry.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at kmabrouk@mandelljcc.org Please check that your team name, address, and contact information are listed correctly in this file. Payment for entries is expected to be received no later than July 11th, 2020.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

All adult athletes, or parents of minor athletes, who enter without club affiliation will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

ENTRY FEES: Electronic entries: \$12 for individual events. Manual entries: \$15 for individual events. After May 31st, 2020, no refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

PAYMENT INSTRUCTIONS: Please make checks payable to Mandell JCC - Sharks and mail to: Karim Mabrouk, 51 Rosemont Ave, Bristol CT 06010. Payment must be received by July 11th, 2020.

CUT PROTOCOL:

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

1. The maximum number of events allowed per day may be reduced by one (1).
2. The 400 IM events will be limited to the 13& Over swimmers.
3. The 400 Free events will be limited to the 13& Over swimmers.
4. The number of heats for the 400 IM will be limited to 3 heats (top 24 entries)
5. The number of heats for the 400 Free will be limited to 3 heats (top 24 entries)
6. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If it is deemed required to institute the published cut protocol above, all accepted entries at the time that the cut protocol is instituted WILL be considered final for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: NO

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

SWIMWEAR: Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography, audio and visual recording using cameras, video cameras, tablets, cell phones or other electronic devices at a meet.

Photography or video recording from the deck is prohibited by all individuals, other than participating Coaches, unless prior authorization from the Meet Referee or meet referee has been granted.

Under no circumstances is photography or video recording permitted by anyone in the area adjacent to or behind the starting blocks, including spectator stands at deck level, while they are in use for race starting purposes during competition and warm-ups. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Photography or video recording and the use of audio, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additional "No Camera Zones" may be designated by Meet Management or the meet referee.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

- Professional photographers with current, official media credentials that are promoting the sport of swimming

- Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training
- A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by USA Swimming Vice President of Program Operations.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: YES. Time trials may be offered at the discretion of the Meet Referee in accordance with CSI Policy if time allows. Time trials are limited to the events published in this meet announcement (age/distance/stroke). Time Trials will count toward the athlete's event limitations for the day and meet. If they are offered, only athletes properly entered in one or more events in the meet are eligible for time trials and must be properly entered in the Time Trial. The 1500m will NOT be offered as an option for Time Trials. The Time Trial entries are due with the scratch sheet by 7:30AM. The fee for Time Trial entries are \$15 for individual events.

TIMERS, OFFICIALS OR WORK ASSIGNMENTS Though MJCC will attempt to cover all/the majority of timing assignments, work and timing assignments may be assigned to visiting teams based on teams' pre-scratch entry. Participating clubs will be notified of work assignments by the Monday before the meet.

All volunteers will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet WILL NOT be scored.

AWARDS: Yes. Special awards will be awarded.

CONCESSIONS: YES!

HOSPITALITY FOR COACHES AND OFFICIALS: YES!

MISCELLANEOUS: Facility will not open more than 30 Minutes prior to the start of warm-up. Please make sure parents and athlete are aware of this and at no point should they attempt to enter the building prior.

PARKING: Parking is available outside the facility throughout the park, as well as some limited parking along the road adjacent to the facility.

DIRECTIONS: Click on the following address for GPS directions:

[Goodwin Park Pool](#)
[341 South Street, Hartford, CT 06114](#)

MJCC Summer Splash Last Chance Qualifier - 7/11/2020 to 7/12/2020
Session Report

Session: 1 Saturday Session

Day of Meet: 1 Starts at 08:10 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 12 & Under 200 IM	0	0	08:10 AM	_____
Finals	2 Boys 12 & Under 200 IM	0	0	08:10 AM	_____
Finals	3 Girls 13 & Over 200 Freestyle	0	0	08:10 AM	_____
Finals	4 Boys 13 & Over 200 Freestyle	0	0	08:10 AM	_____
Finals	5 Girls 12 & Under 50 Backstroke	0	0	08:10 AM	_____
Finals	6 Boys 12 & Under 50 Backstroke	0	0	08:10 AM	_____
Finals	7 Girls 13 & Over 100 Butterfly	0	0	08:10 AM	_____
Finals	8 Boys 13 & Over 100 Butterfly	0	0	08:10 AM	_____
Finals	9 Girls 12 & Under 100 Freestyle	0	0	08:10 AM	_____
Finals	10 Boys 12 & Under 100 Freestyle	0	0	08:10 AM	_____
Finals	11 Girls 13 & Over 200 Breaststroke	0	0	08:10 AM	_____
Finals	12 Boys 13 & Over 200 Breaststroke	0	0	08:10 AM	_____
Finals	13 Girls 12 & Under 50 Butterfly	0	0	08:10 AM	_____
Finals	14 Boys 12 & Under 50 Butterfly	0	0	08:10 AM	_____
Finals	15 Girls 13 & Over 100 Backstroke	0	0	08:10 AM	_____
Finals	16 Boys 13 & Over 100 Backstroke	0	0	08:10 AM	_____
Finals	17 Girls 12 & Under 100 Breaststroke	0	0	08:10 AM	_____
Finals	18 Boys 12 & Under 100 Breaststroke	0	0	08:10 AM	_____
Finals	19 Girls 13 & Over 50 Freestyle	0	0	08:10 AM	_____
Finals	20 Boys 13 & Over 50 Freestyle	0	0	08:10 AM	_____
Finals	21 Girls 11 & Over 400 IM	0	0	08:10 AM	_____
Finals	22 Boys 11 & Over 400 IM	0	0	08:10 AM	_____
	Finish Time			08:10 AM	_____

MJCC Summer Splash Last Chance Qualifier - 7/11/2020 to 7/12/2020
Session Report

Session: 2 Sunday Session

Day of Meet: 2 Starts at 08:10 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	23 Girls 12 & Under 200 Freestyle	0	0	08:10 AM	_____
Finals	24 Boys 12 & Under 200 Freestyle	0	0	08:10 AM	_____
Finals	25 Girls 13 & Over 200 IM	0	0	08:10 AM	_____
Finals	26 Boys 13 & Over 200 IM	0	0	08:10 AM	_____
Finals	27 Girls 12 & Under 100 Backstroke	0	0	08:10 AM	_____
Finals	28 Boys 12 & Under 100 Backstroke	0	0	08:10 AM	_____
Finals	29 Girls 13 & Over 200 Butterfly	0	0	08:10 AM	_____
Finals	30 Boys 13 & Over 200 Butterfly	0	0	08:10 AM	_____
Finals	31 Girls 12 & Under 50 Freestyle	0	0	08:10 AM	_____
Finals	32 Boys 12 & Under 50 Freestyle	0	0	08:10 AM	_____
Finals	33 Girls 13 & Over 100 Breaststroke	0	0	08:10 AM	_____
Finals	34 Boys 13 & Over 100 Breaststroke	0	0	08:10 AM	_____
Finals	35 Girls 12 & Under 100 Butterfly	0	0	08:10 AM	_____
Finals	36 Boys 12 & Under 100 Butterfly	0	0	08:10 AM	_____
Finals	37 Girls 13 & Over 200 Backstroke	0	0	08:10 AM	_____
Finals	38 Boys 13 & Over 200 Backstroke	0	0	08:10 AM	_____
Finals	39 Girls 12 & Under 50 Breaststroke	0	0	08:10 AM	_____
Finals	40 Boys 12 & Under 50 Breaststroke	0	0	08:10 AM	_____
Finals	41 Girls 13 & Over 100 Freestyle	0	0	08:10 AM	_____
Finals	42 Boys 13 & Over 100 Freestyle	0	0	08:10 AM	_____
Finals	43 Girls 11 & Over 400 Freestyle	0	0	08:10 AM	_____
Finals	44 Boys 11 & Over 400 Freestyle	0	0	08:10 AM	_____
	Finish Time			08:10 AM	_____