

# Greenwich YMCA May Invitational

May 15 to 17, 2020

Wren-Weisenburger Pool, 50 East Putnam Avenue, Greenwich, CT 06830

<https://goo.gl/maps/1bcT3dYh8VprysVn6>

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #L20-13. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

## EVENTS

	<b>Name</b>	<b>Email</b>	<b>Phone</b>
<b>Meet Director:</b>	Yolanda Jahan	Yoli.jahan1@gmail.com	203 278 6712
<b>Meet Referee:</b>	Rick Lewis	lewisshark@aol.com	
<b>Lead Admin Official:</b>	Sophia Todorovic	sophiap@accordia-group.com	914 473 0369
<b>Entry Chair:</b>	Aaron Montgomery	grymarlins@gmail.com	914 319 3811
<b>Safety Chair:</b>	Maura O'Grady	Mogrady.marlins@gmail.com	203 231 5566
<b>Officials Contact:</b>	Yolanda Jahan	Yoli.jahan1@gmail.com	203 278 6712

**MEET HOST:** GRYM.

**WEBSITE:** <https://www.greenwichmarlins.org>.

**POOL EMERGENCY NUMBER:** 203 869 1630

**SANCTIONED OR APPROVED:** Sanctioned

**MEET DURATION:** Full meet with time limits as defined by CT/USA Swimming.

**MEET FORMAT:** The meet will be swum as Timed-Final. All Friday distance events will run fastest to slowest, and alternating women/ men heats. Swimmers are responsible for their own timers and counters. The 12 and under 400 Free will be run fastest to slowest and alternating girls/ boys.

**SCRATCH PROCEDURES:** Coaches will receive a scratch sheet for each session listing their swimmers and session events. Coaches must indicate all scratches on the sheets and turn them into the computer table no later than 30 minutes after the start of the warm up.

**FACILITY:** The Wren-Weisenburger pool at the Greenwich YMCA is an 8-lane, 50 meter pool. Water depth at start end is: 13 ft. Water depth at turn end is: 4 feet 7 inches. The competition course has not been certified in accordance with 104.2.2C(4). There is a Colorado Timing System with large LED scoreboard. There are a few temporary small bleachers for spectator seating. There is a seating for swimmers in the gym off the pool deck. Swimmers are encouraged to bring their own deck chairs. There are 2 separate single use restrooms by the pool entrance for coaches and officials.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

**DISABLED ACCESS:** Limited handicap parking is available. Main entrance on Mason St has a handicap accessible entrance and an elevator for transport to the pool level. Locker rooms and spectator areas are accessible once inside. Anyone needing access should contact the meet director for assistance before the meet.

**COURSE:** LCM.

**SESSION TIMES: Subject to Change**

Friday afternoon Warm-up: 4:00 pm Start: 5:00 pm.

Saturday and Sunday 13/O morning sessions Warm-up: 7:00 am Start: 8:30 am

Saturday and Sunday 12/U afternoon sessions Warm-up: 12:30 pm Start: 2:00 pm

\*Warm-up and start times are subject to change depending on the size of the meet. Teams will be notified of any changes by May 8, 2020.

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect. 8 lanes will be used for warmup. Warm up will be divided into 2 or 3 general warm up sessions based on the number of teams attending. Specific warm up will follow the general warm up sessions.

**ELIGIBILITY:** All USA Swimming clubs and individuals. Athletes with Flex memberships must not have swum in more than one USA Swimming meet prior to this meet in order to be eligible.

All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck. Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a **\$100 fine** per instance, as described in CT Swimming meet policies:

<https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf> and

[https://www.ctswim.org/Customer-Content/www/CMS/files/policies\\_admin/RegistrationPolicyforMeetHosts.pdf](https://www.ctswim.org/Customer-Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf)

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge**. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**ADULT ATHLETES:** All athletes who will be 18 years of age or older on any day of the meet must complete the mandatory Athlete Protection Training prior to competition. Failure to do so will result in the swimmer being scratched from the meet.

**ADAPTED SWIMMING:** Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to the [Connecticut Swimming office](#).

**EVENT INFORMATION:** Deck entries will not be accepted.

**ENTRY OPENING DATE:** Entries will be accepted no earlier than 8:00 pm on April 2, 2020.

**ENTRY LIMITATIONS:** Swimmers may enter a maximum of 3 individual events per day on Saturday and Sunday, 2 events maximum on Friday.

**ENTRY TIMES:** Submit entry times in LCM. NTs will not be accepted.

**DEADLINES:** Deadline is May 1, 2020. Mail hardcopy and payment to the entry chairperson: Aaron Montgomery, 50 East Putnam Avenue, Greenwich, Ct 06830. All entries must be legible and must use full names and registration numbers from USA Swimming registration. Entry into the meet will be determined by the email date of entry.

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at [grymarlins@gmail.com](mailto:grymarlins@gmail.com). Please check that your team name, address, and contact information are listed correctly in this file.

**ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION:** Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

All adult athletes, or parents of minor athletes, who enter without club affiliation will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

**ENTRY FEES:** Electronic entries: \$11.00 for individual events and \$11.00 for distance events. Manual entries: \$14.00 for individual events and \$14.00 for distance events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

**PAYMENT INSTRUCTIONS:** Please make checks payable to YMCA of Greenwich and mail to: Maura O'Grady, 50 East Putnam Avenue, Greenwich, Connecticut 06830. Payment must be received by May 15, 2020.

#### **CUT PROTOCOL:**

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

1. The 400meter distance events (400 IM and 400 Free) may be heat limited to the first 4 heats of entries per gender in the order they are received.
2. The 1500 may be reduced to 2 heats per gender in the order they are received.
3. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

**NOTE:** If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial

responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

**RESERVE THE RIGHT TO MAKE CHANGES:** In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

#### **SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

**SWIMWEAR:** Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.

#### **PHOTOGRAPHY AND VIDEO RECORDING:**

Meet Management has the full authority to restrict any and all photography, audio and visual recording using cameras, video cameras, tablets, cell phones or other electronic devices at a meet.

Photography or video recording from the deck is prohibited by all individuals, other than participating Coaches, unless prior authorization from the Meet Referee or meet referee has been granted.

Under no circumstances is photography or video recording permitted by anyone in the area adjacent to or behind the starting blocks, including spectator stands at deck level, while they are in use for race starting purposes during competition and warm-ups. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Photography or video recording and the use of audio, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additional "No Camera Zones" may be designated by Meet Management or the meet referee.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

- Professional photographers with current, official media credentials that are promoting the sport of swimming
- Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training

- A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by USA Swimming Vice President of Program Operations.

**RULES:** Current USA Swimming rules will govern all competition.

**TIME TRIALS:** No.

**TIMERS, OFFICIALS OR WORK ASSIGNMENTS:** Officials: The Greenwich Y Marlins welcome any qualified officials to assist with officiating during this meet. Please contact Yolanda Jahan at [yoli.jahan1@gmail.com](mailto:yoli.jahan1@gmail.com) if you have officials who will be able to help. Timing assignments will be assigned based on the size of the team's meet entry. Friday distance swimmers are responsible for their own timers and counters. Participating clubs will be notified of work assignments by the Monday before the meet.

All volunteers will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

**SCORING:** The meet will not be scored.

**AWARDS:** No.

**CONCESSIONS:** Yes.

**HOSPITALITY FOR COACHES AND OFFICIALS:** Yes.

**PARKING:**

We encourage all parents to carpool as much as possible. There will be parking at the following locations:

Lower Mason St. parking lot (across from the bank)

Chase Bank parking lot.

Municipal parking behind First Presbyterian Church located at the top of Greenwich Avenue on Lafayette Place.

Municipal parking is free to the public on weekdays after 5 pm, Saturday after 12 noon and Sunday all day.

**DIRECTIONS:**

The Greenwich YMCA is located at 50 East Putnam Avenue, Greenwich, Connecticut, 06830. From I-95 North, exit 4, turn right to Indian Field Rd. From I-95 South, exit 4, turn left to Indian Field Rd: Continue approximately 1 mile to traffic light at East Putnam Avenue. Turn left at East Putnam Avenue. Go thru 6 traffic lights. Greenwich YMCA building is on the left.

**Greenwich YMCA May Invitational - 5/15/2020 to 5/17/2020****Session Report**

Session: 1 Friday

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	<b>Actual</b>
Finals	1 Girls 13 & Over 400 Freestyle	0	0	05:00 PM	e05:00 PM
Finals	2 Boys 13 & Over 400 Freestyle	0	0	05:00 PM	e05:00 PM
Finals	3 Girls 13 & Over 400 IM	0	0	05:00 PM	e05:00 PM
Finals	4 Boys 13 & Over 400 IM	0	0	05:00 PM	e05:00 PM
Finals	5 Girls 13 & Over 1500 Freestyle	0	0	05:00 PM	e05:00 PM
Finals	6 Boys 13 & Over 1500 Freestyle	0	0	05:00 PM	e05:00 PM
	Finish Time			05:00 PM	e05:00 PM

**Greenwich YMCA May Invitational - 5/15/2020 to 5/17/2020**  
**Session Report**

Session: 2 Saturday

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	<b>Actual</b>
Finals	7 Girls 13 & Over 200 Freestyle	0	0	08:30 AM	e08:30 AM
Finals	8 Boys 13 & Over 200 Freestyle	0	0	08:30 AM	e08:30 AM
Finals	9 Girls 13 & Over 100 Breaststroke	0	0	08:30 AM	e08:30 AM
Finals	10 Boys 13 & Over 100 Breaststroke	0	0	08:30 AM	e08:30 AM
Finals	11 Girls 13 & Over 200 Butterfly	0	0	08:30 AM	e08:30 AM
Finals	12 Boys 13 & Over 200 Butterfly	0	0	08:30 AM	e08:30 AM
Finals	13 Girls 13 & Over 50 Freestyle	0	0	08:30 AM	e08:30 AM
Finals	14 Boys 13 & Over 50 Freestyle	0	0	08:30 AM	e08:30 AM
Finals	15 Girls 13 & Over 100 Backstroke	0	0	08:30 AM	e08:30 AM
Finals	16 Boys 13 & Over 100 Backstroke	0	0	08:30 AM	e08:30 AM
	Finish Time			08:30 AM	e08:30 AM

**Greenwich YMCA May Invitational - 5/15/2020 to 5/17/2020****Session Report**

Session: 3 Saturday

Day of Meet: 2 Starts at 02:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	<b>Actual</b>
Finals	17 Girls 10 & Under 50 Butterfly	0	0	02:00 PM	e02:00 PM
Finals	18 Boys 10 & Under 50 Butterfly	0	0	02:00 PM	e02:00 PM
Finals	19 Girls 11-12 50 Butterfly	0	0	02:00 PM	e02:00 PM
Finals	20 Boys 11-12 50 Butterfly	0	0	02:00 PM	e02:00 PM
Finals	21 Girls 10 & Under 50 Breaststroke	0	0	02:00 PM	e02:00 PM
Finals	22 Boys 10 & Under 50 Breaststroke	0	0	02:00 PM	e02:00 PM
Finals	23 Girls 11-12 50 Breaststroke	0	0	02:00 PM	e02:00 PM
Finals	24 Boys 11-12 50 Breaststroke	0	0	02:00 PM	e02:00 PM
Finals	25 Girls 10 & Under 100 Freestyle	0	0	02:00 PM	e02:00 PM
Finals	26 Boys 10 & Under 100 Freestyle	0	0	02:00 PM	e02:00 PM
Finals	27 Girls 11-12 100 Freestyle	0	0	02:00 PM	e02:00 PM
Finals	28 Boys 11-12 100 Freestyle	0	0	02:00 PM	e02:00 PM
Finals	29 Girls 10 & Under 100 Backstroke	0	0	02:00 PM	e02:00 PM
Finals	30 Boys 10 & Under 100 Backstroke	0	0	02:00 PM	e02:00 PM
Finals	31 Girls 11-12 100 Backstroke	0	0	02:00 PM	e02:00 PM
Finals	32 Boys 11-12 100 Backstroke	0	0	02:00 PM	e02:00 PM
Finals	33 Girls 12 & Under 400 Freestyle	0	0	02:00 PM	e02:00 PM
Finals	34 Boys 12 & Under 400 Freestyle	0	0	02:00 PM	e02:00 PM
	Finish Time			02:00 PM	e02:00 PM



**Greenwich YMCA May Invitational - 5/15/2020 to 5/17/2020****Session Report**

Session: 4 Sunday

Day of Meet: 3 Starts at 08:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	<b>Actual</b>
Finals	35 Girls 13 & Over 200 IM	0	0	08:30 AM	e08:30 AM
Finals	36 Boys 13 & Over 200 IM	0	0	08:30 AM	e08:30 AM
Finals	37 Girls 13 & Over 100 Butterfly	0	0	08:30 AM	e08:30 AM
Finals	38 Boys 13 & Over 100 Butterfly	0	0	08:30 AM	e08:30 AM
Finals	39 Girls 13 & Over 200 Breaststroke	0	0	08:30 AM	e08:30 AM
Finals	40 Boys 13 & Over 200 Breaststroke	0	0	08:30 AM	e08:30 AM
Finals	41 Girls 13 & Over 100 Freestyle	0	0	08:30 AM	e08:30 AM
Finals	42 Boys 13 & Over 100 Freestyle	0	0	08:30 AM	e08:30 AM
Finals	43 Girls 13 & Over 200 Backstroke	0	0	08:30 AM	e08:30 AM
Finals	44 Boys 13 & Over 200 Backstroke	0	0	08:30 AM	e08:30 AM
	Finish Time			08:30 AM	e08:30 AM

**Greenwich YMCA May Invitational - 5/15/2020 to 5/17/2020****Session Report**

Session: 5 Sunday

Day of Meet: 3 Starts at 02:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	<b>Actual</b>
Finals	45 Girls 10 & Under 200 Freestyle	0	0	02:00 PM	e02:00 PM
Finals	46 Boys 10 & Under 200 Freestyle	0	0	02:00 PM	e02:00 PM
Finals	47 Girls 11-12 200 Freestyle	0	0	02:00 PM	e02:00 PM
Finals	48 Boys 11-12 200 Freestyle	0	0	02:00 PM	e02:00 PM
Finals	49 Girls 10 & Under 100 Butterfly	0	0	02:00 PM	e02:00 PM
Finals	50 Boys 10 & Under 100 Butterfly	0	0	02:00 PM	e02:00 PM
Finals	51 Girls 11-12 100 Butterfly	0	0	02:00 PM	e02:00 PM
Finals	52 Boys 11-12 100 Butterfly	0	0	02:00 PM	e02:00 PM
Finals	53 Girls 10 & Under 50 Freestyle	0	0	02:00 PM	e02:00 PM
Finals	54 Boys 10 & Under 50 Freestyle	0	0	02:00 PM	e02:00 PM
Finals	55 Girls 11-12 50 Freestyle	0	0	02:00 PM	e02:00 PM
Finals	56 Boys 11-12 50 Freestyle	0	0	02:00 PM	e02:00 PM
Finals	57 Girls 10 & Under 50 Backstroke	0	0	02:00 PM	e02:00 PM
Finals	58 Boys 10 & Under 50 Backstroke	0	0	02:00 PM	e02:00 PM
Finals	59 Girls 11-12 50 Backstroke	0	0	02:00 PM	e02:00 PM
Finals	60 Boys 11-12 50 Backstroke	0	0	02:00 PM	e02:00 PM
Finals	61 Girls 10 & Under 100 Breaststroke	0	0	02:00 PM	e02:00 PM
Finals	62 Boys 10 & Under 100 Breaststroke	0	0	02:00 PM	e02:00 PM
Finals	63 Girls 11-12 100 Breaststroke	0	0	02:00 PM	e02:00 PM
Finals	64 Boys 11-12 100 Breaststroke	0	0	02:00 PM	e02:00 PM
Finals	65 Girls 12 & Under 200 IM	0	0	02:00 PM	e02:00 PM
Finals	66 Boys 12 & Under 200 IM	0	0	02:00 PM	e02:00 PM
	Finish Time			02:00 PM	e02:00 PM