

CPAC June Age Group Qualifier

June 12-14, 2020

Chelsea Piers CT, 1 Blachley Road, Stamford CT 06902

Google Map - <http://goo.gl/maps/rikJ4>

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #L20-30. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

EVENTS

	Name	Email	Phone
Meet Director:	Max Dephillips	max@chromabuilding.com	
Meet Referee:	Suzannah Rogers	srogers68@optonline.net	
Lead Admin Official:	Tim Goertel		
Entry Chair:	Brennan Morris	Morrib@chelseapiersct.com	
Safety Chair:	James Barone	Baronej@chelseapiersct.com	
Officials Contact:	Suzannah Rogers	Srogers68@optonline.net	

MEET HOST: CPAC

WEBSITE: [Chelsea Piers Aquatics Club](#)

POOL EMERGENCY NUMBER: 203.989.1300

SANCTIONED OR APPROVED: Sanctioned

MEET DURATION: Full meet with time limits as defined by CT/USA Swimming.

MEET FORMAT: The meet will be swum as Timed-Final format. Flyover starts will be used.

All Friday events and the 800 Freestyle event on Sunday AM will be swum fast-to-slow, alternating heats of girls and boys in the 400 Free events and in the 400 IM events

SCRATCH PROCEDURES: Coaches will receive a scratch sheet at the beginning of each session upon production of USA Swimming coaches credentials (Deck Pass).

Coaches must indicate all scratches on these sheets and submit their scratch sheets to the computer table at least **30** minutes before races start. If any team does not comply with these procedures, at the Referee's discretion, the penalty for that team is to be scratched from the session.

FACILITY: The Chelsea Piers Competition Pool is an 8-lane, 50-meter course plus two outer lanes. Water depth at start end is: 7 feet. Water depth at turn end is: 7 feet. The competition course has not been certified in accordance with 104.2.2C(4).

Chelsea Piers uses a Daktronic timing system with a multilane LCD scoreboard.

Spectator seating will be available on the mezzanine. Bleachers and folding chairs are available on deck for team seating; personal deck chairs will be allowed to be brought on deck. Personal deck chairs will not be allowed on the mezzanine balcony.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

DISABLED ACCESS: Chelsea Piers Connecticut is fully accessible to all, able-bodied and challenged. The spectator area is easily accessible via elevator, and all bathrooms have reserved stalls in them. Reserved parking is directly in front of the facility. Please contact the **Safety Chair** for more information and special arrangements.

COURSE: LCM.

SESSION TIMES: Subject to Change

Friday:	Session 1	Warm up	3:00 pm	Meet starts 4:00 pm	(11&O)
Saturday:	Session 2	Warm up	8:00 am	Meet starts 9:00 am	(13 & Over)
Saturday:	Session 3	Warm up	1:00 pm	Meet starts 2:00 pm	(12 & Under)
Sunday:	Session 4	Warm up	8:00 am	Meet starts 9:00 am	(13 & Over, 11/Over 800 Fr)
Sunday:	Session 5	Warm up	1:00 pm	Meet starts 2:00 pm	(12 & Under)

Note: Each session is planned for approximately **3 ¼ hours** length or less. (Friday: **3** hours or less)
Any adjustments to session times will be notified by Monday before meet.

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect.

12 & Under Session Warm-Ups: each team will be assigned sessions and lanes; the application of general warm up (circle swim), starts and/or one-way sprints is at each coach's discretion. All sessions may use 2 or more tiers of warm-ups, using up to 15 lanes, with lanes assigned by team.

13 & Over Session Warm-Ups: at the conclusion of the open general warm-up there will be an additional warm-up period for all teams with each outer lane being pace lanes and inner lanes designated as one-way sprints with starts from the blocks.

Friday Distance Session Warm-ups: will be run similar to the 13 & Over Session Warm-ups but any swimmers age 11/12 may be segregated in separate lanes assigned by team.

The meet director reserves the right to condense or expand this warm-up format dependent upon meet subscription. During competition, continuous **warm-up/warm-down** lanes may also be available on perimeter of the pool, at the discretion of the Referee. No Diving will be allowed in these lanes. Swimmers must enter these lanes feet first. Other restrictions may be applied at the discretion of the Referee.

ELIGIBILITY: All USA Swimming clubs and individuals. Athletes with Flex memberships must not have swum in more than one USA Swimming meet prior to this meet in order to be eligible.

All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck. Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a **\$100 fine** per instance, as described in CT Swimming meet policies:

<https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf>
and

https://www.ctswim.org/Customer-Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being

proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge**. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ADULT ATHLETES: All athletes who will be 18 years of age or older on any day of the meet must complete the mandatory Athlete Protection Training prior to competition. Failure to do so will result in the swimmer being scratched from the meet.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to the [Connecticut Swimming office](#).

ENTRY OPENING DATE: Entries will be accepted no earlier than 8:00 pm on April 16, 2020.

ENTRY LIMITATIONS: Athletes are limited to entering max 1 individual event on Friday and max. 3 individual events on Saturday/Sunday, with max 7 total events for the meet. Distance events are limited to BB cuts for 11/over, with the exception being for the host team in the 400 Freestyle.

ENTRY TIMES: Submit entry times in SCY, SCM or LCM. No Times (NT entries) will not be accepted.

DEADLINES: Deadline is May 31, 2020.

CONNECTICUT-ONLY DEADLINE: CT deadline is month April 23, 2020 at 11:59pm. All entries will be taken in order they are received. In the event that an entry is too large for remaining timeline, the club will be asked to cut the entry down or be put on the wait list.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at morrib@chelseapiersct.com. Please check that your team name, address, and contact information are listed correctly in this file. Payment is due two weeks after entry is confirmed by host club.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

All adult athletes, or parents of minor athletes, who enter without club affiliation will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

ENTRY FEES: Electronic entries: \$11.00 for individual events, \$11.00 for distance event. Manual entries: \$15.00 for individual events, \$15.00 for distance events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

FREE Heat Sheets will be available on Meet Mobile in each session. **No printed programs will be sold.**

PAYMENT INSTRUCTIONS: Please make checks payable to Chelsea Piers CT and mail to:Chelsea Piers CT, c/o James Barone, 1 Blachley Road, Stamford CT 06902. Payment must be received by Friday, June 14th, 2020 (6/14/20).

CUT PROTOCOL:

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

1. Teams will be notified if the meet is oversubscribed and may be asked to adjust their entry.
2. If a session is still oversubscribed, heat limits in the 200 & longer stroke events may be imposed.
- 3 Any team not entering each day and thereby making the timelines uneven, may be scratched first.
4. Visiting teams may be cut based on the date/time of the receipt of the entry.

If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: No.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

SWIMWEAR: Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography, audio and visual recording using cameras, video cameras, tablets, cell phones or other electronic devices at a meet.

Photography or video recording from the deck is prohibited by all individuals, other than participating Coaches, unless prior authorization from the Meet Referee or meet referee has been granted.

Under no circumstances is photography or video recording permitted by anyone in the area adjacent to or behind the starting blocks, including spectator stands at deck level, while they are in use for race starting purposes during competition and warm-ups. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Photography or video recording and the use of audio, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additional "No Camera Zones" may be designated by Meet Management or the meet referee.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

- Professional photographers with current, official media credentials that are promoting the sport of swimming
- Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training
- A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by USA Swimming Vice President of Program Operations.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: NO

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: Any volunteer officials should contact Suzannah Rogers, srogers68@optonline.net.

Volunteer Timers will be Required from all Teams for All Sessions

Participating clubs will be notified of work assignments by the Monday before the meet.

All volunteers will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: No

CONCESSIONS: Yes.

HOSPITALITY FOR COACHES AND OFFICIALS: Yes.

PARKING: PARKING: There is parking located on site at Chelsea Piers Connecticut. If full, off-site parking may be provided at Rogers International School, 202 Blachley Road, Stamford, CT 06902

Please follow any parking signs/instructions or your car may be subject to towing/ticketing.

DIRECTIONS: The Chelsea Piers CT complex is located at 1 Blachley Road, Stamford.

Northbound 95: Take exit 9. Make a left at the end of the ramp. Make a left on to Rt.1. Make a left onto Blachley Road. The facility is at the end of the street. Car park is beyond the buildings.

Southbound 95: Take exit 9. Make a right at the end of the ramp. Make a left onto Blachley Road. The facility is at the end of the street. Car park is beyond the buildings.

MISCELLANEOUS:

Minimum "11-12 BB" Qualifying Times for Friday Distance Events in the event of Friday over-subscription.

Event 1	Girls 11/Over	400 IM 5:56.79
Event 2	Boys 11/Over	400 IM 5:46.39
Event 3	Girls 11/Over	500 Free 6:38.39
Event 4	Boys 11/Over	500 Free 6:27.49
Event 5	Girls 11/Over	1650 Free 23:07.29
Event 6	Boys 11/Over	1650 Free 22:37.49

CP-AC June Meet - 6/12/2020 to 6/14/2020

Session Report

Session: 1 Friday PM

Day of Meet: 1 Starts at 04:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 11 & Over 400 Freestyle	0	0	04:00 PM	_____
Finals	2 Boys 11 & Over 400 Freestyle	0	0	04:00 PM	_____
Finals	3 Girls 11 & Over 400 IM	0	0	04:00 PM	_____
Finals	4 Boys 11 & Over 400 IM	0	0	04:00 PM	_____
Finals	5 Boys 11 & Over 1500 Freestyle	0	0	04:00 PM	_____
	Finish Time			04:00 PM	_____

CP-AC June Meet - 6/12/2020 to 6/14/2020

Session Report

Session: 2 Saturday AM

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	6 Girls 13-14 200 Freestyle	0	0	09:00 AM	_____
Finals	7 Boys 13-14 200 Freestyle	0	0	09:00 AM	_____
Finals	8 Girls 15 & Over 200 Freestyle	0	0	09:00 AM	_____
Finals	9 Boys 15 & Over 200 Freestyle	0	0	09:00 AM	_____
Finals	10 Girls 13-14 200 Breaststroke	0	0	09:00 AM	_____
Finals	11 Boys 13-14 200 Breaststroke	0	0	09:00 AM	_____
Finals	12 Girls 15 & Over 200 Breaststroke	0	0	09:00 AM	_____
Finals	13 Boys 15 & Over 200 Breaststroke	0	0	09:00 AM	_____
Finals	14 Girls 13-14 100 Backstroke	0	0	09:00 AM	_____
Finals	15 Boys 13-14 100 Backstroke	0	0	09:00 AM	_____
Finals	16 Girls 15 & Over 100 Backstroke	0	0	09:00 AM	_____
Finals	17 Boys 15 & Over 100 Backstroke	0	0	09:00 AM	_____
Finals	18 Girls 13-14 200 Butterfly	0	0	09:00 AM	_____
Finals	19 Boys 13-14 200 Butterfly	0	0	09:00 AM	_____
Finals	20 Girls 15 & Over 200 Butterfly	0	0	09:00 AM	_____
Finals	21 Boys 15 & Over 200 Butterfly	0	0	09:00 AM	_____
Finals	22 Girls 13-14 50 Freestyle	0	0	09:00 AM	_____
Finals	23 Boys 13-14 50 Freestyle	0	0	09:00 AM	_____
Finals	24 Girls 15 & Over 50 Freestyle	0	0	09:00 AM	_____
Finals	25 Boys 15 & Over 50 Freestyle	0	0	09:00 AM	_____
	Finish Time			09:00 AM	_____

CP-AC June Meet - 6/12/2020 to 6/14/2020

Session Report

Session: 3 Saturday PM

Day of Meet: 2 Starts at 02:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	26 Girls 12 & Under 200 Butterfly	0	0	02:00 PM	_____
Finals	27 Boys 12 & Under 200 Butterfly	0	0	02:00 PM	_____
Finals	28 Girls 10 & Under 100 Breaststroke	0	0	02:00 PM	_____
Finals	29 Boys 10 & Under 100 Breaststroke	0	0	02:00 PM	_____
Finals	30 Girls 11-12 100 Breaststroke	0	0	02:00 PM	_____
Finals	31 Boys 11-12 100 Breaststroke	0	0	02:00 PM	_____
Finals	32 Girls 10 & Under 50 Freestyle	0	0	02:00 PM	_____
Finals	33 Boys 10 & Under 50 Freestyle	0	0	02:00 PM	_____
Finals	34 Girls 11-12 50 Freestyle	0	0	02:00 PM	_____
Finals	35 Boys 11-12 50 Freestyle	0	0	02:00 PM	_____
Finals	36 Girls 10 & Under 50 Butterfly	0	0	02:00 PM	_____
Finals	37 Boys 10 & Under 50 Butterfly	0	0	02:00 PM	_____
Finals	38 Girls 11-12 50 Butterfly	0	0	02:00 PM	_____
Finals	39 Boys 11-12 50 Butterfly	0	0	02:00 PM	_____
Finals	40 Girls 10 & Under 100 Backstroke	0	0	02:00 PM	_____
Finals	41 Boys 10 & Under 100 Backstroke	0	0	02:00 PM	_____
Finals	42 Girls 11-12 100 Backstroke	0	0	02:00 PM	_____
Finals	43 Boys 11-12 100 Backstroke	0	0	02:00 PM	_____
Finals	44 Girls 10 & Under 200 Freestyle	0	0	02:00 PM	_____
Finals	45 Boys 10 & Under 200 Freestyle	0	0	02:00 PM	_____
Finals	46 Girls 11-12 200 Freestyle	0	0	02:00 PM	_____
Finals	47 Boys 11-12 200 Freestyle	0	0	02:00 PM	_____
	Finish Time			02:00 PM	_____

CP-AC June Meet - 6/12/2020 to 6/14/2020**Session Report**

Session: 4 Sunday AM

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	48 Girls 13-14 100 Breaststroke	0	0	09:00 AM	_____
Finals	49 Boys 13-14 100 Breaststroke	0	0	09:00 AM	_____
Finals	50 Girls 15 & Over 100 Breaststroke	0	0	09:00 AM	_____
Finals	51 Boys 15 & Over 100 Breaststroke	0	0	09:00 AM	_____
Finals	52 Girls 13-14 200 Backstroke	0	0	09:00 AM	_____
Finals	53 Boys 13-14 200 Backstroke	0	0	09:00 AM	_____
Finals	54 Girls 15 & Over 200 Backstroke	0	0	09:00 AM	_____
Finals	55 Boys 15 & Over 200 Backstroke	0	0	09:00 AM	_____
Finals	56 Girls 13-14 100 Freestyle	0	0	09:00 AM	_____
Finals	57 Boys 13-14 100 Freestyle	0	0	09:00 AM	_____
Finals	58 Girls 15 & Over 100 Freestyle	0	0	09:00 AM	_____
Finals	59 Boys 15 & Over 100 Freestyle	0	0	09:00 AM	_____
Finals	60 Girls 13-14 200 IM	0	0	09:00 AM	_____
Finals	61 Boys 13-14 200 IM	0	0	09:00 AM	_____
Finals	62 Girls 15 & Over 200 IM	0	0	09:00 AM	_____
Finals	63 Boys 15 & Over 200 IM	0	0	09:00 AM	_____
Finals	64 Girls 13-14 100 Butterfly	0	0	09:00 AM	_____
Finals	65 Boys 13-14 100 Butterfly	0	0	09:00 AM	_____
Finals	66 Girls 15 & Over 100 Butterfly	0	0	09:00 AM	_____
Finals	67 Boys 15 & Over 100 Butterfly	0	0	09:00 AM	_____
Finals	68 Girls 11 & Over 800 Freestyle	0	0	09:00 AM	_____
	Finish Time			09:00 AM	_____

CP-AC June Meet - 6/12/2020 to 6/14/2020**Session Report**

Session: 5 Sunday PM

Day of Meet: 3 Starts at 02:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	69 Girls 12 & Under 200 Backstroke	0	0	02:00 PM	_____
Finals	70 Boys 12 & Under 200 Backstroke	0	0	02:00 PM	_____
Finals	71 Girls 10 & Under 100 Freestyle	0	0	02:00 PM	_____
Finals	72 Boys 10 & Under 100 Freestyle	0	0	02:00 PM	_____
Finals	73 Girls 11-12 100 Freestyle	0	0	02:00 PM	_____
Finals	74 Boys 11-12 100 Freestyle	0	0	02:00 PM	_____
Finals	75 Girls 10 & Under 50 Breaststroke	0	0	02:00 PM	_____
Finals	76 Boys 10 & Under 50 Breaststroke	0	0	02:00 PM	_____
Finals	77 Girls 11-12 50 Breaststroke	0	0	02:00 PM	_____
Finals	78 Boys 11-12 50 Breaststroke	0	0	02:00 PM	_____
Finals	79 Girls 10 & Under 50 Backstroke	0	0	02:00 PM	_____
Finals	80 Boys 10 & Under 50 Backstroke	0	0	02:00 PM	_____
Finals	81 Girls 11-12 50 Backstroke	0	0	02:00 PM	_____
Finals	82 Boys 11-12 50 Backstroke	0	0	02:00 PM	_____
Finals	83 Girls 10 & Under 200 IM	0	0	02:00 PM	_____
Finals	84 Boys 10 & Under 200 IM	0	0	02:00 PM	_____
Finals	85 Girls 11-12 200 IM	0	0	02:00 PM	_____
Finals	86 Boys 11-12 200 IM	0	0	02:00 PM	_____
Finals	87 Girls 10 & Under 100 Butterfly	0	0	02:00 PM	_____
Finals	88 Boys 10 & Under 100 Butterfly	0	0	02:00 PM	_____
Finals	89 Girls 11-12 100 Butterfly	0	0	02:00 PM	_____
Finals	90 Boys 11-12 100 Butterfly	0	0	02:00 PM	_____
Finals	91 Girls 12 & Under 200 Breaststroke	0	0	02:00 PM	_____
Finals	92 Boys 12 & Under 200 Breaststroke	0	0	02:00 PM	_____
	Finish Time			02:00 PM	_____