

The 17th Annual Kamana-Wanna Swim Invitational

June 29- June 30, 2019

Odessa Terry Pool, Hockanum Park
310 High Street, East Hartford, CT 06108

<http://goo.gl/45OHU6>

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #L19-39. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

EVENTS

	Name	Email	Phone
Meet Director:	Laura McLaughlin	Lehyswimreg@gmail.com	(860)-798-8946
Meet Referee:	Mark Wollen	Mark@mjwollen.com	
Lead Admin Official:	Joann Bresnehan	Lehyswimreg@gmail.com	
Entry Chair:	Joann Bresnehan	Lehyswimreg@gmail.com	
Safety Chair:	Matt Koziol		
Officials Contact:	Mark Wollen		

MEET HOST: Laurel East Hartford YMCA

WEBSITE: www.ghymca.org/page.cfm?p=25.

POOL EMERGENCY NUMBER: 860-291-7442

SANCTIONED OR APPROVED. Sanctioned

MEET DURATION: Full meet with time limits as defined by CT/USA Swimming;

MEET FORMAT: The meet will be swum as Timed-Final

SCRATCH PROCEDURES: Scratch sheets will be provided in the coaches packets. These sheets must be returned 20 minutes after the warm-ups begin with scratched swimmers clearly identified. Please be sure the computer operator is able to read the event and name of the swimmer being scratched. USA Swimming Rulebook 102.3

FACILITY: The Odessa Terry Pool is an 8-lane, 50-meter pool. Water depth at start end is: 12 feet. Water depth at turn end is: 3.75 feet. The competition course has not been certified in accordance with 104.2.2C(4). Colorado Timing System with touch pads for 100 meters or more will be used. A 2 button electronic timing system will be used for the 50 meter events. Seating for spectators is outside the fence, bring your own chairs and shade covering. No spectators, unless they are actively working the meet, will be allowed inside the fence during the meet.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited

DISABLED ACCESS: The facility is handicapped accessible. For more information call Laura McLaughlin at 860-798-8946.

COURSE: LCM.

SESSION TIMES: Subject to Change Morning Sessions Only. Warm-up sessions will begin at 7:00am, with an 8:10 am start time.

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. Each session will have a separate warmup time for 12&U swimmers and 13&O swimmers using 8 lanes, with lanes assigned by teams. At the conclusion of those 2 warm up tiers there will be an additional warm up period for all teams with lanes 1 and 2 being pace lanes, lanes 3-7 designated as one way sprints with starts from the blocks, and lane 8 being circle lane. The meet director reserves the right to condense or expand this warm-up format upon meet subscription.

ELIGIBILITY: All USA Swimming clubs and individuals; All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck. Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a **\$100 fine** per instance, as described in CT Swimming meet policies:

<https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf>
and

https://www.ctswim.org/Customer-Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge**. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to the [Connecticut Swimming office](#).

EVENT INFORMATION: The meet theme is Hawaiian. Special awards will be given to the 2 swimmers whose attire best represents the theme. A special prize will also be awarded to the team that has the best decorated tent! Prizes will be awarded at the conclusion of Saturday's session. Be creative and have some fun!

ENTRY OPENING DATE: Entries will be accepted no earlier than 8:00 pm on April 16, 2019.

ENTRY LIMITATIONS: Swimmers may enter up to three (3) scheduled individual events and up to (1) time trial event (if time allows) per day

ENTRY TIMES: Submit entry times in: LCM. As stated in the event file, cut off times for the 400 IM is 6:30.00 for both Girls and Boys and the 400 freestyle is 6:15.00 for 12/U Girls and Boys, 5:45.00 for 13/O Girls and Boys. These times will be strictly adhered to. No times (NT) are discouraged for all other events

DEADLINES: deadline is June 10, 2019. Mail hardcopy and payment to the entry chairperson: Joann Bresnahan, 11 Woodycrest Rd., Wethersfield, CT, 06109. All entries must be legible and must use full names and registration numbers from USA Swimming registration. Entries via email are encouraged, however final entry is not posted until payment is received

CONNECTICUT-ONLY DEADLINE: CT deadline is June 3, 2019. The date an entry is received will be determined by receipt of payment for the meet. CT clubs meeting this deadline will be entered before out of state clubs.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at Lehyswimreg@gmail.com. Please check that your team name, address, and contact information are listed correctly in this file. Payment is due by June 10, 2019. Your team is not officially entered into the meet until payment has been received. Please send payments to the entry chair listed, immediately after sending your electronic entry, to ensure entry into the meet.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

ENTRY FEES: Electronic entries: \$7.00 for individual events, \$8.00 for distance events. Manual entries: \$10.00 for individual events, \$11.00 for distance events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

PAYMENT INSTRUCTIONS: Please make checks payable to Laurel East Hartford YMCA and mail to: Joann Bresnahan, 11 Woodycrest Rd, Wethersfield, CT 06109. Payment must be received by 06/10/19.

CUT PROTOCOL:

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

1. Athletes aged 8 and Under will be cut from the meet.
2. The distance events (400 meters or yards or greater) may be heat limited to the first 4 fastest heats of entries per gender.
3. The maximum number of events allowed per day may be reduced by one (1).
4. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the

fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: No

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program & Events Committee Chair or designee.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: Yes Time trials may be offered at the discretion of the Meet Referee in accordance with CSI Policy if time allows. Time trials are limited to the events published in this meet announcement (age/distance/stroke). Time Trials will count toward the athlete's event limitations for the day and meet. If they are offered, only athletes properly entered in one or more events in the meet are eligible for time trials and must be properly entered in the Time Trial. Time trial requests will be offered on a first come, first serve basis and will be limited to one (1) event per swimmer per day. The deadline for Time Trial entries is 9:00am. The fee for Time Trial entries are \$10.00 for individual events.

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: Swim Teams will be required to supply timers based on their entry for Saturday and Sunday sessions. Participating clubs will be notified of work assignments by the Monday before the meet.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: No

CONCESSIONS: Yes.

HOSPITALITY FOR COACHES AND OFFICIALS: Yes.

PARKING: NO STREET PARKING IS ALLOWED. PARKING ON THE GRASSY AREAS IS PROHIBITED. If the pool lot is full, park in the school lot adjacent to the pool. Illegally parked cars will be subject to ticket and towing. This is strictly enforced.

DIRECTIONS: The Odessa Terry Pool is located at 310 High Street, East Hartford, CT.

I-91 North: Take exit 25 (route 3). Take first exit after the bridge (Glastonbury). Turn left at the first traffic light. Turn left onto Main Street (north) continue north on Main St. past large shopping center to first light. Turn left onto Broad Street. Broad becomes High Street at Naubac Avenue. Continue 300 yards, pool is on the right.

From Route 2 West: Take Hebron Avenue exit. At end of exit proceed to Main Street (Glastonbury). Turn right onto Main Street (north) and follow directions above.

I-84 East or West: Take exit to CT Route 2 East to East Hartford. Take High Street exit. At the bottom of the ramp, turn right. Proceed onto High Street for 300 yards; the pool is on the left.

17th Annual Kamana Wanna Swim Invitational - 6/29/2019 to 6/30/2019**Session Report**

Session: 1 Saturday AM

Day of Meet: 1 Starts at 08:10 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 12 & Under 400 Freestyle	0	0	08:10 AM	_____
Finals	2 Boys 12 & Under 400 Freestyle	0	0	08:10 AM	_____
Finals	3 Girls 13 & Over 400 Freestyle	0	0	08:10 AM	_____
Finals	4 Boys 13 & Over 400 Freestyle	0	0	08:10 AM	_____
Finals	5 Girls 12 & Under 50 Breaststroke	0	0	08:10 AM	_____
Finals	6 Boys 12 & Under 50 Breaststroke	0	0	08:10 AM	_____
Finals	7 Girls 13 & Over 100 Breaststroke	0	0	08:10 AM	_____
Finals	8 Boys 13 & Over 100 Breaststroke	0	0	08:10 AM	_____
Finals	9 Girls 12 & Under 100 Backstroke	0	0	08:10 AM	_____
Finals	10 Boys 12 & Under 100 Backstroke	0	0	08:10 AM	_____
Finals	11 Girls 13 & Over 200 Backstroke	0	0	08:10 AM	_____
Finals	12 Boys 13 & Over 200 Backstroke	0	0	08:10 AM	_____
Finals	13 Girls 12 & Under 100 Freestyle	0	0	08:10 AM	_____
Finals	14 Boys 12 & Under 100 Freestyle	0	0	08:10 AM	_____
Finals	15 Girls 13 & Over 100 Freestyle	0	0	08:10 AM	_____
Finals	16 Boys 13 & Over 100 Freestyle	0	0	08:10 AM	_____
Finals	17 Girls 12 & Under 50 Butterfly	0	0	08:10 AM	_____
Finals	18 Boys 12 & Under 50 Butterfly	0	0	08:10 AM	_____
Finals	19 Girls 13 & Over 100 Butterfly	0	0	08:10 AM	_____
Finals	20 Boys 13 & Over 100 Butterfly	0	0	08:10 AM	_____
Finals	21 Girls 12 & Under 200 IM	0	0	08:10 AM	_____
Finals	22 Boys 12 & Under 200 IM	0	0	08:10 AM	_____
Finals	23 Girls 13 & Over 200 IM	0	0	08:10 AM	_____
Finals	24 Boys 13 & Over 200 IM	0	0	08:10 AM	_____
	Finish Time			08:10 AM	_____

17th Annual Kamana Wanna Swim Invitational - 6/29/2019 to 6/30/2019**Session Report**

Session: 2 Sunday AM

Day of Meet: 2 Starts at 08:10 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	25 Girls 13 & Over 400 IM	0	0	08:10 AM	_____
Finals	26 Boys 13 & Over 400 IM	0	0	08:10 AM	_____
Finals	27 Girls 12 & Under 50 Backstroke	0	0	08:10 AM	_____
Finals	28 Boys 12 & Under 50 Backstroke	0	0	08:10 AM	_____
Finals	29 Girls 13 & Over 100 Backstroke	0	0	08:10 AM	_____
Finals	30 Boys 13 & Over 100 Backstroke	0	0	08:10 AM	_____
Finals	31 Girls 12 & Under 200 Freestyle	0	0	08:10 AM	_____
Finals	32 Boys 12 & Under 200 Freestyle	0	0	08:10 AM	_____
Finals	33 Girls 13 & Over 200 Freestyle	0	0	08:10 AM	_____
Finals	34 Boys 13 & Over 200 Freestyle	0	0	08:10 AM	_____
Finals	35 Girls 12 & Under 100 Breaststroke	0	0	08:10 AM	_____
Finals	36 Boys 12 & Under 100 Breaststroke	0	0	08:10 AM	_____
Finals	37 Girls 13 & Over 200 Breaststroke	0	0	08:10 AM	_____
Finals	38 Boys 13 & Over 200 Breaststroke	0	0	08:10 AM	_____
Finals	39 Girls 12 & Under 50 Freestyle	0	0	08:10 AM	_____
Finals	40 Boys 12 & Under 50 Freestyle	0	0	08:10 AM	_____
Finals	41 Girls 13 & Over 50 Freestyle	0	0	08:10 AM	_____
Finals	42 Boys 13 & Over 50 Freestyle	0	0	08:10 AM	_____
Finals	43 Girls 12 & Under 100 Butterfly	0	0	08:10 AM	_____
Finals	44 Boys 12 & Under 100 Butterfly	0	0	08:10 AM	_____
Finals	45 Girls 13 & Over 200 Butterfly	0	0	08:10 AM	_____
Finals	46 Boys 13 & Over 200 Butterfly	0	0	08:10 AM	_____
	Finish Time			08:10 AM	_____