

Mako Senior Invitational

May 4-6th, 2018

10 Huckleberry Hill Rd, Brookfield, CT 06804.

<https://goo.gl/maps/enzLp>

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #L18-9. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

EVENTS

| | Name | Email | Phone |
|---------------------------|---------------|--|----------------------|
| Meet Director: | Gordon Brown | gbrown@regionalmca.org | 203-775-4444 ext.129 |
| Meet Referee: | Phillip James | phillip.m.james@gmail.com | |
| Entry Chair: | Gordon Brown | gbrown@regionalmca.org | 203-775-4444 ext 129 |
| Safety Chair: | Peggy Regan | gomakos@regionalmca.org | 203-775-4444 ext 124 |
| Officials Contact: | Phillip James | phillip.m.james@gmail.com | |

WEBSITE: www.makoswim.org

POOL EMERGENCY NUMBER: 203-775-1113

MEET TYPE: Sanctioned.

MEET FORMAT: The meet will be swum as Prelim-Final format. The 400 IM, 50 Freestyle, and 800 Freestyle events on Friday evening will be swum Timed Final, and fast-to-slow. The 400 IM and 800 Freestyle events will alternate heats of women and men.

SCRATCH PROCEDURES: Coaches will receive a scratch sheet for each preliminary and timed final session of the meet in their meet packets listing all of their swimmers and events for each session. Scratch sheets will be due to the computer table 30 minutes after the start of warm ups; these must be returned even if a team has no scratches.

Failure to Compete in Finals: Any swimmer qualifying for any heat of finals who fails to compete and who has not been scratched will be barred from all further competition in the meet. A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete. **Exceptions for Failure to Compete in Finals:** No penalty shall apply for failure to compete in finals if: 1. The Referee is notified in the event of injury of illness and accepts the proof thereof. 2. A swimmer qualifying for a final heat based on the results of preliminarily notifies the announcer within 30 minutes after the announcement of qualifiers that he may not intend to compete and confirms his final intentions within 30 minutes following his last individual preliminary event. 3. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

FACILITY: The Greenknoll Aquatics Center is a 6 lane, 50 meter pool. Water depth at start end is: 6ft. Water depth at turn end is: 3.5ft. The competition course has not been certified in accordance with 104.2.2C(4). Colorado timing system with 6 lane display and touch pads at start and turn ends. The new bubble enclosure will still be covering the pool for this meet.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

DISABLED ACCESS: Accessible. Fully ADA Compliant. Any individuals requiring handicapped parking please email Peggy Regan at gomakos@regionalmca.org in advance to make arrangements.

COURSE: LCM.

SESSION TIMES: Subject to Change

Friday Timed Finals

Warm-up: 4:00pm Start: 5:00pm

Saturday and Sunday Prelims

Warm-up: 7:00am Start: 8:00am

Saturday Finals

Warm-up: 4:00pm Start: 5:00pm

Sunday Finals

Warm-up: 3:30pm Start: 4:30pm

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. All 6 lanes will be used for warm-ups. General warm-up for all teams. Specific warm-ups including starts will be offered.

ELIGIBILITY: All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. **11/Over swimmers ONLY.** Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck. Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a **\$100 fine** per instance, as described in CT Swimming meet policies:

<https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf>
and

https://www.ctswim.org/Customer-Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to the [Connecticut Swimming office](#).

EVENT INFORMATION: Top 18 swimmers will return to finals in C/B/A final format. In the event that there are not enough preliminary entered swimmers to fill the C final heat, only the top 12 swimmers will return in the B and A final.

ENTRY OPENING DATE: Entries will be accepted no earlier than 8:00 pm on Tuesday, April 3, 2018.

ENTRY LIMITATIONS: Swimmers are allowed to enter 3 events per day with a maximum of 8 events for the meet.

ENTRY TIMES: Submit entry times in: LCM. NT entries will not be accepted.

DEADLINES: deadline is April 20th, 2018. Email a pdf file of entry report to the entry chair: Gordon Brown, gbrown@regionalmca.org. Payment, or a copy of an official check request must be postmarked or time stamped within two business days of the entry submission. See payment instructions. Entries will be accepted on a first come, first served basis, in the order in which they are received, space permitting. Formal entry is determined by the date of email receipt as long as entry fee or check request is postmarked/ time stamped within

two business days. Failure to send the payment or proof that payment will be made (check request) will cause entry to lose priority and formal entry will be based on the date that payment is actually received. Hardcopies of the entry can be mailed to the entry chair: Gordon Brown, 2 Huckleberry Hill Rd, Brookfield, CT 06804. All hardcopies must be legible and must use full names and registration numbers from USA Swimming registration.

CONNECTICUT-ONLY DEADLINE: None.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at gbrown@regionalymca.org. Please check that your team name, address, and contact information are listed correctly in this file. Payment, or a copy of an official check request must be postmarked or time stamped within two business days of the entry submission. Entries will be accepted on a first come, first served basis, in the order in which they are received, space permitting. Formal entry is determined by the date of email receipt as long as entry fee or check request is postmarked/ time stamped within two business days. Failure to send the payment or proof that payment will be made (check request) will cause entry to lose priority and formal entry will be based on the date that payment is actually received.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

ENTRY FEES: Electronic entries: \$8.00 for individual events, \$10.00 for distance events. Manual entries: \$13.00 for individual events, \$15.00 for distance events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry

PAYMENT INSTRUCTIONS: Please make checks payable to the Regional YMCA of Western CT and mail to: Gordon Brown, 2 Huckleberry Hill Rd, Brookfield, CT 06804. Payment must be received by 04/27/18.

CUT PROTOCOL:

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

1. Athletes aged 11 and Under will be cut from the meet.
2. Athletes aged 12 and Under will be cut from the meet.
3. The 400 IM event may be heat limited to the fastest 6 heats of entries per gender.
4. The 800 Freestyle event may be heat limited to the fastest 4 heats of entries per gender
5. The maximum number of events allowed per day may be reduced by one (1).
6. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: No.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA Swimming Vice President of Program Operations.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: No.

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: All teams will be required to supply timers in proportion to the size of their entry. Watches to be provided by meet host. Swimmers in the 800 freestyle events will be required to provide their own timers and counters. Participating clubs will be notified of work assignments by the Monday before the meet.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will be scored.

| | | | | | | | | | | | | |
|---------------|----|----|----|----|----|---|---|---|---|----|----|----|
| Place | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| Points | 16 | 13 | 12 | 11 | 10 | 9 | 7 | 5 | 4 | 3 | 2 | 1 |

AWARDS: Yes. Ribbons will be awarded to the top 12 finishers in each individual event.

CONCESSIONS: Yes.

HOSPITALITY FOR COACHES AND OFFICIALS: Yes.

MISCELLANEOUS: Based on the number of entered swimmers, teams may be required to sit outside the bubble in the athlete village. Teams will be notified of this the Monday before the meet. Teams would then be responsible for bringing their own tent enclosures and deck chairs for their athletes.

PARKING: The Greenknoll Aquatic Center at Camp Greenknoll is at 10 Huckleberry Hill Road. Parking is available on the camp grounds in specified areas. Once the camp ground areas are full overflow parking will be available at the back of the Greenknoll YMCA, located at 2 Huckleberry Hill Rd. Parking instructions may be updated before the meet, in which case all attending teams will be advised.

DIRECTIONS: The Greenknoll Aquatic Center at Camp Greenknoll is at 10 Huckleberry Hill Road, Brookfield, CT 06804. <https://goo.gl/maps/enzLp>

2018 Mako Senior Invitational - 5/4/2018 to 5/6/2018**Session Report**

Session: 1 Friday Evening

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

| Round | Event | Entries | Heats | Starts at | |
|--------------|-----------------------|----------------|--------------|------------------|-------|
| Finals | 1 Women 400 IM | 0 | 0 | 05:00 PM | _____ |
| Finals | 2 Men 400 IM | 0 | 0 | 05:00 PM | _____ |
| Finals | 3 Women 50 Freestyle | 0 | 0 | 05:00 PM | _____ |
| Finals | 4 Men 50 Freestyle | 0 | 0 | 05:00 PM | _____ |
| Finals | 5 Women 800 Freestyle | 0 | 0 | 05:00 PM | _____ |
| Finals | 6 Men 800 Freestyle | 0 | 0 | 05:00 PM | _____ |
| | Finish Time | | | 05:00 PM | _____ |

2018 Mako Senior Invitational - 5/4/2018 to 5/6/2018**Session Report**

Session: 2 Saturday Prelims

Day of Meet: 2 Starts at 08:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

| Round | Event | Entries | Heats | Starts at | |
|--------------|--------------------------|----------------|--------------|------------------|-------|
| Prelims | 7 Women 100 Breaststroke | 0 | 0 | 08:00 AM | _____ |
| Prelims | 8 Men 100 Breaststroke | 0 | 0 | 08:00 AM | _____ |
| Prelims | 9 Women 200 Butterfly | 0 | 0 | 08:00 AM | _____ |
| Prelims | 10 Men 200 Butterfly | 0 | 0 | 08:00 AM | _____ |
| Prelims | 11 Women 100 Freestyle | 0 | 0 | 08:00 AM | _____ |
| Prelims | 12 Men 100 Freestyle | 0 | 0 | 08:00 AM | _____ |
| Prelims | 13 Women 200 Backstroke | 0 | 0 | 08:00 AM | _____ |
| Prelims | 14 Men 200 Backstroke | 0 | 0 | 08:00 AM | _____ |
| Prelims | 15 Women 400 Freestyle | 0 | 0 | 08:00 AM | _____ |
| Prelims | 16 Men 400 Freestyle | 0 | 0 | 08:00 AM | _____ |
| | Finish Time | | | 08:00 AM | _____ |

2018 Mako Senior Invitational - 5/4/2018 to 5/6/2018**Session Report**

Session: 3 Saturday Finals

Day of Meet: 2 Starts at 05:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

| Round | Event | Entries | Heats | Starts at | |
|--------------|--------------------------|----------------|--------------|------------------|-------|
| Finals | 7 Women 100 Breaststroke | 0 | 3 u | 05:00 PM | _____ |
| Finals | 8 Men 100 Breaststroke | 0 | 3 u | 05:08 PM | _____ |
| Finals | 9 Women 200 Butterfly | 0 | 3 u | 05:16 PM | _____ |
| Finals | 10 Men 200 Butterfly | 0 | 3 u | 05:29 PM | _____ |
| Finals | 11 Women 100 Freestyle | 0 | 3 u | 05:42 PM | _____ |
| Finals | 12 Men 100 Freestyle | 0 | 3 u | 05:50 PM | _____ |
| Finals | 13 Women 200 Backstroke | 0 | 3 u | 05:57 PM | _____ |
| Finals | 14 Men 200 Backstroke | 0 | 3 u | 06:11 PM | _____ |
| Finals | 15 Women 400 Freestyle | 0 | 3 u | 06:24 PM | _____ |
| Finals | 16 Men 400 Freestyle | 0 | 3 u | 06:48 PM | _____ |
| | Entry / Heat Totals: | 0 | 30 | | |
| | Finish Time | | | 07:12 PM | _____ |

2018 Mako Senior Invitational - 5/4/2018 to 5/6/2018**Session Report**

Session: 4 Sunday Prelims

Day of Meet: 3 Starts at 08:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

| Round | Event | Entries | Heats | Starts at | |
|--------------|---------------------------|----------------|--------------|------------------|-------|
| Prelims | 17 Women 200 IM | 0 | 0 | 08:00 AM | _____ |
| Prelims | 18 Men 200 IM | 0 | 0 | 08:00 AM | _____ |
| Prelims | 19 Women 200 Breaststroke | 0 | 0 | 08:00 AM | _____ |
| Prelims | 20 Men 200 Breaststroke | 0 | 0 | 08:00 AM | _____ |
| Prelims | 21 Women 100 Backstroke | 0 | 0 | 08:00 AM | _____ |
| Prelims | 22 Men 100 Backstroke | 0 | 0 | 08:00 AM | _____ |
| Prelims | 23 Women 100 Butterfly | 0 | 0 | 08:00 AM | _____ |
| Prelims | 24 Men 100 Butterfly | 0 | 0 | 08:00 AM | _____ |
| Prelims | 25 Women 200 Freestyle | 0 | 0 | 08:00 AM | _____ |
| Prelims | 26 Men 200 Freestyle | 0 | 0 | 08:00 AM | _____ |
| | Finish Time | | | 08:00 AM | _____ |

2018 Mako Senior Invitational - 5/4/2018 to 5/6/2018**Session Report**

Session: 5 Sunday Finals

Day of Meet: 3 Starts at 04:30 PM Heat Interval: 60 Seconds / Back +15 Seconds

| Round | Event | Entries | Heats | Starts at | |
|--------------|---------------------------|----------------|--------------|------------------|-------|
| Finals | 17 Women 200 IM | 0 | 3 u | 04:30 PM | _____ |
| Finals | 18 Men 200 IM | 0 | 3 u | 04:43 PM | _____ |
| Finals | 19 Women 200 Breaststroke | 0 | 3 u | 04:56 PM | _____ |
| Finals | 20 Men 200 Breaststroke | 0 | 3 u | 05:10 PM | _____ |
| Finals | 21 Women 100 Backstroke | 0 | 3 u | 05:24 PM | _____ |
| Finals | 22 Men 100 Backstroke | 0 | 3 u | 05:33 PM | _____ |
| Finals | 23 Women 100 Butterfly | 0 | 3 u | 05:41 PM | _____ |
| Finals | 24 Men 100 Butterfly | 0 | 3 u | 05:49 PM | _____ |
| Finals | 25 Women 200 Freestyle | 0 | 3 u | 05:57 PM | _____ |
| Finals | 26 Men 200 Freestyle | 0 | 3 u | 06:09 PM | _____ |
| | Entry / Heat Totals: | 0 | 30 | | |
| | Finish Time | | | 06:21 PM | _____ |