# Mako May Invitational Hosted by the Regional YMCA of Western CT May 19-21, 2017

10 Huckleberry Hill Rd, Brookfield, CT 06804. https://goo.gl/maps/enzLp

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #L17-13. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

### **EVENTS**

	Name	Email	Phone
Meet Director:	Gordon Brown	gbrown@regionalymca.org	203-775-4444 ext.129
Meet Referee:	Phillip James	phillip.m.james@gmail.com	
Entry Chair:	Gordon Brown	gbrown@regionalymca.org	203-775-4444 ext 129
Safety Chair:	Peggy Regan	gomakos@regionalymca.org	203-775-4444 ext 124
Officials Contact:	Phillip James	phillip.m.james@gmail.com	

**WEBSITE:** www.makoswim.org

**POOL EMERGENCY NUMBER: 203-775-1113** 

**MEET TYPE:** Sanctioned

**MEET CLASSIFICATION:** This meet is open to all USA Swimming athletes and clubs.

**MEET FORMAT:** The meet will be swum as Timed-Final. The **400 IM and Freestyle events** will be swum fast-to-slow, alternating heats of women and men.

**SCRATCH PROCEDURES:** Coaches will receive a scratch sheet for each preliminary and timed final session of the meet in their meet packets listing all of their swimmers and events for each session. Scratch sheets will be due to the computer table 30 minutes after the start of warm ups; these must be returned even if a team has no scratches.

**FACILITY:** The Greenknoll Aquatics Center is a 6 lane, 50 meter pool. Water depth at start end is: 6ft. Water depth at turn end is: 3.5ft. The competition course has not been certified in accordance with 104.2.2C(4). Colorado timing system with 6 lane display and touch pads at start and turn ends. Team seating is on the east side of the pool near the pond and spectator seating is available under tents on west side. Visiting teams are encouraged to bring tent structures to provide shade and cover for athletes. Athletes should bring deck chairs.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

**DISABLED ACCESS:** Accessible. Fully ADA Compliant. Any individuals requiring handicapped parking please email Peggy Regan at gomakos@regionalymca.org in advance to make arrangements.

COURSE: LCM.

### **SESSION TIMES: Subject to Change**

Session 1: Friday, May 19, 2017, 3:30pm warm-up, 5:00pm start, Open & 12/Under, timed finals/distance

Session 2: Saturday, May 20, 2017, 7:00am warm-up, 8:30am start, 12/Under, timed finals

Session 3: Saturday, May 20, 2017, 12:30pm warm-up, 2:00pm start, OPEN, timed finals

Session 4: Sunday, May 21, 2017, 7:00am warm-up, 8:30am start, 12/Under, timed finals

Session 5: Sunday, May 21, 2017, 12:30pm warm-up, 2:00pm start, OPEN, timed finals

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect. All 6 lanes will be used for warm-ups. Teams will be assigned lanes based on their entry size. Specific warm-ups including starts will be offered.

**ELIGIBILITY:** All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete registration procedures. Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

**ADAPTED SWIMMING:** Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability <u>prior</u> to competition. Adapted athletes may direct questions to the <u>Connecticut Swimming office</u>.

**ENTRY OPENING DATE**: Entries will be accepted no <u>earlier</u> than 8:00 pm on Monday, April 3, 2017.

**ENTRY LIMITATIONS:** Maximum individual entry limit is 8 events. Daily entry limits are 2 on Friday, and 4 on Saturday and Sunday.

**ENTRY TIMES:** Submit entry times in: LCM. NT Entries will not be accepted.

**DEADLINES:** deadline is April 28<sup>th</sup>, 2017. Email a pdf file of entry report to the entry chair: Gordon Brown, gbrown@regionalymca.org. Payment, or a copy of an official check request must be postmarked or time stamped within two business days of the entry submission. See payment instructions. Entries will be accepted on a first come, first served basis, in the order in which they are received, space permitting. Formal entry is determined by the date of email receipt as long as entry fee or check request is postmarked/ time stamped within two business days. Failure to send the payment or proof that payment will be made (check request) will cause entry to lose priority and formal entry will be based on the date that payment is actually received. Hardcopies of the entry can be mailed to the entry chair: Gordon Brown, 2 Huckleberry Hill Rd, Brookfield, CT 06804. All hardcopies must be legible and must use full names and registration numbers from USA Swimming registration.

### **CONNECTICUT-ONLY DEADLINE:** None.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at <a href="mailto:sbrown@regionalymca.org">sbrown@regionalymca.org</a>. Please check that your team name, address, and contact information are listed correctly in this file. Payment, or a copy of an official check request must be postmarked or time stamped within two business days of the entry submission. Entries will be accepted on a first come, first served basis, in the order in which they are received, space permitting. Formal entry is determined by the date of email receipt as long as entry fee or check request is postmarked/ time stamped within two business days. Failure to send the payment or proof that payment will be made (check request) will cause entry to lose priority and formal entry will be based on the date that payment is actually received.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

**ENTRY FEES:** Electronic entries: \$8.00 for individual events. Manual entries: \$10.00 for individual events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

**PAYMENT INSTRUCTIONS**: Please make checks payable to the Regional YMCA of Western CT and mail to: Gordon Brown, 2 Huckleberry Hill Rd, Brookfield, CT 06804. Payment must be received by April 28<sup>th</sup>, 2017.

### **CUT PROTOCOL:**

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

- 1. The distance events (400 meters or yards or greater) may be heat limited to the first 6 heats of entries per gender in the order they were received.
- 2. The maximum number of events allowed per day may be reduced by one (1).
- 3. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

**RESERVE THE RIGHT TO MAKE CHANGES:** In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

**RELAYS:** No

### **SAFETY:**

- 1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
- 2. No shaving is permitted at the competition site.
- 3. No glass containers are permitted within the facility.

- 4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
- 5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

### PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

**DRONES**: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA Swimming Vice President of Program Operations.

**RULES:** Current USA Swimming rules will govern all competition.

TIME TRIALS: No.

**TIMERS, OFFICIALS OR WORK ASSIGNMENTS:** All teams will be required to supply timers in proportion to the size of their entry. Watches to be provided by meet host. Swimmers in the 400 Freestyle and 400 IM must provide their own timer. Participating clubs must be notified of work assignments by the Monday before the meet.

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

**SCORING:** The meet will not be scored.

**AWARDS:** Yes, Ribbons will be awarded to the top 6 finishers in each 12 and under individual event. Teams are responsible to pick up their awards at the conclusion of the meet. Awards will only be mailed at the expense of the visiting club.

**CONCESSIONS:** Yes.

**HOSPITALITY FOR COACHES AND OFFICIALS:** Yes.

MISCELLANEOUS: The meet is hosted by The Regional YMCA of Western CT Mako Swim Club. The

Greenknoll Aquatic Center is an outdoor HEATED 50 meter x 6 lane pool located on the YMCA's Camp Greenknoll, adjacent to and just west of the Regional YMCA of Western CT's Greenknoll Branch building. Shade is limited. Visiting teams should bring tents and chairs for their athletes.

**PARKING:** The Greenknoll Aquatic Center at Camp Greenknoll is at 10 Huckleberry Hill Road. Parking is Available on the camp grounds in specified areas. Once the camp ground areas are full overflow parking will be available at the back of the Greenknoll YMCA, located at 2 Huckleberry Hill Rd. Parking instructions may be updated before the meet, in which case all attending teams will be advised.

**DIRECTIONS:** The Greenknoll Aquatic Center at Camp Greenknoll is at 10 Huckleberry Hill Road, Brookfield, CT 06804. <a href="https://goo.gl/maps/enzLp">https://goo.gl/maps/enzLp</a>

Session: 1 Friday Distance

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event		Entries	Heats	Meet Qualifying	Starts at	
Finals	1 Girls 40	00 IM	0	0		05:00 PM	
Finals	2 Boys 40	00 IM	0	0		05:00 PM	
Finals	3 Girls 12	2 & Under 200 Backstroke	0	0		05:00 PM	
Finals	4 Boys 12	2 & Under 200 Backstroke	0	0		05:00 PM	
Finals	5 Girls 12	2 & Under 200 Breaststroke	0	0		05:00 PM	
Finals	6 Boys 12	2 & Under 200 Breaststroke	0	0		05:00 PM	
Finals	7 Girls 12	2 & Under 200 Butterfly	0	0		05:00 PM	
Finals	8 Boys 12	2 & Under 200 Butterfly	0	0		05:00 PM	
Finals	9 Girls 40	00 Freestyle	0	0		05:00 PM	
Finals	10 Boys 40	00 Freestyle	0	0		05:00 PM	
	Finish	n Time				05:00 PM	

Session: 2 Saturday AM - 12&Under

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Meet Qualifying	Starts at	
Finals	11 Girls 12 & Under 200 Freestyle	0	0		08:30 AM	
Finals	12 Boys 12 & Under 200 Freestyle	0	0		08:30 AM	
Finals	13 Girls 12 & Under 50 Butterfly	0	0		08:30 AM	
Finals	14 Boys 12 & Under 50 Butterfly	0	0		08:30 AM	
Finals	15 Girls 12 & Under 100 Breaststrok	te 0	0		08:30 AM	
Finals	16 Boys 12 & Under 100 Breaststrok	te 0	0		08:30 AM	
Finals	17 Girls 12 & Under 50 Freestyle	0	0		08:30 AM	
Finals	18 Boys 12 & Under 50 Freestyle	0	0		08:30 AM	
Finals	19 Girls 12 & Under 100 Backstroke	0	0		08:30 AM	
Finals	20 Boys 12 & Under 100 Backstroke	0	0		08:30 AM	
	Finish Time				08:30 AM	

Session: 3 Saturday PM - 13&Over

Day of Meet: 2 Starts at 02:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Meet Qualifying	Starts at	
Finals	21 Girls 200 Freestyle	0	0		02:00 PM	
Finals	22 Boys 200 Freestyle	0	0		02:00 PM	
Finals	23 Girls 100 Butterfly	0	0		02:00 PM	
Finals	24 Boys 100 Butterfly	0	0		02:00 PM	
Finals	25 Girls 200 Breaststroke	0	0		02:00 PM	
Finals	26 Boys 200 Breaststroke	0	0		02:00 PM	
Finals	27 Girls 50 Freestyle	0	0		02:00 PM	
Finals	28 Boys 50 Freestyle	0	0		02:00 PM	
Finals	29 Girls 200 Backstroke	0	0		02:00 PM	
Finals	30 Boys 200 Backstroke	0	0		02:00 PM	
	Finish Time				02:00 PM	

Session: 4 Sunday AM - 12&Under

Day of Meet: 3 Starts at 08:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Meet Qualifying	Starts at	
Finals	31 Girls 12 & Under 50 Breaststroke	0	0		08:30 AM	
Finals	32 Boys 12 & Under 50 Breaststroke	0	0		08:30 AM	
Finals	33 Girls 12 & Under 100 Butterfly	0	0		08:30 AM	
Finals	34 Boys 12 & Under 100 Butterfly	0	0		08:30 AM	
Finals	35 Girls 12 & Under 50 Backstroke	0	0		08:30 AM	
Finals	36 Boys 12 & Under 50 Backstroke	0	0		08:30 AM	
Finals	37 Girls 12 & Under 200 IM	0	0		08:30 AM	
Finals	38 Boys 12 & Under 200 IM	0	0		08:30 AM	
Finals	39 Girls 12 & Under 100 Freestyle	0	0		08:30 AM	
Finals	40 Boys 12 & Under 100 Freestyle	0	0		08:30 AM	
	Finish Time				08:30 AM	

Session: 5 Sunday PM - 13&Over
Day of Meet: 3 Starts at 02:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Meet Qualifying	Starts at	
Finals	41 Girls 100 Breaststroke	0	0		02:00 PM	
Finals	42 Boys 100 Breaststroke	0	0		02:00 PM	
Finals	43 Girls 200 Butterfly	0	0		02:00 PM	
Finals	44 Boys 200 Butterfly	0	0		02:00 PM	
Finals	45 Girls 100 Backstroke	0	0		02:00 PM	
Finals	46 Boys 100 Backstroke	0	0		02:00 PM	
Finals	47 Girls 200 IM	0	0		02:00 PM	
Finals	48 Boys 200 IM	0	0		02:00 PM	
Finals	49 Girls 100 Freestyle	0	0		02:00 PM	
Finals	50 Boys 100 Freestyle	0	0		02:00 PM	
	Finish Time				02:00 PM	