

2025 Connecticut YMCA Swimming and Diving Championships

January 24-26, 2025
Westport Weston Family Y
14 Allen Raymond Lane – Westport, CT 06880

Held under the approval of USA Swimming and Connecticut Swimming, Inc. #A24-2. In granting this approval it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

	Name	Email	Phone
Meet Director:	Ellen Johnston	ejohnston@westporty.org	(203) 209-0198
Meet Referee:	Jeff Sargent	jssarge@att.net	
Lead Admin Official:	Adrienne Williams	awilliams@westporty.org	
Entry Chair:	Ellen Johnston	ejohnston@westporty.org	
Safety Chair:	Kristen Finnegan	kfinnegan@westporty.org	
Officials Contact: (optional)			

MEET HOST: Westport Weston Family Y Swim Team - WRAT

WEBSITE: www.wrat.org

POOL EMERGENCY NUMBER: 203-226-8981

SESSION TIMES: **Subject to Change**

Session	Warm-up	Meet Start	Age Group
Session I: Friday PM	4pm	5pm	11-18
Session II: Saturday AM	645am	815am	15-18
Session III: Saturday Mid-Day	1115pm	1230pm	8 & Under
Session IV: Saturday PM	315pm	435pm	11-12
Session V: Sunday AM	715am	845am	13-14
Session VI: Sunday PM	1215pm	135pm	9-10

**** **Note:** Two Events (2) in the 13-14 and 15-18 sessions are 13 & Over events

DEADLINES: Entry deadline is Wednesday, January 15, 2025. Emails entries are preferred from Hy-Tek Team Manager that are in CL2 or SD3/SDIF format. ALL entries are to be submitted to Ellen Johnston – ejohnston@westporty.org . Mail hardcopy and payment – checks payable to WRAT Parent Club – Mail to: Water Rat Swim Team; Westport Y; 14 Allen Raymond Lane; Westport, CT 06880. Entry fee payments are due by Friday, January 24, 2025.

PAYMENT INSTRUCTIONS: Please make checks payable to: WRAT Parent Club. Please make checks payable to WRAT Parent's Club and mail to: Water Rat Swim Team; 14 Allen Raymond lane; Westport, CT 06880. Payment must be received by 1/24/25.

ENTRY FEES: Electronic entries: \$13.00 for individual events and \$20.00 for relays. Manual entries: \$20.00 for all events. No refunds will be given for entries that are accepted, or for entries that are rejected for improper entry. Each swimmer will be assessed a one-time \$2.00 League Fee that is NOT included in the event fee.

ADULT ATHLETES: All athletes who will be 18 years of age or older must complete the mandatory Athlete Protection Training prior to competition. Failure to do so will result in the swimmer being scratched from the meet.

REGISTRATION REPORTING: The Meet or Entry Director **MUST** run a meet verification report and give said report to the Meet Referee. This is to ensure that no swimmer without their APT credentials or unregistered swimmers participate in a sanction USA/CT Swimming meet.

SANCTIONED OR APPROVED: Approved

MEET DURATION: Full meet with time limits as defined by CT/USA Swimming.

MEET FORMAT: The meet will be swum as Timed Finals.

SCRATCH PROCEDURES: Attending teams will receive a scratch sheet with their meet entries. These will need to be turned in no later 30 minutes after the start of warm-up. USA Swimming Rulebook 102.3

BEFORE ENTERING FACILITY or WHAT TO BRING: Swimmers are asked to wear their suit to the meet. As the meet date draws closer, more specific information will be sent to all attending teams. Spectator allotment in the spectator area will be determined once all of the entries have been received. Seating for the swimmers is the priority. The meet will be livestreamed. The meet will be on Meet Mobile.

FACILITY: The Strittmatter Family Aquatic Center houses a 10 lane x 25 yard competition pool. Water depth at start end is: 9'. Water depth at turn end is: 4'. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Colorado Timing System will be used with full display color board. Off deck spectator seating is available. **NO** personal folding chairs will be allowed on deck or spectator area.

The Westport Weston Family Y offers free guest WiFi. Information is available at the Membership Services Desk upon entering the facility and will be posted in spectator area of the pool. Connectivity is strong.

SAFE SPORT POLICIES: Specific instructions will be sent to attending teams upon finalization of meet numbers.

DISABLED ACCESS: Handicap parking is available near the front entrance. An elevator is located just off the lobby which brings the athlete down next to the Family Locker Room. For spectators, space if available for wheelchairs.

COURSE: SCY

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. The warm-up schedule will be finalized when entries are closed. All ten lanes will be used with multiple warm-up sessions to ensure each team has the opportunity to warm-up.

ATHLETE_ELIGIBILITY:

YMCA Membership: An athlete must be a YMCA member in good standing who holds an annual, full privilege membership at the YMCA he/she represents for a period of at least 30 days prior to the first day of the meet.

Amateur Status: An athlete may not have represented a college, university or other post-high school institution in any competition and may not have accepted pay or compensation for competing as a swimmer.

Unattached Athletes: There is no unattached status in YMCA Swimming.

- CIAC High School Swimmer events should be noted as "Exhibition"

Age: An athlete must be the correct age for the age specified events. The “Open” events are open to swimmers 13 & over.

YMCA Meet Participation: Must be a current member of a YMCA.

Athletes with a Disability: Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted. If modifications to USA Swimming rules are necessary, then the coach or athlete must notify the meet referee of any disability prior to competition.

COACH REQUIREMENTS:

- Are required to maintain current certifications in Basic Life Support (Professional Rescuer CPR), First Aid, Safety Training for Swim Coaches, Child/Athlete Protection Training and Principles of YMCA Competitive Swimming and Diving. These are verified at the meet.
- Have completed the online YMCA coach registration for the current season.

TEAMS:

- All participating teams have completed the YMCA Team Registration for the current season.
- The CEO or executive director of each participating YMCA has signed the declaration form acknowledging that all swimmers and coaches representing his/her YMCA satisfy the sanction meet requirements.

ENTRY LIMITATIONS: Swimmers may swim a maximum of three (3) individual events and two (2) relays. Total Events = 5

ENTRY TIMES: Submit entry times in: SCY

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at ejohnston@westporty.org. Please check that your team name, address, and contact information are listed correctly in this file. Payment must be received by Friday, November 15, 2024. Date of receipt is based on Electronic Copy of entry

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: Yes

MEDICAL SUPERVISION: Lifeguards will be on duty from warm-up thru the completion of each session. An AED is located on the pool deck. Should emergency personal be needed, 911 will be called and they will respond as needed.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.

5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

SWIMWEAR: Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

- Professional photographers with current, official media credentials that are promoting the sport of swimming
- Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training
- A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

INSURANCE: Each Association participating in this meet must have insurance coverage for representative(s) including leadership and participants who will be in attendance for the period of the meet. Appendix 3 must be signed by each association participating in the meet.

LIABILITY LIMITS:

- In granting of the USA-S/CSI approval, it is understood and agreed that USA Swimming and CSI, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.
- In granting the YMCA Sanctioning, it is understood and agreed that YMCA of the USA shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.
- Each participating Y must submit – prior to the meet – a Certificate of Insurance.

EMERGENCIES: The facility personnel will handle all emergencies at the meet. These individuals will provide CPR and first aid as needed and will ensure that individuals with serious injuries are transported immediately to the nearest hospital for further treatment. Defibrillators will be on site. Any coach, athlete or official who recognizes an emergency situation should immediately inform the facility's personnel and then make sure the vicinity of the emergency is clear for the emergency personnel to do their job.

UNACCOMPANIED ATHLETE: Each athlete must have a certified coach responsible for him/her while on the pool deck. The coach of the athlete must authorize in writing a coach from another team to represent their team and be responsible for the swimmer(s).

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA Swimming Vice President of Program Operations.

RULES: Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), will govern this meet.

TIME TRIALS: No

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: Participating clubs will be notified of work assignments by the Monday before the meet.

All volunteers will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will be scored.

- Individual Events: 1ST – 10TH [11, 9, 8, 7, 6, 5, 4, 3, 2, 1]
- Relay Events: 1ST – 10TH [22, 18, 16, 14, 12, 10, 8, 6, 4, 2]

AWARDS:

- 8 & Under, 9-10, 11-12 and 13-14:
 - Individual and Relays: Medals: 1-3 Ribbons: 4-10
- 15-18: No Awards

CONCESSIONS: TBD

HOSPITALITY FOR COACHES AND OFFICIALS: Yes

PARKING: Specific parking instructions will be sent to attending teams.

DIRECTIONS:

Y at Mahackeno: Located directly off Exit 41 – northbound – of the Merritt Parkway.

I-95: From north or south, left turn off exit ramp. Follow up to the Merritt Parkway – Route 15. Get in the turn

lane as though going onto the Parkway north but stay in the right lane and go straight into the YMCA.

YMCA Sanctioned Championship Meet Declaration Form

(Return signed form to the meet director)

Participating YMCA: [YMCA_NAME]

YMCA Address: [YMCA_ADDRESS]

Meet Name: 2025 Connecticut YMCA Swimming and Diving Championships

Meet Date(s): January 24-26, 2025

Meet Host: Westport Weston Family YMCA Water Rat Swim Team

Meet Location: Westport Weston Family YMCA

We the undersigned attest to the following:

SWIMMERS - All swimmers representing the YMCA above are full privilege members of the YMCA and meet all eligibility requirements. All swimmers age 18 and older have completed Child/Athlete Protection Training within the past 12 months.

COACHES - All coaches representing the YMCA above hold current certifications in BLS (Professional Rescuer CPR), First Aid, Safety Training for Swim Coaches, Child/Athlete Protection Training and Principles of YMCA Competitive Swimming and Diving and have completed the annual YMCA coach registration online.

INSURANCE - Our Association now has insurance coverage for representative(s) including participants, coaches, volunteers and leadership who will be in attendance at the [2025 Connecticut YMCA Swimming and Diving Championships – Westport Weston Family YMCA](#) for the entire period of the meet. I hereby certify that YMCA has a minimum of \$1,000,000/\$2,000,000 in liability insurance that covers our participants, coaches, volunteers and leadership during their participation in the [2025 Connecticut YMCA Swimming and Diving Championships](#).

RELEASE - In consideration of your accepting this entry, I hereby, for myself, heirs, executor and administrators, waive and release any and all right and claim for damages I may have against the YMCA of the USA [Westport Weston Family YMCA Water Rat Swim Team](#), their agents, representatives or assigns, and the [Westport Weston Family YMCA](#) for any and all injuries which may be suffered by participants at the [2025 Connecticut YMCA Swimming and Diving Championships](#). Furthermore, we understand that the YMCA of the USA and the [Westport Weston Family YMCA](#) are not responsible for any intended or unintended consequences related to removing an athlete from competition for a head injury. This includes, but is not limited to, any financial reimbursement associated with such removal.

Name and Signature of Head Coach

Name and Signature of YMCA CEO, Exec. Director or Designee

2025 CT YMCA Swimming and Diving Championship - 1/24/2025 to 1/26/2025**Session Report**

Session: 1 Friday Afternoon

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 11-18 400 IM	0	0	05:00 PM	_____
Finals	2 Boys 11-18 400 IM	0	0	05:00 PM	_____
Finals	3 Girls 11-18 200 Breaststroke	0	0	05:00 PM	_____
Finals	4 Boys 11-18 200 Breaststroke	0	0	05:00 PM	_____
Finals	5 Girls 11-18 200 Backstroke	0	0	05:00 PM	_____
Finals	6 Boys 11-18 200 Backstroke	0	0	05:00 PM	_____
Finals	7 Girls 11-18 200 Butterfly	0	0	05:00 PM	_____
Finals	8 Boys 11-18 200 Butterfly	0	0	05:00 PM	_____
Finals	9 Girls 11-18 500 Freestyle	0	0	05:00 PM	_____
Finals	10 Boys 11-18 500 Freestyle	0	0	05:00 PM	_____
	Finish Time			05:00 PM	_____

2025 CT YMCA Swimming and Diving Championship - 1/24/2025 to 1/26/2025**Session Report**

Session: 2 Saturday AM: 15-18

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	11 Girls 15-18 200 Medley Relay	0	0	08:30 AM	_____
Finals	12 Boys 15-18 200 Medley Relay	0	0	08:30 AM	_____
	Break: 10 Minutes:				
Finals	13 Girls 13 & Over 100 Breaststroke	0	0	08:40 AM	_____
Finals	14 Boys 13 & Over 100 Breaststroke	0	0	08:40 AM	_____
Finals	15 Girls 15-18 200 Freestyle	0	0	08:40 AM	_____
Finals	16 Boys 15-18 200 Freestyle	0	0	08:40 AM	_____
Finals	17 Girls 15-18 100 Butterfly	0	0	08:40 AM	_____
Finals	18 Boys 15-18 100 Butterfly	0	0	08:40 AM	_____
Finals	19 Girls 15-18 100 Backstroke	0	0	08:40 AM	_____
Finals	20 Boys 15-18 100 Backstroke	0	0	08:40 AM	_____
	Break: 10 Minutes:				
Finals	21 Girls 13 & Over 50 Freestyle	0	0	08:50 AM	_____
Finals	22 Boys 13 & Over 50 Freestyle	0	0	08:50 AM	_____
Finals	23 Girls 15-18 200 IM	0	0	08:50 AM	_____
Finals	24 Boys 15-18 200 IM	0	0	08:50 AM	_____
Finals	25 Girls 15-18 100 Freestyle	0	0	08:50 AM	_____
Finals	26 Boys 15-18 100 Freestyle	0	0	08:50 AM	_____
	Break: 10 Minutes:				
Finals	27 Girls 15-18 200 Freestyle Relay	0	0	09:00 AM	_____
Finals	28 Boys 15-18 200 Freestyle Relay	0	0	09:00 AM	_____
	Finish Time			09:00 AM	_____

2025 CT YMCA Swimming and Diving Championship - 1/24/2025 to 1/26/2025**Session Report**

Session: 3 Saturday Mid-Day: 8 & Under

Day of Meet: 2 Starts at 12:15 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	29 Girls 8 & Under 100 Medley Relay	0	0	12:15 PM	_____
Finals	30 Boys 8 & Under 100 Medley Relay	0	0	12:15 PM	_____
	Break: 5 Minutes:				
Finals	31 Girls 8 & Under 25 Backstroke	0	0	12:20 PM	_____
Finals	32 Boys 8 & Under 25 Backstroke	0	0	12:20 PM	_____
Finals	33 Girls 8 & Under 25 Breaststroke	0	0	12:20 PM	_____
Finals	34 Boys 8 & Under 25 Breaststroke	0	0	12:20 PM	_____
	Break: 5 Minutes:				
Finals	35 Girls 8 & Under 50 Freestyle	0	0	12:25 PM	_____
Finals	36 Boys 8 & Under 50 Freestyle	0	0	12:25 PM	_____
Finals	37 Girls 8 & Under 25 Butterfly	0	0	12:25 PM	_____
Finals	38 Boys 8 & Under 25 Butterfly	0	0	12:25 PM	_____
Finals	39 Girls 8 & Under 25 Freestyle	0	0	12:25 PM	_____
Finals	40 Boys 8 & Under 25 Freestyle	0	0	12:25 PM	_____
Finals	41 Girls 8 & Under 100 IM	0	0	12:25 PM	_____
Finals	42 Boys 8 & Under 100 IM	0	0	12:25 PM	_____
	Break: 5 Minutes:				
Finals	43 Girls 8 & Under 100 Freestyle Relay	0	0	12:30 PM	_____
Finals	44 Boys 8 & Under 100 Freestyle Relay	0	0	12:30 PM	_____
	Finish Time			12:30 PM	_____

2025 CT YMCA Swimming and Diving Championship - 1/24/2025 to 1/26/2025**Session Report**

Session: 4 Saturday Afternoon: 11 - 12

Day of Meet: 2 Starts at 03:45 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	45 Girls 11-12 200 Medley Relay	0	0	03:45 PM	_____
Finals	46 Boys 11-12 200 Medley Relay	0	0	03:45 PM	_____
	Break: 5 Minutes:				
Finals	47 Girls 11-12 100 Freestyle	0	0	03:50 PM	_____
Finals	48 Boys 11-12 100 Freestyle	0	0	03:50 PM	_____
Finals	49 Girls 11-12 50 Breaststroke	0	0	03:50 PM	_____
Finals	50 Boys 11-12 50 Breaststroke	0	0	03:50 PM	_____
Finals	51 Girls 11-12 50 Backstroke	0	0	03:50 PM	_____
Finals	52 Boys 11-12 50 Backstroke	0	0	03:50 PM	_____
	Break: 5 Minutes:				
Finals	53 Girls 11-12 100 IM	0	0	03:55 PM	_____
Finals	54 Boys 11-12 100 IM	0	0	03:55 PM	_____
Finals	55 Girls 11-12 50 Butterfly	0	0	03:55 PM	_____
Finals	56 Boys 11-12 50 Butterfly	0	0	03:55 PM	_____
Finals	57 Girls 11-12 50 Freestyle	0	0	03:55 PM	_____
Finals	58 Boys 11-12 50 Freestyle	0	0	03:55 PM	_____
	Break: 5 Minutes:				
Finals	59 Girls 11-12 200 Freestyle Relay	0	0	04:00 PM	_____
Finals	60 Boys 11-12 200 Freestyle Relay	0	0	04:00 PM	_____
	Finish Time			04:00 PM	_____

2025 CT YMCA Swimming and Diving Championship - 1/24/2025 to 1/26/2025**Session Report**

Session: 5 Sunday AM: 13 - 14

Day of Meet: 3 Starts at 08:45 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	61 Girls 13-14 200 Medley Relay	0	0	08:45 AM	_____
Finals	62 Boys 13-14 200 Medley Relay	0	0	08:45 AM	_____
	Break: 10 Minutes:				
Finals	63 Girls 13-14 100 Breaststroke	0	0	08:55 AM	_____
Finals	64 Boys 13-14 100 Breaststroke	0	0	08:55 AM	_____
Finals	65 Girls 13-14 200 Freestyle	0	0	08:55 AM	_____
Finals	66 Boys 13-14 200 Freestyle	0	0	08:55 AM	_____
Finals	67 Girls 13 & Over 100 Butterfly	0	0	08:55 AM	_____
Finals	68 Boys 13 & Over 100 Butterfly	0	0	08:55 AM	_____
Finals	69 Girls 13-14 100 Backstroke	0	0	08:55 AM	_____
Finals	70 Boys 13-14 100 Backstroke	0	0	08:55 AM	_____
	Break: 10 Minutes:				
Finals	71 Girls 13-14 50 Freestyle	0	0	09:05 AM	_____
Finals	72 Boys 13-14 50 Freestyle	0	0	09:05 AM	_____
Finals	73 Girls 13-14 200 IM	0	0	09:05 AM	_____
Finals	74 Boys 13-14 200 IM	0	0	09:05 AM	_____
Finals	75 Girls 13 & Over 100 Freestyle	0	0	09:05 AM	_____
Finals	76 Boys 13 & Over 100 Freestyle	0	0	09:05 AM	_____
Finals	77 Girls 13-14 200 Freestyle Relay	0	0	09:05 AM	_____
Finals	78 Boys 13-14 200 Freestyle Relay	0	0	09:05 AM	_____
	Finish Time			09:05 AM	_____

2025 CT YMCA Swimming and Diving Championship - 1/24/2025 to 1/26/2025**Session Report**

Session: 6 Sunday PM: 9 - 10

Day of Meet: 3 Starts at 01:15 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	79 Girls 9-10 200 Medley Relay	0	0	01:15 PM	_____
Finals	80 Boys 9-10 200 Medley Relay	0	0	01:15 PM	_____
	Break: 5 Minutes:				
Finals	81 Girls 9-10 100 Freestyle	0	0	01:20 PM	_____
Finals	82 Boys 9-10 100 Freestyle	0	0	01:20 PM	_____
Finals	83 Girls 9-10 50 Breaststroke	0	0	01:20 PM	_____
Finals	84 Boys 9-10 50 Breaststroke	0	0	01:20 PM	_____
Finals	85 Girls 9-10 50 Backstroke	0	0	01:20 PM	_____
Finals	86 Boys 9-10 50 Backstroke	0	0	01:20 PM	_____
	Break: 5 Minutes:				
Finals	87 Girls 9-10 100 IM	0	0	01:25 PM	_____
Finals	88 Boys 9-10 100 IM	0	0	01:25 PM	_____
Finals	89 Girls 9-10 50 Butterfly	0	0	01:25 PM	_____
Finals	90 Boys 9-10 50 Butterfly	0	0	01:25 PM	_____
Finals	91 Girls 9-10 50 Freestyle	0	0	01:25 PM	_____
Finals	92 Boys 9-10 50 Freestyle	0	0	01:25 PM	_____
	Break: 5 Minutes:				
Finals	93 Girls 9-10 200 Freestyle Relay	0	0	01:30 PM	_____
Finals	94 Boys 9-10 200 Freestyle Relay	0	0	01:30 PM	_____
	Finish Time			01:30 PM	_____