Wilton Y Wahoo Winter Invitational January 17-19, 2025

Wilton Family YMCA 404 Danbury Rd. Wilton, CT 06897 http://maps.google.com/maps?hl=en&tab=wl

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #S24-55. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

	Name	Email	Phone
Meet Director:	Jo Ann McCaffrey	jmccaffrey@riverbrookymca.org	203-762-8384x249
Meet Referee:	Bruce Van Velzor	wywofficials@gmail.com	
Lead Admin Official	Jo Ann McCaffrey	jmccaffrey@riverbrookymca.org	
Entry Chair:	JoAnn McCaffrey	jmccaffrey@riverbrookymca.org	203-762-8384x249
Safety Chair:	Eric Holden	eholden@rivergbrookymca.org	
Officials Contact:	Bruce Van Velzor	wywofficials@gmail.com	
Disability Contact:	Jo Ann McCaffrey	jmccaffrey@riverbrookymca.org	

MEET HOST: Wilton Y Wahoos

WEBSITE: www.wywahoos.org

POOL EMERGENCY NUMBER: 203-762-8384

COURSE: SCY

SESSION TIMES: *Subject to change

Friday Timed Finals

 12 & under
 Warm-up:1:00PM
 Start: 2:00PM

 13& over
 Warm-up: 4:00 PM
 Start 5:00 PM

Saturday and Sunday

13& Over AM Session*Warm-up: 6:30AMStart: 8:00AM12& Under PM Session*Warm-up: 12:00PMStart: 1:00PMFinals: (11& over)*Warm-up: 5:00PMStart: 6:00PM

DEADLINES: Entry deadline is Friday December 20, 2024. Mail hard copy of file and payment to Jo Ann McCaffrey, Wahoo Finance Manager, 404 Danbury Road, Wilton, CT. 06897. All entries must use full names and registration numbers from USA Swimming registration *No changes may be made after the entry deadline. Any entry received after the above dates will be returned.* Formal team entry date is determined by the date the electronic file is received. Teams whose entries cannot be accepted will be notified as soon as the meet is full, but no later than Wednesday January 1, 2025. Teams will be notified of any changes or cuts to the meet as soon as possible after the entry deadline but no later than Monday January 6th, 2025.

PAYMENT INSTRUCTIONS: Please make checks payable to Wilton Y Wahoos

Mail to:

Jo Ann McCaffrey, Wahoo Finance Manager, 404 Danbury Rd. Wilton, CT 06897

Payment must be received by Friday January 13th, 2025

ENTRY FEES: Electronic entries: \$15.00 for individual events, \$24.00 for relays. Manual entries: \$20.00 for individual events, \$26.00 for relays. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

REGISTRATION REPORTING: The Meet or Entry Director MUST run a meet verification report and give said report to the Meet Referee. This is to ensure that no swimmer without their APT credentials or unregistered swimmers participate in a sanction USA/CT Swimming meet.

MEET TYPE: Sanctioned

MEET DURATION: Full meet with time limits as defined by CT/USA Swimming

MEET FORMAT:

- If entries warrant, Saturday/ Sunday 13 over prelims will be run in 2 pools by age group.
- The meet will be swum as Timed Finals on Friday and prelim/final format on Sat/Sunday. Preliminary heats will be held in individual events for 11-12, 13-14, and senior swimmers on Saturday and Sunday. There will be two heats of finals in each event. All 10 and under events will be timed finals. Relays will be swum during the preliminary session. 11/12 200's are TIMED FINALS

• Distance Events:

- All heats of the 500Y freestyle will be swum during the Saturday morning session after the relays.
- The 400Y IM/1000 free will also be swum fastest to slowest, alternating by heat women/men if in one pool
- There will be a psych sheet for the 1000Y freestyle posted on our website at the beginning of the week of the meet to inform those swimmers who will be participating in the event.
- Swimmers need to provide their own timers/counter for the 500Y and 1000Y Free.
- Relays will be swum fastest to slowest.

SCRATCH PROCEDURES: Coaches will receive a scratch sheet for each session of the meet in their information packets listing all of their swimmers and events for that session. Coaches must indicate all scratches on these sheets and turn them in to the computer table within 15 minutes after the beginning of warm-up. Failure to do so will result in team being scratched from the meet

FACILITY: Wilton Family YMCA, 404 Danbury Rd., Wilton, CT. The Wilton YMCA pool is a 6 lane by 50 meter facility with a dividing bulkhead and Daktronics electronic timing. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. The pool is 50 meters x 15 yards with a north end (dive end) pool depth of 6 ½ ft and south end (turn end) pool depth of 4.7 ft. When the pool is divided into the 2 SCY pools, the North course is 6 .7 Ft. at the dive end and 6 .7 ft at turn end. The South Course is 6 .7 ft at the dive end and 4.7 ft at the turn end. When the pool is set up for SCY, there is a section that is 5 yards x 15 yards across between the two courses and its depth is 6.7 ft. This portion of the pool is not used during competition. No deck chairs are permitted on the pool deck or in the hallways of the Wilton Family YMCA per Fire Marshall Regulation. All athletes will sit in the gym when not

competing in an event directly in the water. Athlete seating in the pool will be for immediate events and relays. Chairs are permitted in the gym.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

MEDICAL SUPERVISION: Lifeguards are on deck during the entire meet. AED's are available

WI-FI ACCESS: YMCA has guest wi-fi available

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. Warmups will be conducted in 2 pools with 6 lanes in each pool. 2 sessions will be provided if needed. A Session will be provided for sprints/pace/starts.

• Finals Warmups will be 12 lanes with a specific time and lanes for 11/12 swimmers

EVENT INFORMATION:

- The 13 over 400 IM/1000 will be seeded FAST to SLOW and swim alternating genders
- The 1000 Freestyle will be limited to a total of 8 heats, 4 women/4 men's heats. (Splash fees for entries, which are scratched due to heat limits, will be returned.)
- The 1000 free will be run in separate pools starting at the same time. If consolidated to 1 pool, heats will alternate G/B
- 1000 Free/500 free swimmers will need their OWN timers and counters
- The 13 over 500 free will be a TIMED FINAL EVENT, seeded Fast to Slow, The top 2 SEEDED heats will swim in Finals at night.

The Wilton Family YMCA and the Wilton Y Wahoos reserve the right to modify and/or cancel the meet for safety or other reasons.

ENTRY LIMITATIONS: Swimmers may compete in three (3) individual events Friday and three (3) individual events on Saturday and Sunday with the maximum number of individual events **being 8 total.** .

SCRATCH PROCEDURES:

- **Results of prelims** are announced, and swimmers have 30 min from announcement to declare scratch/intent
- Failure to Compete in Finals: Any swimmer qualifying for any heat of finals who fails to compete and who has not been scratched will be barred from all further competition in the meet. A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete.
- Exceptions for Failure to Compete in Finals: No penalty shall apply for failure to compete in finals if:

 1. The Referee is notified in the event of injury of illness and accepts the proof thereof. 2. A swimmer qualifying for a final heat based on the results of preliminarily notifies the announcer within 30 minutes after the announcement of qualifiers that he may not intend to compete and confirms his final intentions within 30 minutes following his last individual preliminary event. 3. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

SAFE SPORT POLICIES: Spectators will be allowed on deck in the spectator area only on the scoreboard section of the pool.

DISABLED ACCESS: Wilton Family YMCA is Handicapped-accessible. Pool deck and spectator area are accessible through men's and women's locker rooms and are also handicapped-accessible.

ELIGIBILITY: All USA Swimming clubs and individuals. Athletes with Flex membership must have not swum in more than one USA swimming meet prior to this meet in order to be eligible.

All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete registration procedures. Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck. Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a \$100 fine per instance, as described in CT Swimming meet policies:

https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf and

https://www.ctswim.org/Customer-

Content/www/CMS/files/policies admin/RegistrationPolicyforMeetHosts.pdf

Any swimmer entered in this meet must be certified by a USA Swimming member-coach as being proficient in performing a race start or must start each race from within the water **without the use of the backstroke ledge**. When unaccompanied by a member- coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions Ct. Swimming Office.

ENTRY TIMES: Submit entry times in SCY. No NT entries will be accepted.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format should be emailed as an attachment to the entry chair at jmccaffrey@riverbrookymca.org. Please check that your team name, address, and contact information are listed correctly in this file. Entry will be complete when the electronic file is received by the entry chair.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) Be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

All Athletes and their parents, who enter without club affiliation will be required to attest to reading and understanding the Minor Athlete Abuse Prevention Policy.

CUT PROTOCOL:

If the session is oversubscribed, the following cut protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participating number.

- 1. All relays will be eliminated.
- 2. The distance events 400 yds or greater may be limited to the top heats of entries per gender in the order they are received.

- 3. The number of events per day may be reduced by (1)
- 4. Visiting teams may be cut on the date/time of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

Clubs will be notified of cuts no later than Monday before the meet.

The host reserves the right to seek approval from Programs Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts will be made to Program Operations and the attending teams as soon as possible and no later than the Monday before the meet.

If the host is required to institute the published protocol, all accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility.

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: Yes. There are no relay limitations. All relay swimmers must be officially entered in the meet.

SAFETY:

- 1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
- 2. No shaving is permitted at the competition site.
- 3. No glass containers are permitted within the facility.
- 4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
- 5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

SWIMWEAR: Per CT Swimming policy, swimmers 12 years and younger are NOT permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded seams, Kinetic Tape, or Meshed seams. Age is determined as the first day of the meet.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography, audio and visual recording at a meet.

Photography or video recording from the deck is prohibited by all individuals, other than the participating Coaches, unless prior authorization from the Meet Referee or his/her designee has been granted.

Under no circumstances is photography or video recording permitted by anyone in the area adjacent to or behind the starting blocks, including spectator stands at deck level, while they are in use for race starting purposes during competition or warmups. Flash photography is prohibited during the start of any heat, including whenever a swimmer is stepping up or standing on a block for the purpose of the

start of a heat. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms. Additionally, the following "Non-Camera Zones" may be designated by Meet Management or meet referee.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following

- Professional photographers with current, official media credentials that are promoting the sport of swimming
- Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training
- A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA Swimming Vice President of Program Operations

RULES: Current USA Swimming rules will govern all competition

TIME TRIALS: Time trials will be offered at the discretion of the Meet Referee in accordance with CSI Policy if time allows. <u>Time trials are limited to the events published in this meet announcement (age/distance/stroke).</u> Time trials will count toward the athlete's event limitations for the day and meet. If they are offered, only athletes properly entered in the meet in one or more events in the meet are eligible for time trials and must be properly entered in the Time Trial.

The deadline for Time Trial entries is 10:00 AM for the morning session and 3:00 pm for the afternoon session. The fee for Time Trial entries is \$20.00 for individual events and \$30.00 for relays.

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: A meet of this size and caliber requires many workers to make it run efficiently. The Wahoos welcome anyone who would like to assist with officiating during this meet. Please contact Bruce Van Velzor if you would like to help or include the name, phone number and level of any willing official with your entry. Clubs will be notified of work assignments the Monday before the meet.

All volunteers will be required to attest to reading and understanding the <u>Minor Athlete Abuse Prevention</u> <u>Policy.</u>

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: Ribbons will be awarded to the top 6 finishers in each individual event, and top 3 finishers in each relay event.

CONCESSIONS: snacks and beverages will be available during the meet.

HOSPITALITY FOR COACHES AND OFFICIALS: Yes.

PARKING: There is limited parking at the Wilton Family YMCA. Overflow parking will be in the high school parking lot opposite the YMCA.

DIRECTIONS: From New York: Take the Merritt Parkway to Exit 39B Follow the Route 7 North freeway to its end and turn right at the light. Turn left onto Rt. 7 North. Go 4.4 miles and turn right into the Y parking lot. The Wilton Family Y is on the right, and the Wilton High School is on the left.

From New Haven: Take the Merritt Parkway to exit 41(Rt 33). At the end of the ramp, turn left (north) onto Rt 33. Go North along Rt.33 for 2.5 miles. Rt 33 merges with Rt. 7. Stay on Rt. 7 for 2.6 miles to the Y. The Wilton Y is on the right and the Wilton High School is on the left.

From I 95: Take exit 15 to Rt. 7 North. Follow Rt 7 freeway to the end and turn right at the light. At the end of the road turn left onto old Rt. 7 North. Proceed to the Wilton Y as above.

FURTHER INFORMATION: Please direct all questions regarding entries to the entry chairman and all other questions to the meet manager. Since we are the guest of the Wilton Family Y, all swimmers, coaches and guests are expected to treat the facility with respect. It is the responsibility of each team to provide supervision for the swimmers when they are not swimming. Any violation of the rules of sportsmanship and common courtesy could result in the expulsion of a swimmer and/or team from the meet.

There is deck seating and parking; overflow parking will be in the high school parking lot opposite the YMCA.

Swimmers and their families are guests of the Wilton Family Y and must follow the rule **that no children** under 12 years should be anywhere in the building unsupervised by an adult.

Session: 1 Friday 12 under

Day of Meet: 1 Starts at 02:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 12 & Under 200 Backstroke	0	0	02:00 PM	
Finals	2 Boys 12 & Under 200 Backstroke	0	0	02:00 PM	
Finals	3 Girls 12 & Under 200 Breaststroke	0	0	02:00 PM	
Finals	4 Boys 12 & Under 200 Breaststroke	0	0	02:00 PM	
Finals	5 Girls 12 & Under 200 Butterfly	0	0	02:00 PM	
Finals	6 Boys 12 & Under 200 Butterfly	0	0	02:00 PM	
Finals	7 Girls 12 & Under 100 IM	0	0	02:00 PM	
Finals	8 Boys 12 & Under 100 IM	0	0	02:00 PM	
	Break: 10 Minutes:				
Finals	9 Girls 12 & Under 500 Freestyle	0	0	02:10 PM	
Finals	10 Boys 12 & Under 500 Freestyle	0	0	02:10 PM	
	Finish Time			02:10 PM	

Session: 2 Friday 13 over

Day of Meet: 1 Starts at 04:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	11 Girls 400 IM	0	0	04:00 PM	
Finals	12 Boys 400 IM	0	0	04:00 PM	
	Break: 10 Minutes:				
Finals	13 Girls 13 & Over 50 Freestyle	0	0	04:10 PM	
Finals	14 Boys 13 & Over 50 Freestyle	0	0	04:10 PM	
	Break: 10 Minutes:				
Finals	15 Girls 13 & Over 1000 Freestyle	0	0	04:20 PM	
	Finish Time			04:20 PM	

Session: 3 Boys 1000

Day of Meet: 1 Starts at 04:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	16 Boys 13 & Over 1000 Freestyle	0	0	04:00 PM	
	Finish Time			04:00 PM	

Session: 4 Saturday 13 /14 NORTH

Day of Meet: 2 Starts at 08:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	17 Girls 13-14 400 Medley Relay	0	0	08:00 AM	
Finals	18 Boys 13-14 400 Medley Relay	0	0	08:00 AM	
	Break: 10 Minutes:				
Prelims	21 Girls 13-14 100 Breaststroke	0	0	08:10 AM	
Prelims	22 Boys 13-14 100 Breaststroke	0	0	08:10 AM	
	Break: 5 Minutes:				
Prelims	25 Girls 13-14 200 Butterfly	0	0	08:15 AM	
Prelims	26 Boys 13-14 200 Butterfly	0	0	08:15 AM	
	Break: 5 Minutes:				
Prelims	29 Girls 13-14 100 Freestyle	0	0	08:20 AM	
Prelims	30 Boys 13-14 100 Freestyle	0	0	08:20 AM	
	Break: 5 Minutes:				
Prelims	33 Girls 13-14 200 Backstroke	0	0	08:25 AM	
Prelims	34 Boys 13-14 200 Backstroke	0	0	08:25 AM	
	Break: 10 Minutes:				
Finals-S	37 Girls 13 & Over 500 Freestyle	0	0	08:35 AM	
	Finish Time			08:35 AM	

Session: 5 Saturday 15 over SOUTH

Day of Meet: 2 Starts at 08:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	19 Girls 15 & Over 400 Medley Relay	0	0	08:00 AM	
Finals	20 Boys 15 & Over 400 Medley Relay	0	0	08:00 AM	
	Break: 10 Minutes:				
Prelims	23 Girls 15 & Over 100 Breaststroke	0	0	08:10 AM	
Prelims	24 Boys 15 & Over 100 Breaststroke	0	0	08:10 AM	
	Break: 5 Minutes:				
Prelims	27 Girls 15 & Over 200 Butterfly	0	0	08:15 AM	
Prelims	28 Boys 15 & Over 200 Butterfly	0	0	08:15 AM	
	Break: 5 Minutes:				
Prelims	31 Girls 15 & Over 100 Freestyle	0	0	08:20 AM	
Prelims	32 Boys 15 & Over 100 Freestyle	0	0	08:20 AM	
	Break: 5 Minutes:				
Prelims	35 Girls 15 & Over 200 Backstroke	0	0	08:25 AM	
Prelims	36 Boys 15 & Over 200 Backstroke	0	0	08:25 AM	
	Break: 10 Minutes:				
Finals-S	38 Boys 13 & Over 500 Freestyle	0	0	08:35 AM	
	Finish Time			08:35 AM	

Session: 6 Saturday 12 under
Day of Meet: 2 Starts at 01:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	39	Girls 10 & Under 200 Medley Relay	0	0	01:00 PM	
Finals	40	Boys 10 & Under 200 Medley Relay	0	0	01:00 PM	
Finals	41	Girls 11-12 200 Medley Relay	0	0	01:00 PM	
Finals	42	Boys 11-12 200 Medley Relay	0	0	01:00 PM	
Finals	43	Girls 10 & Under 200 Freestyle	0	0	01:00 PM	
Finals	44	Boys 10 & Under 200 Freestyle	0	0	01:00 PM	
Prelims	45	Girls 11-12 200 Freestyle	0	0	01:00 PM	
Prelims	46	Boys 11-12 200 Freestyle	0	0	01:00 PM	
Finals	47	Girls 10 & Under 100 Breaststroke	0	0	01:00 PM	
Finals	48	Boys 10 & Under 100 Breaststroke	0	0	01:00 PM	
Prelims	49	Girls 11-12 100 Breaststroke	0	0	01:00 PM	
Prelims	50	Boys 11-12 100 Breaststroke	0	0	01:00 PM	
Prelims	51	Girls 11-12 50 Freestyle	0	0	01:00 PM	
Prelims	52	Boys 11-12 50 Freestyle	0	0	01:00 PM	
Finals	53	Girls 10 & Under 100 Butterfly	0	0	01:00 PM	
Finals	54	Boys 10 & Under 100 Butterfly	0	0	01:00 PM	
Prelims	55	Girls 11-12 100 Butterfly	0	0	01:00 PM	
Prelims	56	Boys 11-12 100 Butterfly	0	0	01:00 PM	
Finals	57	Girls 10 & Under 50 Backstroke	0	0	01:00 PM	
Finals	58	Boys 10 & Under 50 Backstroke	0	0	01:00 PM	
Prelims	59	Girls 11-12 50 Backstroke	0	0	01:00 PM	
Prelims	60	Boys 11-12 50 Backstroke	0	0	01:00 PM	
		Finish Time			01:00 PM	

Session: 7 Saturday FINALS

Day of Meet: 2 Starts at 06:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at
Finals-2	37	Girls 13 & Over 500 Freestyle	0	0	06:00 PM
Finals-2	38	Boys 13 & Over 500 Freestyle	0	0	06:00 PM
Finals	51	Girls 11-12 50 Freestyle	0	2 u	06:00 PM
Finals	52	Boys 11-12 50 Freestyle	0	2 u	06:03 PM
Finals	21	Girls 13-14 100 Breaststroke	0	2 u	06:05 PM
Finals	22	Boys 13-14 100 Breaststroke	0	2 u	06:09 PM
Finals	23	Girls 15 & Over 100 Breaststroke	0	2 u	06:13 PM
Finals	24	Boys 15 & Over 100 Breaststroke	0	2 u	06:17 PM
Finals	49	Girls 11-12 100 Breaststroke	0	2 u	06:21 PM
Finals	50	Boys 11-12 100 Breaststroke	0	2 u	06:26 PM
Finals	25	Girls 13-14 200 Butterfly	0	2 u	06:30 PM
Finals	26	Boys 13-14 200 Butterfly	0	2 u	06:37 PM
Finals	27	Girls 15 & Over 200 Butterfly	0	2 u	06:44 PM
Finals	28	Boys 15 & Over 200 Butterfly	0	2 u	06:51 PM
Finals	55	Girls 11-12 100 Butterfly	0	2 u	06:58 PM
Finals	56	Boys 11-12 100 Butterfly	0	2 u	07:02 PM
Finals	29	Girls 13-14 100 Freestyle	0	2 u	07:06 PM
Finals	30	Boys 13-14 100 Freestyle	0	2 u	07:10 PM
Finals	31	Girls 15 & Over 100 Freestyle	0	2 u	07:14 PM
Finals	32	Boys 15 & Over 100 Freestyle	0	2 u	07:18 PM
Finals	45	Girls 11-12 200 Freestyle	0	2 u	07:21 PM
Finals	46	Boys 11-12 200 Freestyle	0	2 u	07:28 PM
Finals	33	Girls 13-14 200 Backstroke	0	2 u	07:35 PM
Finals	34	Boys 13-14 200 Backstroke	0	2 u	07:43 PM
Finals	35	Girls 15 & Over 200 Backstroke	0	2 u	07:50 PM
Finals	36	Boys 15 & Over 200 Backstroke	0	2 u	07:58 PM
Finals	59	Girls 11-12 50 Backstroke	0	2 u	08:05 PM
Finals	60	Boys 11-12 50 Backstroke	0	2 u	08:08 PM
		Entry / Heat Totals:	0	52	
		Finish Time			08:11 PM

Session: 8 Sunday 13/14-SOUTH
Day of Meet: 3 Starts at 08:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	61 Girls 13-14 200 Freestyle Relay	0	0	08:00 AM	
Finals	62 Boys 13-14 200 Freestyle Relay	0	0	08:00 AM	
	Break: 10 Minutes:				
Prelims	65 Girls 13-14 200 IM	0	0	08:10 AM	
Prelims	66 Boys 13-14 200 IM	0	0	08:10 AM	
	Break: 5 Minutes:				
Prelims	69 Girls 13-14 200 Breaststroke	0	0	08:15 AM	
Prelims	70 Boys 13-14 200 Breaststroke	0	0	08:15 AM	
	Break: 5 Minutes:				
Prelims	73 Girls 13-14 100 Backstroke	0	0	08:20 AM	
Prelims	74 Boys 13-14 100 Backstroke	0	0	08:20 AM	
	Break: 5 Minutes:				
Prelims	77 Girls 13-14 100 Butterfly	0	0	08:25 AM	
Prelims	78 Boys 13-14 100 Butterfly	0	0	08:25 AM	
	Break: 5 Minutes:				
Prelims	81 Girls 13-14 200 Freestyle	0	0	08:30 AM	
Prelims	82 Boys 13-14 200 Freestyle	0	0	08:30 AM	
	Finish Time			08:30 AM	

Session: 9 Sunday 15 over NORTH

Day of Meet: 3 Starts at 08:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	63 Girls 15 & Over 200 Freestyle Relay	0	0	08:00 AM	
Finals	64 Boys 15 & Over 200 Freestyle Relay Break: 10 Minutes:	0	0	08:00 AM	
Prelims	67 Girls 15 & Over 200 IM	0	0	08:10 AM	
Prelims	68 Boys 15 & Over 200 IM Break: 5 Minutes:	0	0	08:10 AM	
Prelims	71 Girls 15 & Over 200 Breaststroke	0	0	08:15 AM	
Prelims	72 Boys 15 & Over 200 Breaststroke Break: 5 Minutes:	0	0	08:15 AM	
Prelims	75 Girls 15 & Over 100 Backstroke	0	0	08:20 AM	
Prelims	76 Boys 15 & Over 100 Backstroke Break: 5 Minutes:	0	0	08:20 AM	
Prelims	79 Girls 15 & Over 100 Butterfly	0	0	08:25 AM	
Prelims	80 Boys 15 & Over 100 Butterfly Break: 5 Minutes:	0	0	08:25 AM	
Prelims	83 Girls 15 & Over 200 Freestyle	0	0	08:30 AM	
Prelims	84 Boys 15 & Over 200 Freestyle Finish Time	0	0	08:30 AM 08:30 AM	

Session: 10 Sunday 12 under

Day of Meet: 3 Starts at 01:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	85	Girls 10 & Under 200 Freestyle Relay	0	0	01:00 PM	
Finals	86	Boys 10 & Under 200 Freestyle Relay	0	0	01:00 PM	
Finals	87	Girls 11-12 200 Freestyle Relay	0	0	01:00 PM	
Finals	88	Boys 11-12 200 Freestyle Relay	0	0	01:00 PM	
Finals	89	Girls 10 & Under 200 IM	0	0	01:00 PM	
Finals	90	Boys 10 & Under 200 IM	0	0	01:00 PM	
Prelims	91	Girls 11-12 200 IM	0	0	01:00 PM	
Prelims	92	Boys 11-12 200 IM	0	0	01:00 PM	
Finals	93	Girls 10 & Under 50 Breaststroke	0	0	01:00 PM	
Finals	94	Boys 10 & Under 50 Breaststroke	0	0	01:00 PM	
Prelims	95	Girls 11-12 50 Breaststroke	0	0	01:00 PM	
Prelims	96	Boys 11-12 50 Breaststroke	0	0	01:00 PM	
Finals	97	Girls 10 & Under 100 Freestyle	0	0	01:00 PM	
Finals	98	Boys 10 & Under 100 Freestyle	0	0	01:00 PM	
Prelims	99	Girls 11-12 100 Freestyle	0	0	01:00 PM	
Prelims	100	Boys 11-12 100 Freestyle	0	0	01:00 PM	
Finals	101	Girls 10 & Under 50 Butterfly	0	0	01:00 PM	
Finals	102	Boys 10 & Under 50 Butterfly	0	0	01:00 PM	
Prelims	103	Girls 11-12 50 Butterfly	0	0	01:00 PM	
Prelims	104	Boys 11-12 50 Butterfly	0	0	01:00 PM	
Finals	105	Girls 10 & Under 100 Backstroke	0	0	01:00 PM	
Finals	106	Boys 10 & Under 100 Backstroke	0	0	01:00 PM	
Prelims	107	Girls 11-12 100 Backstroke	0	0	01:00 PM	
Prelims	108	Boys 11-12 100 Backstroke	0	0	01:00 PM	
		Finish Time			01:00 PM	

Session: 11 Sunday Finals

Day of Meet: 3 Starts at 06:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	91	Girls 11-12 200 IM	0	2 u	06:00 PM	
Finals	92	Boys 11-12 200 IM	0	2 u	06:08 PM	
Finals	65	Girls 13-14 200 IM	0	2 u	06:16 PM	
Finals	66	Boys 13-14 200 IM	0	2 u	06:23 PM	
Finals	67	Girls 15 & Over 200 IM	0	2 u	06:30 PM	
Finals	68	Boys 15 & Over 200 IM	0	2 u	06:37 PM	
Finals	95	Girls 11-12 50 Breaststroke	0	2 u	06:44 PM	
Finals	96	Boys 11-12 50 Breaststroke	0	2 u	06:46 PM	
Finals	69	Girls 13-14 200 Breaststroke	0	2 u	06:49 PM	
Finals	70	Boys 13-14 200 Breaststroke	0	2 u	06:57 PM	
Finals	71	Girls 15 & Over 200 Breaststroke	0	2 u	07:04 PM	
Finals	72	Boys 15 & Over 200 Breaststroke	0	2 u	07:12 PM	
Finals	107	Girls 11-12 100 Backstroke	0	2 u	07:20 PM	
Finals	108	Boys 11-12 100 Backstroke	0	2 u	07:24 PM	
Finals	73	Girls 13-14 100 Backstroke	0	2 u	07:29 PM	
Finals	74	Boys 13-14 100 Backstroke	0	2 u	07:33 PM	
Finals	75	Girls 15 & Over 100 Backstroke	0	2 u	07:38 PM	
Finals	76	Boys 15 & Over 100 Backstroke	0	2 u	07:42 PM	
Finals	103	Girls 11-12 50 Butterfly	0	2 u	07:46 PM	
Finals	104	Boys 11-12 50 Butterfly	0	2 u	07:49 PM	
Finals	77	Girls 13-14 100 Butterfly	0	2 u	07:51 PM	
Finals	78	Boys 13-14 100 Butterfly	0	2 u	07:55 PM	
Finals	79	Girls 15 & Over 100 Butterfly	0	2 u	07:59 PM	
Finals	80	Boys 15 & Over 100 Butterfly	0	2 u	08:03 PM	
Finals	99	Girls 11-12 100 Freestyle	0	2 u	08:07 PM	
Finals	100	Boys 11-12 100 Freestyle	0	2 u	08:11 PM	
Finals	81	Girls 13-14 200 Freestyle	0	2 u	08:15 PM	
Finals	82	Boys 13-14 200 Freestyle	0	2 u	08:21 PM	
Finals	83	Girls 15 & Over 200 Freestyle	0	2 u	08:28 PM	
Finals	84	Boys 15 & Over 200 Freestyle	0	2 u	08:34 PM	
		Entry / Heat Totals:	0	60		
		Finish Time			08:41 PM	