LEHY Autumn Aquafest Age Group Qualifier October 28-29, 2023

East Hartford Middle School, 777 Burnside Ave, East Hartford, CT 06108 Pool entrance is on Scotland Road

•

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #S23-15. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

	Name	Email	Phone
Meet Director:	Laura McLaughlin	Lehyswimreg@gmail.com	860-798-8946
Meet Referee:	Walter Carroll	wandjcarroll@comcast.net	
Lead Admin Official:	Joann Bresnahan	Lehyswimreg@gmail.com	860-402-5797
Entry Chair:	Joann Bresnahan	Lehyswimreg@gmail.com	860-402-5797
Safety Chair:	Joe Guenther	jguentherjr@gmail.com	
Officials Contact:	Joe Guenther	jguentherjr@gmail.com	·
Disability Contact	Laura McLaughlin	Lehyswimreg@gmail.com	860-798-8946

MEET HOST: LEHY

WEBSITE: hhtp://ghymca.org/leht.cfm..

POOL EMERGENCY NUMBER:

COURSE: SCY

SESSION TIMES: Subject to Change

Sat 10/28 Session 1 (12&U Girls & Boys): Warm-up: 1:30 PM, Start 2:30 PM Sesson 2 (13/O Girls & Boys): Warm-up: 5:30 PM, Start: 6:30 PM Sun 10/29 Sesson 3 (12&U Girls & Boys): Warm-up: 7:15 AM, Start 8:30 AM Session 4 (13 O Girls and Boys) Warm up: 1:15 pm, Start 2:30 PM

DEADLINES: deadline is October 16, 2023. Mail hardcopy and payment to the entry chairperson: Joann Bresnahan, 11 Woodycrest Rd, Wethersfield, CT 06109. All entries must be legible and must use full names and registration numbers from USA Swimming registration. Entries via email are encouraged however; final date of entry is not posted until payment is received. Deck entries will not be allowed.

Please make checks payable to LEHY

Mail to:

Joann Bresnahan 11 Woodycrest Rd, Wethersfield, CT 08109 Payment must be received by 10/16/23.

ENTRY FEES: Electronic entries: \$10.00 for individual events; \$15.00 for relay events. Manual entries: \$15.00. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry

REGISTRATION REPORTING: The Meet or Entry Director MUST run a meet verification report and give said report to the Meet Referee. This is to ensure that no swimmer without their APT credentials or unregistered swimmers participate in a sanction USA/CT Swimming meet.

SANCTIONED OR APPROVED: Sanctioned

MEET DURATION: Full meet with time limits as defined by CT/USA Swimming.

MEET FORMAT: The meet will be swum as Timed-Final

FACILITY: The East Hartford Pool is a 6-lane, 25-yard pool. Water depth at start end is: 10 feet. Water depth at turn end is: 3.5 feet. The competition course has not been certified in accordance with 104.2.2C(4). Colorado electronic timing system and 6 lane scoreboard will be used. There is ample spectator seating for 600 people. We do not have Wifi...

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

MEDICAL SUPERVISION: We have a lifeguard and AED available on site.

WIFI ACCESS: We do not have WiFi.

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. There will be 3 warm up periods for Sessions 1 & 3, utilizing (6) six lanes and 2 warm up periods for Sessions 2 & 4, utilizing (6) six lanes.

EVENT INFORMATION: Deck entries will not be accepted. .

ENTRY LIMITATIONS: Swimmers May enter a maximum of four (4) individual events per day, eight (8) per meet. Entries must indicate the swimmer's fourth event in case over-subscription forces the host to limit swimmers to three (3) individual events.

SCRATCH PROCEDURES: Scratch sheets will be provided in the coaches packets for each session. These sheets must be returned 20 minutes after the start of the first set of warm-ups begins with the scratched swimmers clearly identified. Please be sure the computer bullpen is able to read both events and the name of the swimmer being scratched.

FACILITY PROTOCOLS All Swimmers will enter through the locker room. Teams will have locations on the pool deck and in bleachers if necessary. Deck chairs are allowed

SAFE SPORT POLICIES: Parents will have the ability to watch their child from the bleachers. They are not allowed on deck or in locker rooms. There are bathrooms located outside in the lobby.

DISABLED ACCESS: Ample handicapped parking is located on the south side of the building. Ramp accessibility and on deck seating is available, for information contact the meet director, Laura McLaughlin, 860-798-8946.

ELIGIBILITY: All USA Swimming clubs and individuals; 2. Athletes with Flex memberships must not have swum in more than one USA Swimming meet prior to this meet in order to be eligible.

All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete registration

<u>procedures</u>. Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a \$100 fine per instance, as described in CT Swimming meet policies:

https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf and

https://www.ctswim.org/Customer-

Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge.** When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability <u>prior</u> to competition. Adapted athletes may direct questions to the <u>Connecticut Swimming office</u>.

ENTRY TIMES: Submit entry times in: SCY If there are no official times for an athlete, please submit estimated times. No times (NT) will not be accepted.

ELECTRONIC ENTRIES: : Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at Lehyswimreg@gmail.com. Please check that your teams name, address, and contact information are listed correctly in this file. Payment is due by October 16, 2023; your team is not officially entered in the meet until payment is received.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

All adult athletes, or parents of minor athletes, who enter without club affiliation will be required to attest to reading and understanding the Minor Athlete Abuse Prevention Policy.

OUTREACH ENTRY FEE REIMBURSEMENT: Participating clubs will submit payment in full to the meet host for all Outreach athlete entry fees (splash fees). These fees will be reimbursed by CSI to the participating CSI club after completion of the meet. Scratches and 'No Swims' will not be reimbursed. For more information and to submit a reimbursement visit the <u>Outreach Athlete</u> page on ctswim.org.

CUT PROTOCOL:

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

1. Athletes aged 7 and Under will be cut from the meet.

- 2. All relays, if planned, will be eliminated.
- 3. The distance events (400 meters or yards or greater) may be heat limited to the first 5 heats of entries per gender in the order they were received.
- 4. The maximum number of events allowed per day may be reduced by one (1).
- 5. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: Yes, there are no relay limitations. All relay swimmers must be officially entered in the meet

SAFETY:

- 1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
- 2. No shaving is permitted at the competition site.
- 3. No glass containers are permitted within the facility.
- 4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
- 5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

SWIMWEAR: Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography, audio and visual recording using cameras, video cameras, tablets, cell phones or other electronic devices at a meet.

Photography or video recording from the deck is prohibited by all individuals, other than participating Coaches, unless prior authorization from the Meet Referee or meet referee has been granted.

Under no circumstances is photography or video recording permitted by anyone in the area adjacent to or behind the starting blocks, including spectator stands at deck level, while they are in use for race starting purposes during competition and warm-ups. Flash photography is prohibited during the start

of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Photography or video recording and the use of audio, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additional "No Camera Zones" may be designated by Meet Management or the meet referee.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

- Professional photographers with current, official media credentials that are promoting the sport of swimming
- Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training
- A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

- Professional photographers with current, official media credentials that are promoting the sport of swimming
- Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training
- A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by USA Swimming Vice President of Program Operations.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: No

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: Teams will be required to provide timers for this meet. Participants in the 500 freestyle events will be required to provide their own lap counters. We would greatly appreciate any team with officials that could help throughout the course of the meet. Participating clubs will be notified of work assignments by the Monday before the meet

All volunteers will be required to attest to reading and understanding the Minor Athlete Abuse Prevention Policy.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: No

CONCESSIONS: Yes

HOSPITALITY FOR COACHES AND OFFICIALS: Yes

PARKING: Park in designated areas only. No Street or grass parking is allowed. Please be mindful of fire lanes.

DIRECTIONS: East Hartford Middle School, 777 Burnside Ave, East Hartford, CT 06108

The Pool entrance is on Scotland Road.

Session: 1 Saturday Morning

Day of Meet: 1 Starts at 02:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	1	Girls 10 & Under 100 Freestyle	0	0	02:30 PM	
Finals	2	Boys 10 & Under 100 Freestyle	0	0	02:30 PM	
Finals	3	Girls 11-12 100 Freestyle	0	0	02:30 PM	
Finals	4	Boys 11-12 100 Freestyle	0	0	02:30 PM	
Finals	5	Girls 10 & Under 500 Freestyle	0	0	02:30 PM	
Finals	6	Boys 10 & Under 500 Freestyle	0	0	02:30 PM	
Finals	7	Girls 11-12 500 Freestyle	0	0	02:30 PM	
Finals	8	Boys 11-12 500 Freestyle	0	0	02:30 PM	
Finals	9	Girls 10 & Under 50 Backstroke	0	0	02:30 PM	
Finals 1	0	Boys 10 & Under 50 Backstroke	0	0	02:30 PM	
Finals 1	1	Girls 11-12 50 Backstroke	0	0	02:30 PM	
Finals 1	2	Boys 11-12 50 Backstroke	0	0	02:30 PM	
Finals 1	3	Girls 11-12 200 Butterfly	0	0	02:30 PM	
Finals 1	4	Boys 11-12 200 Butterfly	0	0	02:30 PM	
Finals 1	5	Girls 10 & Under 100 Breaststroke	0	0	02:30 PM	
Finals 1	6	Boys 10 & Under 100 Breaststroke	0	0	02:30 PM	
Finals 1	7	Girls 11-12 100 Breaststroke	0	0	02:30 PM	
Finals 1	8	Boys 11-12 100 Breaststroke	0	0	02:30 PM	
Finals 1	9	Girls 11-12 200 Backstroke	0	0	02:30 PM	
Finals 2	0	Boys 11-12 200 Backstroke	0	0	02:30 PM	
Finals 2	1	Girls 10 & Under 50 Butterfly	0	0	02:30 PM	
Finals 2	2	Boys 10 & Under 50 Butterfly	0	0	02:30 PM	
Finals 2	3	Girls 11-12 50 Butterfly	0	0	02:30 PM	
Finals 2	4	Boys 11-12 50 Butterfly	0	0	02:30 PM	
Finals 2	5	Girls 10 & Under 200 IM	0	0	02:30 PM	
Finals 2	6	Boys 10 & Under 200 IM	0	0	02:30 PM	
Finals 2	7	Girls 11-12 100 IM	0	0	02:30 PM	
Finals 2	8	Boys 11-12 100 IM	0	0	02:30 PM	
Finals 2	9	Girls 10 & Under 200 Medley Relay	0	0	02:30 PM	
Finals 3	0	Boys 10 & Under 200 Medley Relay	0	0	02:30 PM	
Finals 3	1	Girls 11-12 200 Medley Relay	0	0	02:30 PM	
Finals 3	2	Boys 11-12 200 Medley Relay	0	0	02:30 PM	
		Finish Time			02:30 PM	

Session: 2 Saturday Afternoon
Day of Meet: 1 Starts at 06:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	33 Girls 13-14 100 Freestyle	0	0	06:30 PM	
Finals	34 Boys 13-14 100 Freestyle	0	0	06:30 PM	
Finals	35 Girls 15 & Over 100 Freestyle	0	0	06:30 PM	
Finals	36 Boys 15 & Over 100 Freestyle	0	0	06:30 PM	
Finals	37 Girls 13-14 500 Freestyle	0	0	06:30 PM	
Finals	38 Boys 13-14 500 Freestyle	0	0	06:30 PM	
Finals	39 Girls 15 & Over 500 Freestyle	0	0	06:30 PM	
Finals	40 Boys 15 & Over 500 Freestyle	0	0	06:30 PM	
Finals	41 Girls 13-14 100 Backstroke	0	0	06:30 PM	
Finals	42 Boys 13-14 100 Backstroke	0	0	06:30 PM	
Finals	43 Girls 15 & Over 100 Backstroke	0	0	06:30 PM	
Finals	44 Boys 15 & Over 100 Backstroke	0	0	06:30 PM	
Finals	45 Girls 13-14 200 Breaststroke	0	0	06:30 PM	
Finals	46 Boys 13-14 200 Breaststroke	0	0	06:30 PM	
Finals	47 Girls 15 & Over 200 Breaststroke	0	0	06:30 PM	
Finals	48 Boys 15 & Over 200 Breaststroke	0	0	06:30 PM	
Finals	49 Girls 13-14 200 Butterfly	0	0	06:30 PM	
Finals	50 Boys 13-14 200 Butterfly	0	0	06:30 PM	
Finals	51 Girls 15 & Over 200 Butterfly	0	0	06:30 PM	
Finals	52 Boys 15 & Over 200 Butterfly	0	0	06:30 PM	
Finals	53 Girls 13-14 200 IM	0	0	06:30 PM	
Finals	54 Boys 13-14 200 IM	0	0	06:30 PM	
Finals	55 Girls 15 & Over 200 IM	0	0	06:30 PM	
Finals	56 Boys 15 & Over 200 IM	0	0	06:30 PM	
Finals	57 Girls 13-14 200 Medley Relay	0	0	06:30 PM	
Finals	58 Boys 13-14 200 Medley Relay	0	0	06:30 PM	
Finals	59 Girls 15 & Over 200 Medley Relay	0	0	06:30 PM	
Finals	60 Boys 15 & Over 200 Medley Relay	0	0	06:30 PM	
	Finish Time			06:30 PM	

Session: 3 Sunday Morning
Day of Meet: 2 Starts at 08:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	61	Girls 10 & Under 50 Freestyle	0	0	08:30 AM	
Finals	62	Boys 10 & Under 50 Freestyle	0	0	08:30 AM	
Finals	63	Girls 11-12 50 Freestyle	0	0	08:30 AM	
Finals	64	Boys 11-12 50 Freestyle	0	0	08:30 AM	
Finals	65	Girls 10 & Under 200 Freestyle	0	0	08:30 AM	
Finals	66	Boys 10 & Under 200 Freestyle	0	0	08:30 AM	
Finals	67	Girls 11-12 200 Freestyle	0	0	08:30 AM	
Finals	68	Boys 11-12 200 Freestyle	0	0	08:30 AM	
Finals	69	Girls 10 & Under 100 Backstroke	0	0	08:30 AM	
Finals	70	Boys 10 & Under 100 Backstroke	0	0	08:30 AM	
Finals	71	Girls 11-12 100 Backstroke	0	0	08:30 AM	
Finals	72	Boys 11-12 100 Backstroke	0	0	08:30 AM	
Finals	73	Girls 10 & Under 50 Breaststroke	0	0	08:30 AM	
Finals	74	Boys 10 & Under 50 Breaststroke	0	0	08:30 AM	
Finals	75	Girls 11-12 50 Breaststroke	0	0	08:30 AM	
Finals	76	Boys 11-12 50 Breaststroke	0	0	08:30 AM	
Finals	77	Girls 10 & Under 100 Butterfly	0	0	08:30 AM	
Finals	78	Boys 10 & Under 100 Butterfly	0	0	08:30 AM	
Finals	79	Girls 11-12 100 Butterfly	0	0	08:30 AM	
Finals	80	Boys 11-12 100 Butterfly	0	0	08:30 AM	
Finals	81	Girls 11-12 200 Breaststroke	0	0	08:30 AM	
Finals	82	Boys 11-12 200 Breaststroke	0	0	08:30 AM	
Finals	83	Girls 10 & Under 100 IM	0	0	08:30 AM	
Finals	84	Boys 10 & Under 100 IM	0	0	08:30 AM	
Finals	85	Girls 11-12 200 IM	0	0	08:30 AM	
Finals	86	Boys 11-12 200 IM	0	0	08:30 AM	
Finals	87	Girls 10 & Under 200 Freestyle Relay	0	0	08:30 AM	
Finals	88	Boys 10 & Under 200 Freestyle Relay	0	0	08:30 AM	
Finals	89	Girls 11-12 200 Freestyle Relay	0	0	08:30 AM	
Finals	90	Boys 11-12 200 Freestyle Relay	0	0	08:30 AM	
		Finish Time			08:30 AM	

Session: 4 Sunday Afternoon

Day of Meet: 2 Starts at 01:15 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	91	Girls 13-14 50 Freestyle	0	0	01:15 PM	
Finals	92	Boys 13-14 50 Freestyle	0	0	01:15 PM	
Finals	93	Girls 15 & Over 50 Freestyle	0	0	01:15 PM	
Finals	94	Boys 15 & Over 50 Freestyle	0	0	01:15 PM	
Finals	95	Girls 13-14 200 Freestyle	0	0	01:15 PM	
Finals	96	Boys 13-14 200 Freestyle	0	0	01:15 PM	
Finals	97	Girls 15 & Over 200 Freestyle	0	0	01:15 PM	
Finals	98	Boys 15 & Over 200 Freestyle	0	0	01:15 PM	
Finals	99	Girls 13-14 200 Backstroke	0	0	01:15 PM	
Finals	100	Boys 13-14 200 Backstroke	0	0	01:15 PM	
Finals	101	Girls 15 & Over 200 Backstroke	0	0	01:15 PM	
Finals	102	Boys 15 & Over 200 Backstroke	0	0	01:15 PM	
Finals	103	Girls 13-14 100 Breaststroke	0	0	01:15 PM	
Finals	104	Boys 13-14 100 Breaststroke	0	0	01:15 PM	
Finals	105	Girls 15 & Over 100 Breaststroke	0	0	01:15 PM	
Finals	106	Boys 15 & Over 100 Breaststroke	0	0	01:15 PM	
Finals	107	Girls 13-14 100 Butterfly	0	0	01:15 PM	
Finals	108	Boys 13-14 100 Butterfly	0	0	01:15 PM	
Finals	109	Girls 15 & Over 100 Butterfly	0	0	01:15 PM	
Finals	110	Boys 15 & Over 100 Butterfly	0	0	01:15 PM	
Finals	111	Girls 13-14 400 IM	0	0	01:15 PM	
Finals	112	Boys 13-14 400 IM	0	0	01:15 PM	
Finals	113	Girls 15 & Over 400 IM	0	0	01:15 PM	
Finals	114	Boys 15 & Over 400 IM	0	0	01:15 PM	
Finals	115	Girls 13-14 200 Freestyle Relay	0	0	01:15 PM	
Finals	116	Boys 13-14 200 Freestyle Relay	0	0	01:15 PM	
Finals	117	Girls 15 & Over 200 Freestyle Relay	0	0	01:15 PM	
Finals	118	Boys 15 & Over 200 Freestyle Relay	0	0	01:15 PM	
		Finish Time			01:15 PM	