

**2023 CP-AC December to Remember
11&Over Prelims/Finals
10&Under Timed Finals
December 1-3, 2023**

Chelsea Piers CT 1 Blachley Road, Stamford, CT 06902

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #S23- 43. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

	Name	Email	Phone
Meet Director:	Matt Hurst	<u>mhurst@chelseapiers.com</u>	814-777-8096
Meet Referee:	Suzannah Rogers		
Lead Admin Official:	Tim Goertel		
Entry Chair:	Aaron Montgomery	<u>Cpacentries@gmail.com</u>	914-319-3811
Safety Chair:	James Goodwin	<u>jgoodwin@chelseapiers.com</u>	
Officials Contact:	Matt Hurst		
Disability Contact	James Goodwin		

MEET HOST: CPAC

WEBSITE: <https://www.teamunify.com/Home.jsp?team=ctcp>.

POOL EMERGENCY NUMBER: 203-989-1300

COURSE: SCY

SESSION TIMES: Subject to Change

Session 1 Friday Morning 130 Prelims	7:00 am WU	8:30 pm Start
Session 2 Friday Afternoon 11-12 Prelims/10U Timed Finals	1:00 pm WU	2:00 pm Start
Session 4 Saturday Morning 130 Prelims	7:00 am WU	8:30 pm Start
Session 5 Saturday Afternoon 11-12 Prelims/10U Timed Finals	1:00 pm WU	2:00 pm Start
Session 7 Sunday Morning 130 Prelims	7:00 am WU	8:30 pm Start
Session 8 Sunday Afternoon 11-12 Prelims/10U Timed Finals	1:00 pm WU	2:00 pm Start
Sessions 3,6,9 Friday – Sunday Evening Finals	5:00 pm WU	6:00 pm Start

PAYMENT INSTRUCTIONS: Please make checks payable to Chelsea Piers Aquatics Club.

Mail to:

Chelsea Piers CT

c/o Matt Hurst

1 Blachley Road

Stamford, CT 06902

Payment must be received by Wednesday, November 22, 2023

ENTRY FEES: Electronic entries: \$15.00 for individual events. \$25.00 for relays. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry. No deck entries will be accepted.

ADULT ATHLETES: All athletes who will be 18 years of age or older must complete the mandatory Athlete Protection Training prior to competition. Failure to do so will result in the swimmer being scratched from the meet.

SANCTIONED OR APPROVED: Sanctioned

REGISTRATION REPORTING: The Meet or Entry Director MUST run a meet verification report and give said report to the Meet Referee. This is to ensure that no swimmer without their APT credentials or unregistered swimmers participate in a sanction USA/CT Swimming meet.

MEET DURATION: Full meet with time limits as defined by CT/USA Swimming.

MEET FORMAT: The meet will be swum as: Prelims/Finals for 11 and Over. Timed finals for 10 and Under. All 13&Over events will be swum with an “A” and “B” final. All 11-12 events, with the exception of the 400 IM, will be swum with an “A” and “B” final. The 11-12 400 IM will be swum as a Timed Final.

SCRATCH PROCEDURES: All prelims scratches should be turned in 30 minutes prior to the start of the session. CT Swim scratch rules apply for swimmers scratching from finals. Any athlete who fails to properly scratch from an event and does not appear for the “final” event, will be barred from competition for the remainder of the meet.

FACILITY RULES: Spectators are allowed on the Mezzanine level of the pool. Spectators will be limited to approximately 100 people at a time. Chelsea Piers reserves the right to modify spectator access numbers at any time. Pool and spectator occupancy planned at approximately 300.

FACILITY: Chelsea Piers CT is a 10 lane, 25 yard pool. Water depth at start end is: 8'. Water depth at turn end is: 8'. The competition course has not been certified in accordance with 104.2.2C(4). **TIMING SYSTEM:** We will use an electronic timing system (Daktronics) and one timer per lane. Public Wi-Fi is available for coaches. Signal strength is good.

MEDICAL SUPERVISION: All meets will be observed by our lifeguarding staff. AED is available on site.

SAFE SPORT POLICIES: No photography from behind the starting blocks. Parents are, other than those volunteering, not allowed on the pool deck.

DISABLED ACCESS: Handicapped parking accessible with elevators on-site. Please contact Jim Goodwin for more information about disabled access.

COURSE: SCY

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect

Session 1 Friday Morning 130 Prelims	7:00 am WU	8:30 pm Start
Session 2 Friday Afternoon 11-12 Prelims/10U Timed Finals	1:00 pm WU	2:00 pm Start
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Session 5 Saturday Afternoon 11-12 Prelims/10U Timed Finals	1:00 pm WU	2:00 pm Start
Session 7 Sunday Morning 130 Prelims	7:00 am WU	8:30 pm Start
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Sessions 3,6,9 Friday – Sunday Evening Finals	5:00 pm WU	6:00 pm Start

Finals Session Warm-Ups: will be run similar to the 13 & Over session Warm-Ups but any swimmers age 11/12 may be segregated in separate lanes assigned by team.

12 & Under Session Warm-Ups: each team will be assigned sessions and lanes; the application of general warm up (circle swim), starts and/or one-way sprints is at each coach's discretion.

All sessions may use **2 or more** tiers of warm-ups, using up to **15** lanes, with lanes assigned by team.

13 & Over Session Warm-Ups: at the conclusion of the open general warm-up there will be an additional warm-up period for all teams with each outer lane being pace lanes and inner lanes designated as one-way sprints with starts from the blocks.

The meet director reserves the right to condense or expand this warm-up format dependent upon meet subscription.

During competition, continuous **warm-up/warm-down** lanes may also be available on the other side of the bulkhead, at the discretion of the Referee. No Diving will be allowed in these lanes. Swimmers must enter these lanes feet first. Other restrictions may be applied at the discretion of the Referee.

ELIGIBILITY: All USA Swimming clubs and individuals Athletes with Flex memberships must not have swum in more than one USA Swimming meet prior to this meet in order to be eligible.

All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck. Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a **\$100 fine** per instance, as described in CT Swimming meet policies:

<https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf> and

https://www.ctswim.org/Customer-Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge**. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ADAPTED SWIMMING: Any current athlete members of (select one) USA Swimming or CT Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to the Connecticut Swimming office.

EVENT INFORMATION: All entries should be e-mailed to the entry chair. Entries will be taken in the order in which they are received. In the event of oversubscription, all teams will be notified. No deck entries will be accepted.

ENTRY LIMITATIONS: Athletes are limited to entering max 3 individual events per day, and 1 relay; with **max. 7** total individual events for the meet. **No over-entries accepted.**

ENTRY TIMES: Submit entry times in: SCY. **No Times (NT entries) will not be accepted.** If there are no official times for an athlete, you **must** submit estimated times in your entry.

DEADLINES: Entry deadline is Friday, November 17, 2023.

Financially Responsible Date: At this date (**11/22/2023**, or earlier if the Cut Protocol has been invoked) all entered teams will be considered financially responsible for their entire entry; so please note that the entry check should be in the mail or have been already received by this date.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at cpacentries@gmail.com. Please check that your team name, address, and contact information are listed correctly in this file. If payment for the entry is not received by the Entry Deadline, the Date of Entry /Receipt may be delayed until the date such payment is received, jeopardizing place in order of receipt.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

All athletes, and their parents, who enter without club affiliation will be required to attest to reading and understanding the Minor Athlete Abuse Prevention Policy.

OUTREACH ENTRY FEE REIMBURSEMENT: Participating clubs will submit payment in full to the meet host for all Outreach athlete entry fees (splash fees). These fees will be reimbursed by CSI to the participating CSI club after completion of the meet. Scratches and 'No Swims' will not be reimbursed. For more information and to submit a reimbursement visit the Outreach Athlete page on ctswim.org.

CUT PROTOCOL:

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

1. Relays may be eliminated
2. Distance cut-off-times listed in Miscellaneous section may be imposed.
3. If the 1000 free is oversubscribed, 1000 Free may be limited to 60 minutes total (prelims).
4. Athletes aged 7 and Under will be cut from the meet.
5. The distance events (400 meters or yards or greater) may be heat limited to the first 4 heats of entries per gender in the order they were received. If cut protocol is needed in the distance events, the following time standards will apply to **visiting teams**:
 - Boys 1000 Free 12:10
 - Girls 1000 Free 12:50
 - 130 Boys 500 free 6:00 and 400im 5:20
 - 130 Girls 500 free at 6:20 and 400im 5:40
6. The maximum number of events allowed per day may be reduced by one (1).
7. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: Yes. All relays will be swum at timed finals. Fastest to slowest. Open relays will be swum at Finals only. 12&Under relays will be swum at the conclusion of prelims.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

SWIMWEAR: Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

- Professional photographers with current, official media credentials that are promoting the sport of swimming
- Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training
- A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA Swimming Vice President of Program Operations.

RULES: Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet. All events will be run SLOW to FAST, with the exception of the 1000free, 400 IM, 500 Free, 12&Under 200 IM, and all relays, these will be run FAST to SLOW.

1000 Freestyle: Swum fastest to slowest following the morning preliminary sessions, with the fastest heat 1 heat of girls, and 1 heat of boys, swimming at finals.

TIME TRIALS: No

TIMERS, OFFICIALS OR WORK ASSIGNMENTS. Participating clubs will be notified of work assignments by the Monday before the meet. All swimmers in the 1000 Free must provide their own timer and counter.

All volunteers will be required to attest to reading and understanding the Minor Athlete Abuse Prevention Policy.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: No.

CONCESSIONS: Yes

HOSPITALITY FOR COACHES AND OFFICIALS: Yes

PARKING: There is parking located on site at Chelsea Piers Connecticut. If full, off-site parking may be provided at Rogers International School, 202 Blachley Road, Stamford, CT 06902. Please follow any parking signs/instructions or your car may be subject to towing/ticketing.

DIRECTIONS: The Chelsea piers CT complex is located at 1 Blachley Road, Stamford. Northbound I 95: Take exit 9. Make a left at the end of the ramp. Make a left on to Rt.1. Make a left onto Blachley Road. The

facility is at the end of the street. Car park is beyond the buildings. Southbound I 95: Take exit 9. Make a right at the end of the ramp. Make a left onto Blachley Road. The facility is at the end of the street. Car park is beyond the buildings

LODGING: The Sheraton Stamford Hotel is 1 mile from Chelsea Piers CT, take exit 8 from I-95. Address: 700 East Main St, Stamford, CT 06901 Phone: (203) 358-8400 • Fax: (203) 358-8872 Please mention Chelsea Piers if making a reservation.

23CP-AC December - 12/1/2023 to 12/3/2023**Session Report**

Session: 1 Friday 130 Prelims

Day of Meet: 1 Starts at 08:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Meet Qualifying	Starts at	
Prelims	1 Girls 13-14 100 Breaststroke	0	0		08:30 AM	_____
Prelims	2 Boys 13-14 100 Breaststroke	0	0		08:30 AM	_____
Prelims	3 Girls 100 Breaststroke	0	0		08:30 AM	_____
Prelims	4 Boys 100 Breaststroke	0	0		08:30 AM	_____
Prelims	5 Girls 13-14 200 Freestyle	0	0		08:30 AM	_____
Prelims	6 Boys 13-14 200 Freestyle	0	0		08:30 AM	_____
Prelims	7 Girls 200 Freestyle	0	0		08:30 AM	_____
Prelims	8 Boys 200 Freestyle	0	0		08:30 AM	_____
Prelims	9 Girls 13-14 100 Butterfly	0	0		08:30 AM	_____
Prelims	10 Boys 13-14 100 Butterfly	0	0		08:30 AM	_____
Prelims	11 Girls 100 Butterfly	0	0		08:30 AM	_____
Prelims	12 Boys 100 Butterfly	0	0		08:30 AM	_____
Prelims	13 Girls 13-14 400 IM	0	0		08:30 AM	_____
Prelims	14 Boys 13-14 400 IM	0	0		08:30 AM	_____
Prelims	15 Girls 400 IM	0	0		08:30 AM	_____
Prelims	16 Boys 400 IM	0	0		08:30 AM	_____
	Finish Time				08:30 AM	_____

23CP-AC December - 12/1/2023 to 12/3/2023**Session Report**

Session: 2 Friday 11-12 Prelims/10&U Timed Finals

Day of Meet: 1 Starts at 02:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Meet Qualifying	Starts at	
Finals	19 Girls 11-12 400 IM	0	0		02:00 PM	_____
Finals	20 Boys 11-12 400 IM	0	0		02:00 PM	_____
Prelims	21 Girls 11-12 50 Breaststroke	0	0		02:00 PM	_____
Prelims	22 Boys 11-12 50 Breaststroke	0	0		02:00 PM	_____
Finals	23 Girls 10 & Under 50 Breaststroke	0	0		02:00 PM	_____
Finals	24 Boys 10 & Under 50 Breaststroke	0	0		02:00 PM	_____
Prelims	25 Girls 11-12 100 Freestyle	0	0		02:00 PM	_____
Prelims	26 Boys 11-12 100 Freestyle	0	0		02:00 PM	_____
Finals	27 Girls 10 & Under 100 Freestyle	0	0		02:00 PM	_____
Finals	28 Boys 10 & Under 100 Freestyle	0	0		02:00 PM	_____
Prelims	29 Girls 11-12 50 Butterfly	0	0		02:00 PM	_____
Prelims	30 Boys 11-12 50 Butterfly	0	0		02:00 PM	_____
Finals	31 Girls 10 & Under 50 Butterfly	0	0		02:00 PM	_____
Finals	32 Boys 10 & Under 50 Butterfly	0	0		02:00 PM	_____
Prelims	33 Girls 11-12 100 Backstroke	0	0		02:00 PM	_____
Prelims	34 Boys 11-12 100 Backstroke	0	0		02:00 PM	_____
Finals	35 Girls 10 & Under 100 Backstroke	0	0		02:00 PM	_____
Finals	36 Boys 10 & Under 100 Backstroke	0	0		02:00 PM	_____
Finals	37 Girls 12 & Under 200 Freestyle Relay	0	0		02:00 PM	_____
Finals	38 Boys 12 & Under 200 Freestyle Relay	0	0		02:00 PM	_____
	Finish Time				02:00 PM	_____

23CP-AC December - 12/1/2023 to 12/3/2023**Session Report**

Session: 3 Friday PM Finals

Day of Meet: 1 Starts at 06:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Meet Qualifying	Starts at	
Finals	1 Girls 13-14 100 Breaststroke	0	2u		06:00 PM	_____
Finals	2 Boys 13-14 100 Breaststroke	0	2u		06:04 PM	_____
Finals	3 Girls 100 Breaststroke	0	2u		06:07 PM	_____
Finals	4 Boys 100 Breaststroke	0	2u		06:11 PM	_____
Finals	21 Girls 11-12 50 Breaststroke	0	2u		06:14 PM	_____
Finals	22 Boys 11-12 50 Breaststroke	0	2u		06:17 PM	_____
Finals	5 Girls 13-14 200 Freestyle	0	2u		06:19 PM	_____
Finals	6 Boys 13-14 200 Freestyle	0	2u		06:25 PM	_____
Finals	7 Girls 200 Freestyle	0	2u		06:31 PM	_____
Finals	8 Boys 200 Freestyle	0	2u		06:37 PM	_____
Finals	25 Girls 11-12 100 Freestyle	0	2u		06:43 PM	_____
Finals	26 Boys 11-12 100 Freestyle	0	2u		06:46 PM	_____
Finals	9 Girls 13-14 100 Butterfly	0	2u		06:50 PM	_____
Finals	10 Boys 13-14 100 Butterfly	0	2u		06:53 PM	_____
Finals	11 Girls 100 Butterfly	0	2u		06:56 PM	_____
Finals	12 Boys 100 Butterfly	0	2u		07:00 PM	_____
Finals	29 Girls 11-12 50 Butterfly	0	2u		07:03 PM	_____
Finals	30 Boys 11-12 50 Butterfly	0	2u		07:05 PM	_____
Finals	13 Girls 13-14 400 IM	0	2u		07:07 PM	_____
Finals	14 Boys 13-14 400 IM	0	2u		07:20 PM	_____
Finals	15 Girls 400 IM	0	2u		07:32 PM	_____
Finals	16 Boys 400 IM	0	2u		07:45 PM	_____
Finals	33 Girls 11-12 100 Backstroke	0	2u		07:57 PM	_____
Finals	34 Boys 11-12 100 Backstroke	0	2u		08:01 PM	_____
Finals	17 Girls 400 Freestyle Relay	0	0		08:05 PM	_____
Finals	18 Boys 400 Freestyle Relay	0	0		08:05 PM	_____
	Entry / Heat Totals:	0	48			
	Finish Time				08:05 PM	_____

23CP-AC December - 12/1/2023 to 12/3/2023**Session Report**

Session: 4 Saturday 130 Prelims

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Meet Qualifying	Starts at	
Prelims	39 Girls 13-14 200 Butterfly	0	0		08:30 AM	_____
Prelims	40 Boys 13-14 200 Butterfly	0	0		08:30 AM	_____
Prelims	41 Girls 200 Butterfly	0	0		08:30 AM	_____
Prelims	42 Boys 200 Butterfly	0	0		08:30 AM	_____
Prelims	43 Girls 13-14 50 Freestyle	0	0		08:30 AM	_____
Prelims	44 Boys 13-14 50 Freestyle	0	0		08:30 AM	_____
Prelims	45 Girls 50 Freestyle	0	0		08:30 AM	_____
Prelims	46 Boys 50 Freestyle	0	0		08:30 AM	_____
Prelims	47 Girls 13-14 200 Breaststroke	0	0		08:30 AM	_____
Prelims	48 Boys 13-14 200 Breaststroke	0	0		08:30 AM	_____
Prelims	49 Girls 200 Breaststroke	0	0		08:30 AM	_____
Prelims	50 Boys 200 Breaststroke	0	0		08:30 AM	_____
Prelims	51 Girls 13-14 100 Backstroke	0	0		08:30 AM	_____
Prelims	52 Boys 13-14 100 Backstroke	0	0		08:30 AM	_____
Prelims	53 Girls 100 Backstroke	0	0		08:30 AM	_____
Prelims	54 Boys 100 Backstroke	0	0		08:30 AM	_____
Prelims	55 Girls 13-14 500 Freestyle	0	0		08:30 AM	_____
Prelims	56 Boys 13-14 500 Freestyle	0	0		08:30 AM	_____
Prelims	57 Girls 500 Freestyle	0	0		08:30 AM	_____
Prelims	58 Boys 500 Freestyle	0	0		08:30 AM	_____
	Finish Time				08:30 AM	_____

23CP-AC December - 12/1/2023 to 12/3/2023**Session Report**

Session: 5 Saturday 11-12 Prelims/10&U Timed Finals

Day of Meet: 2 Starts at 02:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Meet Qualifying	Starts at	
Prelims	61 Girls 11-12 50 Freestyle	0	0		02:00 PM	_____
Prelims	62 Boys 11-12 50 Freestyle	0	0		02:00 PM	_____
Finals	63 Girls 10 & Under 50 Freestyle	0	0		02:00 PM	_____
Finals	64 Boys 10 & Under 50 Freestyle	0	0		02:00 PM	_____
Prelims	65 Girls 11-12 100 Breaststroke	0	0		02:00 PM	_____
Prelims	66 Boys 11-12 100 Breaststroke	0	0		02:00 PM	_____
Finals	67 Girls 10 & Under 100 Breaststroke	0	0		02:00 PM	_____
Finals	68 Boys 10 & Under 100 Breaststroke	0	0		02:00 PM	_____
Prelims	69 Girls 11-12 50 Backstroke	0	0		02:00 PM	_____
Prelims	70 Boys 11-12 50 Backstroke	0	0		02:00 PM	_____
Finals	71 Girls 10 & Under 50 Backstroke	0	0		02:00 PM	_____
Finals	72 Boys 10 & Under 50 Backstroke	0	0		02:00 PM	_____
Prelims	73 Girls 12 & Under 200 IM	0	0		02:00 PM	_____
Prelims	74 Boys 12 & Under 200 IM	0	0		02:00 PM	_____
	Finish Time				02:00 PM	_____

23CP-AC December - 12/1/2023 to 12/3/2023**Session Report**

Session: 6 Saturday PM Finals

Day of Meet: 2 Starts at 06:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Meet Qualifying	Starts at	
Finals	39 Girls 13-14 200 Butterfly	0	2u		06:00 PM	_____
Finals	40 Boys 13-14 200 Butterfly	0	2u		06:07 PM	_____
Finals	41 Girls 200 Butterfly	0	2u		06:13 PM	_____
Finals	42 Boys 200 Butterfly	0	2u		06:20 PM	_____
Finals	61 Girls 11-12 50 Freestyle	0	2u		06:26 PM	_____
Finals	62 Boys 11-12 50 Freestyle	0	2u		06:28 PM	_____
Finals	43 Girls 13-14 50 Freestyle	0	2u		06:30 PM	_____
Finals	44 Boys 13-14 50 Freestyle	0	2u		06:32 PM	_____
Finals	45 Girls 50 Freestyle	0	2u		06:34 PM	_____
Finals	46 Boys 50 Freestyle	0	2u		06:36 PM	_____
Finals	65 Girls 11-12 100 Breaststroke	0	2u		06:38 PM	_____
Finals	66 Boys 11-12 100 Breaststroke	0	2u		06:42 PM	_____
Finals	47 Girls 13-14 200 Breaststroke	0	2u		06:46 PM	_____
Finals	48 Boys 13-14 200 Breaststroke	0	2u		06:53 PM	_____
Finals	49 Girls 200 Breaststroke	0	2u		07:00 PM	_____
Finals	50 Boys 200 Breaststroke	0	2u		07:07 PM	_____
Finals	69 Girls 11-12 50 Backstroke	0	2u		07:14 PM	_____
Finals	70 Boys 11-12 50 Backstroke	0	2u		07:17 PM	_____
Finals	51 Girls 13-14 100 Backstroke	0	2u		07:19 PM	_____
Finals	52 Boys 13-14 100 Backstroke	0	2u		07:23 PM	_____
Finals	53 Girls 100 Backstroke	0	2u		07:27 PM	_____
Finals	54 Boys 100 Backstroke	0	2u		07:31 PM	_____
Finals	55 Girls 13-14 500 Freestyle	0	2u		07:35 PM	_____
Finals	56 Boys 13-14 500 Freestyle	0	2u		07:51 PM	_____
Finals	57 Girls 500 Freestyle	0	2u		08:07 PM	_____
Finals	58 Boys 500 Freestyle	0	2u		08:24 PM	_____
Finals	73 Girls 12 & Under 200 IM	0	2u		08:40 PM	_____
Finals	74 Boys 12 & Under 200 IM	0	2u		08:47 PM	_____
Finals	59 Girls 200 Medley Relay	0	0		08:54 PM	_____
Finals	60 Boys 200 Medley Relay	0	0		08:54 PM	_____
	Entry / Heat Totals:	0	56			
	Finish Time				08:54 PM	_____

23CP-AC December - 12/1/2023 to 12/3/2023**Session Report**

Session: 7 Sunday 130 Prelims

Day of Meet: 3 Starts at 08:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Meet Qualifying	Starts at	
Prelims	75 Girls 13-14 200 Backstroke	0	0		08:30 AM	_____
Prelims	76 Boys 13-14 200 Backstroke	0	0		08:30 AM	_____
Prelims	77 Girls 200 Backstroke	0	0		08:30 AM	_____
Prelims	78 Boys 200 Backstroke	0	0		08:30 AM	_____
Prelims	79 Girls 13-14 100 Freestyle	0	0		08:30 AM	_____
Prelims	80 Boys 13-14 100 Freestyle	0	0		08:30 AM	_____
Prelims	81 Girls 100 Freestyle	0	0		08:30 AM	_____
Prelims	82 Boys 100 Freestyle	0	0		08:30 AM	_____
Prelims	83 Girls 13-14 200 IM	0	0		08:30 AM	_____
Prelims	84 Boys 13-14 200 IM	0	0		08:30 AM	_____
Prelims	85 Girls 200 IM	0	0		08:30 AM	_____
Prelims	86 Boys 200 IM	0	0		08:30 AM	_____
Finals-S	89 Girls 13 & Over 1000 Freestyle	0	0		08:30 AM	_____
Finals-S	90 Boys 13 & Over 1000 Freestyle	0	0		08:30 AM	_____
	Finish Time				08:30 AM	_____

23CP-AC December - 12/1/2023 to 12/3/2023

Session Report

Session: 8 Sunday 11-12 Prelims/10&U Timed Finals

Day of Meet: 3 Starts at 02:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Meet Qualifying	Starts at	
Prelims	91 Girls 11-12 100 Butterfly	0	0		02:00 PM	_____
Prelims	92 Boys 11-12 100 Butterfly	0	0		02:00 PM	_____
Finals	93 Girls 10 & Under 100 Butterfly	0	0		02:00 PM	_____
Finals	94 Boys 10 & Under 100 Butterfly	0	0		02:00 PM	_____
Prelims	95 Girls 11-12 200 Freestyle	0	0		02:00 PM	_____
Prelims	96 Boys 11-12 200 Freestyle	0	0		02:00 PM	_____
Finals	97 Girls 10 & Under 200 Freestyle	0	0		02:00 PM	_____
Finals	98 Boys 10 & Under 200 Freestyle	0	0		02:00 PM	_____
Prelims	99 Girls 11-12 100 IM	0	0		02:00 PM	_____
Prelims	100 Boys 11-12 100 IM	0	0		02:00 PM	_____
Finals	101 Girls 10 & Under 100 IM	0	0		02:00 PM	_____
Finals	102 Boys 10 & Under 100 IM	0	0		02:00 PM	_____
	Finish Time				02:00 PM	_____

23CP-AC December - 12/1/2023 to 12/3/2023**Session Report**

Session: 9 Saturday PM Finals

Day of Meet: 3 Starts at 06:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Meet Qualifying	Starts at	
Finals-1	89 Girls 13 & Over 1000 Freestyle	0	0		06:00 PM	_____
Finals-1	90 Boys 13 & Over 1000 Freestyle	0	0		06:00 PM	_____
Finals	75 Girls 13-14 200 Backstroke	0	2u		06:00 PM	_____
Finals	76 Boys 13-14 200 Backstroke	0	2u		06:07 PM	_____
Finals	77 Girls 200 Backstroke	0	2u		06:14 PM	_____
Finals	78 Boys 200 Backstroke	0	2u		06:21 PM	_____
Finals	91 Girls 11-12 100 Butterfly	0	2u		06:28 PM	_____
Finals	92 Boys 11-12 100 Butterfly	0	2u		06:32 PM	_____
Finals	79 Girls 13-14 100 Freestyle	0	2u		06:36 PM	_____
Finals	80 Boys 13-14 100 Freestyle	0	2u		06:39 PM	_____
Finals	81 Girls 100 Freestyle	0	2u		06:42 PM	_____
Finals	82 Boys 100 Freestyle	0	2u		06:45 PM	_____
Finals	95 Girls 11-12 200 Freestyle	0	2u		06:49 PM	_____
Finals	96 Boys 11-12 200 Freestyle	0	2u		06:55 PM	_____
Finals	83 Girls 13-14 200 IM	0	2u		07:02 PM	_____
Finals	84 Boys 13-14 200 IM	0	2u		07:08 PM	_____
Finals	85 Girls 200 IM	0	2u		07:15 PM	_____
Finals	86 Boys 200 IM	0	2u		07:21 PM	_____
Finals	99 Girls 11-12 100 IM	0	2u		07:28 PM	_____
Finals	100 Boys 11-12 100 IM	0	2u		07:31 PM	_____
Finals	87 Girls 200 Freestyle Relay	0	0		07:35 PM	_____
Finals	88 Boys 200 Freestyle Relay	0	0		07:35 PM	_____
	Entry / Heat Totals:	0	36			
	Finish Time				07:35 PM	_____