Greenwich YMCA Marlins October Invitational October 14-16, 2022

Wren- Weisenburger Pool, 50 East Putnam Avenue, Greenwich, CT

This meet information is subject to change given the fluid nature of COVID-19. Be aware that CDC, State of CT, and local jurisdiction guidelines or public health actions may change quickly and without warning. Visit ctswim.org or the host website for any updates.

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #S22-5. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

COVID-19 Statement

In applying for this sanction, the Host, Greenwich YMCA Marlins, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Connecticut Swimming, the State of Connecticut and.

COVID-19 Assumption of Risk Disclaimer

We Greenwich YMCA Marlins, have taken enhanced health and safety measures – for athletes, coaches, officials, volunteers, and meet management. You must follow all instructions while participating in/spectating at Greenwich YMCA Marlins October Invite or on site at Wren Weisenburger Pool. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in/spectating at Greenwich YMCA Marlins October Invitational and being on site at Greenwich YMCA, you voluntarily assume all risks related to exposure to COVID-19.

COVID-19 Release

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND CONNECTICUT SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN

CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

EVENTS

	Name	Email	Phone
Meet Director:	Maura O'Grady	Mogrady.marlins@gmail.com	
Meet Referee:	Greg Bedell	Greg@bedellmail.com	
Lead Admin Official:	Yolanda Jahan	Yoli.jahan1@gmail.com	2032786712
Entry Chair:	William Walsh	grymentries@gmail.com	
Safety Chair:	William Walsh	grymentries@gmail.com	
Officials Contact:	Greg Bedell	Greg@bedellmail.com	

MEET HOST: GRYM

WEBSITE: https://www.greenwichmarlins.org

POOL EMERGENCY NUMBER: 203 869 1630

SESSION TIMES: Subject to Change

Friday Open Warmmup 4:00; 5:00 PM Start

Saturday and Sunday 13/O Morning Session Warm up: 7 AM warm up, 8:00 AM start. Saturday and Sunday 12/U Afternoon Session Warm up: 12:30 warm up, 1:30 PM start

DEADLINES: deadline is Friday, September 24, 2021. Mail hardcopy and payment to the entry chairperson: William Walsh, 50 East Putnam Avenue., Greenwich, Connecticut, 06830. All entries must be legible and must use full names and registration numbers from USA Swimming registration. Entry into the meet will be determined by the email date of entry.

PAYMENT INSTRUCTIONS: Please make checks payable to Greenwich YMCA

Mail to:

Patrick Kennedy 50 E Putnam Ave Greenwich, CT, 06830

Payment must be received by 10/08/22.

ENTRY FEES: Electronic entries: \$13.00 for individual events, Manual entries: \$15.00 for individual events.

ADULT ATHLETES: All athletes who will be 18 years of age or older must complete the mandatory Athlete Protection Training prior to competition. Failure to do so will result in the swimmer being scratched from the meet.

NEW FOR 2022-23: The Meet or Entry Director MUST run a meet verification report and give said report to the Meet Referee. This is to ensure that no swimmer without their APT credentials or unregistered swimmers participate in a sanction USA/CT Swimming meet.

SANCTIONED OR APPROVED: Sanctioned

MEET DURATION: Full meet with time limits as defined by CT/USA Swimming

MEET FORMAT: The meet will be swum as Timed-Finals., Friday Distance **events** will be swum fast-to-slow, alternating heats of women and men.

SCRATCH PROCEDURES: Coaches will receive a scratch sheet for each session, listing s of their swimmers and events for that session. Coaches must indicate all scratches on these sheets and turn them into the computer table no later than 30 minutes after the start of warm up.

BEFORE ENTERING FACILITY or WHAT TO BRING: Showers and locker rooms are limited to the use of restrooms only. Waiver must be signed and returned prior to competition.

FACILITY: The Wren- Weisenburger Pool at the YMCA of Greenwich is an 8 lane, 25 – yard pool. Water depth at start end is 13 ft. Water depth at turn end is 6 ft. 7 inches. The competition course has not been certified in accordance with 104.2.2C(4). There is a state of the art Omega Timing System with large LED scoreboard. There will be wifi available through the YMCA with a good connection.

SAFE SPORT POLICIES: The meet will be live-streamed for free on the Internet.

DISABLED ACCESS: Handicapped parking on site and elevators are available.

COURSE: SCY

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. CT Swimming Warm-Up Procedures will be in effect. 14 lanes will be used for warm up. Warmups will be divided into 2 or 3 general warm up based on number of teams attending. Specific warm up will follow the general warm up sessions.

ELIGIBILITY: 1. All USA Swimming clubs and individuals; Athletes with Flex memberships must not have swum in more than one USA Swimming meet prior to this meet in order to be eligible.

All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete <u>registration</u> <u>procedures</u>. Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a \$100 fine per instance, as described in CT Swimming meet policies:

 $\underline{https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf} \ and \ \\$

https://www.ctswim.org/Customer-

Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge.** When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ADAPTED SWIMMING: Any current athlete members of USA Swimming or CT Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability <u>prior</u> to competition. Adapted athletes may direct questions to the <u>Connecticut Swimming office</u>.

EVENT INFORMATION: Deck entries will not be accepted.

ENTRY LIMITATIONS: Swimmers may enter 1 Individual event on Friday and a maximum of 3 individual events per day on Saturday and Sunday.

ENTRY TIMES: Submit entry times in: SCY. NT's will not be accepted.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at grymentries@gmail.com Please check that your team name, address, and contact information are listed correctly in this file

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

All athletes, and their parents, who enter without club affiliation will be required to attest to reading and understanding the Minor Athlete Abuse Prevention Policy.

OUTREACH ENTRY FEE REIMBURSEMENT: Participating clubs will submit payment in full to the meet host for all Outreach athlete entry fees (splash fees). These fees will be reimbursed by CSI to the participating CSI club after completion of the meet. Scratches and 'No Swims' will not be reimbursed. For more information and to submit a reimbursement visit the <u>Outreach Athlete</u> page on ctswim.org.

CUT PROTOCOL:

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

- 1. Athletes aged 7 and Under will be cut from the meet.
- 2. The maximum number of events allowed per day may be reduced by one (1).
- 3. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: No

SAFETY:

- 1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
- 2. No shaving is permitted at the competition site.
- 3. No glass containers are permitted within the facility.
- 4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
- 5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms

SWIMWEAR: Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

- Professional photographers with current, official media credentials that are promoting the sport of swimming
- Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training
- A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA Swimming Vice President of Program Operations.

RULES: Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet.

TIME TRIALS: Yes. Time trials may be offered at the discretion of the Meet Referee in accordance with CSI Policy if time allows. Time trials are limited to the events published in this meet announcement (age/distance/stroke).

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: A meet of this size requires many workers to make it run efficiently. The Greenwich YMCA Marlins welcome anyone qualified who would like to assist with officiating during this meet. Please contact Greg Bedell if you have any officials who can help. Participating officials will include name, phone number, level of official and team affiliation.

All volunteers will be required to attest to reading and understanding the Minor Athlete Abuse Prevention Policy.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: No.

CONCESSIONS: Yes

HOSPITALITY FOR COACHES AND OFFICIALS: Yes

PARKING: There will be parking at the following locations:

- Lower Mason Street Parking Lot (Across from the bank).
- Chase Bank Parking Lot on Saturday and Sunday only.
- Municipal Parking behind the First Presbyterian Church located at the top of Greenwich Avenue on Lafayette Place.
- Free parking available after 5 pm on Friday, after 12 noon on Saturday and all day on Sunday.

Session: 1 Friday Events

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	1 Girls 500 Freestyle	0	0	05:00 PM	e05:00 PM
Finals	2 Boys 500 Freestyle	0	0	05:00 PM	e05:00 PM
Finals	3 Girls 400 IM	0	0	05:00 PM	e05:00 PM
Finals	4 Boys 400 IM	0	0	05:00 PM	e05:00 PM
Finals	5 Girls 12 & Under 200 IM	0	0	05:00 PM	e05:00 PM
Finals	6 Boys 12 & Under 200 IM	0	0	05:00 PM	e05:00 PM
	Finish Time			05:00 PM	e05:00 PM

Session: 2 Saturday AM 13 & Over

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	7 Girls 13 & Over 100 Freestyle	0	0	08:30 AM	e08:30 AM
Finals	8 Boys 13 & Over 100 Freestyle	0	0	08:30 AM	e08:30 AM
Finals	9 Girls 13 & Over 200 Breaststroke	0	0	08:30 AM	e08:30 AM
Finals	10 Boys 13 & Over 200 Breaststroke	0	0	08:30 AM	e08:30 AM
Finals	11 Girls 13 & Over 100 Backstroke	0	0	08:30 AM	e08:30 AM
Finals	12 Boys 13 & Over 100 Backstroke	0	0	08:30 AM	e08:30 AM
Finals	13 Girls 13 & Over 200 Butterfly	0	0	08:30 AM	e08:30 AM
Finals	14 Boys 13 & Over 200 Butterfly	0	0	08:30 AM	e08:30 AM
Finals	15 Girls 13 & Over 200 IM	0	0	08:30 AM	e08:30 AM
Finals	16 Boys 13 & Over 200 IM	0	0	08:30 AM	e08:30 AM
	Finish Time			08:30 AM	e08:30 AM

Session: 3 Saturday PM 12 &Under
Day of Meet: 2 Starts at 01:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	Actual
Finals	17	Girls 10 & Under 100 Freestyle	0	0	01:30 PM	e01:30 PM
Finals	18	Boys 10 & Under 100 Freestyle	0	0	01:30 PM	e01:30 PM
Finals	19	Girls 11-12 100 Freestyle	0	0	01:30 PM	e01:30 PM
Finals	20	Boys 11-12 100 Freestyle	0	0	01:30 PM	e01:30 PM
Finals	21	Girls 10 & Under 50 Backstroke	0	0	01:30 PM	e01:30 PM
Finals	22	Boys 10 & Under 50 Backstroke	0	0	01:30 PM	e01:30 PM
Finals	23	Girls 11-12 50 Backstroke	0	0	01:30 PM	e01:30 PM
Finals	24	Boys 11-12 50 Backstroke	0	0	01:30 PM	e01:30 PM
Finals	25	Girls 11-12 200 Butterfly	0	0	01:30 PM	e01:30 PM
Finals	26	Boys 11-12 200 Butterfly	0	0	01:30 PM	e01:30 PM
Finals	27	Girls 10 & Under 100 Breaststroke	0	0	01:30 PM	e01:30 PM
Finals	28	Boys 10 & Under 100 Breaststroke	0	0	01:30 PM	e01:30 PM
Finals	29	Girls 11-12 100 Breaststroke	0	0	01:30 PM	e01:30 PM
Finals	30	Boys 11-12 100 Breaststroke	0	0	01:30 PM	e01:30 PM
Finals	31	Girls 10 & Under 50 Butterfly	0	0	01:30 PM	e01:30 PM
Finals	32	Boys 10 & Under 50 Butterfly	0	0	01:30 PM	e01:30 PM
Finals	33	Girls 11-12 50 Butterfly	0	0	01:30 PM	e01:30 PM
Finals	34	Boys 11-12 50 Butterfly	0	0	01:30 PM	e01:30 PM
Finals	35	Girls 11-12 200 Backstroke	0	0	01:30 PM	e01:30 PM
Finals	36	Boys 11-12 200 Backstroke	0	0	01:30 PM	e01:30 PM
Finals	37	Girls 10 & Under 100 IM	0	0	01:30 PM	e01:30 PM
Finals	38	Boys 10 & Under 100 IM	0	0	01:30 PM	e01:30 PM
Finals	39	Girls 11-12 100 IM	0	0	01:30 PM	e01:30 PM
Finals	40	Boys 11-12 100 IM	0	0	01:30 PM	e01:30 PM
		Finish Time			01:30 PM	e01:30 PM

Session: 4 Sunday AM 13& Over
Day of Meet: 3 Starts at 08:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	41 Girls 13 & Over 50 Freestyle	0	0	08:30 AM	e08:30 AM
Finals	42 Boys 13 & Over 50 Freestyle	0	0	08:30 AM	e08:30 AM
Finals	43 Girls 13 & Over 100 Breaststroke	0	0	08:30 AM	e08:30 AM
Finals	44 Boys 13 & Over 100 Breaststroke	0	0	08:30 AM	e08:30 AM
Finals	45 Girls 13 & Over 200 Freestyle	0	0	08:30 AM	e08:30 AM
Finals	46 Boys 13 & Over 200 Freestyle	0	0	08:30 AM	e08:30 AM
Finals	47 Girls 13 & Over 100 Butterfly	0	0	08:30 AM	e08:30 AM
Finals	48 Girls 13 & Over 100 Butterfly	0	0	08:30 AM	e08:30 AM
Finals	49 Girls 13 & Over 200 Backstroke	0	0	08:30 AM	e08:30 AM
Finals	50 Boys 13 & Over 200 Backstroke	0	0	08:30 AM	e08:30 AM
	Finish Time			08:30 AM	e08:30 AM

Session: 5 Sunda PM 12& Under
Day of Meet: 3 Starts at 01:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	51 Girls 10 & Under 200 Freestyle	0	0	01:30 PM	e01:30 PM
Finals	52 Boys 10 & Under 200 Freestyle	0	0	01:30 PM	e01:30 PM
Finals	53 Girls 11-12 200 Freestyle	0	0	01:30 PM	e01:30 PM
Finals	54 Boys 11-12 200 Freestyle	0	0	01:30 PM	e01:30 PM
Finals	55 Girls 10 & Under 50 Breaststroke	0	0	01:30 PM	e01:30 PM
Finals	56 Boys 10 & Under 50 Breaststroke	0	0	01:30 PM	e01:30 PM
Finals	57 Girls 11-12 50 Breaststroke	0	0	01:30 PM	e01:30 PM
Finals	58 Boys 11-12 50 Breaststroke	0	0	01:30 PM	e01:30 PM
Finals	62 Boys 10 & Under 100 Backstroke	0	0	01:30 PM	e01:30 PM
Finals	61 Girls 10 & Under 100 Backstroke	0	0	01:30 PM	e01:30 PM
Finals	63 Girls 11-12 100 Backstroke	0	0	01:30 PM	e01:30 PM
Finals	64 Boys 11-12 100 Backstroke	0	0	01:30 PM	e01:30 PM
Finals	65 Girls 10 & Under 50 Freestyle	0	0	01:30 PM	e01:30 PM
Finals	66 Boys 10 & Under 50 Freestyle	0	0	01:30 PM	e01:30 PM
Finals	67 Girls 11-12 50 Freestyle	0	0	01:30 PM	e01:30 PM
Finals	68 Boys 11-12 50 Freestyle	0	0	01:30 PM	e01:30 PM
Finals	69 Girls 10 & Under 100 Butterfly	0	0	01:30 PM	e01:30 PM
Finals	70 Boys 10 & Under 100 Butterfly	0	0	01:30 PM	e01:30 PM
Finals	71 Girls 11-12 100 Butterfly	0	0	01:30 PM	e01:30 PM
Finals	72 Boys 11-12 100 Butterfly	0	0	01:30 PM	e01:30 PM
Finals	73 Girls 11-12 200 Breaststroke	0	0	01:30 PM	e01:30 PM
Finals	74 Boys 11-12 200 Breaststroke	0	0	01:30 PM	e01:30 PM
	Finish Time			01:30 PM	e01:30 PM