2022 WYW 12 under Fall Kickoff Wilton Family YMCA October 22, 2022

Wilton Family YMCA Melissa & Mark Nickel Pool 404 Danbury Road Wilton, CT 06987 https://goo.gl/maps/zBZWL8N6iDpgnqGg6

This meet information is subject to change given the fluid nature of COVID-19. Be aware that CDC, State of CT, and local jurisdiction guidelines or public health actions may change quickly and without warning. Visit ctswim.org or the host website for any updates.

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #S-22-11. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

COVID-19 Statement

In applying for this sanction, the Host, Wilton Y Wahoos, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Connecticut Swimming, the State of Connecticut and the town of Wilton: www.wiltonct.org/

COVID-19 Assumption of Risk Disclaimer

We, Wilton Family YMCA have taken enhanced health and safety measures – for athletes, coaches, officials, volunteers, and meet management. You must follow all instructions while participating in/spectating at WYW 12 & Under Kickoff Meet or on site at Melissa Nickel Pool at the Wilton Family YMCA. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in/spectating at WYW 12 & under Kickoff Meet and being on site at Melissa & Mark Nickel Pool at the Wilton Family YMCA, you voluntarily assume all risks related to exposure to COVID-19.

COVID-19 Release

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND CONNECTICUT SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

EVENTS

	Name	Email	Phone
Meet Director:	JoAnn McCaffrey	jmccaffrey@riverbrookymca.org	203-762-8384 x 249
Meet Referee:	Liza Heller	Liza.j.heller@gmail.com	
Lead Admin Official:	JoAnn McCaffrey	jmccaffrey@riverbrookymca.org	203-762-8384 x249
Entry Chair:	JoAnn McCaffrey	jmccaffrey@riverbrookymca.org	
Safety Chair:	Todd Stevens	tstevens@riverbrookymca.org	
Officials Contact:	Liza Heller	Liza.j.heller@gmail.com	

MEET HOST: WYW

WEBSITE: www.wywahoos.org

POOL EMERGENCY NUMBER: 203-762-8384

SESSION TIMES: (Subject to Change) Warm up 9:00 am Start 10:15 am

DEADLINES: Deadline is October 3, 2022. Mail hardcopy and payment to the entry chairperson: JoAnn McCaffrey, Wilton Y Wahoos, 4040 Danbury Road, Wilton CT. 06897. All entries must be legible and must use full names and registration numbers from USA Swimming registration. Entries will determined by the date an email entry is received.

PAYMENT INSTRUCTIONS: Make Checks payable to Wilton Y Wahoos Mail to: JoAnn McCaffrey Wilton Y Wahoos 404 Danbury Road Wilton CT. 06897 Payment must be received by October 17th

ENTRY FEES: Electronic entries: \$10.00 for individual events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

ADULT ATHLETES: All athletes who will be 18 years of age or older on any day of the meet must complete the mandatory Athlete Protection Training prior to competition. Failure to do so will result in the swimmer being scratched from the meet.

NEW FOR 2022-2023: The Meet or Entry Director MUST run a meet verification report and give said report to the Meet Referee. This is to ensure that no swimmer without their APT credentials or unregistered swimmers participate in a sanction USA/CT Swimming meet.

SANCTIONED OR APPROVED: Sanctioned

MEET DURATION: Full meet with time limits as defined by CT/USA Swimming.

MEET FORMAT: The meet will be swum as Timed-Finals.

FACILITY: Wilton Family YMCA, 404 Danbury Rd., Wilton, CT. The Wilton YMCA pool is a 6 lane by 50 meter facility with a dividing bulkhead and Daktronics electronic timing. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. The pool is 50 meters x 15 yards with a north end (dive end) pool depth of 6 ½ ft and south end (turn end) pool depth of 4.7 ft. When the pool is divided into the 2 SCY pools, the North course is 6 .7 Ft. at the dive end and 6 .7 ft at turn end. The South Course is 6 .7 ft at the dive end and 4.7 ft at the turn end. When the pool is set up for SCY, there is a section that is 5 yards x 15 yards across between the two courses and its depth is 6.7 ft. This portion of the pool is not used during competition. Daktronic timing system will be used. Wifi will be available and connectivity is good.

SCRATCH PROCEDURES: Scratches will need to be turned in 15 minutes after the start of warmup session, or the team will be scratched from their events

SAFE SPORT POLICIES: At the time of writing, there will be spectators on deck. They will have to enter through lobby of the building through the revolving doors to the pool deck.

DISABLED ACCESS: There is handicap parking at the entrance to the pool and locker rooms are handicap accessible. Please contact the meet director for any assistance

COURSE: SCY

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. 6 lanes per pool will be used for warmups. If necessary, a second warmup will be instituted and/ or the second pool will be used.

ELIGIBILITY: All USA Swim Clubs and individuals. Athletes with Flex memberships must not have swum in more that one USA Swimming meet prior to this meet in order to be eligible.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete <u>registration</u> <u>procedures</u>. Registrations will not be processed at the meet.

All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a \$100 fine per instance, as described in CT Swimming meet policies:

https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf and

https://www.ctswim.org/Customer-

Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge.** When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary, then the coach or athlete must notify the meet referee of any disability <u>prior</u> to competition. Adapted athletes may direct questions to the <u>Connecticut Swimming office</u>.

ENTRY LIMITATIONS: 4 events for the session

ENTRY TIMES: Submit entry times in: SCY. NT entries are NOT ALLOWED

• NO DECK ENTRIES WILL BE ALLOWED

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at jmccaffrey@riverbrookymca.org. Please check that your team name, address, and contact information are listed correctly in this file. Payment is due no later than October 17, 2022.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

All adult athletes, or parents of minor athletes, who enter without club affiliation will be required to attest to reading and understanding the <u>Minor Athlete Abuse Prevention Policy</u>.

OUTREACH ENTRY FEE REIMBURSEMENT: Participating clubs will submit payment in full to the meet host for all Outreach athlete entry fees (splash fees). These fees will be reimbursed by CSI to the participating club after completion of the meet. Scratches and 'No Swims' will not be reimbursed. For more information and to submit a reimbursement visit the <u>Outreach Athlete</u> page on ctswim.org.

CUT PROTOCOL:

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

• The maximum number of events allowed per day may be reduced by one (1).

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial

responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: NO

SAFETY:

- 1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
- 2. No shaving is permitted at the competition site.
- 3. No glass containers are permitted within the facility.
- 4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
- 5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

SWIMWEAR: Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones etc. from the deck is prohibited by all individuals, other than participating Coaches and other Athlete members, unless prior authorization from the Meet Referee or meet referee has been granted. Flash photography is prohibited during the start of an heat, including whenever any swimmer is stepping up or standing on the block for the purpose of the start of a heat.

Additionally, the following "NON-CAMERA ZONES" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, IPads, cell phones etc. is not permitted in the area immediately behind the starting blocks at either end of the race course(s) while they are in use for "race starting purposes" during competition and warmups.
- Additional "No Camera Zones" may be designated by Meet Management or the meet referee.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

Professional photographers with current, official media credentials that are promoting the sport of swimming

Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training

A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by USA Swimming Vice President of Program Operations.

RULES: Current USA Swimming rules, including Minor Athlete Abuse Protection Policy)"MAAPP") will govern this meet.

TIME TRIALS: NO

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: Work Assignments will be pre-assigned by the meet director. Participating clubs will be notified by the Monday before the meet. Officials willing to work may contact the meet referee, Liza Heller.

All volunteers will be required to attest to reading and understanding the <u>Minor Athlete Abuse Prevention</u> <u>Policy.</u>

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: Yes 1-6 place ribbons will be awarded per age group for girls and boys.

CONCESSIONS: Yes

HOSPITALITY FOR COACHES AND OFFICIALS: Yes

MISCELLANEOUS:

PARKING: There is adequate parking on premises. Overflow parking needs to park at Wilton High School across the street from the YMCA.

DIRECTIONS: DIRECTIONS: From New York: Take the Merritt Parkway to Exit 39B Follow the Route 7 North freeway to its end and turn right at the light. Turn left onto Rt. 7 North. Go 4.4 miles and turn right into the Y parking lot. The Wilton Family Y is on the right, and the Wilton High School is on the left.

From New Haven: Take the Merritt Parkway to exit 41(Rt 33). At the end of the ramp, turn left (north) onto Rt 33. Go North along Rt.33 for 2.5 miles. Rt 33 merges with Rt. 7. Stay on Rt. 7 for 2.6 miles to the Y. The Wilton Y is on the right and the Wilton High School is on the left.

From I 95: Take exit 15 to Rt. 7 North. Follow Rt 7 freeway to the end and turn right at the light. At the end of the road turn left onto old Rt. 7 North. Proceed to the Wilton Y as above

Wilton Y Wahoos

WYW 12 under Kick off - 10/22/2022 Session Report

Session: 1 12 under

Day of Meet: 1 Starts at 10:15 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	1	Girls 8 & Under 25 Freestyle	0	0	10:15 AM	
Finals	2	Boys 8 & Under 25 Freestyle	0	0	10:15 AM	
Finals	3	Girls 12 & Under 50 Freestyle	0	0	10:15 AM	
Finals	4	Boys 12 & Under 50 Freestyle	0	0	10:15 AM	
Finals	5	Girls 12 & Under 200 Freestyle	0	0	10:15 AM	
Finals	6	Boys 12 & Under 200 Freestyle	0	0	10:15 AM	
Finals	7	Girls 8 & Under 25 Backstroke	0	0	10:15 AM	
Finals	8	Boys 8 & Under 25 Backstroke	0	0	10:15 AM	
Finals	9	Girls 12 & Under 50 Backstroke	0	0	10:15 AM	
Finals	10	Boys 12 & Under 50 Backstroke	0	0	10:15 AM	
Finals	11	Girls 12 & Under 200 Backstroke	0	0	10:15 AM	
Finals	12	Boys 12 & Under 200 Backstroke	0	0	10:15 AM	
Finals	13	Girls 8 & Under 25 Backstroke	0	0	10:15 AM	
Finals	14	Boys 8 & Under 25 Backstroke	0	0	10:15 AM	
Finals	15	Girls 12 & Under 50 Backstroke	0	0	10:15 AM	
Finals	16	Boys 12 & Under 50 Backstroke	0	0	10:15 AM	
Finals	17	Girls 12 & Under 200 Backstroke	0	0	10:15 AM	
Finals	18	Boys 12 & Under 200 Backstroke	0	0	10:15 AM	
Finals	19	Girls 8 & Under 25 Butterfly	0	0	10:15 AM	
Finals	20	Boys 8 & Under 25 Butterfly	0	0	10:15 AM	
Finals	21	Girls 12 & Under 50 Butterfly	0	0	10:15 AM	
Finals	22	Boys 12 & Under 50 Butterfly	0	0	10:15 AM	
Finals	23	Girls 12 & Under 200 Butterfly	0	0	10:15 AM	
Finals	24	Boys 12 & Under 200 Butterfly	0	0	10:15 AM	
Finals	25	Girls 12 & Under 100 IM	0	0	10:15 AM	
Finals	26	Boys 12 & Under 100 IM	0	0	10:15 AM	
Finals	27	Girls 12 & Under 200 IM	0	0	10:15 AM	
Finals	28	Boys 12 & Under 200 IM	0	0	10:15 AM	
		Finish Time			10:15 AM	