

# 2023 Wahoo Winter Invitational

## January 13-15, 2023

Wilton Family YMCA  
404 Danbury Rd.  
Wilton, CT 06897

<http://maps.google.com/maps?hl=en&tab=wl>

This meet information is subject to change given the fluid nature of COVID-19. Be aware that CDC, State of CT, and local jurisdiction guidelines or public health actions may change quickly and without warning. Visit [ctswim.org](http://ctswim.org) or the host website for any updates.

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #S22-57. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

### COVID-19 Statement

In applying for this sanction, the Host, Wilton Y Wahoos, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Connecticut Swimming, the State of Connecticut and the town of Wilton: [www.wiltonct.org/](http://www.wiltonct.org/)

### COVID-19 Assumption of Risk Disclaimer

We, Wilton Y Wahoos have taken enhanced health and safety measures – for athletes, coaches, officials, volunteers, and meet management. You must follow all instructions while participating in/spectating at 2023 Wahoo Winter Invitational Meet or on site at Wilton Family YMCA. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in/spectating at 2023 Wahoo Winter Invitational Meet and being on site at Wilton Family YMCA, you voluntarily assume all risks related to exposure to COVID-19.

### COVID-19 Release

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

**BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND CONNECTICUT SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY**

LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

	Name	Email	Phone
<b>Meet Director:</b>	Jo Ann McCaffrey	<a href="mailto:jmccaffrey@riverbrookymca.org">jmccaffrey@riverbrookymca.org</a>	203-762-8384x249
<b>Meet Referee:</b>	Liza Heller	<a href="mailto:Liza.J.Heller@gmail.com">Liza.J.Heller@gmail.com</a>	
<b>Lead Admin Official</b>	Jo Ann McCaffrey	<a href="mailto:jmccaffrey@riverbrookymca.org">jmccaffrey@riverbrookymca.org</a>	
<b>Entry Chair:</b>	JoAnn McCaffrey	<a href="mailto:jmccaffrey@riverbrookymca.org">jmccaffrey@riverbrookymca.org</a>	203-762-8384x249
<b>Safety Chair:</b>	Todd Stevens	<a href="mailto:tstevens@riverbrookymca.org">tstevens@riverbrookymca.org</a>	
<b>Officials Contact:</b>	Liza Heller	<a href="mailto:Liza.J.Heller@gmail.com">Liza.J.Heller@gmail.com</a>	

**MEET HOST:** Wilton Y Wahoos

**WEBSITE:** [www.wywahoos.org](http://www.wywahoos.org)

**POOL EMERGENCY NUMBER:** 203-762-8384

**SESSION TIMES: Subject to change**

**Friday Timed Finals**

12 & under (50 FR/200 FR/100 IM)

Warm-up: 1:00PM

Start: 2:00PM

13& over (400 IM/50 Fr/1000 fr)

Warm-up: 4:00 PM

Start 5:00 PM

**Saturday and Sunday**

13& Over AM Session\*

Warm-up: 6:30AM

Start: 8:00AM

12& Under PM Session\*

Warm-up: 12:00PM

Start: 1:00PM

Finals: (11& over)\*

Warm-up: 5:00PM

Start: 6:00PM

**DEADLINES: Entry deadline is Friday December 16, 2022.** Mail hard copy of file and payment to Jo Ann McCaffrey, Wahoo Finance Manager, 404 Danbury Road, Wilton, CT. 06897. All entries must use full names and registration numbers from USA Swimming registration ***No changes may be made after the entry deadline. Any entry received after the above dates will be returned.*** Formal team entry date is determined by the date the electronic file is received. Teams whose entries cannot be accepted will be notified as soon as the meet is full, but no later than Wednesday December 30, 2022. Teams will be notified of any changes or cuts to the meet as soon as possible after the entry deadline but no later than Monday January 3<sup>rd</sup>, 2023.

**PAYMENT INSTRUCTIONS:** Please make checks payable to Wilton Y Wahoos

Mail to:

Jo Ann McCaffrey,  
Wahoo Finance Manager,  
404 Danbury Rd.  
Wilton, CT 06897

Payment must be received by Friday January 6<sup>th</sup>, 2023

**ENTRY FEES:** Electronic entries: \$10.00 for individual events, \$10.00 for distance event, \$22.00 for relays. Manual entries: \$12.00 for individual events, \$12.00 for distance events, \$24.00 for relays. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry

**ADULT ATHLETES:** All athletes who will be 18 years of age or older must complete the mandatory Athlete protection Training prior to competition. Failure to do so will result in the swimmer being scratched from the meet.

**NEW FOR 2022-23:** The Meet or Entry Director MUST run a meet verification report and give said report to the Meet Referee. This is to ensure that no swimmer without their APT credentials or unregistered swimmers participate in a sanction USA/CT Swimming meet.

**MEET TYPE:** Sanctioned

**MEET DURATION:** Full meet with time limits as defined by CT/USA Swimming

**MEET FORMAT:**

- The meet will be swum as Timed Finals on Friday and prelim/final format on Sat/Sunday. Preliminary heats will be held in individual events for 11-12, 13-14, and senior swimmers on Saturday and Sunday. There will be two heats of finals in each event. All 10 and under events will be timed finals. Relays will be swum during the preliminary session. **11/12 200's are TIMED FINALS**
- **Distance Events:**
  - The 500Y freestyle will be swum during the Saturday morning session after the relays.
  - **The top 12 seeded swimmers will swim in finals at night.**
  - The 400Y IM/1000 free will also be swum fastest to slowest, alternating by heat women
- **There will be a psych sheet for the 1000Y freestyle posted on our website at the beginning of the week of the meet to inform those swimmers who will be participating in the event.**
- Swimmers need to provide their own timers/counter for the 500Y and 1000Y Free.
- **Relays will be swum fastest to slowest.**
- **Failure to Compete in Finals:** Any swimmer qualifying for any heat of finals who fails to compete and who has not been scratched will be barred from all further competition in the meet. A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete.
- **Exceptions for Failure to Compete in Finals:** No penalty shall apply for failure to compete in finals if:  
1. The Referee is notified in the event of injury of illness and accepts the proof thereof. 2. A swimmer qualifying for a final heat based on the results of preliminarily notifies the announcer within 30 minutes after the announcement of qualifiers that he may not intend to compete and confirms his final intentions within 30 minutes following his last individual preliminary event. 3. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

**SCRATCH PROCEDURES:** Coaches will receive a scratch sheet for each session of the meet in their information packets listing all of their swimmers and events for that session. Coaches must indicate all scratches on these sheets and turn them in to the computer table within 15 minutes after the beginning of warm-up. Failure to do so will result in team being scratched from the meet

**FACILITY:** Wilton Family YMCA, 404 Danbury Rd., Wilton, CT. The Wilton YMCA pool is a 6 lane by 50 meter facility with a dividing bulkhead and Daktronics electronic timing. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. The pool is 50 meters x 15 yards with a north end (dive end) pool depth of 6 ½ ft and south end (turn end) pool depth of 4.7 ft. When the pool is divided into the 2 SCY pools, the North course is 6 .7 Ft. at the dive end and 6

.7 ft at turn end. The South Course is 6.7 ft at the dive end and 4.7 ft at the turn end. When the pool is set up for SCY, there is a section that is 5 yards x 15 yards across between the two courses and its depth is 6.7 ft. This portion of the pool is not used during competition. ***No deck chairs are permitted on the pool deck or in the hallways of the Wilton Family YMCA per Fire Marshall Regulation. All athletes will sit in the gym when not competing in an event directly in the water. Athlete seating in the pool will be for immediate events and relays. Chairs are permitted in the gym.*** Wifi will be available and connectivity is good

**SAFE SPORT POLICIES:** Spectators will be allowed on deck in the spectator area only on the scoreboard section of the pool.

**DISABLED ACCESS:** Wilton Family YMCA is Handicapped-accessible. Pool deck and spectator area are accessible through men's and women's locker rooms and are also handicapped-accessible.

**COURSE: SCY**

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect. Warmups will be conducted in 2 pools with 6 lanes in each pool. 2 sessions will be provided if needed. A Session will be provided for sprints/pace/starts.

- Finals Warmups will be 6 lanes with a specific time and lanes for 11/12 swimmers

**ELIGIBILITY:** All USA Swimming clubs and individuals. Athletes with Flex membership must have not swum in more than one USA swimming meet prior to this meet in order to be eligible.

All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck. Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a **\$100 fine** per instance, as described in CT Swimming meet policies:

<https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf> and

[https://www.ctswim.org/Customer-Content/www/CMS/files/policies\\_admin/RegistrationPolicyforMeetHosts.pdf](https://www.ctswim.org/Customer-Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf)

Any swimmer entered in this meet must be certified by a USA Swimming member-coach as being proficient in performing a race start or must start each race from within the water **without the use of the backstroke ledge**. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**ADAPTED SWIMMING:** Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions Ct. Swimming Office.

**EVENT INFORMATION:**

- **The 1000 Freestyle will be limited to a total of 8 heats, 4 women/4 men's heats.** Splash fees for entries, which are scratched due to heat limits, will be returned.

- **The top 2 seeded heats of the 500 free will swim at finals**
- **The Wilton Family Y and the Wilton Y Wahoos reserve the right to modify and/or cancel the meet for safety or other reasons.**

**ENTRY LIMITATIONS:** Swimmers may compete in three (3) individual events Friday and three (3) individual events on Saturday and Sunday with the maximum number of individual events being 8 total. Maximum of 750 swimmers will be accepted. Entries will be accepted on a first-come, first-served basis. Be aware the meet may close prior to the entry deadline.

**ENTRY TIMES:** Submit entry times in SCY. No NT entries will be accepted.

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format should be emailed as an attachment to the entry chair at [jmccaffrey@riverbrookymca.org](mailto:jmccaffrey@riverbrookymca.org) . Please check that your team name, address, and contact information are listed correctly in this file. Payments should be received by the Wilton Wahoo office no later than 1 week prior to the start of the meet. Entry will be complete when the electronic file is received by the entry chair.

**ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION:** Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) Be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

All Athletes and their parents, who enter without club affiliation will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

**OUTREACH ENTRY FEE REIMBURSEMENT:** Participating clubs will submit payment in full to the meet host for all Outreach athlete entry fees (splash fees). These fees will be reimbursed by CSI to the participating CSI club after completion of the meet. Scratches and 'No Swims' will not be reimbursed. For more information and to submit a reimbursement visit the [Outreach Athlete](#) page on [ctswim.org](http://ctswim.org).

**CUT PROTOCOL :** Maximum of 750 swimmers will be accepted. Clubs will be notified of cuts no later than Monday before the meet.

If the session is oversubscribed, the following cut protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participating number.

1. All relays will be eliminated.
2. The distance events 400yds or greater may be limited to the top heats of entries per gender in the order they are received.
3. The number of events per day may be reduced by (1)
4. Visiting teams may be cut on the date/time of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Programs Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts will be made to Program Operations and the attending teams as soon as possible and no later than the Monday before the meet.

If the host is required to institute the published protocol, all accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility

**RESERVE THE RIGHT TO MAKE CHANGES:** In accordance with CSI policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

**RELAYS:** Yes. There are no relay limitations. All relay swimmers must be officially entered in the meet.

**SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

**SWIMWEAR:** Per CT Swimming policy, swimmers 12 years and younger are NOT permitted to wear “Tech Suits” at any CT sanctioned or approved meets. “Tech Suits” are defined as a suit that has Bonded seams, Kinetic Tape, or Meshed seams. Age is determined as the first day of the meet.

**PHOTOGRAPHY AND VIDEO RECORDING:**

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc.) from the deck is prohibited by all individuals other than the participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following “Non-Camera Zones” shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc.) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for “race starting purposes” during competition and warm-ups.
- Additional “Non-Camera Zones” may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

Professional photographers with current, official media credentials that are promoting the sport of swimming

Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training

A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA Swimming Vice President of Program Operations

**RULES:** Current USA Swimming rules will govern all competition

**TIME TRIALS:** Time trials will be offered at the discretion of the Meet Referee in accordance with CSI Policy if time allows. Time trials are limited to the events published in this meet announcement (age/distance/stroke). Time trials will count toward the athlete's event limitations for the day and meet. If they are offered, only athletes properly entered in the meet in one or more events in the meet are eligible for time trials and must be properly entered in the Time Trial.

**The deadline for Time Trial entries is 10:00 AM for the morning session and 3:00 pm for the afternoon session.** The fee for Time Trial entries is \$15.00 for individual events and \$ 30.00 for relays.

**TIMERS, OFFICIALS OR WORK ASSIGNMENTS:** A meet of this size and caliber requires many workers to make it run efficiently. The Wahoos welcome anyone who would like to assist with officiating during this meet. Please contact Liza Heller if you would like to help or include the name, phone number and level of any willing official with your entry. Clubs will be notified of work assignments the Monday before the meet.

All volunteers will be required to attest to reading and understanding the Minor Athlete Abuse Prevention Policy.

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

**SCORING:** The meet will not be scored.

**AWARDS:** Ribbons will be awarded to the top 6 finishers in each individual event, and top 3 finishers in each relay event.

**CONCESSIONS:** snacks and beverages will be available during the meet.

**HOSPITALITY FOR COACHES AND OFFICIALS:** Yes.

**PARKING:** There is limited parking at the Wilton Family YMCA. Overflow parking will be in the high school parking lot opposite the YMCA.

**DIRECTIONS: From New York:** Take the Merritt Parkway to Exit 39B Follow the Route 7 North freeway to its end and turn right at the light. Turn left onto Rt. 7 North. Go 4.4 miles and turn right into the Y parking lot. The Wilton Family Y is on the right, and the Wilton High School is on the left.

**From New Haven:** Take the Merritt Parkway to exit 41(Rt 33). At the end of the ramp, turn left (north) onto Rt 33. Go North along Rt.33 for 2.5 miles. Rt 33 merges with Rt. 7. Stay on Rt. 7 for 2.6 miles to the Y. The Wilton Y is on the right and the Wilton High School is on the left.

**From I 95:** Take exit 15 to Rt. 7 North. Follow Rt 7 freeway to the end and turn right at the light. At the end of the road turn left onto old Rt. 7 North. Proceed to the Wilton Y as above.

**FURTHER INFORMATION:** Please direct all questions regarding entries to the entry chairman and all other questions to the meet manager. Since we are the guest of the Wilton Family Y, all swimmers, coaches and guests are expected to treat the facility with respect. It is the responsibility of each team to provide supervision for the swimmers when they are not swimming. Any violation of the rules of sportsmanship and common courtesy could result in the expulsion of a swimmer and/or team from the meet.

There is deck seating and parking; overflow parking will be in the high school parking lot opposite the YMCA.

Swimmers and their families are guests of the Wilton Family Y and must follow the rule **that no children under 12 years should be anywhere in the building unsupervised by an adult.**

**2023 Wahoo Winter Invitational - 1/13/2023 to 1/15/2023****Session Report**

Session: 1 Friday 12 &amp; under

Day of Meet: 1 Starts at 02:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 10 & Under 200 Freestyle	0	0	02:00 PM	_____
Finals	2 Boys 10 & Under 200 Freestyle	0	0	02:00 PM	_____
Finals	3 Girls 11-12 200 Freestyle	0	0	02:00 PM	_____
Finals	4 Boys 11-12 200 Freestyle	0	0	02:00 PM	_____
Finals	5 Girls 10 & Under 50 Freestyle	0	0	02:00 PM	_____
Finals	6 Boys 10 & Under 50 Freestyle	0	0	02:00 PM	_____
Finals	7 Girls 11-12 50 Freestyle	0	0	02:00 PM	_____
Finals	8 Boys 11-12 50 Freestyle	0	0	02:00 PM	_____
Finals	9 Girls 10 & Under 100 IM	0	0	02:00 PM	_____
Finals	10 Boys 10 & Under 100 IM	0	0	02:00 PM	_____
Finals	11 Girls 11-12 100 IM	0	0	02:00 PM	_____
Finals	12 Boys 11-12 100 IM	0	0	02:00 PM	_____
Finals	13 Girls 12 & Under 500 Freestyle	0	0	02:00 PM	_____
Finals	14 Boys 12 & Under 500 Freestyle	0	0	02:00 PM	_____
	Finish Time			02:00 PM	_____

Session: 2 Friday 13 &amp; over NORTH POOL

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	15 Girls 400 IM	0	0	05:00 PM	_____
Finals	16 Boys 400 IM	0	0	05:00 PM	_____
	Break: 10 Minutes:				
Finals	17 Girls 13 & Over 50 Freestyle	0	0	05:10 PM	_____
Finals	18 Boys 13 & Over 50 Freestyle	0	0	05:10 PM	_____
	Break: 10 Minutes:				
Finals	19 Girls 13 & Over 1000 Freestyle	0	0	05:20 PM	_____
Finals	20 Boys 13 & Over 1000 Freestyle	0	0	05:20 PM	_____
	Finish Time			05:20 PM	_____

**2023 Wahoo Winter Invitational - 1/13/2023 to 1/15/2023****Session Report**

Session: 4 Saturday 13 over NORTH POOL

Day of Meet: 2 Starts at 08:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Prelims	21 Girls 13-14 100 Breaststroke	0	0	08:00 AM	_____
Prelims	22 Boys 13-14 100 Breaststroke	0	0	08:00 AM	_____
Prelims	23 Girls 15 & Over 100 Breaststroke	0	0	08:00 AM	_____
Prelims	24 Boys 15 & Over 100 Breaststroke	0	0	08:00 AM	_____
Prelims	25 Girls 13-14 200 Butterfly	0	0	08:00 AM	_____
Prelims	26 Boys 13-14 200 Butterfly	0	0	08:00 AM	_____
Prelims	27 Girls 15 & Over 200 Butterfly	0	0	08:00 AM	_____
Prelims	28 Boys 15 & Over 200 Butterfly	0	0	08:00 AM	_____
	Break: 5 Minutes:				
Prelims	29 Girls 13-14 100 Freestyle	0	0	08:05 AM	_____
Prelims	30 Boys 13-14 100 Freestyle	0	0	08:05 AM	_____
Prelims	31 Girls 15 & Over 100 Freestyle	0	0	08:05 AM	_____
Prelims	32 Boys 15 & Over 100 Freestyle	0	0	08:05 AM	_____
Prelims	33 Girls 13-14 200 Backstroke	0	0	08:05 AM	_____
Prelims	34 Boys 13-14 200 Backstroke	0	0	08:05 AM	_____
Prelims	35 Girls 15 & Over 200 Backstroke	0	0	08:05 AM	_____
Prelims	36 Boys 15 & Over 200 Backstroke	0	0	08:05 AM	_____
	Break: 5 Minutes:				
Finals	37 Girls 13-14 400 Medley Relay	0	0	08:10 AM	_____
Finals	38 Boys 13-14 400 Medley Relay	0	0	08:10 AM	_____
Finals	39 Girls 15 & Over 400 Medley Relay	0	0	08:10 AM	_____
Finals	40 Boys 15 & Over 400 Medley Relay	0	0	08:10 AM	_____
	Break: 10 Minutes:				
Finals-S	41 Girls 13 & Over 500 Freestyle	0	0	08:20 AM	_____
Finals-S	42 Boys 13 & Over 500 Freestyle	0	0	08:20 AM	_____
	Finish Time			08:20 AM	_____

**2023 Wahoo Winter Invitational - 1/13/2023 to 1/15/2023****Session Report**

Session: 6 Saturday 12 /under

Day of Meet: 2 Starts at 01:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	43 Girls 10 & Under 200 IM	0	0	01:00 PM	_____
Finals	44 Boys 10 & Under 200 IM	0	0	01:00 PM	_____
Prelims	45 Girls 11-12 200 IM	0	0	01:00 PM	_____
Prelims	46 Boys 11-12 200 IM	0	0	01:00 PM	_____
Finals	47 Girls 10 & Under 100 Breaststroke	0	0	01:00 PM	_____
Finals	48 Boys 10 & Under 100 Breaststroke	0	0	01:00 PM	_____
Prelims	49 Girls 11-12 100 Breaststroke	0	0	01:00 PM	_____
Prelims	50 Boys 11-12 100 Breaststroke	0	0	01:00 PM	_____
Finals	51 Girls 11-12 200 Backstroke	0	0	01:00 PM	_____
Finals	52 Boys 11-12 200 Backstroke	0	0	01:00 PM	_____
Finals	53 Girls 10 & Under 100 Butterfly	0	0	01:00 PM	_____
Finals	54 Boys 10 & Under 100 Butterfly	0	0	01:00 PM	_____
Prelims	55 Girls 11-12 100 Butterfly	0	0	01:00 PM	_____
Prelims	56 Boys 11-12 100 Butterfly	0	0	01:00 PM	_____
Finals	57 Girls 10 & Under 50 Backstroke	0	0	01:00 PM	_____
Finals	58 Boys 10 & Under 50 Backstroke	0	0	01:00 PM	_____
Prelims	59 Girls 11-12 50 Backstroke	0	0	01:00 PM	_____
Prelims	60 Boys 11-12 50 Backstroke	0	0	01:00 PM	_____
	Break: 10 Minutes:				
Finals	61 Girls 10 & Under 200 Medley Relay	0	0	01:10 PM	_____
Finals	62 Boys 10 & Under 200 Medley Relay	0	0	01:10 PM	_____
Finals	63 Girls 11-12 200 Medley Relay	0	0	01:10 PM	_____
Finals	64 Boys 11-12 200 Medley Relay	0	0	01:10 PM	_____
	Finish Time			01:10 PM	_____

**2023 Wahoo Winter Invitational - 1/13/2023 to 1/15/2023****Session Report**

Session: 7 Saturday FINALS

Day of Meet: 2 Starts at 06:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals-2	41 Girls 13 & Over 500 Freestyle	0	0	06:00 PM	_____
Finals-2	42 Boys 13 & Over 500 Freestyle	0	0	06:00 PM	_____
Finals	45 Girls 11-12 200 IM	0	2 u	06:00 PM	_____
Finals	46 Boys 11-12 200 IM	0	2 u	06:09 PM	_____
Finals	21 Girls 13-14 100 Breaststroke	0	2 u	06:17 PM	_____
Finals	22 Boys 13-14 100 Breaststroke	0	2 u	06:21 PM	_____
Finals	23 Girls 15 & Over 100 Breaststroke	0	2 u	06:26 PM	_____
Finals	24 Boys 15 & Over 100 Breaststroke	0	2 u	06:30 PM	_____
Finals	49 Girls 11-12 100 Breaststroke	0	2 u	06:35 PM	_____
Finals	50 Boys 11-12 100 Breaststroke	0	2 u	06:39 PM	_____
Finals	25 Girls 13-14 200 Butterfly	0	2 u	06:44 PM	_____
Finals	26 Boys 13-14 200 Butterfly	0	2 u	06:52 PM	_____
Finals	27 Girls 15 & Over 200 Butterfly	0	2 u	06:59 PM	_____
Finals	28 Boys 15 & Over 200 Butterfly	0	2 u	07:07 PM	_____
Finals	55 Girls 11-12 100 Butterfly	0	2 u	07:14 PM	_____
Finals	56 Boys 11-12 100 Butterfly	0	2 u	07:19 PM	_____
Finals	29 Girls 13-14 100 Freestyle	0	2 u	07:24 PM	_____
Finals	30 Boys 13-14 100 Freestyle	0	2 u	07:28 PM	_____
Finals	31 Girls 15 & Over 100 Freestyle	0	2 u	07:32 PM	_____
Finals	32 Boys 15 & Over 100 Freestyle	0	2 u	07:36 PM	_____
Finals	59 Girls 11-12 50 Backstroke	0	2 u	07:40 PM	_____
Finals	60 Boys 11-12 50 Backstroke	0	2 u	07:44 PM	_____
Finals	33 Girls 13-14 200 Backstroke	0	2 u	07:48 PM	_____
Finals	34 Boys 13-14 200 Backstroke	0	2 u	07:56 PM	_____
Finals	35 Girls 15 & Over 200 Backstroke	0	2 u	08:04 PM	_____
Finals	36 Boys 15 & Over 200 Backstroke	0	2 u	08:12 PM	_____
	Entry / Heat Totals:	0	48		
	Finish Time			08:20 PM	_____

**2023 Wahoo Winter Invitational - 1/13/2023 to 1/15/2023****Session Report**

Session: 8 Sunday 13 over NORTH POOL

Day of Meet: 3 Starts at 08:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Prelims	65 Girls 13-14 200 IM	0	0	08:00 AM	_____
Prelims	66 Boys 13-14 200 IM	0	0	08:00 AM	_____
Prelims	67 Girls 15 & Over 200 IM	0	0	08:00 AM	_____
Prelims	68 Boys 15 & Over 200 IM	0	0	08:00 AM	_____
	Break: 5 Minutes:				
Prelims	69 Girls 13-14 200 Breaststroke	0	0	08:05 AM	_____
Prelims	70 Boys 13-14 200 Breaststroke	0	0	08:05 AM	_____
Prelims	71 Girls 15 & Over 200 Breaststroke	0	0	08:05 AM	_____
Prelims	72 Boys 15 & Over 200 Breaststroke	0	0	08:05 AM	_____
	Break: 5 Minutes:				
Prelims	73 Girls 13-14 100 Backstroke	0	0	08:10 AM	_____
Prelims	74 Boys 13-14 100 Backstroke	0	0	08:10 AM	_____
Prelims	75 Girls 15 & Over 100 Backstroke	0	0	08:10 AM	_____
Prelims	76 Boys 15 & Over 100 Backstroke	0	0	08:10 AM	_____
	Break: 5 Minutes:				
Prelims	77 Girls 13-14 100 Butterfly	0	0	08:15 AM	_____
Prelims	78 Boys 13-14 100 Butterfly	0	0	08:15 AM	_____
Prelims	79 Girls 15 & Over 100 Butterfly	0	0	08:15 AM	_____
Prelims	80 Boys 15 & Over 100 Butterfly	0	0	08:15 AM	_____
	Break: 5 Minutes:				
Prelims	81 Girls 13-14 200 Freestyle	0	0	08:20 AM	_____
Prelims	82 Boys 13-14 200 Freestyle	0	0	08:20 AM	_____
Prelims	83 Girls 15 & Over 200 Freestyle	0	0	08:20 AM	_____
Prelims	84 Boys 15 & Over 200 Freestyle	0	0	08:20 AM	_____
	Break: 10 Minutes:				
Finals	85 Girls 13-14 200 Freestyle Relay	0	0	08:30 AM	_____
Finals	86 Boys 13-14 200 Freestyle Relay	0	0	08:30 AM	_____
Finals	87 Girls 15 & Over 200 Freestyle Relay	0	0	08:30 AM	_____
Finals	88 Boys 15 & Over 200 Freestyle Relay	0	0	08:30 AM	_____
	Finish Time			08:30 AM	_____

**2023 Wahoo Winter Invitational - 1/13/2023 to 1/15/2023****Session Report**

Session: 10 Sunday 12 / under

Day of Meet: 3 Starts at 01:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	89 Girls 10 & Under 50 Breaststroke	0	0	01:00 PM	_____
Finals	90 Boys 10 & Under 50 Breaststroke	0	0	01:00 PM	_____
Prelims	91 Girls 11-12 50 Breaststroke	0	0	01:00 PM	_____
Prelims	92 Boys 11-12 50 Breaststroke	0	0	01:00 PM	_____
Finals	93 Girls 11-12 200 Butterfly	0	0	01:00 PM	_____
Finals	94 Boys 11-12 200 Butterfly	0	0	01:00 PM	_____
Finals	95 Girls 10 & Under 100 Backstroke	0	0	01:00 PM	_____
Finals	96 Boys 10 & Under 100 Backstroke	0	0	01:00 PM	_____
Prelims	97 Girls 11-12 100 Backstroke	0	0	01:00 PM	_____
Prelims	98 Boys 11-12 100 Backstroke	0	0	01:00 PM	_____
Finals	99 Girls 10 & Under 50 Butterfly	0	0	01:00 PM	_____
Finals	100 Boys 10 & Under 50 Butterfly	0	0	01:00 PM	_____
Prelims	101 Girls 11-12 50 Butterfly	0	0	01:00 PM	_____
Prelims	102 Boys 11-12 50 Butterfly	0	0	01:00 PM	_____
Finals	103 Girls 11-12 200 Breaststroke	0	0	01:00 PM	_____
Finals	104 Boys 11-12 200 Breaststroke	0	0	01:00 PM	_____
Finals	105 Girls 10 & Under 100 Freestyle	0	0	01:00 PM	_____
Finals	106 Boys 10 & Under 100 Freestyle	0	0	01:00 PM	_____
Prelims	107 Girls 11-12 100 Freestyle	0	0	01:00 PM	_____
Prelims	108 Boys 11-12 100 Freestyle	0	0	01:00 PM	_____
	Break: 10 Minutes:				
Finals	109 Girls 10 & Under 200 Freestyle Relay	0	0	01:10 PM	_____
Finals	110 Boys 10 & Under 200 Freestyle Relay	0	0	01:10 PM	_____
Finals	111 Girls 11-12 200 Freestyle Relay	0	0	01:10 PM	_____
Finals	112 Boys 11-12 200 Freestyle Relay	0	0	01:10 PM	_____
	Finish Time			01:10 PM	_____

**2023 Wahoo Winter Invitational - 1/13/2023 to 1/15/2023****Session Report**

Session: 11 Sunday FINALS

Day of Meet: 3 Starts at 06:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	65 Girls 13-14 200 IM	0	2 u	06:00 PM	_____
Finals	66 Boys 13-14 200 IM	0	2 u	06:08 PM	_____
Finals	67 Girls 15 & Over 200 IM	0	2 u	06:15 PM	_____
Finals	68 Boys 15 & Over 200 IM	0	2 u	06:23 PM	_____
Finals	91 Girls 11-12 50 Breaststroke	0	2 u	06:30 PM	_____
Finals	92 Boys 11-12 50 Breaststroke	0	2 u	06:34 PM	_____
Finals	69 Girls 13-14 200 Breaststroke	0	2 u	06:37 PM	_____
Finals	70 Boys 13-14 200 Breaststroke	0	2 u	06:45 PM	_____
Finals	71 Girls 15 & Over 200 Breaststroke	0	2 u	06:53 PM	_____
Finals	72 Boys 15 & Over 200 Breaststroke	0	2 u	07:01 PM	_____
Finals	97 Girls 11-12 100 Backstroke	0	2 u	07:09 PM	_____
Finals	98 Boys 11-12 100 Backstroke	0	2 u	07:15 PM	_____
Finals	73 Girls 13-14 100 Backstroke	0	2 u	07:20 PM	_____
Finals	74 Boys 13-14 100 Backstroke	0	2 u	07:25 PM	_____
Finals	75 Girls 15 & Over 100 Backstroke	0	2 u	07:29 PM	_____
Finals	76 Boys 15 & Over 100 Backstroke	0	2 u	07:34 PM	_____
	Break: 5 Minutes:				
Finals	101 Girls 11-12 50 Butterfly	0	2 u	07:44 PM	_____
Finals	102 Boys 11-12 50 Butterfly	0	2 u	07:47 PM	_____
Finals	77 Girls 13-14 100 Butterfly	0	2 u	07:50 PM	_____
Finals	78 Boys 13-14 100 Butterfly	0	2 u	07:54 PM	_____
Finals	79 Girls 15 & Over 100 Butterfly	0	2 u	07:59 PM	_____
Finals	80 Boys 15 & Over 100 Butterfly	0	2 u	08:03 PM	_____
Finals	107 Girls 11-12 100 Freestyle	0	2 u	08:07 PM	_____
Finals	108 Boys 11-12 100 Freestyle	0	2 u	08:12 PM	_____
Finals	81 Girls 13-14 200 Freestyle	0	2 u	08:16 PM	_____
Finals	82 Boys 13-14 200 Freestyle	0	2 u	08:23 PM	_____
Finals	83 Girls 15 & Over 200 Freestyle	0	2 u	08:30 PM	_____
Finals	84 Boys 15 & Over 200 Freestyle	0	2 u	08:37 PM	_____
	Entry / Heat Totals:	0	56		
	Finish Time			08:44 PM	_____