

CT 2021 PAC Thanksgiving Invitational November 19-21, 2021

Chelsea Piers 1 Blachley Road, Stamford, CT 06902

<https://g.page/?share>

This meet information is subject to change given the fluid nature of COVID-19. Be aware that CDC, State of CT, and local jurisdiction guidelines or public health actions may change quickly and without warning. Visit ctswim.org or the host website for any updates.

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #S21-32. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

COVID-19 Statement

In applying for this sanction, the Host, Chelsea Piers Aquatic Club, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Connecticut Swimming, the State of Connecticut and, the Department of Health of the City of Stamford.

<https://www.stamfordct.gov/government/public-safety-health-welfare/department-of-health/covid-19-info>.

COVID-19 Assumption of Risk Disclaimer

We, Chelsea Piers Aquatic Club, have taken enhanced health and safety measures – for athletes, coaches, officials, volunteers, and meet management. You must follow all instructions while participating in/spectating at the CPAC Thanksgiving Meet or on site at Chelsea Piers CT. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in/spectating at the CPAC Thanksgiving Meet and being on site at Chelsea Piers CT, you voluntarily assume all risks related to exposure to COVID-19.

COVID-19 Release

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events.

It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND CONNECTICUT SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF

NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

WAIVER: Waivers with signatures are required. All participants and spectators must sign the Waiver of Liability and Hold Harmless Agreement found on the last page of this meet announcement. Coaches should collect from participating athletes and submit all waivers to the meet director before the start of the meet.

EVENTS

	Name	Email	Phone
Meet Director:	Doug Lennox	dlennox@chelseapiers.com	
Meet Referee:	Dylan Lee (VSYM)		
Lead Admin Official:	Timothy Goertel		
Entry Chair:	Aaron Montgomery	cpacentries@gmail.com	
Safety Chair:	James Goodwin		

MEET HOST: CPAC

WEBSITE: <http://www.teamunify.com/Home.jsp?team=ctcp>

POOL EMERGENCY NUMBER: 203-989-1300 (James Goodwin, CPCT Aquatics Director)

SANCTIONED OR APPROVED: Sanctioned

MEET DURATION: Full meet with time limits as defined by CT/USA Swimming

MEET FORMAT: The meet will be swum as Prelim-Final format for 13 and over swimmers, and Timed Final for 12 and under swimmers. All events will run slowest to fastest with the exception of the 1650.

SCRATCH PROCEDURES: All scratches for events will be due at 5:00 pm on the day preceding the competition. (Scratches for Friday events due at 5:00 pm Thursday. Scratches for Saturday events due at 5:00 pm Friday etc). Penalties will be enforced for violation of those procedures. USA Swimming Rulebook 102.3

Failure to Compete in Finals: Any swimmer qualifying for any heat of finals who fails to compete and who has not been scratched will be barred from all further competition in the meet. A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete. **Exceptions for Failure to Compete in Finals:** No penalty shall apply for failure to compete in finals if: 1. The Referee is notified in the event of injury of illness and accepts the proof thereof. 2. A swimmer qualifying for a final heat based on the results of preliminarily notifies the announcer within 30 minutes after the announcement of qualifiers that he may not intend to compete and confirms his final intentions within 30 minutes following his last individual preliminary event. 3. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

BEFORE ENTERING FACILITY or WHAT TO BRING: Showers and locker rooms are limited to the use of restrooms only.

FACILITY RULES: No spectators are permitted on-site. Spectators on deck or in the Mezzanine area will be viewed as a code on conduct violation. Parents may be ejected from the facility. Teams in violation of this policy may not be welcome to further sessions should they not strictly enforce this policy.

Timers, Coaches, Officials and swimmers not in the water or behind the block must wear masks at all times and observe social distancing. Occupancy approximately-250 swimmers, 10 Coaches and 10 Officials for preliminary sessions. It is possible that the meet will be flighted, if entries exceed capacity. Flighting might be determined by any method deemed appropriate by the Meet Host.

FACILITY:

The Chelsea Piers Competition Pool is a 10-lane, 25-yard pool. Water depth at start end is: 7.5'. Water depth at turn end is: 7.5'. The competition course has not been certified in accordance with 104.2.2C(4).

The host club has the right to increase or decrease the number of competition lanes at the Referee's discretion based on the estimated timelines and the need for warm-up/cool down lanes.

Teams will be instructed with regard to the use of deck chairs. Coaches will be assigned seating areas.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited

SAFE SPORT POLICIES: The meet will be live-streamed for free on the Internet. THERE WILL BE NO SPECTATORS PERMITTED ON-SITE. Coaches are asked to give strict instructions to parents of this policy.

DISABLED ACCESS: Chelsea Piers Connecticut is fully accessible to all, able-bodied and challenged. The spectator area is easily accessible via elevator, and all bathrooms have reserved stalls in them. Reserved parking is directly in front of the facility. Please contact the Operational Risk Coordinator for more information and special arrangements.

COURSE: SCY

SESSION TIMES: Subject to Change

Session 1	Friday Morning Ages 13 and Over	6:30am WU 7:30am Start
Session 2	Friday Morning 12 and Under	11am WU 12:00 Start
Session 3	Friday Evening Finals	4pm WU 5:00 Start
Session 4	Saturday Morning 13 and Over Prelims	6:30am WU 7:30am Start
Session 5	Saturday Morning 12 and Under	11am WU 12:00 Start
Session 6	Saturday Evening Finals	4pm WU 5:00 Start
Session 7	Sunday Morning 13 and Over Finals	6:30am WU 7:30am Start
Session 8	Sunday Morning 12 and Under	11am WU 12:00 Start
Session 9	Sunday Evening Finals	4pm WU 5:00 Start

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. If needed, each preliminary session will be divided into 2 specific warm-up sessions 6:30-7:00am and 7:00-7:30. Warm ups are time and sessions are subject to change.

FINALS: Will be conducted in SCY. Three heats (TOP 24) will return for the evening session. Races will be conducted in the following order: Bonus Final - Consolation Final – Championship Final.

DISTANCE EVENTS: The 1650 will be conducted as timed finals. The top 8 swimmers in the 1650 will swim with finals as the first event on Sunday. Distance events of 800 meter and greater will be limited to the top 24 swimmers (2 heats in prelims, 1 heat in finals). As a guideline times in the 800 FS 10:00.00 (boys) and 9:35.00 (girls) and in the 1500 guideline is 19:25.00 (girls) and 18:25.00m (boys). All times in the 1500 and 800 will be checked in the USA swimming database. If swimmer has SCY converted time, please note that with the entry.

ELIGIBILITY: Invited Clubs only: MR-AGUA, MR-Condors, GYWD, MR-SMC, SSAC, ME-WSSC

All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck. Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a **\$100 fine** per instance, as described in CT Swimming meet policies:

<https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf>
and

https://www.ctswim.org/Customer-Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge**. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ADULT ATHLETES: All athletes who will be 18 years of age or older must complete the mandatory Athlete Protection Training prior to competition. Failure to do so will result in the swimmer being scratched from the meet.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to the [Connecticut Swimming office](#).

ENTRY LIMITATIONS: Swimmers are limited to 3 events per day and 9 events for the meet.

ENTRY TIMES: Submit entry times in: SCY

DEADLINES: Deadline is November 5, 2021. Mail hardcopy and payment to the entry chairperson: Doug Lennox, 1 Blachley Road, Stamford, CT, 06902. All entries must be legible and must use full names and registration numbers from USA Swimming registration. A financial obligation from the visiting team will be demonstrated with the verbal/written acceptance of the meet entry file.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at cpacentries@gmail.com. Please check that your team name, address, and contact information are listed correctly in this file. Payment must be received before the first day of the meet.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

All athletes, and their parents, who enter without club affiliation will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

ENTRY FEES: Electronic entries: \$15 for individual events, \$15 for distance event, \$30 for relays. Manual entries: \$15 for individual events, \$15 for distance events, \$30 for relays.

OUTREACH ENTRY FEE REIMBURSEMENT: Participating clubs will submit payment in full to the meet host for all Outreach athlete entry fees (splash fees). These fees will be reimbursed by CSI to the participating CSI club after completion of the meet. Scratches and 'No Swims' will not be reimbursed. For more information and to submit a reimbursement visit the [Outreach Athlete](#) page on ctswim.org

AYMENT INSTRUCTIONS: Please make checks payable to Chelsea Piers CT and mail to:
Chelsea Piers CT
c/o Doug Lennox
1 Blachley Road
Stamford, CT 06902.
Payment must be received by 11/12/21.

CUT PROTOCOL:

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

1. Athletes aged 7 and Under will be cut from the meet.
2. All relays, if planned, will be eliminated.
3. The distance events (400IM and 500FR) may be heat limited to the first 3 heats of entries per gender in the order they were received. The 1650 may be limited to the first 2 heats of entries per gender in the order they were received.
4. The maximum number of events allowed per day may be reduced by one (1).
5. [Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: Yes. All relay swimmers must be officially entered in the meet.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes.
There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.

4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

SWIMWEAR: Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

Professional photographers with current, official media credentials that are promoting the sport of swimming

Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training

A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA Swimming Vice President of Program Operations.

RULES: Current USA Swimming Rules will govern this meet.

TIME TRIALS: Yes. Time trials may be offered at the discretion of the Meet Referee in accordance with CSI Policy and USA Swimming rule 102.2.7 if time allows. Time Trials will count toward the athlete's event limitations for the day and meet. If they are offered, only athletes properly entered in one or more events in the meet are eligible for time trials and must be properly entered in the Time Trial. The deadline for Time Trial

entries is/are 9:30am for morning sessions. The fee for Time Trial entries are \$15 for individual events and \$30.00 for relays.

TIMERS, OFFICIALS OR WORK ASSIGNMENTS:

Volunteer Timers will be Required from all Teams for All Sessions (including Friday: 400 IM & 500 Free)

Each Swimmer must provide their own Timers & Counter for the 1650 Free events.

Each Swimmer must provide their own Counter for the 500 Free events. (Saturday and Sunday sessions)

Participating clubs will be notified of work assignments by the Monday before the meet.

All volunteers will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: No.

CONCESSIONS: Yes

HOSPITALITY FOR COACHES AND OFFICIALS: Yes

PARKING: : There is parking located on site at Chelsea Piers Connecticut. Any further instructions for parking will be emailed to the teams by the Monday before the meet.

DIRECTIONS: Northbound 95: Take exit 9. Make a left at the end of the ramp. Make a left on to Rt.1. Make a left onto Blachley Road. The facility is at the end of the street. Southbound 95: Take exit 9. Make a right at the end of the ramp. Make a left onto Blachley Road. The facility is at the end of the street.

LODGING: The Sheraton Stamford Hotel is 1 mile from Chelsea Piers CT, take exit 8 from I-95. Address: 700 East Main St, Stamford, CT 06901 Phone: (203) 358-8400 • Fax: (203) 358-8872 Please mention Chelsea Piers if making a reservation

WAIVER OF LIABILITY AND HOLD HARMLESS AGREEMENT

In consideration for receiving permission to BE ON PREMISES to either accompany my child or he or she conduct business, voluntarily participate in recreational events, attend practice or participate in training or compete at Chelsea Piers CT or any CPAC related activity (hereinafter the "Activity" or "Activities"), I, on behalf of myself and any minor child/children for whom I have the capacity to contract, hereby acknowledge and agree to the following:

1. I understand the hazards of the novel coronavirus ("COVID-19") and am familiar with the Centers for Disease Control and Prevention ("CDC") guidelines regarding COVID-19. I acknowledge and understand that the circumstances regarding COVID-19 are changing from day to day and that, accordingly, the CDC guidelines are regularly modified and updated, and I accept full responsibility for familiarizing myself with the most recent updates.
2. Notwithstanding the risks associated with COVID-19, which I readily acknowledge, I hereby willingly choose to participate in Activities.
3. I acknowledge and fully assume the risk of illness or death related to COVID-19 arising from my being on the premises and participating in the Activities and hereby RELEASE, WAIVE, DISCHARGE, AND COVENANT NOT SUE (on behalf of myself and any minor child/children for whom I have the capacity to contract) CPAC and / or Chelsea Piers CT] and its owners, officers, directors, agents, employees, and assigns (the "RELEASEES") from any liability related to COVID-19 which might occur as a result of my being on the premises and participating in the Activities.
4. I shall indemnify, defend, and hold harmless the RELEASEES from and against any and all claims, demands, suits, judgments, losses or expenses of any nature whatsoever (including, without limitation, attorneys' fees, costs and disbursements, whether of in-house or outside counsel and whether or not an action is brought, on appeal or otherwise), arising from or out of, or relating to, directly or indirectly, the infection of COVID-19 or any other illness or injury.
5. It is my express intent that this Waiver and Hold Harmless Agreement shall bind any assigns and representatives, and shall be deemed as a RELEASE, WAIVER, DISCHARGE, AND COVENENANT NOT TO SUE the above-named RELEASEES. This Agreement and the provisions contained herein shall be construed, interpreted, and controlled according to the laws of the State of Connecticut. I HEREBY KNOWINGLY AND VOLUNTARILY WAIVE ANY RIGHT TO A JURY TRIAL OF ANY DISPUTE ARISING IN CONNECTION WITH THIS AGREEMENT. I ACKNOWLEDGE THAT THIS WAIVER WAS EXPRESSLY NEGOTIATED AND IS A MATERIAL INDUCEMENT OF THE PERMISSION GRANTED BY RELEASEES TO BE ON PREMISES AND PARTICIPATE IN THE ACTIVITIES. BY SIGNING THIS AGREEMENT, I ACKNOWLEDGE AND REPRESENT THAT I have read the foregoing Waiver of Liability and Hold Harmless Agreement, understand it and sign it voluntarily as my own free act and deed; no oral representations, statements, or inducements, apart from the foregoing written agreement, have been made; I am at least eighteen (18) years of age and fully competent; and I execute the Agreement for full, adequate, and complete consideration fully intending to be bound by same.

IN WITNESS WHEREOF, I have signed this Waiver and Agreement under seal on this ____ day of November, 2021.

SIGNATURE: _____

NAME: _____ ADDRESS: _____

NAMES OF MINOR CHILD(REN), IF ANY: _____

CT 2021 CPAC Thanksgiving Meet - 11/19/2021 to 11/21/2021**Session Report**

Session: 1 Friday 13& Over Prelims

Day of Meet: 1 Starts at 07:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Meet Qualifying	Starts at	
Prelims	1 Girls 13 & Over 100 Breaststroke	69	9u		07:30 AM	_____
Prelims	2 Boys 13 & Over 100 Breaststroke	80	10u		07:45 AM	_____
Prelims	3 Girls 13 & Over 200 Freestyle	98	13u		07:59 AM	_____
Prelims	4 Boys 13 & Over 200 Freestyle	100	13u		08:30 AM	_____
Prelims	5 Girls 13 & Over 100 Butterfly	73	10u		09:01 AM	_____
Prelims	6 Boys 13 & Over 100 Butterfly	95	12u		09:14 AM	_____
Prelims	7 Girls 13 & Over 400 IM	45	6u		09:29 AM	_____
Prelims	8 Boys 13 & Over 400 IM	36	5u		10:00 AM	_____
	Swimmers Counts for Warm-ups: 296	=====	=====			
	Entry / Heat Totals:	596	78			
	Finish Time				10:25 AM	_____

Session: 2 Friday 12 & Under Timed Finals

Day of Meet: 1 Starts at 12:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Meet Qualifying	Starts at	
Finals	9 Girls 12 & Under 50 Breaststroke	58	8u		12:00 PM	_____
Finals	10 Boys 12 & Under 50 Breaststroke	43	6u		12:11 PM	_____
Finals	11 Girls 12 & Under 100 Freestyle	61	8u		12:19 PM	_____
Finals	12 Boys 12 & Under 100 Freestyle	51	7u		12:33 PM	_____
Finals	13 Girls 12 & Under 50 Butterfly	46	6u		12:46 PM	_____
Finals	14 Boys 12 & Under 50 Butterfly	42	6u		12:53 PM	_____
Finals	15 Girls 12 & Under 200 IM	38	5u		01:00 PM	_____
Finals	16 Boys 12 & Under 200 IM	25	4u		01:17 PM	_____
	Swimmers Counts for Warm-ups: 142	=====	=====			
	Entry / Heat Totals:	364	50			
	Finish Time				01:31 PM	_____

CT 2021 CPAC Thanksgiving Meet - 11/19/2021 to 11/21/2021
Session Report

Session: 3 Friday 13 & Over Finals

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Meet Qualifying	Starts at	
Finals	1 Girls 13 & Over 100 Breaststroke	24	3u		05:00 PM	_____
Finals	2 Boys 13 & Over 100 Breaststroke	24	3u		05:05 PM	_____
	Break: 10 Minutes:					
Finals	3 Girls 13 & Over 200 Freestyle	24	3u		05:20 PM	_____
Finals	4 Boys 13 & Over 200 Freestyle	24	3u		05:27 PM	_____
	Break: 10 Minutes:					
Finals	5 Girls 13 & Over 100 Butterfly	24	3u		05:44 PM	_____
Finals	6 Boys 13 & Over 100 Butterfly	24	3u		05:48 PM	_____
	Break: 10 Minutes:					
Finals	7 Girls 13 & Over 400 IM	24	3u		06:02 PM	_____
Finals	8 Boys 13 & Over 400 IM	24	3u		06:18 PM	_____
	Swimmers Counts for Warm-ups: 125	=====	=====			
	Entry / Heat Totals:	192	24			
	Finish Time				06:32 PM	_____

Session: 4 Saturday 13 & Over Prelims

Day of Meet: 2 Starts at 07:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Meet Qualifying	Starts at	
Prelims	17 Girls 13 & Over 200 IM	101	13u		07:30 AM	_____
Prelims	18 Boys 13 & Over 200 IM	115	15u		08:06 AM	_____
Prelims	19 Girls 13 & Over 50 Freestyle	119	15u		08:43 AM	_____
Prelims	20 Boys 13 & Over 50 Freestyle	155	20u		08:54 AM	_____
Prelims	21 Girls 13 & Over 100 Backstroke	101	13u		09:08 AM	_____
Prelims	22 Boys 13 & Over 100 Backstroke	110	14u		09:30 AM	_____
Prelims	23 Girls 13 & Over 500 Freestyle	54	7u		09:52 AM	_____
Prelims	24 Boys 13 & Over 500 Freestyle	77	10u		10:33 AM	_____
	Swimmers Counts for Warm-ups: 360	=====	=====			
	Entry / Heat Totals:	832	107			
	Finish Time				11:28 AM	_____

CT 2021 CPAC Thanksgiving Meet - 11/19/2021 to 11/21/2021
Session Report

Session: 5 Saturday 12 & Under Timed Finals

Day of Meet: 2 Starts at 12:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Meet Qualifying	Starts at	
Finals	27 Girls 12 & Under 100 IM	76	10u		12:00 PM	_____
Finals	28 Boys 12 & Under 100 IM	74	10u		12:20 PM	_____
Finals	29 Girls 12 & Under 50 Freestyle	112	14u		12:40 PM	_____
Finals	30 Boys 12 & Under 50 Freestyle	84	11u		12:55 PM	_____
Finals	31 Girls 12 & Under 50 Backstroke	74	10u		01:08 PM	_____
Finals	32 Boys 12 & Under 50 Backstroke	64	8u		01:22 PM	_____
Finals	33 Girls 12 & Under 200 Freestyle	65	9u		01:34 PM	_____
Finals	34 Boys 12 & Under 200 Freestyle	54	7u		02:02 PM	_____
	Swimmers Counts for Warm-ups: 219	=====	=====			
	Entry / Heat Totals:	603	79			
	Finish Time				02:25 PM	_____

Session: 6 Saturday 13 & Over Finals

Day of Meet: 2 Starts at 05:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Meet Qualifying	Starts at	
Finals	17 Girls 13 & Over 200 IM	24	3u		05:00 PM	_____
Finals	18 Boys 13 & Over 200 IM	24	3u		05:08 PM	_____
	Break: 10 Minutes:					
Finals	19 Girls 13 & Over 50 Freestyle	24	3u		05:26 PM	_____
Finals	20 Boys 13 & Over 50 Freestyle	24	3u		05:29 PM	_____
	Break: 10 Minutes:					
Finals	21 Girls 13 & Over 100 Backstroke	24	3u		05:41 PM	_____
Finals	22 Boys 13 & Over 100 Backstroke	24	3u		05:46 PM	_____
	Break: 10 Minutes:					
Finals	23 Girls 13 & Over 500 Freestyle	24	3u		06:01 PM	_____
Finals	24 Boys 13 & Over 500 Freestyle	24	3u		06:18 PM	_____
	Break: 10 Minutes:					
Finals	25 Girls 13 & Over 400 Medley Relay	3	1u		06:44 PM	_____
Finals	26 Boys 13 & Over 400 Medley Relay	7	1u		06:49 PM	_____
	Swimmers Counts for Warm-ups: 120	=====	=====			
	Entry / Heat Totals:	202	26			
	Finish Time				06:54 PM	_____

CT 2021 CPAC Thanksgiving Meet - 11/19/2021 to 11/21/2021
Session Report

Session: 7 Sunday 13 & Over Prelims

Day of Meet: 3 Starts at 07:30 AM Heat Interval: 10 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Meet Qualifying	Starts at	
Prelims	35 Girls 13 & Over 200 Backstroke	82	11u		07:30 AM	_____
Prelims	36 Boys 13 & Over 200 Backstroke	107	14u		08:01 AM	_____
Prelims	37 Girls 13 & Over 200 Breaststroke	54	7u		08:39 AM	_____
Prelims	38 Boys 13 & Over 200 Breaststroke	58	8u		09:00 AM	_____
Prelims	39 Girls 13 & Over 100 Freestyle	132	17u		09:23 AM	_____
Prelims	40 Boys 13 & Over 100 Freestyle	162	21u		09:42 AM	_____
Prelims	41 Girls 13 & Over 200 Butterfly	32	4u		10:06 AM	_____
Prelims	42 Boys 13 & Over 200 Butterfly	40	5u		10:16 AM	_____
Finals-S	43 Girls 13 & Over 1650 Freestyle	13	2u		10:27 AM	_____
Finals-S	44 Boys 13 & Over 1650 Freestyle	14	2u		11:06 AM	_____
	Swimmers Counts for Warm-ups: 340	=====	=====			
	Entry / Heat Totals:	694	91			
	Finish Time				11:43 AM	_____

Session: 8 Sunday 12 & Under Timed Finals

Day of Meet: 3 Starts at 12:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Meet Qualifying	Starts at	
Finals	47 Girls 12 & Under 100 Butterfly	39	5u		12:00 PM	_____
Finals	48 Boys 12 & Under 100 Butterfly	30	4u		12:10 PM	_____
Finals	49 Girls 12 & Under 100 Backstroke	79	10u		12:17 PM	_____
Finals	50 Boys 12 & Under 100 Backstroke	72	9u		12:39 PM	_____
Finals	51 Girls 12 & Under 100 Breaststroke	74	10u		01:00 PM	_____
Finals	52 Boys 12 & Under 100 Breaststroke	64	8u		01:21 PM	_____
Finals	53 Girls 12 & Under 500 Freestyle	33	5u		01:39 PM	_____
Finals	54 Boys 12 & Under 500 Freestyle	31	4u		02:14 PM	_____
	Swimmers Counts for Warm-ups: 179	=====	=====			
	Entry / Heat Totals:	422	55			
	Finish Time				02:43 PM	_____

CT 2021 CPAC Thanksgiving Meet - 11/19/2021 to 11/21/2021
Session Report

Session: 9 Sunday 13 & Over Finals

Day of Meet: 3 Starts at 05:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Meet Qualifying	Starts at	
Finals-1	43 Girls 13 & Over 1650 Freestyle	8	1u		05:00 PM	_____
Finals-1	44 Boys 13 & Over 1650 Freestyle	8	1u		05:20 PM	_____
Finals	35 Girls 13 & Over 200 Backstroke	24	3u		05:39 PM	_____
Finals	36 Boys 13 & Over 200 Backstroke	24	3u		05:48 PM	_____
	Break: 10 Minutes:					
Finals	37 Girls 13 & Over 200 Breaststroke	24	3u		06:06 PM	_____
Finals	38 Boys 13 & Over 200 Breaststroke	24	3u		06:15 PM	_____
	Break: 10 Minutes:					
Finals	39 Girls 13 & Over 100 Freestyle	24	3u		06:33 PM	_____
Finals	40 Boys 13 & Over 100 Freestyle	24	3u		06:37 PM	_____
	Break: 10 Minutes:					
Finals	41 Girls 13 & Over 200 Butterfly	24	3u		06:51 PM	_____
Finals	42 Boys 13 & Over 200 Butterfly	24	3u		06:59 PM	_____
	Break: 10 Minutes:					
Finals	45 Girls 13 & Over 400 Freestyle Relay	3	1u		07:17 PM	_____
Finals	46 Boys 13 & Over 400 Freestyle Relay	7	1u		07:21 PM	_____
	Swimmers Counts for Warm-ups: 156	=====	=====			
	Entry / Heat Totals:	218	28			
	Finish Time				07:25 PM	_____