

Connecticut Swimming SHORT COURSE

AGE GROUP SWIMMING CHAMPIONSHIP (11-14)

Hamden Hall Beckerman Athletic Center, 225 Skiff Street, Hamden, Ct 06517

<https://goo.gl/maps/cxjj88uwSo4mxfwr7>

March 17-20, 2022

This meet information is subject to change given the fluid nature of COVID-19. Be aware that CDC, State of CT, and local jurisdiction guidelines or public health actions may change quickly and without warning. Visit ctswim.org or the host website for any updates.

Held under sanction of USA Swimming and Connecticut Swimming Inc., #S21-79. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming Inc. shall be free and held harmless from any liabilities or claims for any damages arising by reason of injuries to anyone during the conduct of the event. In applying for this sanction, the Host, Hamden Hall Aquatic Club, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Connecticut Swimming, the State of Connecticut and, <https://portal.ct.gov/DPH/Local-Health-Admin/LHA/Quinnipiack-Valley-Health-District>

COVID-19 STATEMENT

COVID-19 Assumption of Risk Disclaimer

We, Hamden Hall Aquatic Club (HHAC), have taken enhanced health and safety measures – for athletes, coaches, officials, volunteers, and meet management. You must follow all instructions while participating in/spectating at HHAC Distance Meet or on site at Beckerman Athletic Center. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in/spectating at HHAC Distance Meet and being on site at Beckerman Athletic Center, you voluntarily assume all risks related to exposure to COVID-19.

COVID-19 Release

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND CONNECTICUT SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN,

FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

WAIVER: All participants and spectators must sign the Waiver of Liability and Hold Harmless Agreement found on the last page of this meet announcement. Please submit your copy of the waiver to your coach so he or she can submit to the meet director.

EVENTS

Held under the sanction of USA Swimming, and Connecticut Swimming, Inc. #S21-79. In granting this sanction, it is understood and agreed that CT Swimming and USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

The 2022 SC season Connecticut Age Group Swimming Championship for 11-14 will be held at Hamden Hall Beckerman Athletic Center. This meet is open to all Connecticut Swimming USA registered clubs and swimmers who meet the eligibility criteria and time standards (included).

MEET DIRECTOR:	Ronald Vaughan	860-538-3717	SwimCoachRonnie@gmail.com
MEET REFEREE:	Dylan Lee	860-235-3074	dylantlee@gmail.com
ADMINISTRATIVE REFEREE:	JoAnn McCaffrey		Jmccaffrey@riverbrookymc.a.org
MEET ENTRY INFO:	Henk Jansen		office@ctswim.org
SAFETY CHAIR:	Jen Lyman	203-464-6903	jlyman@hamdenhall.org

EMERGENCY PHONE: 203-464-6903

Any questions regarding the meet, prior to the competition, should be directed to the contacts listed above.

VENUE INFORMATION

FACILITY

Beckerman Athletic Center

The Edwards Family Natatorium is a 6-lane, 25-yard pool. Water depth at start end is 13.6 Feet. Water depth at turn end is 4 feet. The competition course has not been certified in accordance with 104.2.2C (4). The pool has electronic timing with a full display board. We will be using stopwatches for a backup system should the timing system fail

- Thursday evening will be conducted in one six-lane course.
- All 11-14 Trials and Finals sessions will be conducted in one six-lane course.
- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. Failure to comply may result in expulsion from the meet. Use of electronic audio or visual recording devices, including cell phones, is not permitted in changing areas, restrooms, or locker rooms. Failure to comply may result in expulsion from the meet. Please read the Photography and Video Recording policy found later in this announcement.

COURSE: Short Course Yards (SCY)

TIMING SYSTEM: Colorado Timing System, in compliance with USA Swimming Rulebook (102.24)

SPECTATOR POLICY: No spectators. Meet will be live streamed. Link will be provided closer to the event.

DISABLED/ELDERLY ACCESS: Handicapped parking is available. The main entrance, locker rooms, spectator seating, and pool entrances are handicapped-accessible. Please contact the meet director if athletes, coaches or spectators require assistance.

GENERAL MEET INFORMATION

RULES: Current USA Swimming Rules will govern this meet. The swimmer's age as of March 11, 2022, governs age group participation for the entire meet.

ELIGIBILITY CRITERIA: Clubs and all athletes must be 2022 *CSI-registered members* of USA Swimming. Registration will not be processed at the meet. Athletes with Flex memberships are not eligible to swim at this meet.

1. Athletes must be current USA/CT Registered Swimmers
2. Swimmers DO NOT have to have swum in any CT Sanctioned Meets in the 2021-2022 Short Course Schedule
3. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
4. Have been properly entered prior to the appropriate deadline contained in either the ENTRY DEADLINE, CORRECTION, or LATE QUALIFIERS sections below, and;
5. To be eligible to compete in individual events, each swimmer **MUST** have achieved the qualifying time for each individual event entered since January 1, 2020. Swimmers may qualify with times from 25 yards (SCY), 25 meters (SCM), or 50 meters (LCM) courses.

ADAPTED SWIMMING: Any CSI-registered swimmer with a disability as defined by USA Swimming Rules and Regulations should refer to the CSI Adapted Swimming Policy available on ctswim.org and contact office@ctswim.org for time standards and other information. Coaches or athletes must notify the referee of any disability prior to competition.

OUTREACH POLICY: CSI has adopted an outreach policy to enable Outreach athletes to enter this championship meet with their entry fees waived. See the OUTREACH ATHLETES section for more info.

DECK ACCESS: Swimmers on deck must be supervised by a USA Swimming registered coach. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet and must have this card with them while on deck. Coaches not affiliated with a CSI registered club may be on deck only for those sessions in which they are coaching associated unattached swimmers. Only swimmers entered in this meet shall be allowed in the pool during warm-ups/warm-downs. Children not participating in the meet must be supervised at all times by an adult and are not allowed on the pool deck for any reason. The Meet Director and Referee reserve the right to limit such deck access in the event of overcrowding, inappropriate behavior, or for any other reason. CSI Rules of Conduct will be strictly enforced.

Team seating will be assigned and emailed out to all attending teams.

COACHES' MEETING: A brief coaches' meeting will be held on Thursday Afternoon at a time designated by the meet referee and as necessary on Friday, Saturday, and Sunday. Please consult your packet for meeting time.

ENTRIES

- Swimmers may enter any individual event for which they qualify but may only compete in six (6) individual events for the meet and a maximum of three (3) individual events per day.

- Clubs may enter one relay-only swimmer per age group per gender (11/12 Girls, 11/12 Boys, 13/14 Girls & 13/14 Boys). Swimmers entered in relay events **only** must be listed on the meet entry with their USA Swimming numbers and ages.
- Swimmers meeting the qualification in the 1000Y Freestyle may enter the 1650Y Freestyle as a bonus, and vice versa. These events must be entered with pre-proven official times.
- Each club may enter up to three relay teams per relay event, except for the 800Y freestyle relay where each club may enter only one relay team per 800Y relay event. "No-times" for relay events are strongly discouraged. Please estimate or use a composite.
- Unattached swimmers (UN) must be indicated on the entry. Coaches wishing to change the attachment status of swimmers during the meet should bring such requests, which must be consistent with USA Swimming rules, to the Administrative Referee.

PROOF OF ENTRY TIMES: All entry times must be pre-proven. The results of any USA Swimming sanctioned, approved, or observed meet or a meet attested by a USA Referee or CIAC/ Independent Referee will be accepted as proof of time. Eligible times not verified in Connecticut FAST may be proven by using the Connecticut FAST custom times tool available to CSI clubs or, in the case of unattached entries, by sending an email to the entry chair, which includes the meet name, date, location, referee attestation, and the pertinent page(s) of the results. Failure to pre-prove an entry time will prevent the swimmer from being entered in that event. **Proof of time is the responsibility of each coach.** In accordance with CSI policy, (Integrity Statement 1/25/94), the Club from which a swimmer's time cannot be proven, shall be fined the sum of \$100.00 per event. The \$100.00 fine must be paid by May 1, 2022, to the Connecticut Swimming office.

ENTRY DEADLINE: Entries must be received by **9:00p.m Thursday, March 10, 2022.** Payment will be due with the submission of entry. Please see the PAYMENT section for details.

ENTRY SUBMISSION: CSI-member USA Swimming clubs will enter using [Connecticut FAST Online Entries](#) and enter an adapted athlete by contacting office@ctswim.org. CSI-member unattached athletes, not affiliated with a CSI club, should email an entry file (*.sd3 or *.cl2) and proof of time to office@ctswim.org. If meet entry software is not available, email office@ctswim.org the athlete name, USA ID, age, event number, event name, time, and proof of time. See the Proof of Entry Times section for acceptable proof. Manually typed entries are subject to extra fees and all times done in courses other than a 50-meter course must be marked on the entry form by writing SCM or SCY at the entry time. All computer entry files should be coded to indicate the course in which the time was achieved.

FEES: Splash Fee: \$12.00 per individual event, \$24.00 per relay. A \$3.50 per swimmer entry fee applies to relay-only swimmers. If no electronic entry is provided, there is an additional \$10.00 manual entry fee per swimmer.

PAYMENT: The payment deadline for entries is upon receipt of final entry. Payment will be collected upon submission of entry by check. The check may be mailed to the address below or brought to the meet.

Payable to: CT Swimming Inc.
Connecticut Swimming
68 Nichols Ave
Shelton, CT 06484

Checks must be postmarked by Wednesday, March 4, 2022. Splash fees for late qualifiers and correction fees are due on Tuesday, March 10, 2022, by check (postmarked) or credit card. CSI reserves the right to remove the unpaid entries from the meet.

OUTREACH ATHLETES: Entry fees for CSI registered Outreach Athletes are waived. When submitting the meet entry, the entering club must request, in writing, that the individual entry fees be waived for the Outreach athlete(s) listed on the club's entry. The Entry Chair shall confirm the Outreach status of the athlete(s) using USA Swimming's national registration database. If confirmed, all individual event entry fees shall be waived for that Outreach Athlete(s).

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall:

1. Be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a member coach prior to the meet. Athletes unaccompanied by a member coach will not be permitted on deck. Please contact the Meet Director for assistance. and
2. Be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

LATE QUALIFIERS: Any entered club that has a swimmer achieve an initial qualifying time during the period of **March 10, 2022, through March 13, 2022**, must enter, no later than **5:00 pm Monday, March 14, 2022** Exceptions to this deadline will not be entertained. **No improvements in seed time will be accepted unless the new seed time is in a different course than originally entered.** Include payment of late qualifiers with original splash fees. See the Payment section of this announcement. CSI reserves the right to remove the unpaid entries from the meet

CORRECTIONS: Meet entry corrections will be accepted by the meet entry chair until **5:00 pm Monday, March 14, 2022**. Email corrections to the Entry Chair office@ctswim.org After this deadline, no corrections will be accepted. Exceptions to this deadline will not be entertained. Under no circumstances will corrections (other than changes of attachment status) be accepted after this time. **No improvements in seed time will be accepted.** Corrections are not the same as exchanging one event for another (swapping out). Corrections are adding events that were, for whatever reason, not included in the original entry. For **each** correction, including but not limited to the event, age group, proof of time, clubs will be assessed \$10.00 in addition to the published splash fee (see examples below).

- If John Doe is omitted from a club's entry in six (6) events, his club will be charged \$60.00 in addition to the cost of his entry. Total for John Doe \$132.00.
- If a relay team is added, the charge will be \$20.00 plus the splash fee. Total for additional relay \$44.00.

In accordance with CSI rules, proof of time is required and this procedure shall **not** be used to improve seed times. Prior to correcting entry times, the original proof of time will be checked to ensure the correction is not an improvement in seed time. Splash fees for correction fees are due on Tuesday, March 15, 2022, by check (postmarked) or credit card. CSI reserves the right to remove the unpaid entries from the meet.

WARM-UP, SCRATCH, & POSITIVE CHECK-IN PROCEDURES

CHECK-IN/WARM-UP: All clubs must warm up under the supervision of a coach or marshal. Swimmers without a coach in attendance must report to the office and have a supervisor assigned. Lane assignments for general warm-up will be provided in the coaches' packets and are subject to the discretion of the Meet Referee. No diving will be permitted, except in the assigned lanes during one-way Sprints. Pace lanes will be available during sessions. Due to limited warm-up space, **only swimmers entered in individual events or expected to swim relays in each session may enter the pool in that session's warm-up period.**

SCRATCH PROCEDURES:

- Positive check-in is required by **7:00 p.m.** on Saturday, March 19, 2022, for the 1000Y freestyle events scheduled to be conducted on Sunday, March 20, 2022. Failure to positively check in by the stated time will result in the swimmer not being seeded into the event.
 1. Any swimmer who does not scratch the event by the scratch deadline on Saturday (and did not positively check-in) will be seeded at "NT".
 2. If you positively check-in and do not scratch, you will be seeded with your entry time and may swim.
 3. If you positively check-in and scratch, you will not be seeded in the event and will not swim.
- Except as otherwise provided in this Announcement scratch sheets must be turned into the computer table by the following deadlines:

<i>SCHEDULE:</i>	<u>Ages</u>	<u>Warm-Up</u>	<u>Start</u>
Thursday Evening	13/14	3:15 p.m.	4:00 p.m.
Thursday Evening	Relays & 12 & under	5:30 p.m.*	6:00 p.m.*
Fri-Sat-Sun Prelims Session 1	13/14	6:30 a.m.	7:45 a.m.
Fri-Sat-Sun Prelims Session 2	11/12	10:30 a.m.	11:45 a.m.
Fri-Sat-Sun Finals	11 & over	4:30 p.m.	5:30 p.m.

*times may be adjusted based on number of entries and timeline

<i>SCHEDULE:</i>	<u>Ages</u>	<u>Scratch Deadline</u>
Thursday Evening	13/14	3:30 p.m.
Thursday Evening	Relays & 12 & under	5:30 p.m.
Friday Prelims	13/14 & 11/12	Thursday 6:30 p.m.
Saturday Prelims	13/14 & 11/12	Friday 6:30 p.m.
Sunday Prelims	13/14 & 11/12	Saturday 6:30 p.m.

- For the 13/14 and 11/12 preliminary sessions, scratches are due no later than **6:30 pm on the preceding day**.
- Scratches will be accepted via email to the Meet Director before the published Scratch Deadline above. This is ONLY for teams that are NOT in attendance at the evening sessions. No exceptions.
- If a scratch sheet is not received by the deadline, all swimmers on that scratch sheet will be considered NOT scratched and will be seeded in their entered events, except that any over-entered swimmers will be scratched from their last event(s) other than the 1000Y freestyle until they are in compliance with entry rules.
- Upon official announcement of the qualifiers from the preliminary heats of an event, scratch sheets for finals will be posted at the Administrative Referee's table. Swimmers will have 30 minutes to scratch or "declare an intention to scratch" from the finals for the event.

FAILURE TO COMPETE PENALTIES:

Failure to show for a Preliminary or Timed final event will not result in a penalty. However, a missed event will count as an event entry and be included in both the daily and meet event limitations.

A swimmer qualifying for a consolation or championship final who fails to compete and who has not scratched, will be barred from all further competition in the meet. It is the responsibility of the coaches and swimmers to check the scratch sheets and to scratch in a timely fashion if they do not intend to return or swim at finals. Sunday Finalist shall be fined \$50.00 for each event not swum. Fines must be paid before May 1, 2022.

No Penalty shall apply for Failure to Compete in finals if:

1. The referee is notified in the event of illness or injury and accepts the proof.
2. A swimmer qualifying for finals based on the results of preliminaries notified the Clerk of Course within 30 minutes of the announcement of qualifiers that he/she may not intend to compete and confirm his/her final intention within 30 minutes following his/her last preliminary event.
3. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

CONDUCT OF COMPETITION

SWIMWEAR: Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape or Meshed Seams. Age is determined on the first date of the meet.

SEEDING: Seeding and lane assignments shall be in accordance with USA Swimming Rule 102.5, except as noted below. Order of heats shall be slowest to fastest, except as noted below. In order to determine seeding (i.e. the “psych sheet”), all conforming times (SCY) shall be arranged from fastest to slowest followed by non-conforming long course meter times (LCM) arranged fastest to slowest. Swimmers whose entry times are identical shall be seeded by draw.

INDIVIDUAL EVENTS:

- With the exception of the 11/12 500Y freestyle (see DISTANCE EVENTS), all 11/12 individual events will be conducted as preliminaries and finals, swum slowest to fastest, with the fastest 18 swimmers returning for bonus, consolation and championship final heats in the evening session.
- With the exception of the 13/14 1000Y and 1650Y Freestyles (see DISTANCE EVENTS), all 13/14 individual events will be conducted as preliminaries and finals, swum slowest to fastest with the fastest 18 swimmers returning for bonus, consolation and championship final heats in the evening session.

DISTANCE EVENTS:

- Except for those swimming on Sunday evening, swimmers must provide a timer, who will be assigned a lane by the Meet Referee or his designee.
- Swimmers meeting the qualification in the 1000Y Freestyle may enter the 1650Y Freestyle as a bonus, and vice versa. These events must be entered with pre-proven times. See ENTRIES section.
- The 12/U 500Y Freestyle and the 13/14 1000Y and 1650Y Freestyle events shall be conducted on a **timed final** basis, swum fastest to slowest, alternating girls and boys. In the 1000Y, the fastest seeded heat of women and men shall be conducted as the first event of finals on Sunday evening. Swimmers must supply their own lap counters if desired. Except for those swimming Sunday evening finals, swimmers must provide a timer, who will be assigned a lane by the Meet Referee or his designee. The meet program is not the final determinant of seeding. Late entries, corrections, or scratches may impact which swimmers will swim in the evening. Seeding will be posted as soon as possible after the scratch deadline.

RELAYS: All 11 & Over relays will be swum during preliminaries on a timed final basis swum slowest to fastest. Clubs may enter one relay-only swimmer per age group per gender (11/12 Girls, 11/12 Boys, 13/14 Girls & 13/14 Boys). Swimmers entered in relay events **only** must be listed on the meet entry with their USA Swimming numbers and ages. Relay cards will be given to club coaches, who must list the relay team swimmers’ first and last names in order of swim. Failure to do so will prevent the relay team from competing. Upon reporting to the starting block prior to the relay heat in which the team is entered, the completed relay card shall be given to the head timer. No further changes will be permitted. Incomplete or inaccurate relay cards will result in disqualification if discovered after the swim. Attention: all teams entered in Thursday’s 800Y Free Relay event: Clubs may enter one relay team per each event number (7 and 8) for the 800 Freestyle Relay. Each team must provide 1 lane timer for each relay entry. Timers should be ready and in place prior to the conclusion of the previous heat.

TIME TRIALS: Time Trials will not be available due to the structure of the preliminary sessions.

BREAKS: To be determined based on number of entries for Prelims. At finals, we would look to do a 5-10 break after each mens 13-14 event. The swimmers are not permitted to enter the pool during breaks unless approval has been granted by the Meet Referee

AWARDS and SCORING: Individual & Relay Events will be scored to 18 places, as follows:

Individual Events:	24-21-20-19-18-17-16-15-14-13-11-9-8-7-6-5-4-3-2-1
Relays:	48-42-40-38-36-34-32-30-28-26-22-18-16-14-12-10-8

- For individual events, medals will be awarded through 10th place with ribbons awarded from 11th through 20th place. For relay events, medals will be awarded through 3rd place.
- Individuals and relay teams winning first place will also receive an Age Group Champion award.

- High point trophies will be awarded to the individual female and male swimmers and to the women's and men's clubs who score the most points in the 10 & under, 11/12 & 13/14 categories.
- "Distance" high point trophies will be awarded to the female and male swimmers who score the most points in the following categories:
 - 11/12 - 200 Free, 500 Free, and 200 IM
 - 13/14 - 500 Free, 1000 Free, 1650 Free, and 400 IM

All clubs must make arrangements to collect their awards prior to leaving the building on Sunday night. CSI will not be able to provide storage or shipment of awards.

WORK ASSIGNMENTS: C All teams are required to provide workers (e.g. timers, runners, marshals, officials, etc.) in proportion to the size of their entry. Team contacts will be notified of their team's work assignments as soon as possible after the entries are received. Please include the name, phone number, and address of the team contact for work assignments. Interested officials should apply online at <https://fast.ctswim.org/CTNet/CFPaintForm.aspx?f=290>. Deadline to do so is March 14th.

Any team which fails to provide its workers or whose workers do not work for the entire session will be fined by Connecticut Swimming, Inc. Clubs will be fined \$100 per each worker that fails to show and \$60 for each worker that is late or leaves early. NOTE WELL: that a work assignment is for the duration of the session. It is up to the team to provide a backup worker in case the team's worker for any reason is unable to perform or complete the work assignment.

Failure to supply worker	\$100 per worker per session
Leaving assignment early	\$60 per worker per session
Arriving late for assignment	\$60 per worker per session

Each club shall submit the name and telephone number of a club liaison responsible for that club's work assignments. If no representative is shown, the club coach shall be responsible for performing the function of the liaison.

MEET JURY: The Meet Jury shall be announced by the Meet Referee at the Coaches Meeting. Written protests involving eligibility or technical rules, except disqualification due to judgment decisions of the deck officials, shall be made to the Meet Referee within 30 minutes of the protested act or occurrence. Any protest filed will be referred to the appropriate jury. There is a \$50 fee for a protest made by anyone and that fee is refundable if the protest is upheld.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Electronic audio or visual recording devices, including cell phones, are not permitted in changing areas, restrooms, or locker rooms.

INCLEMENT WEATHER OR CANCELLATION: In the event of weather delays, events may be cut. Please review [CSI's Inclement Weather Policy](#).

RULES: Current USA Swimming rules, including the [Minor Athlete Abuse Prevention Policy](#), will govern all competition.

PHOTOGRAPHY AND VIDEO RECORDING: Meet Management has the full authority to restrict ANY AND ALL photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present. Exceptions may be granted with prior written approval by the USA Swimming Vice President of Program Operations.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

2022 SHORT COURSE AGE GROUP SWIMMING CHAMPIONSHIP ORDER OF EVENTS

MARCH 17-20, 2022

THURSDAY, MARCH 17, 2022

<u>GIRLS</u>					<u>BOYS</u>				
<u>NO</u>	<u>SCY</u>	<u>SCM</u>	<u>LCM</u>	<u>EVENT</u>	<u>SCY</u>	<u>SCM</u>	<u>LCM</u>	<u>NO</u>	
1	19:15.69	19:42.99	20:06.99	13/14 1650Y/1500 Free	18:44.99	19:20.99	19:44.99	2	
				Break					
3	----		----	13/14 800Y Free Relay	----		----	4	
				Break					
5	5:58.49	5:15.79	5:22.19	11/12 500Y/400M Free	6:02.59	5:25.09	5:31.49	6	

**Note: The 1650Y/1500M and the 1000Y/800M Freestyles are reciprocal bonus events.
Please refer to ENTRIES section.**

FRIDAY MORNING, MARCH 18, 2022

<u>GIRLS</u>					<u>BOYS</u>				
<u>NO</u>	<u>SCY</u>	<u>SCM</u>	<u>LCM</u>	<u>EVENT</u>	<u>SCY</u>	<u>SCM</u>	<u>LCM</u>	<u>NO</u>	
7	2:20.29	2:38.83	2:42.09	13/14 200Y IM	2:15.29	2:32.59	2:35.79	8	
9	26.19	29.29	30.09	13/14 50Y Free	25.29	27.89	28.69	10	
11	5:32.49	4:50.79	4:57.19	13/14 500Y/400M Free	5:24.39	4:44.59	4:50.99	12	
13	2:39.69	3:03.19	3:07.19	13/14 200Y Breast	2:36.89	2:59.69	3:03.69	14	
15	----		----	13/14 400Y Medley Relay	----		----	16	
17	2:32.99	2:50.79	2:53.99	11/12 200Y IM	2:33.59	2:52.79	2:55.99	18	
19	31.19	33.89	34.59	11/12 50Y Butterfly	31.79	35.29	35.99	20	
21	1:01.49	1:08.09	1:09.69	11/12 100Y Free	1:01.49	1:08.09	1:10.69	22	
23	36.99	41.59	42.59	11/12 50Y Breast	37.39	42.69	43.69	24	
25	2:33.29	2:53.29	2:55.69	11/12 200Y Back	2:33.69	2:56.59	2:58.99	26	
27	----		----	11/12 400Y Medley Relay	----		----	28	

SATURDAY MORNING, MARCH 19, 2020

<u>GIRLS</u>					<u>BOYS</u>				
<u>NO</u>	<u>SCY</u>	<u>SCM</u>	<u>LCM</u>	<u>EVENT</u>	<u>SCY</u>	<u>SCM</u>	<u>LCM</u>	<u>NO</u>	
29	----		----	13/14 200Y Medley Relay	----		----	30	
31	56.99	1:03.99	1:05.59	13/14 100Y Free	54.99	1:01.39	1:02.99	32	
33	2:26.29	2:50.19	2:52.99	13/14 200Y Butterfly	2:21.89	2:44.19	2:46.99	34	
35	1:04.89	1:14.29	1:15.49	13/14 100Y Back	1:03.19	1:12.99	1:14.19	36	
37	5:02.39	5:42.59	5:48.99	13/14 400Y IM	4:53.39	5:38.59	5:44.99	38	
39	----		----	13/14 200Y Free Relay	----		----	40	
41	----		----	11/12 200Y Medley Relay	----		----	42	
43	1:09.89	1:19.39	1:20.59	11/12 100Y Back	1:11.09	1:21.29	1:22.49	44	
45	28.18	30.79	31.59	11/12 50Y Free	28.19	30.79	31.89	46	
47	1:20.39	1:30.39	1:32.39	11/12 100Y Breast	1:22.19	1:33.29	1:35.29	48	
49	2:43.59	3:07.39	3:10.19	11/12 200Y Fly	2:45.69	3:19.29	3:22.09	50	
51	----		----	11/12 200Y Free Relay	----		----	52	

SUNDAY MORNING, MARCH 20, 2022

<u>GIRLS</u>					<u>BOYS</u>				
<u>NO</u>	<u>SCY</u>	<u>SCM</u>	<u>LCM</u>	<u>EVENT</u>	<u>SCY</u>	<u>SCM</u>	<u>LCM</u>	<u>NO</u>	
53	2:03.49	2:19.49	2:22.69	13/14 200Y Free	1:59.69	2:15.29	2:18.49	54	
55	1:03.89	1:12.19	1:13.59	13/14 100Y Butterfly	1:01.99	1:09.39	1:10.79	56	
57	2:19.29	2:42.34	2:44.74	13/14 200Y Back	2:15.39	2:37.59	2:39.99	58	
59	1:14.39	1:24.69	1:26.69	13/14 100Y Breast	1:11.59	1:22.24	1:24.24	60	
61	----		----	13/14 400Y Free Relay	----		----	62	
63	11:40.79	10:13.19	10:25.99	13/14 1000Y/800M Free	11:28.99	9:57.19	10:09.99	64	
65	2:12.79	2:28.79	2:31.99	11/12 200Y Free	2:15.79	2:30.99	2:34.19	66	
67	1:10.69	1:18.47	-	11/12 100Y IM	1:11.99	1:19.91	-	68	
69	32.69	36.99	37.59	11/12 50Y Back	32.99	37.39	37.99	70	
71	1:10.29	1:18.59	1:19.99	11/12 100Y Butterfly	1:12.89	1:23.09	1:24.49	72	
73	2:54.99	3:15.99	3:19.99	11/12 200Y Breast	2:56.69	3:24.69	3:28.69	74	
75	----		----	11/12 400Y Free Relay	----		----	76	

**Note: The 1650Y/1500M and the 1000Y/800M Freestyles are reciprocal bonus events.
Please see ENTRIES section.**

WAIVER OF LIABILITY AND HOLD HARMLESS AGREEMENT

In consideration for receiving permission to BE ON PREMISES to either accompany my child or he or she conduct business, voluntarily participate in recreational events, attend practice or participate in training or compete at **Hamden Hall and Hamden Hall Aquatic Club** related activity (hereinafter the "Activity" or "Activities"), I, on behalf of myself and any minor child/children for whom I have the capacity to contract, hereby acknowledge and agree to the following:

1. I understand the hazards of the novel coronavirus ("COVID-19") and am familiar with the Centers for Disease Control and Prevention ("CDC") guidelines regarding COVID-19. I acknowledge and understand that the circumstances regarding COVID-19 are changing from day to day and that, accordingly, the CDC guidelines are regularly modified and updated, and I accept full responsibility for familiarizing myself with the most recent updates.
2. Notwithstanding the risks associated with COVID-19, which I readily acknowledge, I hereby willingly choose to participate in Activities.
3. I acknowledge and fully assume the risk of illness or death related to COVID-19 arising from my being on the premises and participating in the Activities and hereby RELEASE, WAIVE, DISCHARGE, AND COVENANT NOT SUE (on behalf of myself and any minor child/children for whom I have the capacity to contract) **Hamden Hall Aquatic Club and / or Hamden Hall** and its owners, officers, directors, agents, employees, and assigns (the "RELEASEES") from any liability related to COVID-19 which might occur as a result of my being on the premises and participating in the Activities.
4. I shall indemnify, defend, and hold harmless the RELEASEES from and against any and all claims, demands, suits, judgments, losses or expenses of any nature whatsoever (including, without limitation, attorneys' fees, costs and disbursements, whether of in-house or outside counsel and whether or not an action is brought, on appeal or otherwise), arising from or out of, or relating to, directly or indirectly, the infection of COVID-19 or any other illness or injury.
5. It is my express intent that this Waiver and Hold Harmless Agreement shall bind any assigns and representatives, and shall be deemed as a RELEASE, WAIVER, DISCHARGE, AND COVENANT NOT TO SUE the above-named RELEASEES. This Agreement and the provisions contained herein shall be construed, interpreted, and controlled according to the laws of the State of Connecticut. I HEREBY KNOWINGLY AND VOLUNTARILY WAIVE ANY RIGHT TO A JURY TRIAL OF ANY DISPUTE ARISING IN CONNECTION WITH THIS AGREEMENT. I ACKNOWLEDGE THAT THIS WAIVER WAS EXPRESSLY NEGOTIATED AND IS A MATERIAL INDUCEMENT OF THE PERMISSION GRANTED BY RELEASEES TO BE ON PREMISES AND PARTICIPATE IN THE ACTIVITIES.
BY SIGNING THIS AGREEMENT, I ACKNOWLEDGE AND REPRESENT THAT I have read the foregoing Waiver of Liability and Hold Harmless Agreement, understand it and sign it voluntarily as my own free act and deed; no oral representations, statements, or inducements, apart from the foregoing written agreement, have been made; I am at least eighteen (18) years of age and fully competent; and I execute the Agreement for full, adequate, and complete consideration fully intending to be bound by same.

IN WITNESS WHEREOF, I have signed this Waiver and Agreement
under seal on this ____ day of _____ 2022.
(day) (month)

SIGNATURE: _____

NAME: _____ ADDRESS: _____

NAMES OF MINOR CHILD(REN), IF ANY: _____

