

2026 Bob McDowell YMCA Thanksgiving Invite hosted by Wilton Y Wahoos

November 13-15, 2026

Wilton Family YMCA
404 Danbury Rd.
Wilton, CT 06897
<http://maps.google.com/maps?hl=en&tab=wl>

Held under sanction of YMCA Swimming and approval by Connecticut Swimming, Inc.

YMCA SANCTION CAQ-2026-CT-09037478

CT SWIMMING APPROVAL A-26--1

In granting this sanction/approval it is understood and agreed that YMCA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

THE THEME OF THE MEET WILL BE PINK IN THE POOL SUPPORTING BREAST CANCER

Host Team Code	WYW
Meet Director	JoAnn McCaffrey jmccaffrey@riverbrookymca.org 203-762-8384 x 249
Entry Chair	JoAnn McCaffrey jmccaffrey@riverbrookymca.org 203-762-8384 x 249
Referee	Bruce VanVelzor wywofficials@gmail.com
Safety Chair	Eric Holden eholden@riverbrookymca.org 203-762-8384 x 289
Official's Contact	Bruce VanVelzor wywofficials@gmail.com
FACILITY INFORMATION	
Location	404 Danbury Road Wilton, CT 06897
Facilities	12-lanes, 2/ 6 lane 25-yard pool with movable bulkhead dividing. Daktronic Timing. The competition course has been certified in accordance with 104.2.2C(4). North course is 6 .7 Ft. at the dive end and 6 .7 ft at turn end. The South Course is 6 .7 ft at the dive end and 4.7 ft at the turn end. * Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
Course	SCY
Emergency Phone	203-762-8384
Website	www.wywahoos.org
Wifi Access	List WIFI availability and moderate connectivity strength
Medical Supervision	Lifeguards are on deck during the entire meet. AED's are available
Safe Sport	There is limited viewing area, but meet is live streamed in multiple areas in the building
Handicapped/Disabled Access	Handicapped parking, handicapped entrances and whether pool, locker rooms and spectator areas are accessible. Please reach out to meet director with any requests

Parking	Coaches/officials will have limited parking on the premises. Additional AND ALL SPECTATOR parking will be at the High School across the street. Friday afternoon session, will be able to park at the Y since school will be in session.
Deck Access	Due to the number of swimmers Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.
ENTRY INFORMATION	
CT ONLY Deadline	There are no CT ONLY deadlines for any meet in the SC season
Entry Deadline	Deadline is 10/21/26
Entry Fees	Individual: \$16.00 Distance: \$16.00 Relay: \$24.00 Manual Entry Fees: \$4.00 will be added to the amounts above i(nd 20.00/ relay 30.00) ** No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.
Send Payment to	Wilton Y Wahoos c/o Jo Ann McCaffrey 404 Danbury Road Wilton, CT 06897 PLEASE MARK CHECK WITH TEAM NAMES for teams having a centralized bill pay! Payment must be received by 11/13/26
Makes checks payable to	Wilton Y Wahoos
Electronic Entries	Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at jmccaffrey@riverbrokkymca.org Please check that your team name, address, and contact information are listed correctly in this file. Teams will receive an email from entry chair when entries are received confirming entry. Payment is due by 11/13/26 with insurance / meet declaration form.
Entries from Athletes with no club affiliation	Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.
MEET INFORMATION	
Meet Format	The meet will be swum as • 10 under events are timed finals • 11/ over events are prelim finals with the exception of Friday events • Finals will be top 12 in each age group 11/12, 13/14, 15 over • Relays will be swum during the preliminary session. • 11/12 200's are TIMED FINALS (200 Free/200 IM) • <u>Distance Events:</u> ○ All Heats of the 500Y freestyle will be swum fast to slow during the Saturday morning session after the relays. It will swim fastest to slowest alternating if in 1 pool, with the top 12 retuning at night. If it is 2 pools, both pools will start at the same time and will swim fast to slow. ▪ Swimmers will need their own timers and counters ○ The 400Y IM/1000 free will also be swum fastest to slowest, alternating by heat women/men if in one pool. (This may be changed after entries are received) If in 2 pools , both pools will start those events at the same time.

	- Swimmers will need their own counters and timers for 1000, the 400 IM will be assigned with rest of events for Friday 13 over Relays will be swum fastest to slowest and as timed finals in prelims
Entry Limitations	Swimmers may compete in three (3) individual events Friday and three (3) individual events on Saturday and Sunday with the maximum number of individual events being 8 total. Maximum of 750 swimmers will be accepted.
Meet Duration	Full meet with time limits as defined by CT/USA Swimming.
Sanction Type	Approved CT SWIM Sanctioned YMCA of USA
Rules	Current USA Swimming rules will govern all competition.
Relays	Yes
Time Trials	<i>Time trials will be offered at the discretion of the Meet Referee in accordance with CSI Policy if time allows.</i> Time trials are limited to the events published in this meet announcement (age/distance/stroke). Time trials will count toward the athlete's event limitations for the day and meet. If they are offered, only athletes properly entered in the meet in one or more events in the meet are eligible for time trials and must be properly entered in the Time Trial. The deadline for Time Trial entries is 10:00 AM for the morning session and 3:00 pm for the afternoon session. The fee for Time Trial entries is \$20.00 for individual events and \$ 30.00 for relays.
Adult Athletes	All adult athletes, or parents of minor athletes, who enter without club affiliation will be required to attest to reading and understanding the Minor Athlete Abuse Prevention Policy .
Hospitality	Yes Traditional Thanksgiving Dinner Sat evening!
Concession	Yes in the lobby area
Awards	SCORING: The meet will be scored. 12 places for Individual and Relays - Ind. 16-13-12-11-10-9-7-5-4-3-2-1 - Relay 32-26-24-22-20-18-14-10-8-6-4-2 AWARDS: Awards will to the top 6 finishers in each individual event, and top 3 finishers in each relay event High Point will be awarded in each age group 10 u/11/12, 13/14,15 over men and women Distance High point will be awarded to top 13/14, 15/over swimmer who swim in all distance events (500 free, 400 IM, 1000 free)
<i>SCHEDULE (subject to change)</i>	
Friday	Session 1 12 under Warm up: 1:00 pm Start: 2:00 pm Session 2 13 over Warm up: 4:00 pm Start: 5:00 pm
Saturday	Session 1 13 over Warm up: 6:30 am Start: 8:15 am Session 2 12 under Warm up: 12:00 pm Start: 1:00 pm Session 3 FINALS (11 over) Wam up 4:30 pm Start 5:30 pm
Sunday	Session 1 13 over Warm up: 6:30 am Start: 8:15 am Session 2 12 under Warm up: 12:00 pm Start: 1:00 pm

	Session 3 FINALS (11 over) Wam up 4:30 pm Start 5:30 pm
CT Swimming Warm-Up Procedures will be in effect.	
MISCELLANEOUS	
Adapted Swimming	Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability <u>prior</u> to competition. Adapted athletes may direct questions to the Connecticut Swimming office .
Outreach	Participating clubs will submit payment in full to the meet host for all Outreach athlete entry fees (splash fees). These fees will be reimbursed by CSI to the participating CSI club after completion of the meet. Scratches and 'No Swims' will not be reimbursed. For more information and to submit a reimbursement visit the Outreach Athlete page on ctswim.org.
Work Assignments	Participating clubs will be notified of work assignments by the Monday before the meet. All volunteers will be required to attest to reading and understanding the Minor Athlete Abuse Prevention Policy .
Registration Reporting	The Meet or Entry Director MUST run a meet verification report and give said report to the Meet Referee. This is to ensure that no swimmer without their APT credentials or unregistered swimmers participate in a sanction USA/CT Swimming meet.
Meet Changes	Once the meet has begun, the Meet Referee may make adjustments to the conduct of competition in accordance with USA Swimming Rule 102.11. Any pre-meet changes to the provisions of this meet announcement may only be made with approval of CT Swim Program Operations, unless specifically authorized by CT Swim policy.
Scratch Procedure	Meet announcements and advance information shall specify check-in and scratch procedures for individual and relay events and penalties for violation of those procedures. USA Swimming Rulebook 102.3 • Prelim Scratch sheets will be issued to coaches before the start of warmups. Scratch sheets are due 20 after start of 1st warmup to the appropriate pool. • Results from prelims will be at the area under the scoreboard for scratching. You have 30 minutes to scratch. • After 30 min scratch window closes, events will be seeded and posted for finals. • Meet mobile will be on Failure to Compete in Finals: • Any swimmer qualifying for any heat of finals who fails to compete and who has not been scratched will be barred from all further competition in the meet. • A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete. • Exceptions for Failure to Compete in Finals: No penalty shall apply for failure to compete in finals if: • 1. The Referee is notified in the event of injury of illness and accepts the proof thereof. • 2. A swimmer qualifying for a final heat based on the results of preliminarily notifies the announcer within 30 minutes after the announcement of qualifiers that he may not intend to compete and confirms his final intentions within 30 minutes following his last individual preliminary event. • 3. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.
Eligibility	<u>YMCA Membership:</u> An athlete must be a YMCA member in good standing who holds an annual, full privilege membership at the YMCA he/she represents for a period of at least 30 days prior to the first day of the meet. <u>Amateur Status:</u> An athlete may not have represented a college, university or other post-high school institution in any competition and may not have accepted pay or compensation for competing as a swimmer. <u>Unattached Athletes:</u> There is no "unattached" status in YMCA Swimming. <u>Age:</u> <i>An athlete must be at least 7 years of age, and not older than twenty-</i>

	<i>one (21) years of age on the first day Meet.</i> <u>YMCA Meet Participation:</u> Must be a current member of a YMCA. <u>Times:</u> There are no time standards for this meet <u>Athletes with a Disability:</u> Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted. If modifications to USA Swimming rules are necessary, then the coach or athlete must notify the meet referee of any disability prior to competition. Any USA swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. COACH <u>Required Certifications:</u> <u>Required Certifications:</u> Coaches must hold current certifications in the following courses in order to receive a deck credential: • Safety Training for Swim Coaches • Basic Life Support (Professional Rescuer CPR) • First Aid • Principles of YMCA Competitive Swimming and Diving • Child/Athlete Protection Training A list of the acceptable certifications can be found in the CERTIFICATION REQUIREMENTS FOR SWIM COACHES or SWIMMING ADDENDUM TO THE RULES THAT GOVERN YMCA COMPETITIVE SPORTS <u>Coach Registration:</u> Each coach must have completed the annual YMCA on-line coach registration process prior to the entry deadline. Coaches who are not registered and approved will not be permitted on deck. <u>Teams without A Coach at the Meet:</u> All athletes and teams must have at least one certified and credentialed YMCA coach designated as being responsible for their supervision during competition. When a YMCA team will not have a coach present, that YMCA may authorize an eligible coach from another YMCA attending the meet to be responsible for their athletes at the meet. The Meet Director and Meet Referee must be notified of this situation. TEAM <u>Team Registration:</u> Each team must have completed the annual YMCA on-line team registration and paid the annual registration fee prior to the entry deadline. <u>Insurance:</u> Each team that participates in the meet, must have a current and correct Certificate of Liability Insurance, in effect through the last day of the meet. <u>Declaration form</u> must be signed by your CEO and Head coach and sent to the meet director along with the certificate of insurance.
<i>Drones</i>	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by USA Swimming Vice President of Program Operations.

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

1. All relays, if planned, will be eliminated.
2. The distance events (400 meters or yards or greater) may be heat limited to the number of heats the fit in the session heats of entries per gender in the order they were received.
3. The maximum number of events allowed per day may be reduced by one (1).
4. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography, audio and visual recording using cameras, video cameras, tablets, cell phones or other electronic devices at a meet.

Photography or video recording from the deck is prohibited by all individuals, other than participating Coaches, unless prior authorization from the Meet Referee or meet referee has been granted.

Under no circumstances is photography or video recording permitted by anyone in the area adjacent to or behind the starting blocks, including spectator stands at deck level, while they are in use for race starting purposes during competition and warm-ups. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Photography or video recording and the use of audio, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additional "No Camera Zones" may be designated by Meet Management or the meet referee.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

- Professional photographers with current, official media credentials that are promoting the sport of swimming
- Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training
- A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

- Professional photographers with current, official media credentials that are promoting the sport of swimming
- Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training
- A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

YMCA Sanctioned Meet Declaration Form

(Return signed form to the meet director)

Participating YMCA: [YMCA_NAME]

YMCA Address: [YMCA_ADDRESS]

Meet Name: 2026 Bob McDowell YMCA Thanksgiving Invite

Meet Date(s): 11/13-11/15, 2026

Meet Host: Wilton Y Wahoos

Meet Location: Wilton Family YMCA (RiverbrookYMCA) 404 Danbury Road, Wilton , CT 06987

We the undersigned attest to the following:

SWIMMERS - All swimmers representing the YMCA above are full privilege members of this YMCA and meet all eligibility requirements.

- All swimmers age 18 and older have completed Child/Athlete Protection Training within the past 12 months.

COACHES - All coaches representing the YMCA above have completed the annual YMCA coach registration and hold current certifications in:

- BLS (Professional Rescuer CPR)
- First Aid
- Safety Training for Swim Coaches
- Child/Athlete Protection Training
- Principles of YMCA Competitive Swimming and Diving

INSURANCE - Our Association has insurance coverage for representative(s) including participants, coaches, volunteers and leadership who will be in attendance at the **2026 Bob McDowell YMCA Thanksgiving Invite** for the entire period of the meet. I hereby certify that YMCA has a minimum of \$1,000,000/\$2,000,000 in liability insurance that covers our participants, coaches, volunteers and leadership during their participation in the **2026 Bob McDowell YMCA Thanksgiving Invite**

RELEASE - In consideration of your accepting this entry, I hereby, for myself, heirs, executor and administrators, waive and release any and all right and claim for damages I may have against the YMCA of the USA, **Wilton Y Wahoos**, their agents, representatives or assigns, and the **Wilton YMCA (Riverbrook YMCA)** for any and all injuries which may be suffered by participants at the **2026 Bob McDowell YMCA Thanksgiving Invite** Furthermore we understand that the YMCA of the USA and **Wilton YMCA/RiverbrookYMCA** not responsible for any intended or unintended consequences related to removing an athlete from competition for a head injury. This includes, but is not limited to, any financial reimbursement associated with such removal.

Printed Name and Signature of Head Coach

Printed Name and Signature of YMCA CEO or Executive Director

Session: 1 Friday 12 under NORTH Pool

Day of Meet: 1 Starts at 02:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 10 & Under 200 Freestyle	0	0	02:00 PM	_____
Finals	2 Boys 10 & Under 200 Freestyle	0	0	02:00 PM	_____
Finals	3 Girls 11-12 200 Freestyle	0	0	02:00 PM	_____
Finals	4 Boys 11-12 200 Freestyle	0	0	02:00 PM	_____
Finals	5 Girls 10 & Under 200 IM	0	0	02:00 PM	_____
Finals	6 Boys 10 & Under 200 IM	0	0	02:00 PM	_____
Finals	7 Girls 11-12 200 IM	0	0	02:00 PM	_____
Finals	8 Boys 11-12 200 IM	0	0	02:00 PM	_____
Finals	9 Girls 10 & Under 50 Freestyle	0	0	02:00 PM	_____
Finals	10 Boys 10 & Under 50 Freestyle	0	0	02:00 PM	_____
Finals	11 Girls 11-12 50 Freestyle	0	0	02:00 PM	_____
Finals	12 Boys 11-12 50 Freestyle	0	0	02:00 PM	_____
	Finish Time			02:00 PM	_____

Session: 2 Friday 13 over NORTH Pool

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	13 Girls 13 & Over 400 IM	0	0	05:00 PM	_____
Finals	14 Boys 13 & Over 400 IM	0	0	05:00 PM	_____
Finals	15 Girls 13 & Over 50 Freestyle	0	0	05:00 PM	_____
Finals	16 Boys 13 & Over 50 Freestyle	0	0	05:00 PM	_____
Finals	17 Girls 13 & Over 50 Breaststroke	0	0	05:00 PM	_____
Finals	18 Boys 13 & Over 50 Breaststroke	0	0	05:00 PM	_____
Finals	19 Girls 13 & Over 50 Backstroke	0	0	05:00 PM	_____
Finals	20 Boys 13 & Over 50 Backstroke	0	0	05:00 PM	_____
Finals	21 Girls 13 & Over 50 Butterfly	0	0	05:00 PM	_____
Finals	22 Boys 13 & Over 50 Butterfly	0	0	05:00 PM	_____
Finals	23 Girls 13 & Over 1000 Freestyle	0	0	05:00 PM	_____
	Finish Time			05:00 PM	_____

Session: 3 Friday 13 over 1000

Day of Meet: 1 Starts at 07:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	24 Boys 13 & Over 1000 Freestyle	0	0	07:00 PM	_____
	Finish Time			07:00 PM	_____

Session: 4 Sat GIRLS 13 over NORTH POOL

Day of Meet: 2 Starts at 08:15 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	25 Girls 13-14 100 Freestyle	0	0	08:15 AM	_____
Prelims	27 Girls 15 & Over 100 Freestyle	0	0	08:15 AM	_____
Prelims	29 Girls 13-14 200 Butterfly	0	0	08:15 AM	_____
Prelims	31 Girls 15 & Over 200 Butterfly	0	0	08:15 AM	_____
Prelims	35 Girls 15 & Over 100 Breaststroke	0	0	08:15 AM	_____
Prelims	37 Girls 13-14 200 Backstroke	0	0	08:15 AM	_____
Prelims	39 Girls 15 & Over 200 Backstroke	0	0	08:15 AM	_____
Finals	41 Girls 13-14 200 Medley Relay	0	0	08:15 AM	_____
Finals	43 Girls 15 & Over 200 Medley Relay	0	0	08:15 AM	_____
Prelims	45 Girls 13 & Over 500 Freestyle	0	0	08:15 AM	_____
	Finish Time			08:15 AM	_____

Session: 5 Sat BOYS 13 over SOUTH POOL

Day of Meet: 2 Starts at 08:15 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	26 Boys 13-14 100 Freestyle	0	0	08:15 AM	_____
Prelims	28 Boys 15 & Over 100 Freestyle	0	0	08:15 AM	_____
Prelims	30 Boys 13-14 200 Butterfly	0	0	08:15 AM	_____
Prelims	32 Boys 15 & Over 200 Butterfly	0	0	08:15 AM	_____
Prelims	34 Boys 13-14 100 Breaststroke	0	0	08:15 AM	_____
Prelims	36 Boys 15 & Over 100 Breaststroke	0	0	08:15 AM	_____
Prelims	38 Boys 13-14 200 Backstroke	0	0	08:15 AM	_____
Prelims	40 Boys 15 & Over 200 Backstroke	0	0	08:15 AM	_____
Finals	42 Boys 13-14 200 Medley Relay	0	0	08:15 AM	_____
Finals	44 Boys 15 & Over 200 Medley Relay	0	0	08:15 AM	_____
Prelims	46 Boys 13 & Over 500 Freestyle	0	0	08:15 AM	_____
	Finish Time			08:15 AM	_____

Session: 6 Sat 10u Girls/11/12 Boys NORTH POOL

Day of Meet: 2 Starts at 01:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	47 Girls 10 & Under 100 IM	0	0	01:15 PM	_____
Prelims	50 Boys 11-12 100 IM	0	0	01:15 PM	_____
Finals	51 Girls 10 & Under 50 Backstroke	0	0	01:15 PM	_____
Prelims	54 Boys 11-12 50 Backstroke	0	0	01:15 PM	_____
Finals	55 Girls 10 & Under 100 Breaststroke	0	0	01:15 PM	_____
Prelims	58 Boys 11-12 100 Breaststroke	0	0	01:15 PM	_____
Finals	59 Girls 10 & Under 100 Butterfly	0	0	01:15 PM	_____
Prelims	62 Boys 11-12 100 Butterfly	0	0	01:15 PM	_____
Finals	63 Girls 10 & Under 200 Medley Relay	0	0	01:15 PM	_____
Finals	66 Boys 11-12 200 Medley Relay	0	0	01:15 PM	_____
	Finish Time			01:15 PM	_____

Session: 7 Sat 10u Boys/11/12 Girls SOUTH POOL

Day of Meet: 2 Starts at 01:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	48 Boys 10 & Under 100 IM	0	0	01:15 PM	_____
Prelims	49 Girls 11-12 100 IM	0	0	01:15 PM	_____
Finals	52 Boys 10 & Under 50 Backstroke	0	0	01:15 PM	_____
Prelims	53 Girls 11-12 50 Backstroke	0	0	01:15 PM	_____
Finals	56 Boys 10 & Under 100 Breaststroke	0	0	01:15 PM	_____
Prelims	57 Girls 11-12 100 Breaststroke	0	0	01:15 PM	_____
Finals	60 Boys 10 & Under 100 Butterfly	0	0	01:15 PM	_____
Prelims	61 Girls 11-12 100 Butterfly	0	0	01:15 PM	_____
Finals	64 Boys 10 & Under 200 Medley Relay	0	0	01:15 PM	_____
Finals	65 Girls 11-12 200 Medley Relay	0	0	01:15 PM	_____
	Finish Time			01:15 PM	_____

Session: 8 SATURDAY FINALS

Day of Meet: 2 Starts at 05:30 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	45 Girls 13 & Over 500 Freestyle	0	2 u	05:30 PM	_____
Finals	46 Boys 13 & Over 500 Freestyle	0	2 u	05:47 PM	_____
Finals	49 Girls 11-12 100 IM	0	2 u	06:03 PM	_____
Finals	50 Boys 11-12 100 IM	0	2 u	06:07 PM	_____
Finals	25 Girls 13-14 100 Freestyle	0	2 u	06:11 PM	_____
Finals	26 Boys 13-14 100 Freestyle	0	2 u	06:14 PM	_____
Finals	27 Girls 15 & Over 100 Freestyle	0	2 u	06:18 PM	_____
Finals	28 Boys 15 & Over 100 Freestyle	0	2 u	06:21 PM	_____
Finals	61 Girls 11-12 100 Butterfly	0	2 u	06:25 PM	_____
Finals	62 Boys 11-12 100 Butterfly	0	2 u	06:28 PM	_____
Finals	29 Girls 13-14 200 Butterfly	0	2 u	06:32 PM	_____
Finals	30 Boys 13-14 200 Butterfly	0	2 u	06:39 PM	_____
Finals	31 Girls 15 & Over 200 Butterfly	0	2 u	06:46 PM	_____
Finals	32 Boys 15 & Over 200 Butterfly	0	2 u	06:52 PM	_____
Finals	57 Girls 11-12 100 Breaststroke	0	2 u	06:59 PM	_____
Finals	58 Boys 11-12 100 Breaststroke	0	2 u	07:03 PM	_____
Prelims	33 Girls 13-14 100 Breaststroke	0	0	07:07 PM	_____
Finals	33 Girls 13-14 100 Breaststroke	0	2 u	07:07 PM	_____
Finals	34 Boys 13-14 100 Breaststroke	0	2 u	07:11 PM	_____
Finals	35 Girls 15 & Over 100 Breaststroke	0	2 u	07:14 PM	_____
Finals	36 Boys 15 & Over 100 Breaststroke	0	2 u	07:18 PM	_____
Finals	53 Girls 11-12 50 Backstroke	0	2 u	07:22 PM	_____
Finals	54 Boys 11-12 50 Backstroke	0	2 u	07:24 PM	_____
Finals	37 Girls 13-14 200 Backstroke	0	2 u	07:27 PM	_____
Finals	38 Boys 13-14 200 Backstroke	0	2 u	07:34 PM	_____
Finals	39 Girls 15 & Over 200 Backstroke	0	2 u	07:41 PM	_____
Finals	40 Boys 15 & Over 200 Backstroke	0	2 u	07:48 PM	_____
	Entry / Heat Totals:	0	52		
	Finish Time			07:56 PM	_____

Session: 9 SUN BOYS 13 over NORTH POOL

Day of Meet: 3 Starts at 08:15 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	68 Boys 13-14 200 IM	0	0	08:15 AM	_____
Prelims	70 Boys 15 & Over 200 IM	0	0	08:15 AM	_____
Prelims	72 Boys 13-14 100 Backstroke	0	0	08:15 AM	_____
Prelims	74 Boys 15 & Over 100 Backstroke	0	0	08:15 AM	_____
Prelims	76 Boys 13-14 200 Breaststroke	0	0	08:15 AM	_____
Prelims	78 Boys 15 & Over 200 Breaststroke	0	0	08:15 AM	_____
Prelims	80 Boys 13-14 100 Butterfly	0	0	08:15 AM	_____
Prelims	82 Boys 15 & Over 100 Butterfly	0	0	08:15 AM	_____
Prelims	84 Boys 13-14 200 Freestyle	0	0	08:15 AM	_____
Prelims	86 Boys 15 & Over 200 Freestyle	0	0	08:15 AM	_____
Finals	88 Boys 13-14 200 Freestyle Relay	0	0	08:15 AM	_____
Finals	90 Boys 15 & Over 200 Freestyle Relay	0	0	08:15 AM	_____
	Finish Time			08:15 AM	_____

Session: 10 SUN GIRLS 13 over SOUTH POOL

Day of Meet: 3 Starts at 08:15 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	67 Girls 13-14 200 IM	0	0	08:15 AM	_____
Prelims	69 Girls 15 & Over 200 IM	0	0	08:15 AM	_____
Prelims	71 Girls 13-14 100 Backstroke	0	0	08:15 AM	_____
Prelims	73 Girls 15 & Over 100 Backstroke	0	0	08:15 AM	_____
Prelims	75 Girls 13-14 200 Breaststroke	0	0	08:15 AM	_____
Prelims	77 Girls 15 & Over 200 Breaststroke	0	0	08:15 AM	_____
Prelims	79 Girls 13-14 100 Butterfly	0	0	08:15 AM	_____
Prelims	81 Girls 15 & Over 100 Butterfly	0	0	08:15 AM	_____
Prelims	83 Girls 13-14 200 Freestyle	0	0	08:15 AM	_____
Prelims	85 Girls 15 & Over 200 Freestyle	0	0	08:15 AM	_____
Finals	87 Girls 13-14 200 Freestyle Relay	0	0	08:15 AM	_____
Finals	89 Girls 15 & Over 200 Freestyle Relay	0	0	08:15 AM	_____
	Finish Time			08:15 AM	_____

Session: 11 SUN 10 u BOYS/!!/12 Girls NORTH POOL

Day of Meet: 3 Starts at 01:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	92 Boys 10 & Under 100 Backstroke	0	0	01:15 PM	_____
Prelims	93 Girls 11-12 100 Backstroke	0	0	01:15 PM	_____
Finals	96 Boys 10 & Under 50 Breaststroke	0	0	01:15 PM	_____
Prelims	97 Girls 11-12 50 Breaststroke	0	0	01:15 PM	_____
Finals	100 Boys 10 & Under 50 Butterfly	0	0	01:15 PM	_____
Prelims	101 Girls 11-12 50 Butterfly	0	0	01:15 PM	_____
Finals	104 Boys 10 & Under 100 Freestyle	0	0	01:15 PM	_____
Prelims	105 Girls 11-12 100 Freestyle	0	0	01:15 PM	_____
Finals	108 Boys 10 & Under 200 Freestyle Relay	0	0	01:15 PM	_____
Finals	109 Girls 11-12 200 Freestyle Relay	0	0	01:15 PM	_____
	Finish Time			01:15 PM	_____

Session: 12 SUN 10 u Girls /11/12 Boys SOUTH POOL

Day of Meet: 3 Starts at 01:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	91 Girls 10 & Under 100 Backstroke	0	0	01:15 PM	_____
Prelims	94 Boys 11-12 100 Backstroke	0	0	01:15 PM	_____
Finals	95 Girls 10 & Under 50 Breaststroke	0	0	01:15 PM	_____
Prelims	98 Boys 11-12 50 Breaststroke	0	0	01:15 PM	_____
Finals	99 Girls 10 & Under 50 Butterfly	0	0	01:15 PM	_____
Prelims	102 Boys 11-12 50 Butterfly	0	0	01:15 PM	_____
Finals	103 Girls 10 & Under 100 Freestyle	0	0	01:15 PM	_____
Prelims	106 Boys 11-12 100 Freestyle	0	0	01:15 PM	_____
Finals	107 Girls 10 & Under 200 Freestyle Relay	0	0	01:15 PM	_____
Finals	110 Boys 11-12 200 Freestyle Relay	0	0	01:15 PM	_____
	Finish Time			01:15 PM	_____

Session: 13 SUNDAY FINALS

Day of Meet: 3 Starts at 05:30 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	67 Girls 13-14 200 IM	0	2 u	05:30 PM	_____
Finals	68 Boys 13-14 200 IM	0	2 u	05:37 PM	_____
Finals	69 Girls 15 & Over 200 IM	0	2 u	05:44 PM	_____
Finals	70 Boys 15 & Over 200 IM	0	2 u	05:50 PM	_____
Finals	93 Girls 11-12 100 Backstroke	0	2 u	05:57 PM	_____
Finals	94 Boys 11-12 100 Backstroke	0	2 u	06:01 PM	_____
Finals	71 Girls 13-14 100 Backstroke	0	2 u	06:06 PM	_____
Finals	72 Boys 13-14 100 Backstroke	0	2 u	06:10 PM	_____
Finals	73 Girls 15 & Over 100 Backstroke	0	2 u	06:14 PM	_____
Finals	74 Boys 15 & Over 100 Backstroke	0	2 u	06:18 PM	_____
Finals	97 Girls 11-12 50 Breaststroke	0	2 u	06:22 PM	_____
Finals	98 Boys 11-12 50 Breaststroke	0	2 u	06:24 PM	_____
Finals	75 Girls 13-14 200 Breaststroke	0	2 u	06:26 PM	_____
Finals	76 Boys 13-14 200 Breaststroke	0	2 u	06:34 PM	_____
Finals	77 Girls 15 & Over 200 Breaststroke	0	2 u	06:41 PM	_____
Finals	78 Boys 15 & Over 200 Breaststroke	0	2 u	06:48 PM	_____
Finals	101 Girls 11-12 50 Butterfly	0	2 u	06:56 PM	_____
Finals	102 Boys 11-12 50 Butterfly	0	2 u	06:58 PM	_____
Finals	79 Girls 13-14 100 Butterfly	0	2 u	07:00 PM	_____
Finals	80 Boys 13-14 100 Butterfly	0	2 u	07:04 PM	_____
Finals	81 Girls 15 & Over 100 Butterfly	0	2 u	07:07 PM	_____
Finals	82 Boys 15 & Over 100 Butterfly	0	2 u	07:11 PM	_____
Finals	105 Girls 11-12 100 Freestyle	0	2 u	07:14 PM	_____
Finals	106 Boys 11-12 100 Freestyle	0	2 u	07:18 PM	_____
Finals	83 Girls 13-14 200 Freestyle	0	2 u	07:21 PM	_____
Finals	84 Boys 13-14 200 Freestyle	0	2 u	07:28 PM	_____
Finals	85 Girls 15 & Over 200 Freestyle	0	2 u	07:34 PM	_____
Finals	86 Boys 15 & Over 200 Freestyle	0	2 u	07:40 PM	_____
	Entry / Heat Totals:	0	56		
	Finish Time			07:46 PM	_____