



2026 Water Rat Age Group Qualifier
Qualifier
November 13-15, 2026
Westport Weston Family Y
14 Allen Raymond Lane – Westport, CT 06880

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #S26- 30. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Host Team Code	WRAT
Meet Director	Name: Ellen Johnston Email: ejohnston@westporty.org
Entry Chair	Name: Ellen Johnston Email: ejohnston@westporty.org
Referee	Name: Sarah Bollman Email: sbollman.mbs@gmail.com
Safety Chair	Name: Kristen Finnegan Email: kfinnegan@westporty.org
Official's Contact	Name: Sarah Bollman Email: sbollman.mbs@gmail.com
FACILITY INFORMATION	
Location	14 Allen Raymond Lane – Westport, CT 06880
Facilities	The Strittmatter Family Aquatic Center houses a 10 lane x 25 yard competition pool. Water depth at start end is: 9'. Water depth at turn end is: 4'. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Colorado Timing System will be used with full display color board. Off deck spectator seating is available. * Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. NO personal folding chairs will be allowed on deck or spectator area.
Course	SCY
Emergency Phone	203-226-8981
Website	www.wrat.org
Wifi Access	The Westport Weston Family Y offers free guest WiFi. Information is available at the Membership Services Desk upon entering the facility and will be posted in spectator area of the pool. Connectivity is strong.
Medical Supervision	Lifeguards will be on duty from warm-up thru the completion of each session. An AED is located on the pool deck. Should emergency personal be needed, 911 will be called and will respond as needed.
Safe Sport	Specific instructions will be sent to attending teams upon finalization of meet numbers. Coaches, swimmers, officials and meet volunteers are the only people allowed on the pool deck. Spectator viewing is available in the natatorium spectator area.

Handicapped/ Disabled Access	Handicap parking is available near the front entrance. An elevator is located just off the lobby which brings the athlete down next to the Family Locker Room. For spectators, space if available for wheelchairs. Prior knowledge of such a need is required. Please email Meet Safety Chair.
Parking	Specific parking instructions will be sent to attending teams.
Deck Access	Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.
ENTRY INFORMATION	
CT ONLY Deadline	There are no CT ONLY deadlines for any meet in the SC season
Entry Deadline	Entry deadline is Wednesday, November 4, 2026. Emails entries are preferred from Hy-Tek Team Manager that are in CL2 or SD3/SDIF format. ALL entries are to be submitted to Ellen Johnston – ejohnston@westporty.org . Mail hardcopy and payment – checks payable to WRAT Parent Club – Mail to: Water Rat Swim Team; Westport Y; 14 Allen Raymond Lane; Westport, CT 06880. Entry fee payments are due by Friday, November 13, 2026. Entries will be accepted on a first come first serve basis via email.
Entry Fees	Individual: \$15.00 Distance: \$15.00 Manual Entry Fees: \$5.00 will be added to the amounts above ** No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.
Send Payment to	Please make checks payable to: WRAT Parent Club. Mail to: Water Rat Swim Team; 14 Allen Raymond lane; Westport, CT 06880. Payment must be received by 11/13/26.
Makes checks payable to	WRAT Parent's Club
Electronic Entries	Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at ejohnston@westporty.org Please check that your team name, address, and contact information are listed correctly in this file.
Entries from Athletes with no club affiliation	Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.
MEET INFORMATION	
Meet Format	The 1650 will run fastest to slowest – alternating women/men. The event may be heat limited to Top 30 women and men. ➤ Sessions 2-5 will be capped at 300 swimmers per session ➤ No new swimmer or deck event entries will be allowed. For swimmers entered in the meet, change of events will be allowed and adding will be based on session time line.
Entry Limitations	Swimmers may swim a maximum of three (3) events per day. A maximum of seven (7) total events.
Meet Duration	Full meet with time limits as defined by CT/USA Swimming.

Sanction Type	Sanctioned
Rules	Current USA Swimming rules will govern all competition.
Relays	No
Time Trials	No
Adult Athletes	All adult athletes, or parents of minor athletes, who enter without club affiliation will be required to attest to reading and understanding the <u>Minor Athlete Abuse Prevention Policy</u> .
Hospitality	Yes
Concession	No
Awards	No - Ducks will be given to heat winners
SCHEDULE	
Friday	Session I Warm up: 330pm Start: 430pm
Saturday	Session II Warm up: 645am Start: 830am Session III Warm up: 1245pm Start: 2pm
Sunday	Session IV Warm up: 645am Start: 830am Session V Warm up: 645am Start: 830am
CT Swimming Warm-Up Procedures will be in effect.	
MISCELLANEOUS	
Adapted Swimming	Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability <u>prior</u> to competition. Adapted athletes may direct questions to the <u>Connecticut Swimming office</u> .
Outreach	Participating clubs will submit payment in full to the meet host for all Outreach athlete entry fees (splash fees). These fees will be reimbursed by CSI to the participating CSI club after completion of the meet. Scratches and 'No Swims' will not be reimbursed. For more information and to submit a reimbursement visit the <u>Outreach Athlete</u> page on ctswim.org.
Work Assignments	Participating clubs will be notified of work assignments by the Monday before the meet. All volunteers will be required to attest to reading and understanding the <u>Minor Athlete Abuse Prevention Policy</u> .
Registration Reporting	The Meet or Entry Director MUST run a meet verification report and give said report to the Meet Referee. This is to ensure that no swimmer without their APT credentials or unregistered swimmers participate in a sanction USA/CT Swimming meet.
Meet Changes	Once the meet has begun, the Meet Referee may make adjustments to the conduct of competition in accordance with USA Swimming Rule 102.11. Any pre-meet changes to the provisions of this meet announcement may only be made with approval of CT Swim Program unless specifically authorized by CT Swim policy.
Scratch Procedure	Attending teams will receive a scratch sheet with their meet entries. These will need to be turned in no later 30 minutes after the start of warm-up. USA Swimming Rulebook 102.3
Eligibility	All USA Swimming clubs and individuals; Athletes with Flex memberships must not have swum in more than one USA Swimming meet prior to this meet

	in order to be eligible. For Sanctioned Meets: All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. List any restrictions, such as age, etc. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete <u>registration procedures</u>. Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck. Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a \$100 fine per instance, as described in CT Swimming meet policies: <u>https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf</u> and <u>https://www.ctswim.org/Customer-Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf</u> Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
Drones	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by USA Swimming Vice President of Program Operations.

CUT PROTOCOL:

If the session is oversubscribed the following protocol will be instituted **IN THE ORDER PRESENTED** to reduce the timeline to the required length or participation number:

If the session is oversubscribed the following protocol will be instituted **IN THE ORDER PRESENTED** to reduce the timeline to the required length or participation number:

- Athletes aged 8 and Under will be cut from the meet.
- The maximum number of events allowed per day may be reduced by one (1).

Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint

- lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
 3. No glass containers are permitted within the facility.
 4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
 5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography, audio and visual recording using cameras, video cameras, tablets, cell phones or other electronic devices at a meet.

Photography or video recording from the deck is prohibited by all individuals, other than participating Coaches, unless prior authorization from the Meet Referee or meet referee has been granted.

Under no circumstances is photography or video recording permitted by anyone in the area adjacent to or behind the starting blocks, including spectator stands at deck level, while they are in use for race starting purposes during competition and warm-ups. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Photography or video recording and the use of audio, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additional "No Camera Zones" may be designated by Meet Management or the meet referee.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

- Professional photographers with current, official media credentials that are promoting the sport of swimming
- Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training
- A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

- Professional photographers with current, official media credentials that are promoting the sport of swimming
- Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training
- A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

2026 Water Rat Age Group Qualifier - 11/13/2026 to 11/15/2026

Session Report

Session: 1 Friday

Day of Meet: 1 Starts at 04:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 1650 Freestyle	0	0	04:30 PM	_____
Finals	2 Boys 1650 Freestyle	0	0	04:30 PM	_____
	Finish Time			04:30 PM	_____

2026 Water Rat Age Group Qualifier - 11/13/2026 to 11/15/2026**Session Report**

Session: 2 Saturday Morning

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	3 Girls 15 & Over 50 Freestyle	0	0	08:30 AM	_____
Finals	4 Boys 15 & Over 50 Freestyle	0	0	08:30 AM	_____
Finals	5 Girls 11-12 50 Freestyle	0	0	08:30 AM	_____
Finals	6 Boys 11-12 50 Freestyle	0	0	08:30 AM	_____
Finals	7 Girls 200 Breaststroke	0	0	08:30 AM	_____
Finals	8 Boys 200 Breaststroke	0	0	08:30 AM	_____
Finals	9 Girls 11-12 50 Breaststroke	0	0	08:30 AM	_____
Finals	10 Boys 11-12 50 Breaststroke	0	0	08:30 AM	_____
Finals	11 Girls 15 & Over 100 Butterfly	0	0	08:30 AM	_____
Finals	12 Boys 15 & Over 100 Butterfly	0	0	08:30 AM	_____
Finals	13 Girls 11-12 100 Butterfly	0	0	08:30 AM	_____
Finals	14 Boys 11-12 200 Backstroke	0	0	08:30 AM	_____
Finals	15 Girls 200 Backstroke	0	0	08:30 AM	_____
Finals	16 Boys 200 Backstroke	0	0	08:30 AM	_____
Finals	17 Girls 11-12 50 Backstroke	0	0	08:30 AM	_____
Finals	18 Boys 11-12 50 Backstroke	0	0	08:30 AM	_____
Finals	19 Girls 15 & Over 200 Freestyle	0	0	08:30 AM	_____
Finals	20 Boys 15 & Over 200 Freestyle	0	0	08:30 AM	_____
Finals	21 Girls 11-12 200 Freestyle	0	0	08:30 AM	_____
Finals	22 Boys 11-12 200 Freestyle	0	0	08:30 AM	_____
Finals	23 Girls 15 & Over 50 Breaststroke	0	0	08:30 AM	_____
Finals	24 Boys 15 & Over 50 Breaststroke	0	0	08:30 AM	_____
	Break: 10 Minutes:				
Finals	25 Girls 400 IM	0	0	08:40 AM	_____
Finals	26 Boys 400 IM	0	0	08:40 AM	_____
	Finish Time			08:40 AM	_____

2026 Water Rat Age Group Qualifier - 11/13/2026 to 11/15/2026**Session Report**

Session: 3 Saturday Afternoon

Day of Meet: 2 Starts at 02:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	27 Girls 13-14 50 Freestyle	0	0	02:00 PM	_____
Finals	28 Boys 13-14 50 Freestyle	0	0	02:00 PM	_____
Finals	29 Girls 10 & Under 50 Freestyle	0	0	02:00 PM	_____
Finals	30 Boys 10 & Under 50 Freestyle	0	0	02:00 PM	_____
Finals	31 Girls 13-14 200 Breaststroke	0	0	02:00 PM	_____
Finals	32 Boys 13-14 200 Breaststroke	0	0	02:00 PM	_____
Finals	33 Girls 10 & Under 50 Breaststroke	0	0	02:00 PM	_____
Finals	34 Boys 10 & Under 50 Breaststroke	0	0	02:00 PM	_____
Finals	35 Girls 13-14 100 Butterfly	0	0	02:00 PM	_____
Finals	36 Boys 13-14 100 Butterfly	0	0	02:00 PM	_____
Finals	37 Girls 10 & Under 100 Butterfly	0	0	02:00 PM	_____
Finals	38 Boys 10 & Under 100 Butterfly	0	0	02:00 PM	_____
Finals	39 Girls 13-14 200 Backstroke	0	0	02:00 PM	_____
Finals	40 Boys 13-14 200 Backstroke	0	0	02:00 PM	_____
Finals	41 Girls 10 & Under 50 Backstroke	0	0	02:00 PM	_____
Finals	42 Boys 10 & Under 50 Backstroke	0	0	02:00 PM	_____
Finals	43 Girls 13-14 200 Freestyle	0	0	02:00 PM	_____
Finals	44 Boys 13-14 200 Freestyle	0	0	02:00 PM	_____
Finals	45 Girls 10 & Under 200 Freestyle	0	0	02:00 PM	_____
Finals	46 Boys 10 & Under 200 Freestyle	0	0	02:00 PM	_____
Finals	47 Girls 13-14 50 Breaststroke	0	0	02:00 PM	_____
Finals	48 Boys 13-14 50 Breaststroke	0	0	02:00 PM	_____
	Break: 10 Minutes:				
Finals	49 Girls 13-14 400 IM	0	0	02:10 PM	_____
Finals	50 Boys 13-14 400 IM	0	0	02:10 PM	_____
	Finish Time			02:10 PM	_____

2026 Water Rat Age Group Qualifier - 11/13/2026 to 11/15/2026**Session Report**

Session: 4 Sunday Morning

Day of Meet: 3 Starts at 08:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	51 Girls 15 & Over 100 Freestyle	0	0	08:30 AM	_____
Finals	52 Boys 15 & Over 100 Freestyle	0	0	08:30 AM	_____
Finals	53 Girls 11-12 100 Freestyle	0	0	08:30 AM	_____
Finals	54 Boys 11-12 100 Freestyle	0	0	08:30 AM	_____
Finals	55 Girls 15 & Over 50 Backstroke	0	0	08:30 AM	_____
Finals	56 Boys 15 & Over 50 Backstroke	0	0	08:30 AM	_____
Finals	57 Girls 200 Butterfly	0	0	08:30 AM	_____
Finals	58 Boys 200 Butterfly	0	0	08:30 AM	_____
Finals	59 Girls 11-12 50 Butterfly	0	0	08:30 AM	_____
Finals	60 Boys 11-12 50 Butterfly	0	0	08:30 AM	_____
Finals	61 Girls 15 & Over 100 Breaststroke	0	0	08:30 AM	_____
Finals	62 Boys 15 & Over 100 Breaststroke	0	0	08:30 AM	_____
Finals	63 Girls 11-12 100 Breaststroke	0	0	08:30 AM	_____
Finals	64 Boys 11-12 100 Breaststroke	0	0	08:30 AM	_____
Finals	65 Girls 200 IM	0	0	08:30 AM	_____
Finals	66 Boys 200 IM	0	0	08:30 AM	_____
Finals	67 Girls 11-12 100 IM	0	0	08:30 AM	_____
Finals	68 Boys 11-12 100 IM	0	0	08:30 AM	_____
Finals	69 Girls 15 & Over 100 Backstroke	0	0	08:30 AM	_____
Finals	70 Boys 15 & Over 100 Backstroke	0	0	08:30 AM	_____
Finals	71 Girls 11-12 100 Backstroke	0	0	08:30 AM	_____
Finals	72 Boys 11-12 100 Backstroke	0	0	08:30 AM	_____
Finals	73 Girls 15 & Over 50 Butterfly	0	0	08:30 AM	_____
Finals	74 Boys 15 & Over 50 Butterfly	0	0	08:30 AM	_____
	Break: 10 Minutes:				
Finals	75 Girls 500 Freestyle	0	0	08:40 AM	_____
Finals	76 Boys 500 Freestyle	0	0	08:40 AM	_____
	Finish Time			08:40 AM	_____

2026 Water Rat Age Group Qualifier - 11/13/2026 to 11/15/2026**Session Report**

Session: 5 Sunday Afternoon

Day of Meet: 3 Starts at 02:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	77 Girls 13-14 100 Freestyle	0	0	02:00 PM	_____
Finals	78 Boys 13-14 100 Freestyle	0	0	02:00 PM	_____
Finals	79 Girls 10 & Under 100 Freestyle	0	0	02:00 PM	_____
Finals	80 Boys 10 & Under 100 Freestyle	0	0	02:00 PM	_____
Finals	81 Girls 13-14 50 Backstroke	0	0	02:00 PM	_____
Finals	82 Boys 13-14 50 Backstroke	0	0	02:00 PM	_____
Finals	83 Girls 13-14 200 Butterfly	0	0	02:00 PM	_____
Finals	84 Boys 13-14 200 Butterfly	0	0	02:00 PM	_____
Finals	85 Girls 10 & Under 50 Butterfly	0	0	02:00 PM	_____
Finals	86 Boys 10 & Under 50 Butterfly	0	0	02:00 PM	_____
Finals	87 Girls 13-14 100 Breaststroke	0	0	02:00 PM	_____
Finals	88 Boys 13-14 100 Breaststroke	0	0	02:00 PM	_____
Finals	89 Girls 10 & Under 100 Breaststroke	0	0	02:00 PM	_____
Finals	90 Boys 10 & Under 100 Breaststroke	0	0	02:00 PM	_____
Finals	91 Girls 13-14 200 IM	0	0	02:00 PM	_____
Finals	92 Boys 13-14 200 IM	0	0	02:00 PM	_____
Finals	93 Girls 10 & Under 100 IM	0	0	02:00 PM	_____
Finals	94 Boys 10 & Under 100 IM	0	0	02:00 PM	_____
Finals	95 Girls 13-14 100 Backstroke	0	0	02:00 PM	_____
Finals	96 Boys 13-14 100 Backstroke	0	0	02:00 PM	_____
Finals	97 Girls 10 & Under 100 Backstroke	0	0	02:00 PM	_____
Finals	98 Boys 10 & Under 100 Backstroke	0	0	02:00 PM	_____
Finals	99 Girls 13-14 50 Butterfly	0	0	02:00 PM	_____
Finals	100 Boys 13-14 50 Butterfly	0	0	02:00 PM	_____
	Break: 10 Minutes:				
Finals	101 Girls 13-14 500 Freestyle	0	0	02:10 PM	_____
Finals	102 Boys 13-14 500 Freestyle	0	0	02:10 PM	_____
	Finish Time			02:10 PM	_____