

Meegan Martin Pinkout Invite
Meet Type: Traditional
Sunday October 19, 2025

Fryer Family Natatorium, Southington Community YMCA, 29 High Street, Southington, CT 06489.

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #S25-11.. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

	Name	Email	Phone
Meet Director:	Karen Cannata	Kmcannata1811@gmail.com	203-910-1257
Meet Referee:	Lisa Whitaker	llwhitaker@mac.com	203-982-6854
Lead Admin Official:	Rich Niro	Niror797@gmail.com	860-620-2862
Entry Chair:	Rich Niro	Niror797@gmail.com	860-620-2862
Safety Chair:	Barbara Glaude	bglaude@sccymca.org	860-690-0512
Officials Contact:	Lisa Whitaker	llwhitaker@mac.com	203-982-6854
Disability Contact	Barbara Glaude	bglaude@sccymca.org	860-690-0512

MEET HOST: RAYS

WEBSITE: www.southingtonrays.com

POOL EMERGENCY NUMBER: 860-426-9553

COURSE: SCY

SESSION TIMES: Subject to Change: Session 1: 12 and unders: Warm ups 7:15AM; Meet Start 8:30AM
Session 2: 13 and overs: Warm ups 11 AM; Meet start 12:15PM

DEADLINES: Monday October 13, 2025. Entry receipt will be determined by date stamp and time on email.

PAYMENT INSTRUCTIONS: Please make checks payable to **SCCYMCA**

Mail to:

SCCYMCA Barbara Glaude

29 High St

Southington, CT, 06489

Payment must be received by **10/19/2025**.

ENTRY FEES: Electronic entries: \$13.00 for individual events, \$12.00 for relays. Please note that \$3 from each event will be donated to Susan G. Komen in Memory of Meegan Martin. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

REGISTRATION REPORTING: The Meet or Entry Director **MUST** run a meet verification report and give said report to the Meet Referee. This is to ensure that no swimmer without their APT credentials or unregistered swimmers participate in a sanction USA/CT Swimming meet.

SANCTIONED OR APPROVED: Sanctioned

MEET DURATION: Full meet with time limits as defined by CT/USA Swimming.

MEET FORMAT: The meet will be swum as Timed-Final

FACILITY: The Fryer Family Natatorium is a 6 lane, 25- yard pool. Water depth at start end is: 10. Water depth at turn end is: 3 ½ feet. The competition course has not been certified in accordance with 104.2.2C(4). Colorado Timing System will be used. Spectator Seating will be limited to the space on the Observation Deck. Seating is limited and bleacher style.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

MEDICAL SUPERVISION: The Southington Community YMCA provides certified lifeguards for the meet. AED and Oxygen are available on site.

WIFI ACCESS: Wifi is available and. connectivity is moderate to good.

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. 6 lanes will be used for warm ups. Each team will have access to the pool for a team warm up. The warm up schedule will be created for each session after the entry deadline.

EVENT INFORMATION: No Deck Entries please. Swimmers and spectators are asked to wear pink.

ENTRY LIMITATIONS: 3 individual events per athlete and 2 relays with a max of 100 swimmers for Session 1 and 120 swimmers for Session 2

SCRATCH PROCEDURES: Scratches may be made until 8AM for Session 1 and 11:45AM for Session 2. USA Swimming Rulebook 102.3

FACILITY PROTOCOLS: Swimmers are requested to arrive in their swimsuits. Entrance for everyone must be thru the Main Entry of the YMCA.

SAFE SPORT POLICIES: Due to limited seating capacity spectators are limited to 2 max per family please.

DISABLED ACCESS: Handicapped parking and entrance is located at the main door of the YMCA. For more information, please contact person listed on page 1.

ELIGIBILITY: . All CT Swimming clubs and individuals Athletes with Flex memberships must not have swum in more than one USA Swimming meet prior to this meet in order to be eligible.

For Sanctioned Meets: All athletes must be current athlete members of [USA Swimming](#). Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a **\$100 fine** per instance, as described in CT Swimming meet policies:

<https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf>
and

https://www.ctswim.org/Customer-Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge**. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary, then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to the [Connecticut Swimming office](#).

ENTRY TIMES: Submit entry times in: SCY

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at niror797@gmail.com. Please check that your team name, address, and contact information are listed correctly in this file. Meet payment is due at meet start.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

All adult athletes, or parents of minor athletes, who enter without club affiliation will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

OUTREACH ENTRY FEE REIMBURSEMENT: Participating clubs will submit payment in full to the meet host for all Outreach athlete entry fees (splash fees). These fees will be reimbursed by CSI to the participating CSI club after completion of the meet. Scratches and 'No Swims' will not be reimbursed. For more information and to submit a reimbursement visit the [Outreach Athlete](#) page on ctswim.org.

CUT PROTOCOL:

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

1. All relays, if planned, will be eliminated.
2. The maximum number of events allowed per day may be reduced by one (1).
3. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: Yes. Relays will be limited to 2 relays per team per event. All relay swimmers must be officially entered in the meet.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography, audio and visual recording using cameras, video cameras, tablets, cell phones or other electronic devices at a meet.

Photography or video recording from the deck is prohibited by all individuals, other than participating Coaches, unless prior authorization from the Meet Referee or meet referee has been granted.

Under no circumstances is photography or video recording permitted by anyone in the area adjacent to or behind the starting blocks, including spectator stands at deck level, while they are in use for race starting purposes during competition and warm-ups. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Photography or video recording and the use of audio, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additional "No Camera Zones" may be designated by Meet Management or the meet referee.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

- Professional photographers with current, official media credentials that are promoting the sport of swimming
- Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training
- A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

- Professional photographers with current, official media credentials that are promoting the sport of swimming
- Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training
- A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by USA Swimming Vice President of Program Operations.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: No.

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: Work assignments will be preassigned by the meet director and must sign in at the volunteer table at the top of the observation deck ramp at the YMCA. Timers should plan to meet at 8:15AM for the 12 and under session. Timers should plan to meet at 12PM for the 13 and over session. Participating clubs will be notified of work assignments by the Monday before the meet.

All volunteers will be required to attest to reading and understanding the Minor Athlete Abuse Prevention Policy.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: No.

CONCESSIONS: Yes. on the observation deck

HOSPITALITY FOR COACHES AND OFFICIALS: Yes.

PARKING: Please park in the lot on the right side when facing the front door of the YMCA. (The Mill Street side of the building)

DIRECTIONS: Please use the following address
Southington Community YMCA, 29 High Street, Southington, CT

Meegan Martin Meet - 10/19/2025
Session Report

Session: 1 12 & Under

Day of Meet: 1 Starts at 08:30 AM Heat Interval: 10 Seconds / Back +15 Seconds

Finals	1	Mixed 12 & Under 200 Medley Relay
Finals	2	Girls 8 & Under 25 Freestyle
Finals	3	Boys 8 & Under 25 Freestyle
Finals	4	Girls 9-10 50 Freestyle
Finals	5	Boys 9-10 50 Freestyle
Finals	6	Girls 11-12 50 Freestyle
Finals	7	Boys 11-12 50 Freestyle
Finals	8	Girls 11-12 200 IM
Finals	9	Boys 11-12 200 IM
Finals	10	Girls 8 & Under 25 Butterfly
Finals	11	Boys 8 & Under 25 Butterfly
Finals	12	Girls 8 & Under 25 Backstroke
Finals	13	Boys 8 & Under 25 Backstroke
Finals	14	Girls 9-10 50 Butterfly
Finals	15	Boys 9-10 50 Butterfly
Finals	16	Girls 11-12 50 Butterfly
Finals	17	Boys 11-12 50 Butterfly
Finals	18	Girls 9-10 50 Backstroke
Finals	19	Boys 9-10 50 Backstroke
Finals	20	Girls 11-12 50 Backstroke
Finals	21	Boys 11-12 50 Backstroke
Finals	22	Girls 8 & Under 25 Breaststroke
Finals	23	Boys 8 & Under 25 Breaststroke
Finals	24	Girls 9-10 50 Breaststroke
Finals	25	Boys 9-10 50 Breaststroke
Finals	26	Girls 11-12 50 Breaststroke
Finals	27	Boys 11-12 50 Breaststroke
Finals	28	Girls 8 & Under 50 Freestyle
Finals	29	Boys 8 & Under 50 Freestyle
Finals	30	Girls 9-10 100 Freestyle
Finals	31	Boys 9-10 100 Freestyle
Finals	32	Girls 11-12 100 Freestyle
Finals	33	Boys 11-12 100 Freestyle
Finals	34	Mixed 12 & Under 200 Freestyle Relay

Meegan Martin Meet - 10/19/2025
Session Report

Session: 2 13&Over

Day of Meet: 1 Starts at 12:15 PM Heat Interval: 10 Seconds / Back +15 Seconds

Finals	35	Girls 14 & Under 200 Medley Relay
Finals	36	Boys 14 & Under 200 Medley Relay
Finals	37	Girls 200 Medley Relay
Finals	38	Boys 200 Medley Relay
Finals	39	Girls 14 & Under 50 Freestyle
Finals	40	Boys 14 & Under 50 Freestyle
Finals	41	Girls 100 Freestyle
Finals	42	Boys 100 Freestyle
Finals	43	Girls 14 & Under 100 Butterfly
Finals	44	Boys 14 & Under 100 Butterfly
Finals	45	Girls 100 Butterfly
Finals	46	Boys 100 Butterfly
Finals	47	Girls 50 Freestyle
Finals	48	Boys 50 Freestyle
Finals	49	Girls 14 & Under 100 Backstroke
Finals	50	Boys 14 & Under 100 Backstroke
Finals	51	Girls 100 Backstroke
Finals	52	Boys 100 Backstroke
Finals	53	Girls 14 & Under 100 Breaststroke
Finals	54	Boys 14 & Under 100 Breaststroke
Finals	55	Girls 100 Breaststroke
Finals	56	Boys 100 Breaststroke
Finals	57	Girls 14 & Under 200 IM
Finals	58	Boys 14 & Under 200 IM
Finals	59	Girls 200 IM
Finals	60	Boys 200 IM
Finals	61	Girls 14 & Under 200 Freestyle
Finals	62	Boys 14 & Under 200 Freestyle
Finals	63	Girls 200 Freestyle
Finals	64	Boys 200 Freestyle
Finals	65	Girls 14 & Under 200 Freestyle Relay
Finals	66	Boys 14 & Under 200 Freestyle Relay
Finals	67	Girls 200 Freestyle Relay
Finals	68	Boys 200 Freestyle Relay