

## New Year's Duals

A unique format as each team will be scored as a dual meet against each of the other teams entered with a trophy being awarded to the Male and Female teams, 12 and Under and 13 and over, with the most dual wins.

**January 3-4, 2026**

Jack Suydam Natatorium  
Central Connecticut State University  
Kaiser Drive New Britain, CT 06053.

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #S25-49. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

	Name	Email	Phone
<b>Meet Director:</b>	<b>Bill Ball</b>	<a href="mailto:ballb@ccsu.edu">ballb@ccsu.edu</a>	<b>860-305-4559</b>
<b>Meet Referee:</b>	<b>Mike Huffman</b>	<a href="mailto:Mhuffman99@gmail.com">Mhuffman99@gmail.com</a>	<b>860-539-9895</b>
<b>Lead Admin Official:</b>	<b>Bill Ball</b>	<a href="mailto:ballb@ccsu.edu">ballb@ccsu.edu</a>	<b>860-305-4559</b>
<b>Entry Chair:</b>	<b>Bill Ball</b>	<a href="mailto:ballb@ccsu.edu">ballb@ccsu.edu</a>	<b>860-305-4559</b>
<b>Safety Chair:</b>	<b>McAllistar Milne</b>	<a href="mailto:mm1@ccsu.edu">mm1@ccsu.edu</a>	<b>860-713-1066</b>
<b>Officials Contact:</b>	<b>Mike Huffman</b>	<a href="mailto:Mhuffman99@gmail.com">Mhuffman99@gmail.com</a>	<b>860-539-9895</b>
<b>Disability Contact</b>	<b>Bill Ball</b>	<a href="mailto:ballb@ccsu.edu">ballb@ccsu.edu</a>	<b>860-305-4559</b>

**MEET HOST:** [GRIT Aquatics](#)

**WEBSITE:** [www.ccsubludevils.com/sports/wswimdive/index](http://www.ccsubludevils.com/sports/wswimdive/index)

**POOL EMERGENCY NUMBER:** 860-832-3073

**COURSE:** SCY

**SESSION TIMES: Subject to Change**

Saturday and Sunday 12 and under sessions:

Warm-up: 7:30am

Start: 8:30am

Saturday and Sunday 13 and over sessions:

Warm-up: 11:00am

Start: 11:45pm

**DEADLINES:** Entry deadline is 10pm on Saturday December 27, 2025. Please email all entries with team contact info to: [ballb@ccsu.edu](mailto:ballb@ccsu.edu) Date of entry received will be determined by the email receipt time and date.

**PAYMENT INSTRUCTIONS:** Please make checks payable to **GRIT Aquatics**

Mail to:

Bill Ball

83 Muddy Brook Road

Ellington, CT 06029

Payment must be received by **1/2/2026**

**ENTRY FEES:** Electronic entries: \$8.00 for individual events and \$12.00 for Relays, Manual entries: \$10.00 for individual events and \$14.00 for Relays, No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

**REGISTRATION REPORTING:** The Meet or Entry Director MUST run a meet verification report and give said report to the Meet Referee. This is to ensure that no swimmer without their APT credentials or unregistered swimmers participate in a sanction USA/CT Swimming meet.

**SANCTIONED OR APPROVED:** Sanctioned

**MEET DURATION:** Mini meet with all sessions timed to 2.5 hours or less before scratches

**MEET FORMAT:** The meet will be swum as [Timed finals](#)

**FACILITY:** The Jack Suydam Natatorium is a 6-Lane, 25-yard pool. Water depth at the start end is: 12 Feet. Water depth at the turn end is: 4 Feet. The competition course has been certified in accordance with 104.2.2c(4). The copy of such certificate is on file with USA Swimming. A Colorado timing system will be used. The natatorium has ample seating for spectators on both sides of the competition course.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

**MEDICAL SUPERVISION:** An AED is available in the swimming pool office located on deck.

**WIFI ACCESS:** WiFi will be available to spectators and swimmers. Connectivity strength is good.

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect.

**EVENT INFORMATION:** [Deck entries will be accepted with proof of USA Registration](#)

**ENTRY LIMITATIONS:** Athletes can enter an unlimited number of events, but can compete in no more than 4 Individual Events and 1 relay event a day.

**SCRATCH PROCEDURES:** [Scratches are due to the Admin. No later than 30 min. prior to the start of the session.](#)

**FACILITY PROTOCOLS:** The facility will open **NO MORE THAN 15 Minutes** prior to the start of the session.

**SAFE SPORT POLICIES:** Spectators are not allowed on Deck. All timing assignments will be handled by the CCSU Women's swimming and diving team.

**DISABLED ACCESS:** Handicapped parking is immediately outside of the facility and clearly marked. Handicapped entrance to the spectator area is on the main floor with handicapped spectator area on the main floor. Handicapped access to the pool deck is by elevator located in the main lobby with ramp access to the deck and locker rooms. Please contact meet director Bill Ball if any further assistance is needed.

**ELIGIBILITY:** All USA Swimming clubs and individuals

All athletes must be current athlete members of [USA Swimming](#). Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck. Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a **\$100 fine** per instance, as described in CT Swimming meet policies:

<https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf>  
and

[https://www.ctswim.org/Customer-Content/www/CMS/files/policies\\_admin/RegistrationPolicyforMeetHosts.pdf](https://www.ctswim.org/Customer-Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf)

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge**. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**ADAPTED SWIMMING:** Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to the [Connecticut Swimming office](#).

**ENTRY TIMES:** Submit entry times in: [SCY](#)

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at [ballb@ccsu.edu](mailto:ballb@ccsu.edu) Please check that your team name, address, and contact information are listed correctly in this file. **Entry fees are due in Full no later than the start of the meet Saturday Morning.**

**ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION:** Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

All adult athletes, or parents of minor athletes, who enter without club affiliation will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

**OUTREACH ENTRY FEE REIMBURSEMENT:** Participating clubs will submit payment in full to the meet host for all Outreach athlete entry fees (splash fees). These fees will be reimbursed by CSI to the participating CSI club after completion of the meet. Scratches and 'No Swims' will not be reimbursed. For more information and to submit a reimbursement visit the [Outreach Athlete](#) page on [ctswim.org](http://ctswim.org).

#### **CUT PROTOCOL:**

If the session is oversubscribed (Over 2.5 Hours prior to Scratches for 12 and under sessions and Over 3 hours for 13 and over sessions) the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

1. [Athletes aged 6 and Under will be cut from the meet.](#)
2. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

**NOTE:** If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

**RESERVE THE RIGHT TO MAKE CHANGES:** In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

**RELAYS:** Relays will be offered and names of athletes swimming the relays must be submitted to the Admin Ref. no later than 5 minutes prior to the event

### **SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

**SWIMWEAR:** Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.

### **PHOTOGRAPHY AND VIDEO RECORDING:**

Meet Management has the full authority to restrict any and all photography, audio and visual recording using cameras, video cameras, tablets, cell phones or other electronic devices at a meet.

Photography or video recording from the deck is prohibited by all individuals, other than participating Coaches, unless prior authorization from the Meet Referee or meet referee has been granted.

Under no circumstances is photography or video recording permitted by anyone in the area adjacent to or behind the starting blocks, including spectator stands at deck level, while they are in use for race starting purposes during competition and warm-ups. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Photography or video recording and the use of audio, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additional "No Camera Zones" may be designated by Meet Management or the meet referee.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

- Professional photographers with current, official media credentials that are promoting the sport of swimming
- Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training
- A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

- Professional photographers with current, official media credentials that are promoting the sport of swimming
- Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training
- A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by USA Swimming Vice President of Program Operations.

**RULES:** Current USA Swimming rules will govern all competition.

**TIME TRIALS:** [will not be offered at this meet.](#)

**TIMERS, OFFICIALS OR WORK ASSIGNMENTS:** *Teams will NOT have work assignments as the CCSU Swimming and Diving team will handle all work assignments.*

All volunteers will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

**SCORING:** The meet [Will be scored as Dual meets between each team entered. Top three athletes in each event scoring against the top three athletes of each team.](#)

**AWARDS:** [A trophy will be awarded to the team\(s\) with the most dual wins, Male and Female, 12 and under and 13 and over. In the event of a tie head-to-head team score determines the winning Team](#)

**CONCESSIONS:** [Yes](#)

**HOSPITALITY FOR COACHES AND OFFICIALS:** [Yes, limited snacks and beverages](#)

**PARKING:** [All parking MUST be in the parking garages on campus and there should be NO parking in surface lots. Those parking in surface lots and not in the garges will be ticketed and/or towed at the owners expense.](#)



**2026 New Year's Duals - 1/3/2026 to 1/4/2026**

**Session Report**

Session: 1 Saturday 12 and Under Session

Day of Meet: 1 Starts at 08:30 AM Heat Interval: 40 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	1 Girls 12 & Under 200 IM	0	0	08:30 AM	_____
Finals	2 Boys 12 & Under 200 IM	0	0	08:30 AM	_____
Finals	3 Girls 10 & Under 50 Butterfly	0	0	08:30 AM	_____
Finals	4 Boys 10 & Under 50 Butterfly	0	0	08:30 AM	_____
Finals	5 Girls 11-12 100 Butterfly	0	0	08:30 AM	_____
Finals	6 Boys 11-12 100 Butterfly	0	0	08:30 AM	_____
Finals	7 Girls 10 & Under 50 Freestyle	0	0	08:30 AM	_____
Finals	8 Boys 10 & Under 50 Freestyle	0	0	08:30 AM	_____
Finals	9 Girls 11-12 100 Freestyle	0	0	08:30 AM	_____
Finals	10 Boys 11-12 100 Freestyle	0	0	08:30 AM	_____
Finals	11 Girls 12 & Under 400 Medley Relay	0	0	08:30 AM	_____
Finals	12 Boys 12 & Under 400 Medley Relay	0	0	08:30 AM	_____
	Finish Time			08:30 AM	_____

**2026 New Year's Duals - 1/3/2026 to 1/4/2026**

**Session Report**

Session: 2 Saturday 13 and Over Session

Day of Meet: 1 Starts at 11:45AM Heat Interval: 40 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	25 Girls 100 Butterfly	0	0	11:00 AM	_____
Finals	26 Boys 100 Butterfly	0	0	11:00 AM	_____
Finals	27 Girls 200 Backstroke	0	0	11:00 AM	_____
Finals	28 Boys 200 Backstroke	0	0	11:00 AM	_____
Finals	29 Girls 100 Breaststroke	0	0	11:00 AM	_____
Finals	30 Boys 100 Breaststroke	0	0	11:00 AM	_____
Finals	31 Girls 200 Freestyle	0	0	11:00 AM	_____
Finals	32 Boys 200 Freestyle	0	0	11:00 AM	_____
Finals	33 Girls 400 IM	0	0	11:00 AM	_____
Finals	34 Boys 400 IM	0	0	11:00 AM	_____
Finals	35 Girls 400 Freestyle Relay	0	0	11:00 AM	_____
Finals	36 Boys 400 Freestyle Relay	0	0	11:00 AM	_____
	Finish Time			11:00 AM	_____

**2026 New Year's Duals - 1/3/2026 to 1/4/2026**

**Session Report**

Session: 3 Sunday 12 and Under Session

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 40 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	13 Girls 11-12 50 Freestyle	0	0	08:30 AM	_____
Finals	14 Boys 11-12 50 Freestyle	0	0	08:30 AM	_____
Finals	15 Girls 10 & Under 50 Backstroke	0	0	08:30 AM	_____
Finals	16 Boys 10 & Under 50 Backstroke	0	0	08:30 AM	_____
Finals	17 Girls 11-12 100 Backstroke	0	0	08:30 AM	_____
Finals	18 Boys 11-12 100 Backstroke	0	0	08:30 AM	_____
Finals	19 Girls 10 & Under 50 Breaststroke	0	0	08:30 AM	_____
Finals	20 Boys 10 & Under 50 Breaststroke	0	0	08:30 AM	_____
Finals	21 Girls 11-12 100 Breaststroke	0	0	08:30 AM	_____
Finals	22 Boys 11-12 100 Breaststroke	0	0	08:30 AM	_____
Finals	23 Girls 12 & Under 400 Freestyle Relay	0	0	08:30 AM	_____
Finals	24 Boys 12 & Under 400 Freestyle Relay	0	0	08:30 AM	_____
	Finish Time			08:30 AM	_____

**2026 New Year's Duals - 1/3/2026 to 1/4/2026**

**Session Report**

Session: 4 Sunday 13 and Over Session

Day of Meet: 2 Starts at 11:45AM Heat Interval: 40 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	37 Girls 200 Butterfly	0	0	11:00 AM	_____
Finals	38 Boys 200 Butterfly	0	0	11:00 AM	_____
Finals	39 Girls 100 Backstroke	0	0	11:00 AM	_____
Finals	40 Boys 100 Backstroke	0	0	11:00 AM	_____
Finals	41 Girls 200 Breaststroke	0	0	11:00 AM	_____
Finals	42 Boys 200 Breaststroke	0	0	11:00 AM	_____
Finals	43 Girls 100 Freestyle	0	0	11:00 AM	_____
Finals	44 Boys 100 Freestyle	0	0	11:00 AM	_____
Finals	45 Girls 500 Freestyle	0	0	11:00 AM	_____
Finals	46 Boys 500 Freestyle	0	0	11:00 AM	_____
Finals	47 Girls 400 Medley Relay	0	0	11:00 AM	_____
Finals	48 Boys 400 Medley Relay	0	0	11:00 AM	_____
	Finish Time			11:00 AM	_____