

2019 Water Rat 8 & Under Meet
Sunday, October 6, 2019
Westport Weston Family Y
14 Allen Raymond Lane
Westport, CT 06880
Click [here](#) for map

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #S19-8. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

EVENTS

	Name	Email	Phone
Meet Director:	Rob Urban	rurban@westporty.org	
Meet Referee:	Lorraine Kennedy	Lorraine.Kennedy@SupportPlusLLC.com	
Admin Official:	Adrienne Williams	awilliams@westporty.org	
Entry Chair:	Rob Urban	rurban@westporty.org	
Safety Chair:	Ellen Johnston	ejohnston@westporty.org	
Officials Contact:	Lorraine Kennedy	Lorraine.Kennedy@SupportPlusLLC.com	

MEET HOST: WRAT – Westport Weston Family Y Swim Team

WEBSITE: www.wrat.org

POOL EMERGENCY NUMBER: (203) 226-8981

SANCTIONED OR APPROVED Sanctioned

MEET DURATION: Mini meet with all sessions timed to three hours or less before scratches.

MEET FORMAT: The meet will be swum as a Timed-Final

SCRATCH PROCEDURES: Coaches packets will contain scratch sheets for each session and a time line for when scratches are due. Failure to turn in scratch sheets will result in the team being scratched from the session.

FACILITY: The Strittmatter Family Aquatic Center houses a 10 lane x 25 yard competition pool. Water depth at start end is: 9'. Water depth at turn end is: 4'. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Colorado Timing System will be used with full display color board. Off deck spectator seating is available. **NO** personal folding chairs will be allowed on deck or spectator area. Spectator seating is available in the observation deck overlooking the pool where the spectators are facing the starting end of the pool.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

DISABLED ACCESS: Handicap parking is available near the front of the facility. Handicap accessibility is available into the spectator area. An elevator is conveniently located just off the lobby to access the youth locker rooms on the lower level.

COURSE: SCY

SESSION TIMES: Meet Warm-up: 8am Meet Start: 9am **Subject to Change.**

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. All ten (10) lanes will be used for warm-up if needed. Warm-up assignments will be made once all entries have been accepted.

ELIGIBILITY: All USA Swimming clubs and individuals; Athletes with Flex memberships must not have swum in more than one USA Swimming meet prior to this meet in order to be eligible.

All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck. Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a **\$100 fine** per instance, as described in CT Swimming meet policies:

<https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf>

and
https://www.ctswim.org/Customer-Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge**. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ADULT ATHLETES: All athletes who will be 18 years of age or older must complete the mandatory Athlete Protection Training prior to competition. Failure to do so will result in the swimmer being scratched from the meet.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to the [Connecticut Swimming office](#).

EVENT INFORMATION: Swimmers may swim in three (3) individual events.

IMPORTANT NOTE: *This meet will be limited to 170 swimmers*

ENTRY TIMES: Submit entry times in: SCY

DEADLINES: Entry deadline is Wednesday, September 25, 2019. Emails entries are preferred from Hy-Tek Team Manager that are in CL2 or SD3/SDIF format. ALL entries are to be submitted to **Rob Urban** – rurban@westporty.org. Mail hardcopy and payment – checks payable to WRAT Parent's Club – Mail to: Water Rat Swim Team; Westport Y; 14 Allen Raymond Lane; Westport, CT 06880. Entry fee payments are due by October 3, 2019. Entries will be accepted on a first come first serve basis via email.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at rurban@westporty.org. Please refer to Deadlines portion of this meet announcement for the specifics.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck.

Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

All athletes, and their parents, who enter without club affiliation will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

ENTRY FEES: Electronic entries: \$8 for individual events, Manual entries: \$15.00 for individual events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

PAYMENT INSTRUCTIONS: Please make checks payable to WRAT Parent's Club and mail to: Water Rat Swim Team; 14 Allen Raymond lane; Westport, CT 06880. Payment must be received by 10/3/19.

CUT PROTOCOL:

The intent is to run this meet in one session. Should the meet referee deem the time line to be extensive and with approval from Program Operations, then the meet will be divided into two (2) sessions – girl/boy. Should any changes need to be made, all teams will be notified on Monday, September 30, 2019.

If the session is oversubscribed the following protocol will be instituted **IN THE ORDER PRESENTED** to reduce the timeline to the required length or participation number:

- The maximum number of events allowed per day may be reduced by one (1).
- Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or changes will be made to Program Operations and the attending teams as soon as possible and no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: No Relays are offered in this meet.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.

4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

SWIMWEAR: Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA Swimming Vice President of Program Operations.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: No

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: Participating clubs will be notified of work assignments by the Monday before the meet.

All volunteers will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: Ribbons will be awarded to the top six (6) finishers in each individual event.

CONCESSIONS: Yes

HOSPITALITY FOR COACHES AND OFFICIALS: Yes

PARKING: Parking is available on-site at the Red Barn. A shuttle bus will be used to transport to and from. Please observe parking restriction. Teams will be sent information to disperse to their families.

DIRECTIONS:

Y at Mahackeno: Located directly off Exit 41 – northbound – of the Merritt Parkway.

I-95: From north or south, left turn off exit ramp. Follow up to the Merritt Parkway – Route 15. Get in the turn lane as though going onto the Parkway north but stay in the right lane and go straight into the YMCA

2019 Water Rat 8 & Under Meet - 10/6/2019
Session Report

Session: 1 2019 Water Rat 8 & Under Meet

Day of Meet: 1 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 8 & Under 25 Freestyle	0	0	09:00 AM	_____
Finals	2 Boys 8 & Under 25 Freestyle	0	0	09:00 AM	_____
Finals	3 Girls 8 & Under 25 Breaststroke	0	0	09:00 AM	_____
Finals	4 Boys 8 & Under 25 Breaststroke	0	0	09:00 AM	_____
Finals	5 Girls 8 & Under 100 IM	0	0	09:00 AM	_____
Finals	6 Boys 8 & Under 100 IM	0	0	09:00 AM	_____
Finals	7 Girls 8 & Under 25 Backstroke	0	0	09:00 AM	_____
Finals	8 Boys 8 & Under 25 Backstroke	0	0	09:00 AM	_____
Finals	9 Girls 8 & Under 25 Butterfly	0	0	09:00 AM	_____
	Finish Time			09:00 AM	_____