

CPAC March Time Trial

March 7, 2020

Chelsea Piers CT, 1 Blachley Road, Stamford CT 06902

Google Map - <http://goo.gl/maps/rikJ4>

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #OCS19-4. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

EVENTS

	Name	Email	Phone
Meet Director:	Jamie Barone	baronj@chelseapiersct.com	203-989-1300
Meet Referee:	Suzannah Rogers	Srogers68@optonline.net	
Lead Admin Official:	Tim Goertel	TimeGoertel@gmail.com	
Entry Chair:	Brennan Morris	morrib@chelseapiersct.com	203-989-1309
Safety Chair:	Jamie Barone	baronj@chelseapiersct.com	203-989-1300
Officials Contact:	Suzannah Rogers	Srogers68@optonline.net	

MEET HOST: CPAC

WEBSITE: <http://www.chelseapiersct.com/>

POOL EMERGENCY NUMBER: 203-989-1300

SANCTIONED OR APPROVED: Sanctioned

MEET DURATION: Full meet with time limits as defined by CT/USA Swimming

MEET FORMAT: The meet will be swum as Timed-Final. Volunteer Timers will be Required from all Teams for All Sessions.

SCRATCH PROCEDURES: Coaches will receive a scratch sheet at the beginning of each session. Coaches must indicate all scratches on these sheets and submit their scratch sheets to the computer desk at least 45 minutes before races start. Any team in violation of these procedures may be scratched from the session.

FACILITY: Chelsea Piers Competition Pool is a 10-lane, 25-yard pool with 5 additional lanes. Water depth at start end is: 7.5 ft. Water depth at turn end is: 7.5 ft. The competition course has not been certified in accordance with 104.2.2C(4). Chelsea Piers uses a Daktronic timing system with a multilane LCD scoreboard.

The host club reserves the right to exercise the option to increase or decrease the number of competition lanes at the Referee's discretion based on the estimated timeline.

Spectator seating will be available on the mezzanine. Bleachers are available on deck for team seating; deck chairs will not be allowed to be brought on deck. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

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DISABLED ACCESS: Chelsea Piers Connecticut is fully accessible to all, able-bodied and challenged. The spectator area is easily accessible via elevator, and all bathrooms have reserved stalls in them. Reserved parking is directly in front of the facility.

Please contact the Safety Chair for more information and special arrangements.

COURSE: SCY

SESSION TIMES: Subject to Change Warm-up 3:30 PM; Meet starts 4:30 PM

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect.

The meet director reserves the right to condense or expand this warm-up format dependent upon meet subscription.

During competition, continuous warm-up/warm-down lanes may also be available on the other side of the bulkhead, at the discretion of the Referee. No Diving will be allowed in these lanes. Swimmers must enter these lanes feet first. Other restrictions may be applied at the discretion of the Referee.

ELIGIBILITY: Chelsea Piers Aquatics Club only. All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck. Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a **\$100 fine** per instance, as described in CT Swimming meet policies:

<https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf> and https://www.ctswim.org/Customer-Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge**. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ADULT ATHLETES: All athletes who will be 18 years of age or older must complete the mandatory Athlete Protection Training prior to competition. Failure to do so will result in the swimmer being scratched from the meet.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to the [Connecticut Swimming office](#).

EVENT INFORMATION: We will make changes to the entries as we see fit, up to the start of a race.

ENTRY LIMITATIONS: None.

ENTRY TIMES: Submit entry times in SCY. No Times (NT entries) will not be accepted. If there are no official times for an athlete, you must submit estimated times in your entry.

DEADLINES: There is no entry deadline

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at morrib@chelseapiersct.com. Please check that your team name, address, and contact information are listed correctly in this file. **Date of Entry** will be determined by date of receipt of emailed entry file attachment in sd3 or cl2 file format).

Date of Receipt of 'mailed files' needing manual input will be treated the same as electronic files, providing the file is for less than three athletes; otherwise the entry will be considered as received 5 days later than postmark.

If payment for the entry is not received by the Entry Deadline, the Date of Entry /Receipt may be delayed until the date such payment is received, jeopardizing place in order of receipt.

All athletes, and their parents, who enter without club affiliation will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

ENTRY FEES: There are no entry fees for this meet

FREE Heat Sheets will be available on Meet Mobile in each session. No printed programs will be sold.

PAYMENT INSTRUCTIONS: Please make checks payable to Chelsea Piers CT and mail to:
Chelsea Piers CT, c/o James Barone, 1 Blachley Road, Stamford CT 06902.

CUT PROTOCOL: There is no cut protocol for this meet

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: No

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

SWIMWEAR: Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is

prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following “Non-Camera Zones” shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for “race starting purposes” during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA Swimming Vice President of Program Operations.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: No

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: Any volunteer officials should contact Suzannah Rogers, srogers68@optonline.net

All volunteers will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet may be scored as a dual meet.

AWARDS: No

CONCESSIONS: No

HOSPITALITY FOR COACHES AND OFFICIALS: No

PARKING: There is parking located on site at Chelsea Piers Connecticut. If full, off-site parking may be provided at Rogers International School, 202 Blachley Road, Stamford, CT 06902. Please follow any parking signs/instructions or your car may be subject to towing/ticketing.

DIRECTIONS: The Chelsea piers CT complex is located at 1 Blachley Road, Stamford.

Northbound I 95: Take exit 9. Make a left at the end of the ramp. Make a left on to Rt.1. Make a left onto Blachley Road. The facility is at the end of the street. Car park is beyond the buildings.

Southbound I 95: Take exit 9. Make a right at the end of the ramp. Make a left onto Blachley Road. The facility is at the end of the street. Car park is beyond the buildings

CP-AC March Time Trial - 3/7/2020
Session Report

Session: 1 Saturday PM

Day of Meet: 1 Starts at 04:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 200 Freestyle	0	0	04:30 PM	_____
Finals	2 Boys 200 Freestyle	0	0	04:30 PM	_____
Finals	3 Girls 100 Breaststroke	0	0	04:30 PM	_____
Finals	4 Boys 100 Breaststroke	0	0	04:30 PM	_____
Finals	5 Girls 200 Butterfly	0	0	04:30 PM	_____
Finals	6 Boys 200 Butterfly	0	0	04:30 PM	_____
Finals	7 Girls 100 Backstroke	0	0	04:30 PM	_____
Finals	8 Boys 100 Backstroke	0	0	04:30 PM	_____
Finals	9 Girls 200 IM	0	0	04:30 PM	_____
Finals	10 Boys 200 IM	0	0	04:30 PM	_____
Finals	11 Girls 500 Freestyle	0	0	04:30 PM	_____
Finals	12 Boys 500 Freestyle	0	0	04:30 PM	_____
Finals	13 Girls 50 Freestyle	0	0	04:30 PM	_____
Finals	14 Boys 50 Freestyle	0	0	04:30 PM	_____
Finals	15 Girls 200 Breaststroke	0	0	04:30 PM	_____
Finals	16 Boys 200 Breaststroke	0	0	04:30 PM	_____
Finals	17 Girls 100 Butterfly	0	0	04:30 PM	_____
Finals	18 Boys 100 Butterfly	0	0	04:30 PM	_____
Finals	19 Girls 200 Backstroke	0	0	04:30 PM	_____
Finals	20 Boys 200 Backstroke	0	0	04:30 PM	_____
Finals	21 Girls 100 Freestyle	0	0	04:30 PM	_____
Finals	22 Boys 100 Freestyle	0	0	04:30 PM	_____
Finals	23 Girls 400 IM	0	0	04:30 PM	_____
Finals	24 Boys 400 IM	0	0	04:30 PM	_____
Finals	25 Girls 1650 Freestyle	0	0	04:30 PM	_____
Finals	26 Boys 1650 Freestyle	0	0	04:30 PM	_____
Finals	27 Girls 1000 Freestyle	0	0	04:30 PM	_____
Finals	28 Boys 1000 Freestyle	0	0	04:30 PM	_____
Finals	29 Girls 200 Freestyle Relay	0	0	04:30 PM	_____
Finals	30 Boys 200 Freestyle Relay	0	0	04:30 PM	_____
Finals	31 Girls 200 Medley Relay	0	0	04:30 PM	_____
Finals	32 Boys 200 Medley Relay	0	0	04:30 PM	_____
	Finish Time			04:30 PM	_____