2018 Wilton Wahoo YMCA Thanksgiving Invitational MEET ANNOUNCEMENT

About the Invitational Meet

Date: November 16-18, 2018

Location: Wilton YMCA

Entry Deadline: Nov. 2, 2018

Hosted by: Wilton Y Wahoos

Meet Director: Jo Ann McCaffrey

jmccaffrey@riverbrookymca.org

Web Site: wywahoos.org

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Note: TOC must be refreshed after updates



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ABOUT THE INVITATIONAL MEET

This meet is a sanctioned, closed, inter-association YMCA Invitational meet. This meet and all participants will adhere to the Rules that Govern YMCA Competitive Sports and the Swimming Addendum to the Rules that Govern YMCA Competitive Sports. USA Swimming technical rules will be followed. The meet is YMCA sanctioned and approved by the CT LSC of USA Swimming

YMCA Sanction number: TBD

USA-S/CT Approval number A-18-1

USA-S/CT Time Trial Approval number same

ADJUSTMENTS TO THE MEET ANNOUCEMENTS: The Meet Committee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet or due to unforeseen issues of weather or facility problems. Changes will be communicated as far in advance as possible. None of the required elements for a YMCA Sanctioned Invitational meet and USA-S Approved meet can be changed.

MEET TIMELINE: Warm-up and start times for all sessions are subject to change depending on the size of the meet

10 & under Timed Finals 11& over T/F with exception of Friday events

SESSION TIMES

<u>Friday</u>

12 & under (200Y Free/200IM/50 free) Warm-up: 1:30PM Start: 2:30PM 13& over (400 IM/50 Fr/ 1000 Fr) Warm-up: 3:30 PM Start: 5:00PM

Saturday and Sunday

13& Over AM SessionWarm-up: 7:00AMStart: 8:30AM12& Under PM SessionWarm-up: 12:30PMStart: 1:30PMFinals: (11& over)Warm-up: 5:00PMStart: 6:00PM

INCLEMENT WEATHER/CANCELATION: NONE



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LOCATION AND FACILITY

Location: Wilton YMCA (Riverbrook YMCA) 404 Danbury Rd. Wilton, CT 06897

Emergency Phone Number: 203-762-8384

The Wilton YMCA Pool is configured as a 6 lane, SC course. Water depth at start is 6.5 feet (minimum 5 feet required) and at turn end is 4.7feet. Daktronics electronic timing system will be used. The competition course has been certified in accordance with 104.2.2C (4). The meet is run is 2 25 yard pools

There is no Warm down pool

Spectator Seating is in the bleachers on the building side of the pool

Swimmer holder area is located in the gym, so please bring chairs. There are bleachers on deck for some swimmers, but NO chairs are allowed on deck

Free Wifi is available. No spectator fee, programs will be sold

WEB SITE

Meet Information can be found at: www.wywahoos.org

Online Meet Results: Meet Mobile

CONTACT INFORMATION

Meet Director: JoAnn McCaffrey imccaffrey@riverbrookymca.org 203-762-8384

x249

Entry Chairperson: Same

Meet Referee: Marc Wollen

Administrative Official: Laura Hemschot Ihemshot@gmail.com

Officials Coordinator: Kerri Mims rkmims@optonline.net

Safety Director: Mary Norman marynorman@optonline.net

NOTICES

Timers will be required from participating teams. Officials that wish to work should contact the officials coordinator (above)



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Please Note: This USA/CT Swimming approved meet will not count toward the regularly scheduled sanctioned meet eligibility requirement for CSI championships (Regional Championships and Age Group Championship). This meet does not count toward the eligibility requirement of Connecticut Swimming Scholar Athlete, Athlete Travel Assistance, or other CSI recognition programs with meet eligibility requirements. This meet will not count toward the regularly scheduled sanctioned meet eligibility requirement for CT Zone Team selection. Times attained at this meet cannot be used for Short Course Zone Team qualification and selection

ELIGIBILITY

ATHLETE

YMCA Membership: An athlete must be a YMCA member in good standing who holds an annual, full privilege membership at the YMCA he/she represents for a period of at least 30 days prior to the first day of the meet.

<u>Amateur Status</u>: An athlete may not have represented a college, university or other post-high school institution in any competition and may not have accepted pay or compensation for competing as a swimmer.

<u>Unattached Athletes</u>: There is no "unattached" status in YMCA Swimming.

Age: An athlete must be at least 7 years of age, and not older than twenty-one (21) years of age on the first day Meet.

YMCA Meet Participation: Must be a current member of a YMCA

Times: The are no time standards for this meet

Athletes with a Disability: Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted. If modifications to USA Swimming rules are necessary, then the coach or athlete must notify the meet referee of any disability prior to competition.

COACH

<u>Required Certifications:</u> Coaches must hold current certifications in the following courses in order to receive a deck credential: Professional Rescuer CPR, First Aid, Safety Training for Swim Coaches (a Lifeguard certification may be used if accompanied by completion of the Safety Training for Swim



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Coaches online content) and Principles of YMCA Competitive Swimming and Diving. A list of the acceptable certifications can be found in the Swimming Addendum to the Rules That Govern Competitive Sport.

<u>Coach Registration</u>: Each coach must have completed the annual YMCA on-line coach registration process. Coaches who are not registered and approved will not be permitted on deck.

<u>Teams without A Coach at the Meet:</u> All athletes and teams must have at least one certified and credentialed YMCA coach designated as being responsible for their supervision during competition. When a YMCA team will not have a coach present, that YMCA may authorize an eligible coach from another YMCA attending the meet to be responsible for their athletes at the meet. The Meet Director and Meet Referee must be notified of this situation.

TEAM

<u>Team Registration</u>: Each team must have completed the annual YMCA online team registration and paid the annual registration fee.

<u>Insurance:</u> Each team that participates in the meet must have a current and correct Certificate of Liability Insurance, in effect through the last day of the meet.

ENTRY INFORMATION

ENTRY LIMITS: 3 Individual events per day with a limit of 8 individual total

If the meet includes time trials, that time trial and/or deck entry events count toward the daily limitation on the number of events a swimmer can swim (rule reference 102.2.2 and 102.2.7).

- a. A swimmer may swim no more than 3 individual events per day in a prelims/finals meet and no more than 5 individual events per day in a timed final meet
- b. Time trial events must count as a part of this daily total.]

QUALIFICATION PERIOD: There is no qualifying period

USA-S IDs: Only USA-S registered athletes should have an ID number in the Meet Entry File.



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TIME STANDARDS: None

TIMES: No Times (NT) are not allowed. Submit entry times in Actual time (no conversion), SCY, LCY. Entered times must be the swimmer's BEST time

ENTRY FEES: Splash event fees are \$10.00 each; relays are \$22.00 each. Splash fees for the 1650Y Freestyle are \$10.00 each. No refunds will be given for entries that are accepted, or for entries are rejected due to improper entry.

ENTRY DEADLINE: November 2, 2018

ENTRY PROCEDURE: Must be submitted in SCY. Email electronic CL2orSD3/SDIF file to entry chair Jo Ann McCaffrey at jmccaffrey@riverbrookymca.org. The phone number and email address of a club official must be included on the form as well as a club mailing address. **NT** entries are strongly discouraged. Please estimate swimmers' times, if necessary, for seeding purposes. Relays must be entered with seed times which may not be changed. NT entries will not be accepted for relays. In case of dispute, the official entry form will be considered the master form and only official document of entry.

PAYMENT: Please make checks payable to Wilton Wahoos and mail to: Jo Ann McCaffrey, Wilton Wahoo Finance Manager, 404 Danbury Rd., Wilton, CT 06897. Payment is due by November 9th, 2018. *Manual Entry Fee*: If you submit hand entered entries, a \$5.00 charge will be added to each swimmer, over 5 and a limit of 50.

OVER-SUBSCRIPTION: If the session is oversubscribed, the following protocol will be instituted in the order presented to reduce the timeline to the required length or participation number

- 1 Entries will be accepted on a first-come, first-served basis
- 2. Visiting teams may be cut on the date/time receipt of the paid final entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order the teams were received in order to fill the meet. Be aware the meet may close prior the to entry deadline. Teams whose entries cannot be accepted will be notified as soon as the meet is full, but no later than November 9th, 2018 The 1650 Freestyle will be limited to a total of 6 heats, 3 women/3 men's heats, time permitting. (more will be added if time allows) Splash fees for entries, which are scratched due to heat limits, will be returned.



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The host team reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notifications of any cuts or changes will be made to Program Operations and the attending teams as soon as possible and no later than Monday before the meet.

VOLUNTEERS/OFFICIALS/TIMERS

OFFICIALS AND TIMERS: A meet of this size and caliber requires many workers to make it run efficiently. The Wahoos welcome any one who would like to assist with officiating during this meet. Please contact Kerri Mims (rkmims@optonline.net) if you would like to help or include the name, phone number and level of any willing official with your entry. As we are running 2 pools at all sessions, there will be a great need for timers. **The host team will require timers from teams in proportion to the size of their entries**. Team assignments will be emailed by the **Tuesday** prior to the meet.

SIGN-UP PROCEDURE: On deck at the areas located near the computer table

BACKGROUND CHECK POLICY: Coaches need to present their coach credentials to meet management.

ATTIRE: White top/ Navy bottom

CHECK-IN PROCEDURE

MEET CHECK-IN PROCEDURE: Coaches should present the credentials at the computer table to pick up their packets with scratch sheets

EVENT CHECK-IN: with your team

COACHES MEETING/SCRATCH MEETING: Scratches are due to appropriate pool no later than 15 min after the start of warmups

OFFICIALS AND TIMERS MEETING: Timers meeting will be announced. Usually 30 min before the start time in the hallway outside the pool. Officials will conduct a meeting each session in the hospitality area.



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MEET PROCEDURES AND OPERATIONS

MEET COMMITTEE: The Committee will consist of the Meet Director, Meet Referee.

RULES: The meet will run under Rules That Govern YMCA Competitive Sports, Swimming Addendum to the Rules That Govern YMCA Competitive Sports, USA-S Technical Rules.

MEET FORMAT: The meet will be swum using a Timed finals 10 and under, Prelims and Finals for 11 & over with the exception of Friday night events] format. Swimmer's age will be determined as of first day of the meet. Distance events will be run as 13 over but will be scored by age group

Distance Events:

- The 500Y/1650Y Freestyles will be run as 13/over combined events but will be scored according to age group.
- There be a maximum 6 heats total of the Women/Mens 1650Y Free. (If time allows more heats will be added)
- The 500Y/1650Y freestyles will be swum fastest to slowest alternating by heat women /men. The 500Y freestyle will be swum during the Saturday morning session after the relays, with the fastest 2 seeded heats of the Women and Men's 500 Freestyle being swum at Finals Saturday night as a timed final. Depending on pool setup and time heats will be run fastest to slowest, alternating girls/boys.
- The 400Y IM will also be swum fastest to slowest, alternating by heat women/ men depending on pool use.
- There will be a psych sheet for the 1650Y freestyle posted on our website at the beginning of the week of the meet to inform those swimmers who will be participating in the event.
- Swimmers need to *provide their own timers/counter for the 500Y/1650Y Free*.
- All events will be deck seeded according to the swimmers' best yard times. Preliminary heats will be held in individual events for 11-12, 13-14, and senior swimmers on Saturday and Sunday.
- There will be two heats of finals in each event. All 10 and under events will be timed finals. Events 1-17 on Friday evening and all relays will be swum as timed finals.
- Relays will be swum during the preliminary session. All swimmers entered in relays must be listed on the entry sheet. This is subject to change depending on the division of the pools.

The officials have the right to move any remaining events during any session if one pool finishes significantly ahead of the other pool

EVENT SEEDING: Events will be seeded Slowest to Fastest, except for the following events: 400 IM/500 Free/1650 free. The Meet Referee/Administrative Official reserve the right to combine heats.



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SCRATCH PROCEDURES: An athlete is considered entered into an event unless he/she scratches from that event. If an athlete does not scratch from an event and does not swim the event, that event still counts toward the athlete's total number of events for the meet.

<u>Failure to Compete in Finals</u>: Any swimmer qualifying for any heat of finals who fail to compete and who has not been scratched will be barred from competing in their next event. A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete.

<u>There will be a Positive Check In for Finals Sunday Evening</u>. Coaches, please positive check in through 30 places to help ensure full heats for Sunday Finals

Exceptions for Failure to Compete in Finals: No penalty shall apply for failure to compete in finals if:

- The referee is notified in the event of injury of illness and accepts the proof thereof.
- A swimmer qualifying for a final heat based on the results of preliminaries notifies the announcer within 30 minutes after the announcement of qualifiers that he may not intend to compete and confirms his final intentions within 30 minutes following his last individual preliminary event.
- It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

DECLARED FALSE START: An athlete may also withdraw from a heat or swim-off by electing to take a declared false start. Such declaration must be made known to the Deck Referee before the heat or swim off is announced. A declared false start counts as an event swum for the athlete and will be counted in the maximum number of events allowed for each athlete.

NO SHOW: An athlete who is seeded in an event and fails to compete (i.e., a "no show") shall not compete in any further individual or relay events unless the athlete and/or coach declares an intent to swim to the Administrative Referee prior to the next scheduled event for the athlete.

WARM-UP SAFETY PROCEDURES: Teams will be assigned lanes for warm-ups. No team has exclusive rights to any pool lanes during warm up period, during or before the start of the meet. Teams will need to share lane space and work cooperatively in reflection of the YMCA values and sportsmanship.

During designated warm up sessions, athletes may only enter the competition pools from the starting end. Athletes are expected to use a three-point entry in



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which they sit on the side of the pool then slide into the pool gently, with one hand on the wall. The exception is during specific warm up periods when sprint lanes are designated for practicing racing starts.

Coaches are responsible for the safety of their athletes and are expected to monitor them at all times during warm up sessions.

READY BENCH: none

STARTS: 'Fly-over' starts will be used at this meet. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.

SWIM-OFFS: In the event a swim-off is necessary, the meet referee will set a time for the swim-off which will not be any later than 45 minutes after the last heat of any event in which any of the swimmers in the swim-off is competing. (USA Swimming Rule 102.5.2)

SWIMS (USA-S): This meet has been approved by USA Swimming. Therefore, all individual times will be automatically submitted for entry into SWIMS as long as USA-S ID numbers have been included with your entry.

RESULTS: Any results displayed on the scoreboard are unofficial until final results are published. Results will be posted in the hallways outside the pool for parents and on the deck by the windows for swimmers.

PROTEST PROCEDURE: Protests may only be initiated by a person with standing, that is, a coach or YMCA supervisor whose team is competing in the meet. The Meet Committee will arbitrate protests, eligibility issues, safety rules and other issues

Protests against the judgment decisions of starters, stroke, turn, place and relay take-off judges can only be considered by the Referee and the Referee's decisions will be final USA-S Rule 102.23).

CONDUCT AND RESTRICTIONS: The Meet Referee reserves the right to dismiss any swimmer, coach and/or spectator from the competition due to inappropriate conduct

- Deck access is limited to only registered and approved coaches, swimmers, and working officials.
- Except where the venue facilities require otherwise, changing, into or out of swimsuits other than in locker rooms or other designated areas is not



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appropriate and is prohibited. The USA Swimming Rulebook defines Deck Change as: Changing, in whole or in part, into or out of a swimsuit (excluding a drag suit) in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes while at a practice, competition, or other pool-related activity." This includes slipping off the top of a one-piece performance suit to place on an alternate bikini top immediately following a race.

- Glass, Food, and Chairs are not permitted on deck.
- The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photographs are not allowed to be taken behind the block during competition.
- Massage tables are not permitted.
- Individuals are responsible for the security of their personal belongings and are encouraged not to bring valuables to the meet venue and not to leave items unattended.
- Swimmers are not permitted in the spectator stands
- Shaving is not permitted in any areas of the facility.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc.) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warmups
- Additional "Non-Camera Zones" may be designated by Meet Management.
 Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.
- **DRONES**: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA Swimming Vice President of Program Operations.

AWARDS AND RECOGNITION

SCORING: YES. will be as per rule 102.7.3. both consolation and final heats score.



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AWARDS: 12/U Events: Awards will be given to 1-6 places for individual events. 13/14 and Senior Events: There will be no individual and relay awards. High point will be awarded to winners in each age group men and women. **Distance High Point**: 1-3 places will be given to individules (13-14, Senior) who swim in all distance events, 500 Free, 400IM and 1650 Free.

RECOGNITIONS: None

TIME TRIALS

FORMAT AND FEE: If time allows Time Trials are open only to athletes entered in the Invitational meet.

An athlete may only swim the stroke being contested in a Time Trials event, e.g. an athlete may not swim backstroke in a breaststroke event in Time Trials.

Time Trials may be offered at the discretion of the Meet Referee in accordance with CSI policy if time allows. Time trials are limited to the events published in this meet announcement (age/distance/stroke). Time Trials will count toward the athlete's event limitations for the day and meet. If they are offered, only athletes properly entered in one or more events in the meet are eligible for time trials and must be properly entered in the Time Trial. The deadline for Time Trial entries is/are 10:00AM for morning sessions and 3:00PM for afternoon sessions. The fee for Time Trial entries are \$12.00 for individual events and \$24.00 for relays.

TIME TRIAL LIMITS

Note: USA-S rules limit the total number of individual events swims (Rule reference 102.2.2 and 102.2.7)

- A swimmer may swim no more than 3 individual events per day in a prelims/finals meet
- Time trial events must count as a part of this daily total.

TIME TRIAL ENTRIES: above

TIME TRIAL PROCEDURE: at the discretion of the meet referee

SPECTATORS

ADMISSION FEE: None



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HEAT SHEETS/PROGRAMS: Will be available for sale at a minimal cost

CONCESSION STAND: YMCA Vendor concession for swimmers and parents

ATHLETE APPAREL: Will not be for sale.

SEAT SAVING POLICY: Limited seating is available, therefore no seat saving NO

DECK CHAIRS

HANDICAP SEATING: yes

LOST AND FOUND: Items found will be turned in at the front desk in the lobby

CONDUCT AND RESTRICTIONS:

- No Flash Photography at the start of competition races.
- No personal chairs are allowed in the spectator area
- Parents are responsible for the conduct of their children. Children are not allowed to roam the facility unattended.
- The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Spectators are not permitted on deck
- Swimmers will be seated in the gym area and will need shoes to travel to and from the deck. THEY MAY BRING CHAIRS FOR THE GYM
- No smoking, drugs, or alcohol are permitted in the swimming complex.
- Y Facilities other than the competitive pool and the gym ARE NOT AVAILABLE

LIABILITY, SAFETY AND EMERGENCY PROCEDURES

INSURANCE: Each Association participating in this meet must have insurance coverage for representative(s) including leadership and participants who will be in attendance for the period of the meet. Appendix 3 must be signed by each association participating in the meet. A CERTIFICATE OF INSURANCE IS DUE TO THE MEET DIRECTOR PRIOR TO THE MEET!

LIABILITY LIMITS:

 In granting of the USA-S/CT approval, it is understood and agreed that USA Swimming and CT SWIMMING shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.



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- In granting the YMCA Sanctioning, it is understood and agreed that YMCA of the USA shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.
- Copies of the COI need to be sent to Meet Director prior to the meet

EMERGENCIES: the facility personnel will handle all emergencies at the meet. These individuals will provide CPR and first aid as needed and will ensure that individuals with serious injuries are transported immediately to the nearest hospital for further treatment. Defibrillators will be on site.

Any coach, athlete or official who recognizes an emergency situation should immediately inform the facility's personnel and then make sure the vicinity of the emergency is clear for the emergency personnel to do their job.

UNACCOMPANIED ATHLETE: Each athlete must have a certified coach responsible for him/her while on the pool deck. The coach of the athlete must authorize in writing a coach from another team to represent their team and be responsible for the swimmer(s).

CONCUSSION AWARENESS: This meet will follow the YMCA of USA Concussion procedure. Anyone who observes or has knowledge of a potential head injury should immediately notify lifeguards and/or hired medical personnel. Once the injury report is completed, the lifeguard and/or hired medical personnel will notify the Event Staff, the athlete's coaching staff, and the Meet Director.

If a head injury occurs, the action plan below will be followed:

- 1. Athlete is removed immediately from participation by the Meet Director
- 2. Athlete must be evaluated by a licensed health care professional experienced in identifying and treating concussions. In addition, the athlete must be in compliance with the laws that are in effect within the jurisdiction where the meet is held.
- 3. The coaching staff will inform the athlete's parents or guardians about the possible concussion and give or send them the fact sheet on concussion.
- 4. The athlete will not be allowed back to warm-up or compete until a health care professional, experienced in evaluating concussions determines that the athlete is symptom-free and is OK to return to participation.



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LIGHTNING POLICY: The National Lightning Safety Institute, National Athletic Trainers Association, American College of Emergency Physicians, USA Swimming, and YMCA of the USA all recommend or require closing an indoor pool during an electrical storm. This policy will be followed at the meet.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

EVACUATION PROCEDURE: Through the bubble doors and locker rooms in an orderly fashion as directed by YMCA staff

DIRECTIONS

Merritt Parkway from New Haven: take exit 41 (Rt. 33) at end of ramp turn left north onto route 33. Go 5.0 miles to the sixth traffic light. The Wilton Family Y is on the right and the Wilton High School is on the left. Turn into the parking lot. Parking is available across the street at the high school.

Merritt Parkway from New York: Take exit 39B turn right at the end of the ramp onto Route 7 North. Follow Route 7 north to merge with route 33. Go left at the light and continue north on route 7 about 3 miles to the Wilton Y as above.

Connecticut Turnpike I-95: Take exit 15 to Route 7 North. Follow Route 7 connector to end and turn right. Go to end and turn left onto Route 7 north. Follow Route 7 directions listed above from N.Y.

LODGING

There are numerous hotels in the Norwalk or Danbury areas

PARKING

Parking at the Y is limited to areas marked. There is plenty of parking across the street at Wilton High School



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APPENDIX 1 ORDER OF EVENTS

Session: 1 FRIDAY 10 & under NORTH POOL

Day of Meet: 1 Starts at 02:30 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 10 & Under 200 Freestyle	0	0	02:30 PM	
Finals	2 Boys 10 & Under 200 Freestyle	0	0	02:30 PM	
Finals	3 Girls 11-12 200 Freestyle	0	0	02:30 PM	
Finals	4 Boys 11-12 200 Freestyle	0	0	02:30 PM	
Finals	5 Girls 10 & Under 200 IM	0	0	02:30 PM	
Finals	6 Boys 10 & Under 200 IM	0	0	02:30 PM	
Finals	7 Girls 11-12 200 IM	0	0	02:30 PM	
Finals	8 Boys 11-12 200 IM	0	0	02:30 PM	
Finals	9 Girls 10 & Under 50 Freestyle	0	0	02:30 PM	
Finals	10 Boys 10 & Under 50 Freestyle	0	0	02:30 PM	
Finals	11 Girls 11-12 50 Freestyle	0	0	02:30 PM	
Finals	12 Boys 11-12 50 Freestyle	0	0	02:30 PM	
	Finish Time			02:30 PM	

Session: 2 Friday 13 & over GIRLS South POOL

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	13 Girls 13 & Over 400 IM	0	0	05:00 PM	



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Finals	14 Boys 13 & Over 400 IM	0	0	05:00 PM	
Finals	15 Girls 13 & Over 50 Freestyle	0	0	05:00 PM	
FFinals	16 Boys 13 & Over 50 Freestyle	0	0	05:00 PM	
Finals	17 Girls 13 & Over 1650 Freestyle	0	0	05:00 PM	
05:00 1	PM			Finish Time	
05.00	1 141		_		

Session: 3 Friday 13 & over BOYS NORTH POOL

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	18 Boys 13 & Over 1650 Freestyle	0	0	05:00 PM	

Session: 4 SATURDAY 13/14 NORTH POOL

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	19 Girls 13-14 100 Breaststroke	0	0	08:30 AM	
Prelims	20 Boys 13-14 100 Breaststroke	0	0	08:30 AM	
Prelims	23 Girls 13-14 200 Butterfly	0	0	08:30 AM	
Prelims	24 Boys 13-14 200 Butterfly	0	0	08:30 AM	
Prelims	27 Girls 13-14 100 Freestyle	0	0	08:30 AM	
Prelims	28 Boys 13-14 100 Freestyle	0	0	08:30 AM	
Prelims	31 Girls 13-14 200 Backstroke	0	0	08:30 AM	
Prelims	32 Boys 13-14 200 Backstroke	0	0	08:30 AM	
	Break: 5 Minutes:				
Finals	35 Girls 13-14 200 Medley Relay	0	0	08:35 AM	
Finals	36 Boys 13-14 200 Medley Relay	0	0	08:35 AM	



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Break: 10 Minutes:			
Finals-S 39 Girls 13 & Over 500 Freestyle	0	0	08:45 AM
Finish Time			08:45 AM

Session: 5 SATURDAY 15 & over SOUTH POOL

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
D II	21 C' 1 15 0 O 100 D 4 4 1	0	0	00.20 ANA	
Prelims	21 Girls 15 & Over 100 Breaststroke	0	0	08:30 AM	
Prelims	22 Boys 15 & Over 100 Breaststroke	0	0	08:30 AM	
Prelims	25 Girls 15 & Over 200 Butterfly	0	0	08:30 AM	
Prelims	26 Boys 15 & Over 200 Butterfly	0	0	08:30 AM	
Prelims	29 Girls 15 & Over 100 Freestyle	0	0	08:30 AM	
Prelims	30 Boys 15 & Over 100 Freestyle	0	0	08:30 AM	
Prelims	33 Girls 15 & Over 200 Backstroke	0	0	08:30 AM	
Prelims	34 Boys 15 & Over 200 Backstroke	0	0	08:30 AM	
	Break: 5 Minutes:				
Finals	37 Girls 15 & Over 200 Medley Relay	0	0	08:35 AM	
Finals	38 Boys 15 & Over 200 Medley Relay	0	0	08:35 AM	
Finals-S	40 Boys 13 & Over 500 Freestyle	0	0	08:35 AM	
	Finish Time			08:35 AM	

Session: 6 SATURDAY 10 & under NORTH POOL

Day of Meet: 2 Starts at 01:30 PM Heat Interval: 20 Seconds / Back +15 Seconds



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Round	Event	Entries	Heats	Starts at	
Finals	41 Girls 10 & Under 100 IM	0	0	01:30 PM	
Finals	42 Boys 10 & Under 100 IM	0	0	01:30 PM	
Finals	45 Girls 10 & Under 100 Breaststroke	0	0	01:30 PM	
Finals	46 Boys 10 & Under 100 Breaststroke	0	0	01:30 PM	
Finals	49 Girls 10 & Under 50 Backstroke	0	0	01:30 PM	
Finals	50 Boys 10 & Under 50 Backstroke	0	0	01:30 PM	
Finals	53 Girls 10 & Under 100 Butterfly	0	0	01:30 PM	
Finals	54 Boys 10 & Under 100 Butterfly	0	0	01:30 PM	
	Break: 10 Minutes:				
Finals	57 Girls 10 & Under 200 Medley Relay	0	0	01:40 PM	
Finals	58 Boys 10 & Under 200 Medley Relay	0	0	01:40 PM	
	Finish Time			01:40 PM	

Session: 7 SATURDAY 11/12 SOUTH POOL

Day of Meet: 2 Starts at 01:30 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	43 Girls 11-12 100 IM	0	0	01:30 PM	
Prelims	44 Boys 11-12 100 IM	0	0	01:30 PM	
Prelims	47 Girls 11-12 100 Breaststroke	0	0	01:30 PM	
Prelims	48 Boys 11-12 100 Breaststroke	0	0	01:30 PM	
Prelims	51 Girls 11-12 50 Backstroke	0	0	01:30 PM	
Prelims	52 Boys 11-12 50 Backstroke	0	0	01:30 PM	
Prelims	55 Girls 11-12 100 Butterfly	0	0	01:30 PM	
Prelims	56 Boys 11-12 100 Butterfly	0	0	01:30 PM	
Finals	59 Girls 11-12 200 Medley Relay	0	0	01:30 PM	



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Finals	60 Boys 11-12 200 Medley Relay	0	0	01:30 PM	
	Finish Time			01:30 PM	

Session: 8 SATURDAY FINALS

Day of Meet: 2 Starts at 06:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	43 Girls 11-12 100 IM	0	2 u	06:00 PM
Finals	44 Boys 11-12 100 IM	0	2 u	06:04 PM
Finals-1	39 Girls 13 & Over 500 Freestyle	0	0	06:08 PM
Finals-1	40 Boys 13 & Over 500 Freestyle	0	0	06:08 PM
Finals	47 Girls 11-12 100 Breaststroke	0	2 u	06:08 PM
Finals	48 Boys 11-12 100 Breaststroke	0	2 u	06:12 PM
Finals	19 Girls 13-14 100 Breaststroke	0	2 u	06:16 PM
Finals	20 Boys 13-14 100 Breaststroke	0	2 u	06:20 PM
Finals	21 Girls 15 & Over 100 Breaststroke	0	2 u	06:23 PM
Finals	22 Boys 15 & Over 100 Breaststroke	0	2 u	06:27 PM
Finals	55 Girls 11-12 100 Butterfly	0	2 u	06:31 PM
Finals	56 Boys 11-12 100 Butterfly	0	2 u	06:34 PM
Finals	23 Girls 13-14 200 Butterfly	0	2 u	06:38 PM
Finals	24 Boys 13-14 200 Butterfly	0	2 u	06:45 PM
Finals	25 Girls 15 & Over 200 Butterfly	0	2 u	06:52 PM
Finals	26 Boys 15 & Over 200 Butterfly	0	2 u	06:58 PM
Finals	27 Girls 13-14 100 Freestyle	0	2 u	07:05 PM
Finals	28 Boys 13-14 100 Freestyle	0	2 u	07:08 PM
Finals	29 Girls 15 & Over 100 Freestyle	0	2 u	07:12 PM



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Finals	30 Boys 15 & Over 100 Freestyle	0	2 u 07:15 PM	
Finals	51 Girls 11-12 50 Backstroke	0	2 u 07:19 PM	
Finals	52 Boys 11-12 50 Backstroke	0	2 u 07:21 PM	
Finals	31 Girls 13-14 200 Backstroke	0	2 u 07:24 PM	
Finals	32 Boys 13-14 200 Backstroke	0	2 u 07:31 PM	
Finals	33 Girls 15 & Over 200 Backstroke	0	2 u 07:38 PM	
Finals	34 Boys 15 & Over 200 Backstroke	0	2 u 07:45 PM	
	Entry / Heat Totals:	0	48	
	Finish Time		07:53 PM	

Session 9 SUNDAY 13/14 SOUTH POOL

Day of Meet: 3 Starts at 8:30 AM Heat Interval: 20 seconds/Back + 15 seconds

Round	Event	Entries	Heats	Starts at	
Prelims	61 Girls 13/14 200 Freestyle	0	0	08:30 AM	
Prelims	62 Boys 13/14 200 Freestyle	0	0	08:30 AM	
Prelims	65 Girls 13/14 100 Backstroke	0	0	08:30 AM	
Prelims	66 Boys 13/14 100 Backstroke	0	0	08:30 AM	
Prelims	69 Girls 13/14 Breaststroke	0	0	08:30 AM	
Prelims	70 Boys 13/14 200 Breaststroke	0	0	08:30 AM	
Prelims	73 Girls 13/14 100 Butterfly	0	0	08:30 AM	
Prelims	74 Boys 13/14 100 Butterfly	0	0	08:30 AM	
Prelims	77 Girls 13/14 200 IM	0	0	08:30 AM	
Prelims	78 Boys 13/14 200 IM	0	0	08:30 AM	

Break: 10 Minutes:

Session: 10 SUNDAY 15 & over NORTH POOL

Day of Meet: 3 Starts at 08:30 AM Heat Interval: 20 Seconds / Back +15 Seconds



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Round	Event	Entries	Heats	Starts at	
D 11	62 63 15 0 0 200 5	0	0	00 20 134	
Prelims	63 Girls 15 & Over 200 Freestyle	0	0	08:30 AM	
Prelims	64 Boys 15 & Over 200 Freestyle	0	0	08:30 AM	
Prelims	67 Girls 15 & Over 100 Backstroke	0	0	08:30 AM	
Prelims	68 Boys 15 & Over 100 Backstroke	0	0	08:30 AM	
Prelims	71 Girls 15 & Over 200 Breaststroke	0	0	08:30 AM	
Prelims	72 Boys 15 & Over 200 Breaststroke	0	0	08:30 AM	
Prelims	75 Girls 15 & Over 100 Butterfly	0	0	08:30 AM	
Prelims	76 Boys 15 & Over 100 Butterfly	0	0	08:30 AM	
Prelims	79 Girls 15 & Over 200 IM	0	0	08:30 AM	
Prelims	80 Boys 15 & Over 200 IM	0	0	08:30 AM	
	Break: 10 Minutes:				
Finals	83 Girls 15 & Over 400 Freestyle Relay	0	0	08:40 AM	
Finals	84 Boys 15 & Over 400 Freestyle Relay	0	0	08:40 AM	
	Finish Time			08:40 AM	

Session: 12 SUNDAY 10 & UNDER NORTH POOL

Day of Meet: 3 Starts at 01:30 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round Event Entries Heats Starts at



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Finals	85 Girls 10 & Under 100 Backstroke	0	0	01:30 PM	
Finals	86 Boys 10 & Under 100 Backstroke	0	0	01:30 PM	
Finals	89 Girls 10 & Under 50 Breaststroke	0	0	01:30 PM	
Finals	90 Boys 10 & Under 50 Breaststroke	0	0	01:30 PM	
Finals	93 Girls 10 & Under 50 Butterfly	0	0	01:30 PM	
Finals	94 Boys 10 & Under 50 Butterfly	0	0	01:30 PM	
Finals	97 Girls 10 & Under 100 Freestyle	0	0	01:30 PM	
Finals	98 Boys 10 & Under 100 Freestyle	0	0	01:30 PM	
	Break: 10 Minutes:				
Finals	101 Girls 10 & Under 200 Freestyle Relay	0	0	01:40 PM	
Finals	102 Boys 10 & Under 200 Freestyle Relay	0	0	01:40 PM	
	Finish Time			01:40 PM	

Session: 13 SUNDAY 11/12 SOUTH POOL

Day of Meet: 3 Starts at 01:30 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims 87	7 Girls 11-12 100 Backstroke	0	0	01:30 PM	
Prelims 88	Boys 11-12 100 Backstroke	0	0	01:30 PM	
Prelims 91	Girls 11-12 50 Breaststroke	0	0	01:30 PM	
Prelims 92	2 Boys 11-12 50 Breaststroke	0	0	01:30 PM	
Prelims 95	5 Girls 11-12 50 Butterfly	0	0	01:30 PM	
Prelims 96	6 Boys 11-12 50 Butterfly	0	0	01:30 PM	
Prelims 99	Girls 11-12 100 Freestyle	0	0	01:30 PM	
Prelims 100	Boys 11-12 100 Freestyle	0	0	01:30 PM	
	Break: 10 Minutes:				
Finals 103	Girls 11-12 200 Freestyle Relay	0	0	01:40 PM	
Finals 10 ²	4 Boys 11-12 200 Freestyle Relay	0	0	01:40 PM	



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01:40 PM Finish Time

Session: 14 SUNDAY FINALS

Day of Meet: 3 Starts at 06:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats Starts at	
Finals	61 Girls 13-14 200 Freestyle	0	2 u 06:00 PM	
Finals	62 Boys 13-14 200 Freestyle	0	2 u 06:07 PM	
Finals	63 Girls 15 & Over 200 Freestyle	0	2 u 06:13 PM	
Finals	64 Boys 15 & Over 200 Freestyle	0	2 u 06:19 PM	
Finals	87 Girls 11-12 100 Backstroke	0	2 u 06:25 PM	
Finals	88 Boys 11-12 100 Backstroke	0	2 u 06:29 PM	
Finals	65 Girls 13-14 100 Backstroke	0	2 u 06:34 PM	
Finals	66 Boys 13-14 100 Backstroke	0	2 u 06:38 PM	
Finals	67 Girls 15 & Over 100 Backstroke	0	2 u 06:42 PM	
Finals	68 Boys 15 & Over 100 Backstroke	0	2 u 06:46 PM	
Finals	91 Girls 11-12 50 Breaststroke	0	2 u 06:50 PM	
Finals	92 Boys 11-12 50 Breaststroke	0	2 u 06:52 PM	
Finals	69 Girls 13-14 200 Breaststroke	0	2 u 06:54 PM	
Finals	70 Boys 13-14 200 Breaststroke	0	2 u 07:02 PM	
Finals	71 Girls 15 & Over 200 Breaststroke	0	2 u 07:09 PM	
Finals	72 Boys 15 & Over 200 Breaststroke	0	2 u 07:16 PM	
Finals	95 Girls 11-12 50 Butterfly	0	2 u 07:24 PM	
Finals	96 Boys 11-12 50 Butterfly	0	2 u 07:26 PM	
Finals	73 Girls 13-14 100 Butterfly	0	2 u 07:28 PM	
Finals	74 Boys 13-14 100 Butterfly	0	2 u 07:32 PM	



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Finals	75 Girls 15 & Over 100 Butterfly	0	2 u 07:35 PM	
Finals	76 Boys 15 & Over 100 Butterfly	0	2 u 07:39 PM	
Finals	99 Girls 11-12 100 Freestyle	0	2 u 07:42 PM	
Finals	100 Boys 11-12 100 Freestyle	0	2 u 07:46 PM	
Finals	77 Girls 13-14 200 IM	0	2 u 07:49 PM	
Finals	78 Boys 13-14 200 IM	0	2 u 07:56 PM	
Finals	79 Girls 15 & Over 200 IM	0	2 u 08:03 PM	
Finals	80 Boys 15 & Over 200 IM	0	2 u 08:09 PM	
	Entry / Heat Totals:	0	56	
	Finish Time		08:16 PM	

APPENDIX 2: QUALIFYING TIMES

NONE



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APPENDIX 3: YMCA SANCTIONED MEET DECLARATION FORM

(Note: Return signed Declaration form to the meet director)
Participating YMCA:
YMCA Address:
Meet Name:
Meet Date(s):
Meet Host:
Meet Location:
We the undersigned attest to the following:
SWIMMERS - All swimmers representing the YMCA above are full privilege members of the YMCA and meet the eligibility requirements.
COACHES - All coaches representing the YMCA above hold current certifications in CPR, First Aid, Coaches Safety Training and Principles of YMCA Competitive Swimming and Diving.
INSURANCE - Our Association now has insurance coverage for representative(s) including leadership and participants who will be in attendance at the Wilton Wahoos YMCA Thanksgiving Invitational Meet for the period of the meet. I hereby certify that YMCA has a minimum of \$1,000,000/\$2,000,000 in liability insurance that covers our coaches and swimmers during their participation in the Wilton Wahoos YMCA Thanksgiving Invitational Meet
RELEASE - In consideration of your accepting this entry, I hereby, for myself, heirs, executor and administrators, waive and release any and all right and claim for damages I may have against the YMCA of the USA, Wilton YMCA their agents, representatives or assigns, and the Wilton YMCA pool for any and all injuries which may be suffered by participants at the Wilton WahOos YMCA Thanksgiving Invitational Meet. Furthermore, we understand that the YMCA of the USA and Wilton YMCA are not responsible for any intended or unintended consequences related to removing an athlete from competition for a head injury. This includes, but is not limited to, any financial reimbursement associated with such removal.
Name and Signature of Head Coach
Name and Signature of YMCA Executive Director or Designee



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This i	is the	last	page	of the	Meet	Announce	ement
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Session: 1 Friday 12/under

Day of Meet: 1 Starts at 02:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	1	Girls 10 & Under 200 Freestyle	0	0	02:30 PM	
Finals	2	Boys 10 & Under 200 Freestyle	0	0	02:30 PM	
Finals	3	Girls 11-12 200 Freestyle	0	0	02:30 PM	
Finals	4	Boys 11-12 200 Freestyle	0	0	02:30 PM	
Finals	5	Girls 10 & Under 200 IM	0	0	02:30 PM	
Finals	6	Boys 10 & Under 200 IM	0	0	02:30 PM	
Finals	7	Girls 11-12 200 IM	0	0	02:30 PM	
Finals	8	Boys 11-12 200 IM	0	0	02:30 PM	
Finals	9	Girls 10 & Under 50 Freestyle	0	0	02:30 PM	
Finals	10	Boys 10 & Under 50 Freestyle	0	0	02:30 PM	
Finals	11	Girls 11-12 50 Freestyle	0	0	02:30 PM	
Finals	12	Boys 11-12 50 Freestyle	0	0	02:30 PM	
		Finish Time			02:30 PM	

Session: 2 Friday 13/over

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	13 Girls 13 & Over 400 IM	0	0	05:00 PM	
Finals	14 Boys 13 & Over 400 IM	0	0	05:00 PM	
Finals	15 Girls 13 & Over 50 Freestyle	0	0	05:00 PM	
Finals	16 Boys 13 & Over 50 Freestyle	0	0	05:00 PM	
Finals	17 Girls 13 & Over 1650 Freestyle	0	0	05:00 PM	
	Finish Time			05:00 PM	

Session: 3 13/over 1650 BOYS SOUTH POOL

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	18 Boys 13 & Over 1650 Freestyle	0	0	05:00 PM	
	Finish Time			05:00 PM	

Session: 4 Sat 13/14 NORTH POOL

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	19 Girls 13-14 100 Breaststroke	0	0	08:30 AM	
Prelims	20 Boys 13-14 100 Breaststroke	0	0	08:30 AM	
Prelims	23 Girls 13-14 200 Butterfly	0	0	08:30 AM	
Prelims	24 Boys 13-14 200 Butterfly	0	0	08:30 AM	
Prelims	27 Girls 13-14 100 Freestyle	0	0	08:30 AM	
Prelims	28 Boys 13-14 100 Freestyle	0	0	08:30 AM	
Prelims	31 Girls 13-14 200 Backstroke	0	0	08:30 AM	
Prelims	32 Boys 13-14 200 Backstroke	0	0	08:30 AM	
	Break: 5 Minutes:				
Finals	35 Girls 13-14 200 Medley Relay	0	0	08:35 AM	
Finals	36 Boys 13-14 200 Medley Relay	0	0	08:35 AM	
	Break: 10 Minutes:				
Finals-S	40 Boys 13 & Over 500 Freestyle	0	0	08:45 AM	
	Finish Time			08:45 AM	

Session: 5 Sat 15 over SOUTH POOL

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	21 Girls 15 & Over 100 Breaststroke	0	0	08:30 AM	
Prelims	22 Boys 15 & Over 100 Breaststroke	0	0	08:30 AM	
Prelims	25 Girls 15 & Over 200 Butterfly	0	0	08:30 AM	
Prelims	26 Boys 15 & Over 200 Butterfly	0	0	08:30 AM	
Prelims	29 Girls 15 & Over 100 Freestyle	0	0	08:30 AM	
Prelims	30 Boys 15 & Over 100 Freestyle	0	0	08:30 AM	
Prelims	33 Girls 15 & Over 200 Backstroke	0	0	08:30 AM	
Prelims	34 Boys 15 & Over 200 Backstroke	0	0	08:30 AM	
	Break: 5 Minutes:				
Finals	37 Girls 15 & Over 200 Medley Relay	0	0	08:35 AM	
Finals	38 Boys 15 & Over 200 Medley Relay	0	0	08:35 AM	
	Break: 10 Minutes:				
Finals-S	39 Girls 13 & Over 500 Freestyle	0	0	08:45 AM	
	Finish Time			08:45 AM	

Session: 6 Sat 10 under NORTH POOL

Day of Meet: 2 Starts at 01:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	41 Girls 10 & Under 100 IM	0	0	01:30 PM	
Finals	42 Boys 10 & Under 100 IM	0	0	01:30 PM	
Finals	45 Girls 10 & Under 100 Breaststroke	0	0	01:30 PM	
Finals	46 Boys 10 & Under 100 Breaststroke	0	0	01:30 PM	
Finals	49 Girls 10 & Under 50 Backstroke	0	0	01:30 PM	
Finals	50 Boys 10 & Under 50 Backstroke	0	0	01:30 PM	
Finals	53 Girls 10 & Under 100 Butterfly	0	0	01:30 PM	
Finals	54 Boys 10 & Under 100 Butterfly	0	0	01:30 PM	
Finals	57 Girls 10 & Under 200 Medley Relay	0	0	01:30 PM	
Finals	58 Boys 10 & Under 200 Medley Relay	0	0	01:30 PM	
	Finish Time			01:30 PM	

Session: 7 Sat 11/12 SOUTH POOL

Day of Meet: 2 Starts at 01:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	43 Girls 11-12 100 IM	0	0	01:30 PM	
Prelims	44 Boys 11-12 100 IM	0	0	01:30 PM	
Prelims	47 Girls 11-12 100 Breaststroke	0	0	01:30 PM	
Prelims	48 Boys 11-12 100 Breaststroke	0	0	01:30 PM	
Prelims	51 Girls 11-12 50 Backstroke	0	0	01:30 PM	
Prelims	52 Boys 11-12 50 Backstroke	0	0	01:30 PM	
Prelims	55 Girls 11-12 100 Butterfly	0	0	01:30 PM	
Prelims	56 Boys 11-12 100 Butterfly	0	0	01:30 PM	
Finals	59 Girls 11-12 200 Medley Relay	0	0	01:30 PM	
Finals	60 Boys 11-12 200 Medley Relay	0	0	01:30 PM	
	Finish Time			01:30 PM	

Session: 8 SAT FINALS

Day of Meet: 2 Starts at 06:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	43	Girls 11-12 100 IM	0	2 u	06:00 PM	
Finals	44	Boys 11-12 100 IM	0	2 u	06:05 PM	
Finals-2	39	Girls 13 & Over 500 Freestyle	0	0	06:10 PM	
Finals-2	40	Boys 13 & Over 500 Freestyle	0	0	06:10 PM	
Finals	47	Girls 11-12 100 Breaststroke	0	2 u	06:10 PM	
Finals	48	Boys 11-12 100 Breaststroke	0	2 u	06:15 PM	
Finals	19	Girls 13-14 100 Breaststroke	0	2 u	06:19 PM	
Finals	20	Boys 13-14 100 Breaststroke	0	2 u	06:24 PM	
Finals	21	Girls 15 & Over 100 Breaststroke	0	2 u	06:28 PM	
Finals	22	Boys 15 & Over 100 Breaststroke	0	2 u	06:33 PM	
Finals	55	Girls 11-12 100 Butterfly	0	2 u	06:37 PM	
Finals	56	Boys 11-12 100 Butterfly	0	2 u	06:42 PM	
Finals	23	Girls 13-14 200 Butterfly	0	2 u	06:47 PM	
Finals	24	Boys 13-14 200 Butterfly	0	2 u	06:54 PM	
Finals	25	Girls 15 & Over 200 Butterfly	0	2 u	07:02 PM	
Finals	26	Boys 15 & Over 200 Butterfly	0	2 u	07:09 PM	
Finals	27	Girls 13-14 100 Freestyle	0	2 u	07:17 PM	
Finals	28	Boys 13-14 100 Freestyle	0	2 u	07:21 PM	
Finals	29	Girls 15 & Over 100 Freestyle	0	2 u	07:25 PM	
Finals	30	Boys 15 & Over 100 Freestyle	0	2 u	07:29 PM	
Finals	51	Girls 11-12 50 Backstroke	0	2 u	07:34 PM	
Finals	52	Boys 11-12 50 Backstroke	0	2 u	07:37 PM	
Finals	31	Girls 13-14 200 Backstroke	0	2 u	07:41 PM	
Finals	32	Boys 13-14 200 Backstroke	0	2 u	07:49 PM	
Finals	33	Girls 15 & Over 200 Backstroke	0	2 u	07:57 PM	
Finals	34	Boys 15 & Over 200 Backstroke	0	2 u	08:05 PM	
		Entry / Heat Totals:	0	48		
		Finish Time			08:13 PM	

Session: 9 Sun 13/14 SOUTH POOL

Day of Meet: 3 Starts at 08:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Prelims 6	1 Girls 13-14 200 Freestyle	0	0	08:30 AM
Prelims 6	2 Boys 13-14 200 Freestyle	0	0	08:30 AM
Prelims 6	5 Girls 13-14 100 Backstroke	0	0	08:30 AM
Prelims 6	6 Boys 13-14 100 Backstroke	0	0	08:30 AM
Prelims 6	9 Girls 13-14 200 Breaststroke	0	0	08:30 AM
Prelims 7	0 Boys 13-14 200 Breaststroke	0	0	08:30 AM
Prelims 7	3 Girls 13-14 100 Butterfly	0	0	08:30 AM
Prelims 7	4 Boys 13-14 100 Butterfly	0	0	08:30 AM
Prelims 7	7 Girls 13-14 200 IM	0	0	08:30 AM
Prelims 7	8 Boys 13-14 200 IM	0	0	08:30 AM
Finals 8	1 Girls 13-14 400 Freestyle Relay	0	0	08:30 AM
Finals 8	2 Boys 13-14 400 Freestyle Relay	0	0	08:30 AM
	Finish Time			08:30 AM

Session: 10 Sun 15 over NORTH POOL

Day of Meet: 3 Starts at 08:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Prelims 6	3 Girls 15 & Over 200 Freestyle	0	0	08:30 AM
Prelims 6	4 Boys 15 & Over 200 Freestyle	0	0	08:30 AM
Prelims 6	7 Girls 15 & Over 100 Backstroke	0	0	08:30 AM
Prelims 6	8 Boys 15 & Over 100 Backstroke	0	0	08:30 AM
Prelims 7	1 Girls 15 & Over 200 Breaststroke	0	0	08:30 AM
Prelims 7	2 Boys 15 & Over 200 Breaststroke	0	0	08:30 AM
Prelims 7	5 Girls 15 & Over 100 Butterfly	0	0	08:30 AM
Prelims 7	6 Boys 15 & Over 100 Butterfly	0	0	08:30 AM
Prelims 7	9 Girls 15 & Over 200 IM	0	0	08:30 AM
Prelims 8	0 Boys 15 & Over 200 IM	0	0	08:30 AM
Finals 8	3 Girls 15 & Over 400 Freestyle Relay	0	0	08:30 AM
Finals 8	4 Boys 15 & Over 400 Freestyle Relay	0	0	08:30 AM
	Finish Time			08:30 AM

Session: 11 Sun 10 under NORTH POOL

Day of Meet: 3 Starts at 01:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	85	Girls 10 & Under 100 Backstroke	0	0	01:30 PM	
Finals	86	Boys 10 & Under 100 Backstroke	0	0	01:30 PM	
Finals	89	Girls 10 & Under 50 Breaststroke	0	0	01:30 PM	
Finals	90	Boys 10 & Under 50 Breaststroke	0	0	01:30 PM	
Finals	93	Girls 10 & Under 50 Butterfly	0	0	01:30 PM	
Finals	94	Boys 10 & Under 50 Butterfly	0	0	01:30 PM	
Finals	97	Girls 10 & Under 100 Freestyle	0	0	01:30 PM	
Finals	98	Boys 10 & Under 100 Freestyle	0	0	01:30 PM	
Finals	101	Girls 10 & Under 200 Freestyle Relay	0	0	01:30 PM	
Finals	102	Boys 10 & Under 200 Freestyle Relay	0	0	01:30 PM	
		Finish Time			01:30 PM	

Session: 12 Sun 11/12 SOUTH POOL

Day of Meet: 3 Starts at 01:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	87 Girls 11-12 100 Backstroke	0	0	01:30 PM	
Prelims	88 Boys 11-12 100 Backstroke	0	0	01:30 PM	
Prelims	91 Girls 11-12 50 Breaststroke	0	0	01:30 PM	
Prelims	92 Boys 11-12 50 Breaststroke	0	0	01:30 PM	
Prelims	95 Girls 11-12 50 Butterfly	0	0	01:30 PM	
Prelims	96 Boys 11-12 50 Butterfly	0	0	01:30 PM	
Prelims	99 Girls 11-12 100 Freestyle	0	0	01:30 PM	
Prelims	100 Boys 11-12 100 Freestyle	0	0	01:30 PM	
Finals	103 Girls 11-12 200 Freestyle Relay	0	0	01:30 PM	
Finals	104 Boys 11-12 200 Freestyle Relay	0	0	01:30 PM	
	Finish Time			01:30 PM	

Session: 13 Sun FINALS

Day of Meet: 3 Starts at 06:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	61	Girls 13-14 200 Freestyle	0	2 u	06:00 PM	
Finals	62	Boys 13-14 200 Freestyle	0	2 u	06:07 PM	
Finals	63	Girls 15 & Over 200 Freestyle	0	2 u	06:14 PM	
Finals	64	Boys 15 & Over 200 Freestyle	0	2 u	06:21 PM	
Finals	87	Girls 11-12 100 Backstroke	0	2 u	06:28 PM	
Finals	88	Boys 11-12 100 Backstroke	0	2 u	06:33 PM	
Finals	65	Girls 13-14 100 Backstroke	0	2 u	06:39 PM	
Finals	66	Boys 13-14 100 Backstroke	0	2 u	06:43 PM	
Finals	67	Girls 15 & Over 100 Backstroke	0	2 u	06:48 PM	
Finals	68	Boys 15 & Over 100 Backstroke	0	2 u	06:53 PM	
Finals	91	Girls 11-12 50 Breaststroke	0	2 u	06:58 PM	
Finals	92	Boys 11-12 50 Breaststroke	0	2 u	07:01 PM	
Finals	69	Girls 13-14 200 Breaststroke	0	2 u	07:04 PM	
Finals	70	Boys 13-14 200 Breaststroke	0	2 u	07:12 PM	
Finals	71	Girls 15 & Over 200 Breaststroke	0	2 u	07:21 PM	
Finals	72	Boys 15 & Over 200 Breaststroke	0	2 u	07:29 PM	
Finals	95	Girls 11-12 50 Butterfly	0	2 u	07:37 PM	
Finals	96	Boys 11-12 50 Butterfly	0	2 u	07:40 PM	
Finals	73	Girls 13-14 100 Butterfly	0	2 u	07:43 PM	
Finals	74	Boys 13-14 100 Butterfly	0	2 u	07:47 PM	
Finals	75	Girls 15 & Over 100 Butterfly	0	2 u	07:52 PM	
Finals	76	Boys 15 & Over 100 Butterfly	0	2 u	07:56 PM	
Finals	99	Girls 11-12 100 Freestyle	0	2 u	08:00 PM	
Finals	100	Boys 11-12 100 Freestyle	0	2 u	08:05 PM	
Finals	77	Girls 13-14 200 IM	0	2 u	08:09 PM	
Finals	78	Boys 13-14 200 IM	0	2 u	08:17 PM	
Finals	79	Girls 15 & Over 200 IM	0	2 u	08:24 PM	
Finals	80	Boys 15 & Over 200 IM	0	2 u	08:32 PM	
		Entry / Heat Totals:	0	56		
		Finish Time			08:39 PM	