

Connecticut Swimming
SHORT COURSE
AGE GROUP SWIMMING CHAMPIONSHIP
 Chelsea Piers Connecticut, 1 Blachley Rd, Stamford, CT 06902
<https://goo.gl/maps/Fe4aQr1Ar5p>

March 14-17, 2019

Revised 01.17.19	Deleted SCM time standards and seeding references.

EVENTS

Held under the sanction of USA Swimming, and Connecticut Swimming, Inc. #S18-100. In granting this sanction, it is understood an agreed that CT Swimming and USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

This meet is open to all Connecticut Swimming USA registered clubs and swimmers who meet the eligibility criteria and time standards (included).

- MEET DIRECTOR:** Suzannah Rogers Srogers68@optonline.net
- MEET REFEREE:** Mark Wollen 203-631-3142 mark@mjwollen.com
- ADMINISTRATIVE REFEREE:** TBD
- MEET ENTRY INFO:** Nan Cooper 860-657-1164 office@ctswim.org
- SAFETY CHAIR:** Jim Robison Robisonops@att.net
- EMERGENCY PHONE:** 203-989-1300

Any questions regarding the meet, prior to competition, should be directed to the contacts listed above.

SCHEDULE:	<u>Ages</u>	<u>Warm-Up</u>	<u>Start</u>
Thursday Evening	13/14	3:15 p.m.	4:00 p.m.
Thursday Evening	Relays & 12 & under	5:30 p.m.*	6:00 p.m.*
Fri-Sat-Sun Prelims Session 1	13/14	6:30 a.m.	7:45 a.m.
Fri-Sat-Sun Prelims Session 2	11/12	10:30 a.m.	11:45 a.m.
Fri-Sat-Sun Timed Finals	10 & under	1:40 p.m.	2:40 p.m.
Fri-Sat-Sun Finals	11 & over	4:30 p.m.	5:30 p.m.

*times may be adjusted based on number of entries and timeline

FACILITY

Chelsea Piers Connecticut

- Thursday evening will be conducted in one ten-lane course.
- All 11-14 Trials and Finals sessions will be conducted in one ten-lane course.



- 10&U afternoon sessions will be conducted in one eight-lane course.
- Racing course for 11-14 Trials and 10&U Timed finals may be adjusted to eight or ten-lanes to meet timeline requirements.
- Daktronics Timing System with multi-lane LCD scoreboard will be used.
- The competition course has not been certified in accordance with 104.2.2C(4).
- Water depth at start and turn ends is 7.5 ft.
- Spectator seating will be available on the mezzanine.
- Bleachers are available on deck for team seating; deck chairs will not be allowed on deck
- Locker rooms: No locks may be left on Chelsea Piers lockers. No shaving on premises is permitted. No access to areas identified as staff only is permitted. Failure to comply may result in expulsion from the meet.
- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. Failure to comply may result in expulsion from the meet. Use of electronic audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms, or locker rooms. Failure to comply may result in expulsion from the meet. Please read Photography and Video Recording policy found later in this announcement.

DISABLED/ELDERLY ACCESS: Chelsea Piers Connecticut is fully accessible to all, able-bodied and challenged. The spectator area is easily accessible via elevator, and all bathrooms have reserved stalls in them. Reserved parking is directly in front of the facility. Please contact the Safety Chair for more information and special arrangements.

SPECTATOR POLICY: The spectator seating is available on the mezzanine overlooking the pool. Additional seating is available in the common area with closed circuit television coverage of the pool. Spectators are not allowed access to the pool deck. Chelsea Piers and CSI reserve the right to remove any spectator from the stands and/or the facility.

GENERAL MEET INFORMATION

RULES: Current USA Swimming Rules will govern this meet. The swimmer's age as of March 14, 2019 governs age group participation for the entire meet.

ELIGIBILITY CRITERIA: Clubs and all athletes must be 2019 *CSI-registered members* of USA Swimming. Registration will not be processed at the meet.

Athletes must have:

1. Swum in at least one regularly scheduled CSI-sanctioned meet in the 2018-2019 Short Course schedule, between the dates of October 1, 2018 and March 10, 2019;
2. Been properly entered prior to the appropriate deadline contained in either the ENTRY DEADLINE or LATE QUALIFIERS sections below, and;
3. To be eligible to compete in individual events, each swimmer **MUST** have achieved the qualifying time for each individual event entered within the qualifying periods below. Swimmers may qualify with times from 25 yard (SCY) or 50 meter (LCM) courses.

QUALIFYING PERIODS: Initial qualification period is January 1, 2018 to March 5, 2019. Late initial qualification period is March 6 through 9 pm March 11, 2019.

ADAPTED SWIMMING: Any CSI-registered swimmer with a disability as defined by USA Swimming Rules and Regulations should refer to the CSI Adapted Swimming Policy available on ctswim.org and contact Adapted Swimming Chair office@ctswim.org for time standards and other information. Coaches or athletes must notify the referee of any disability prior to competition.

OUTREACH POLICY: CSI has adopted an outreach policy to enable Outreach athletes to enter this championship meet with their entry fees waived. See the OUTREACH ATHLETES section for more info.

DECK ACCESS: Only athletes, coaches, officials and official meet staff actively participating in the meet are allowed on the pool deck. Swimmers on deck must be supervised by a USA Swimming registered coach. All coaches must present a valid USA Swimming coach Card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck. Coaches not affiliated with a CSI registered club may be on deck only for those sessions in which they are coaching associated unattached swimmers. Only swimmers entered in this meet shall be allowed in the pool during warm-ups/warm-downs. Children not participating in the meet must be supervised at all times by an adult and are not allowed on the pool deck for any reason. The Meet Director and Referee reserve the right to limit such deck access in the event of overcrowding, inappropriate behavior or for any other reason. CSI Rules of Conduct will be strictly enforced. Coaches will need to be in possession of a deck credential, worn in full view, to gain access to the pool deck.

COACHES' MEETING: A brief coaches' meeting will be held on Friday morning at a time designated by the meet referee and as necessary on Saturday and Sunday. Please consult your packet for meeting time.

ENTRIES

- Swimmers may enter any individual event for which they qualify, but may only compete in six (6) individual events for the meet and a maximum of three (3) individual events per day.
- Clubs may enter one relay-only swimmer per age group per gender (11/12 Girls, 11/12 Boys, 13/14 Girls & 13/14 Boys). Swimmers entered in relay events **only** must be listed on the meet entry with their USA Swimming numbers and ages.
- Clubs may enter up to three relay-only swimmers per age group per gender for 10/Under session only to fill out an "A" relay. Teams with B & C relays may only use 1 relay-only swimmer. (i.e. to have a B relay, a team must have at least 7 individual qualifiers.)
- Swimmers meeting the qualification in the 1000Y Freestyle may enter the 1650Y Freestyle as a bonus, and vice versa. These events must be entered with pre-proven official times.
- Each club may enter up to three relay teams per relay event, except for the 800Y freestyle relay where each club may enter only one relay team per 800Y relay event. "No-times" for relay events are strongly discouraged. Please estimate or use a composite.
- Unattached swimmers (UN) must be indicated on the entry. Coaches wishing to change the attachment status of swimmers during the meet should bring such requests, which must be consistent with USA Swimming rules, to the Administrative Referee.

PROOF OF ENTRY TIMES: All entry times must be pre-proven. The results of any USA Swimming sanctioned, approved, or observed meet or a meet attested by a USA Referee or CIAC/ Independent Referee will be acceptable as proof of time. Eligible times not verified in Connecticut FAST may be proven by using the Connecticut FAST custom times tool available to CSI clubs or, in the case of unattached entries, by sending an email to the entry chair, which includes the meet name, date, location, referee attestation, and pertinent page(s) of the results. Failure to pre-prove an entry time will prevent the swimmer from being entered in that event. **Proof of time is the responsibility of each coach.** In accordance with CSI policy, (Integrity Statement 1/25/94), the Club from which a swimmer's time cannot be proven, shall be fined the sum of \$100.00 per event. The \$100.00 fine must be paid by May 1, 2019, to the Connecticut Swimming office.

ENTRY DEADLINE: Entries must be received by **9:00 p.m. Tuesday, March 5, 2019.**

ENTRY SUBMISSION: CSI-member USA Swimming clubs will enter using [Connecticut FAST Online Entries](#) and enter an adapted athlete by contacting office@ctswim.org. CSI-member unattached athletes, not affiliated with a CSI club, should email an entry file (*.sd3 or *.cl2) and proof of time to office@ctswim.org. If meet entry software is not available, email office@ctswim.org the athlete name, USA ID, age, event number, event name, time, and proof of time. See Proof of Entry Times section for acceptable proof. Manually typed entries are subject to extra fees and all times done in courses other than a 25 yard course must be marked on the entry form by writing LCM in **red** at the entry time. All computer entry files should be coded to indicate the course in which the time was achieved.

FEES: Splash Fee: \$10.00 per individual event, \$20.00 per relay. \$15.00 per individual time trials and \$30.00 per relay time trials. A \$3.50 per swimmer entry fee applies to relay-only swimmers. If no electronic entry is provided, there is an additional \$10.00 manual entry fee per swimmer. A \$3.50 per swimmer entry fee applies to relay-only swimmers. If no electronic entry is provided, there is an additional \$10.00 manual entry fee per event per swimmer.

PAYMENT: The payment deadline for entries is upon receipt of final entry. Payment will be collected upon submission of entry by credit card or by signed check/check request. If paying by check, an image of the signed check/check request must be submitted with the final entry. The check must then be mailed to the address below.

Connecticut Swimming
28 Farms Village Rd
Wethersfield, CT 06109

Checks must be postmarked by Wednesday, March 6, 2019, and mailed to 28 Farms Village Rd, Wethersfield, CT 06109. CSI reserves the right to remove the unpaid entries from the meet. Splash fees for late qualifiers and correction fees are due on Tuesday, March 12, 2019 by check (postmarked) or credit card. CSI reserves the right to remove the unpaid entries from the meet.

OUTREACH ATHLETES: Entry fees for CSI registered Outreach Athletes are waived. When submitting the meet entry, the entering club must request, in writing, that the individual entry fees be waived for the Outreach athlete(s) listed on the club's entry. The Entry Chair shall confirm the Outreach status of the athlete(s) using USA Swimming's national registration database. If confirmed, all individual event entry fees shall be waived for that Outreach Athlete(s).

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: (1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a member coach prior to the meet. Athletes unaccompanied by a member coach will not be permitted on deck. Please contact the Meet Director for assistance; and (2.) Be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted the Meet Director with the entry.

LATE QUALIFIERS: Any swimmer achieving an initial qualifying time during the period of **March 6 - 11, 2019** must enter, no later than 9 PM, Monday, March 11, 2019, using FAST Online Entries. After this deadline, no late qualifier entries will be accepted. Exceptions to this deadline will not be entertained. **No improvements in seed time will be accepted.** A swimmer entered into this meet with a non-conforming time may **NOT** update that time with a SCY time achieved after the meet entry deadline of March 5, 2019. Splash fees for late qualifiers are due on Tuesday, March 12, 2019 by check (postmarked) or credit card. CSI reserves the right to remove the unpaid entries from the meet.

CORRECTIONS: Meet entry corrections will be accepted by the meet entry chair until 9 PM, Monday, March 11, 2019. Email corrections to the Entry Chair office@ctswim.org After this deadline, no corrections will be accepted. Exceptions to this deadline will not be entertained. Under no circumstances will corrections (other than changes of attachment status) be accepted after this time. **No improvements in seed time will be accepted.** Corrections are not the same as exchanging one event for another (swapping out). Corrections are adding events that were, for whatever reason, not included in the original entry. For **each** correction, including but not limited to event, age group, proof of time, clubs will be assessed \$10.00 in addition to the published splash fee (see examples below).

- If John Doe is omitted from a club's entry in six (6) events, his club will be charged \$60.00 in addition to the cost of his entry. Total for John Doe \$120.00.
- If a relay team is added, the charge will be \$20.00 plus splash fee. Total for additional relay \$34.00.

In accordance with CSI rules, proof of time is required and this procedure shall **not** be used to improve seed times. Prior to correcting entry times, the original proof of time will be checked to ensure the correction is not an

improvement in seed time. Splash fees for correction fees are due on Tuesday, March 12, 2019 by check (postmarked) or credit card. CSI reserves the right to remove the unpaid entries from the meet.

WARM-UP, SCRATCH, & POSITIVE CHECK-IN PROCEDURES

CHECK-IN/WARM-UP: All clubs must warm-up under the supervision of a coach or marshal. Swimmers without a coach in attendance must report to the office and have a supervisor assigned. Lane assignments for general warm-up will be provided in the coaches' packets and are subject to the discretion of the Meet Referee. No diving will be permitted, except in the assigned lanes during one-way Sprints. Pace lanes will be available during sessions. Due to limited warm-up space, **only swimmers entered in individual events or expected to swim relays in each session may enter the pool in that session's warm-up period.**

SCRATCH PROCEDURES:

- Positive check-in is required by **6:30 p.m.** on Saturday, March 16, 2019 for the 1000Y freestyle events scheduled to be conducted on Sunday, March 17, 2019. Failure to positively check-in by the stated time will result in the swimmer not being seeded into the event.
 1. Any swimmer who does not scratch the event by the scratch deadline on Saturday (and did not positively check in) will be seeded at "NT".
 2. If you positively check-in and do not scratch, you will be seeded with your entry time and may swim.
 3. If you positively check in and scratch, you will not be seeded in the event and will not swim.
- Except as otherwise provided in this Announcement scratch sheets must be turned into the computer table by the following deadlines:

<i>SCHEDULE:</i>	<u>Ages</u>	<u>Scratch Deadline</u>
Thursday Evening	13/14	3:30 p.m.
Thursday Evening	Relays & 12 & under	5:30 p.m.
Friday Prelims	13/14 & 11/12	Thursday 6:30 p.m.
Saturday Prelims	13/14 & 11/12	Friday 6:30 p.m.
Sunday Prelims	13/14 & 11/12	Saturday 6:30 p.m.
Fri-Sat-Sun Timed Finals	10 & under	2:00 p.m.

- For the 13/14 and 11/12 preliminary sessions, scratches are due no later than **6:30 pm on the preceding day.** Scratches will be accepted via email to Srogers68@optonline.net before 6:30pm for teams that are not in attendance at the evening's sessions. No exceptions. For the 10 & under timed final sessions, scratches are due no later than **2:00 pm.** No exceptions.
- If a scratch sheet is not received by the deadline, all swimmers on that scratch sheet will be considered NOT scratched and will be seeded in their entered events, except that any over-entered swimmers will be scratched from their last event(s) other than the 1000Y freestyle until they are in compliance with entry rules.
- Upon official announcement of the qualifiers from the preliminary heats of an event, scratch sheets for finals will be posted at the Administrative Referee's table. Swimmers will have 30 minutes to scratch or "declare an intention to scratch" from the finals for the event.

FAILURE TO COMPETE PENALTIES:

Failure to show for a Preliminary or Timed final event will not result in a penalty. However, a missed event will count as an event entry and included in both the daily and meet event limitations.

A swimmer qualifying for a consolation or championship final who fails to compete and who has not scratched, will be barred from all further competition in the meet. It is the responsibility of the coaches and swimmers to check the scratch sheets and to scratch in a timely fashion if they do not intend to return or swim at finals. Sunday Finalist shall be fined \$50.00 for each event not swum. Fines must be paid before May 1, 2019.

No Penalty shall apply for Failure to Compete in finals if:

1. The referee is notified in the event of illness or injury and accepts the proof.
2. A swimmer qualifying for finals based on the results of preliminaries notified the Clerk of Course within 30 minutes of the announcement of qualifiers that he/she may not intend to compete and confirm his/her final intention within 30 minutes following his/her last preliminary event.
3. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

CONDUCT OF COMPETITION

SEEDING: Seeding and lane assignments shall be in accordance with USA Swimming Rule 102.5, except as noted below. Order of heats shall be slowest to fastest, except as noted below. In order to determine seeding (i.e. the “psych sheet”), all conforming times (SCY) shall be arranged from fastest to slowest followed by non-conforming long course meter times (LCM) arranged fastest to slowest. Swimmers whose entry times are identical shall be seeded by draw.

INDIVIDUAL EVENTS:

- All 10 & under events and all relays, whatever age, will be timed finals, swum slowest to fastest.
- With the exception of the 11/12 500Y freestyle (see DISTANCE EVENTS), all 11/12 individual events will be conducted as preliminaries and finals, swum slowest to fastest, with the fastest twenty swimmers returning for consolation and championship final heats in the evening session.
- With the exception of the 13/14 1000Y and 1650Y Freestyles (see DISTANCE EVENTS), all 13/14 individual events will be conducted as preliminaries and finals, swum slowest to fastest with the fastest twenty swimmers returning for consolation and championship final heats in the evening session.

DISTANCE EVENTS:

- Except for those swimming on Sunday evening, swimmers must provide a timer, who will be assigned a lane by the Meet Referee or his designee.
- Swimmers meeting the qualification in the 1000Y Freestyle may enter the 1650Y Freestyle as a bonus, and vice versa. These events must be entered with pre-proven times. See ENTRIES section.
- The 12/U 500Y Freestyle and the 13/14 1000Y and 1650Y Freestyle events shall be conducted on a **timed final** basis, swum fastest to slowest, alternating girls and boys. In the 1000Y, the fastest seeded heat of women and men shall be conducted as the first event of finals on Sunday evening. Swimmers must supply their own lap counters, if desired. Except for those swimming Sunday evening finals, swimmers must provide a timer, who will be assigned a lane by the Meet Referee or his designee. The meet program is not the final determinant of seeding. Late entries, corrections or scratches may impact which swimmers will swim in the evening. Seeding will be posted as soon as possible after the scratch deadline.

RELAYS: All 11 & Over relays will be swum during preliminaries on a timed final basis swum slowest to fastest. Clubs may enter one relay-only swimmer per age group per gender (11/12 Girls, 11/12 Boys, 13/14 Girls & 13/14 Boys). Clubs may enter up to three relay-only swimmers per age group per gender for 10/Under session only to fill out an “A” relay. Teams with B & C relays may only use 1 relay-only swimmer. (i.e. to have a B relay, a team must have at least 7 individual qualifiers.) Swimmers entered in relay events **only** must be listed on the meet entry with their USA Swimming numbers and ages. Relay cards will be given to club coaches, who must list the relay team swimmers’ first and last names in order of swim. Failure to do so will prevent the relay team from competing. Upon reporting to the starting block prior to the relay heat in which the team is entered, the completed relay card shall be given to the head timer. No further changes will be permitted. Incomplete or inaccurate relay cards will result in disqualification if discovered after the swim. Attention: all teams entered in Thursday’s 800Y Free Relay event: Clubs may enter one relay team per each event number (7 and 8) for the 800 Freestyle Relay. Each team must provide 1 lane timer for each relay entry. Timers should be ready and in place prior to the conclusion of the previous heat.

TIME TRIALS: Time Trials will not be available due to the structure of the preliminary sessions.

BREAKS: Breaks of five (5) minutes in length will be observed between the end of the individual preliminary events (also before preliminary individual events on Saturday) and the beginning of the relay events in each session. Additional breaks have been scheduled for award ceremonies during finals. Breaks may or may not be inserted into the finals, dependent upon timeline pressures. The length of all breaks will be determined by the Meet Referee. The addition of any unpublished breaks in the competition schedule is at the discretion of the Meet Referee. Coaches and swimmers should note that entering and swimming “back to back” events, under normal circumstances of meet operation does not warrant an unscheduled break. Three (3) to Five (5) heats should be anticipated in each preliminary event and relays.

Breaks may be observed during the 10 & Under session based on entries. The breaks have been scheduled for the 10 & Under sessions to conduct award ceremonies. The execution of the Award ceremonies will be dependent on timeline pressures, and are at the discretion of the Meet Referee.

The swimmers are not permitted to enter the pool during breaks, unless approval has been granted by the Meet Referee

SCORING: Individual & Relay Events will be scored to 20 places, as follows:

Individual Events:	24-21-20-19-18-17-16-15-14-13-11-9-8-7-6-5-4-3-2-1
Relays:	48-42-40-38-36-34-32-30-28-26-22-18-16-14-12-10-8

- For individual events, medals will be awarded through 10th place with ribbons awarded from 11th through 20th place. For relay events, medals will be awarded through 3rd place.
- Individuals and relay teams winning first place will also receive an Age Group Champion award.
- High point trophies will be awarded to the individual female and male swimmers and to the women's and men's clubs who score the most points in the 10 & under, 11/12 & 13/14 categories.
- "Distance" high point trophies will be awarded to the female and male swimmers who score the most points in the following categories:

10/U - 200 Free, 500 Free and 200 IM

11/12 - 200 Free, 500 Free and 200 IM

13/14 - 500 Free, 1000 Free, 1650 Free and 400 IM

All clubs must make arrangements to collect their awards prior to leaving the building on Sunday night. CSI will not be able to provide storage or shipment of awards.

WORK ASSIGNMENTS: Club entry in this meet constitutes acceptance of club responsibility to provide workers as assigned by the Meet Director. All clubs are required to provide workers (e.g. safety coordinators, timers, runners, marshals, officials, etc.) in proportion to the size of their entry. Each club's work assignments will be posted on ctswim.org as soon as possible after the entry deadline. Clubs who would like to volunteer for specific jobs (computer, announcer, hospitality, office, awards, etc.) should contact the Meet Director before Friday, March 1, 2019.

Work assignments for finals will be posted as soon as possible following the closing of finals scratches. Assignments will be based on the number of swimmers each club has entered in final and consolation final heats. Workers should appear and sign in at the pool deck office prior to the beginning of warm-ups and remain through the conclusion of finals.

Qualified Officials interested in officiating should submit an [AGC Application to Officiate](#) before Friday March 1, 2019. Meeting this deadline will ensure these assignments are counted in your club's work assignment.

Work assignments are, unless otherwise stated in the Volunteer Assignment Schedule posted on [www.ctswim.org](#), for the duration of the session, **including relay events**, and it is the responsibility of the club to provide back-up if for any reason a worker is unable to complete the work assignment. Job descriptions will be posted on the CSI website. Unless otherwise stated in the Volunteer Assignment Schedule, workers must appear and sign in at the pool deck

office prior to the second session of warm-ups. Connecticut Swimming will fine any club that fails to provide its workers or whose workers do not work for the entire session. Fines must be paid before May 1, 2019, or offending clubs jeopardize their right to participate in future CSI-sponsored events.

Failure to supply worker	\$100 per worker per session
Leaving assignment early	\$60 per worker per session
Arriving late for assignment	\$60 per worker per session

Each club shall submit the name and telephone number of a club liaison responsible for that club's work assignments. If no representative is shown, the club coach shall be responsible for performing the function of the liaison.

PHOTOGRAPHY AND VIDEO RECORDING: Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc.) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc.) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA Swimming Vice President of Program Operations.

DIRECTIONS and PARKING: <https://goo.gl/maps/i4gsEXW2f4K2>

Northbound 95: Take exit 9. Make a left at the end of the ramp. Make a left on to Rt.1. Make a left onto Blachley Road. The facility is at the end of the street. **Southbound 95:** Take exit 9. Make a right at the end of the ramp. Make a left onto Blachley Road. The facility is at the end of the street.

PARKING: Parking instructions will be provided.

LODGING:

Sheraton Stamford Hotel
700 East Main Street, Stamford
203-358-8400

Stamford Marriott
243 Tresser Blvd, Stamford
203-357-9555

Sheraton Stamford Hotel: Request the Chelsea Piers CT swim meet rate for reduced room rate and reduced self-parking. The guestroom rate this year is \$109-\$149 per night plus tax. \$7 reduced self-parking per night. 25% discount in Hotel's 700 on Main Restaurant. Conveniently located one mile from Chelsea Piers Connecticut. Complimentary local shuttle service available daily 7am-10:30pm.

Reservations: <https://www.marriott.com/events/start.mi?id=1545846509585&key=GRP>

2019 SHORT COURSE AGE GROUP SWIMMING CHAMPIONSHIP ORDER OF EVENTS

MARCH 14-17, 2019

<u>THURSDAY, MARCH 14, 2019</u>									
<u>GIRLS</u>				<u>EVENT</u>		<u>BOYS</u>			
<u>NO</u>	<u>SCY</u>		<u>LCM</u>			<u>SCY</u>		<u>LCM</u>	<u>NO</u>
1	19:09.99		20:06.99	13/14	1650Y/1500 Free	18:39.99		19:44.99	2
					30 minute warm-up				
3	7:03.49		6:14.99	10/U	500Y/400M Free	7:04.99		6:25.99	4
5	5:54.99		5:22.19	11/12	500Y/400M Free	5:58.99		5:31.49	6
					Break				
7	----		----	13/14	800Y Free Relay	----		----	8
Note: The 1650Y/1500M and the 1000Y/800M Freestyles are reciprocal bonus events. Please refer to ENTRIES section.									
<u>FRIDAY MORNING, MARCH 15, 2019</u>									
9	2:19.59		2:42.09	13/14	200Y IM	2:14.59		2:35.79	10
11	26.09		30.09	13/14	50Y Free	25.19		28.69	12
13	5:30.79		4:57.19	13/14	500Y/400M Free	5:22.79		4:50.99	14
15	2:38.89		3:07.19	13/14	200Y Breast	2:36.09		3:03.69	16
17	----		----	13/14	400Y Medley Relay	----		----	18
19	2:31.49		2:53.99	11/12	200Y IM	2:32.09		2:55.99	20
21	30.89		34.59	11/12	50Y Butterfly	31.49		35.99	22
23	1:00.89		1:09.69	11/12	100Y Free	1:00.89		1:10.69	24
25	36.59		42.59	11/12	50Y Breast	36.99		43.69	26
27	2:31.79		2:55.69	11/12	200Y Back	2:32.19		2:58.99	28
29	----		----	11/12	400Y Medley Relay	----		----	30
Afternoon Session									
31	2:40.29		2:55.99	10/U	200Y Free	2:38.49		2:56.49	32
33	37.24		41.39	10/U	50Y Butterfly	37.49		41.99	34
					Break				
35	1:22.99		-	10/U	100Y IM	1:22.99		-	36
37	43.49		48.99	10/U	50Y Breast	44.29		51.29	38
					Break				
39	----		----	10/U	400Y Medley Relay	----		----	40

2019 SHORT COURSE AGE GROUP SWIMMING CHAMPIONSHIP ORDER OF EVENTS

MARCH 14-17, 2019

SATURDAY MORNING, MARCH 16, 2019

GIRLS

BOYS

<u>NO</u>	<u>SCY</u>		<u>LCM</u>	<u>EVENT</u>	<u>SCY</u>		<u>LCM</u>	<u>NO</u>
41	----		----	13/14 200Y Medley Relay	----		----	42
43	56.69		1:05.59	13/14 100Y Free	54.79		1:02.99	44
45	2:25.59		2:52.99	13/14 200Y Butterfly	2:21.19		2:46.99	46
47	1:04.59		1:15.49	13/14 100Y Back	1:02.89		1:14.19	48
49	5:00.89		5:48.99	13/14 400Y IM	4:51.99		5:44.99	50
51	----		----	13/14 200Y Free Relay	----		----	52
53	----		----	11/12 200Y Medley Relay	----		----	54
55	1:09.19		1:20.59	11/12 100Y Back	1:10.39		1:22.49	56
57	27.89		31.59	11/12 50Y Free	27.89		31.89	58
59	1:19.59		1:32.39	11/12 100Y Breast	1:21.39		1:35.29	60
61	2:41.99		3:10.19	11/12 200Y Fly	2:44.09		3:22.09	62
63	----		----	11/12 200Y Free Relay	----		----	64
Afternoon Session								
65	----		----	10/U 200Y Medley Relay	----		----	66
				Break				
67	1:22.49		1:32.99	10/U 100Y Back	1:22.99		1:34.29	68
69	32.59		35.79	10/U 50Y Free	32.49		35.99	70
				Break				
71	1:35.49		1:47.29	10/U 100Y Breast	1:38.79		1:51.89	72
73	----		----	10/U 200Y Free Relay	----		----	74

2019 SHORT COURSE AGE GROUP SWIMMING CHAMPIONSHIP ORDER OF EVENTS

MARCH 14-17, 2019

SUNDAY MORNING, MARCH 17, 2019

GIRLS

BOYS

<u>NO</u>	<u>SCY</u>		<u>LCM</u>	<u>EVENT</u>	<u>SCY</u>		<u>LCM</u>	<u>NO</u>
75	2:02.89		2:22.69	13/14 200Y Free	1:59.09		2:18.49	76
77	1:03.59		1:13.59	13/14 100Y Butterfly	1:01.69		1:10.79	78
79	2:18.59		2:44.74	13/14 200Y Back	2:14.69		2:39.99	80
81	1:13.99		1:26.69	13/14 100Y Breast	1:11.29		1:24.24	82
83	----		----	13/14 400Y Free Relay	----		----	84
85	11:37.29		10:25.99	13/14 1000Y/800M Free	11:25.99		10:09.99	86
87	2:11.49		2:31.99	11/12 200Y Free	2:14.49		2:34.19	88
89	1:09.99		-	11/12 100Y IM	1:11.29		-	90
91	32.39		37.59	11/12 50Y Back	32.69		37.99	92
93	1:09.59		1:19.99	11/12 100Y Butterfly	1:12.19		1:24.49	94
95	2:53.29		3:19.99	11/12 200Y Breast	2:54.99		3:28.69	96
97	----		----	11/12 400Y Free Relay	----		----	98
Note: The 1650Y/1500M and the 1000Y/800M Freestyles are reciprocal bonus events. Please see ENTRIES section.								
Afternoon Session								
99	3:01.99		3:22.49	10/U 200Y IM	3:01.99		3:25.99	100
101	1:12.49		1:20.19	10/U 100Y Free	1:11.99		1:20.99	102
				Break				
103	1:29.49		1:40.99	10/U 100Y Butterfly	1:29.49		1:43.99	104
105	38.29		42.69	10/U 50Y Back	38.49		43.99	106
				Break				
107	----		----	10/U 400Y Free Relay	----		----	108