WHAT Swimming November Invitational November 18-19, 2017

88 Garden Street, Farmington, CT 06032

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #OCS17-5. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

EVENTS

Meet Director: Meet Referee:	Name Rob Riccobon Matt Brown	Email whatcoaches@gmail.com mattbrown15@gmail.com	Phone 860-985-2818
Lead Admin Official:	Keith Brown	whatcoaches@gmail.com	860-985-2818
Entry Chair:	Rob Riccobon	whatcoaches@gmail.com	
Safety Chair:	Kristine Perrault	whatcoaches@gmail.com	
Officials Contact:	Matt Brown	mattbrown15@gmail.com	

WEBSITE: www.whatswim.org

POOL EMERGENCY NUMBER: 860-409-3650

MEET TYPE: Off Calendar Sanctioned. This meet will not count toward the regularly scheduled sanctioned meet eligibility requirement for CSI championships (Regional Championships and Age Group Championship). This meet will not count toward the eligibility requirement of Connecticut Swimming Scholar Athlete, Athlete Travel Assistance, or other CSI recognition programs with meet eligibility requirements. This meet will not count toward the regularly scheduled sanctioned meet eligibility requirement for CT zone Team selection.

MEET FORMAT: The meet will be swum as Timed-Final. The 400 IM and the 500 freestyle will be mixed events.

SCRATCH PROCEDURES: Coaches will receive a scratch sheet for the meet in their information packets listing all of their swimmers and the events for that session. Coaches must indicate all scratches on these sheets and turn them into the office within one half hour after the beginning of warm-up. If the scratch sheet is not received by that deadline all swimmers will be considered to be scratched.

FACILITY: The Miss Porter's School Pool is an 8-lane, 25-yard pool. Water depth at start end is: 10 feet. Water depth at turn end is: 5 feet. Select One: The competition course has not been certified in accordance with 104.2.2C(4). The facility is equipped with a Daktronics Timing System and has spectator seating for 250. The spectator area is accessible by stairs or elevator and is located above the competition pool. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

DISABLED ACCESS: The Miss Porter's School Pool is handicapped accessible with a handicapped locker room. Please contact Miss Porter's Aquatic Director, Katie Riccobon, at 860-409-3711, for more information or special arrangements.

COURSE: SCY

SESSION TIMES: Subject to Change

Morning Session: 7:00am warm-up 8:00am start. Afternoon Session: 1:00pm warm-up 2:00pm start.

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect

AM Session: 7:00am-7:20am (8 lanes) 7:20am-7:40am (8 lanes) 7:40am-7:50am (8 lanes of Specific Warm-Up)

PM Session: 1:00pm-1:20pm (8 lanes) 1:20pm-1:40pm (8 lanes) 1:40-1:50pm (8 lanes of Specific Warm-Up)

ELIGIBILITY: Invited teams, which will all be USA Swimming registered clubs, will be given priority in acceptance of entries. Entries from invited teams are accepted on a first come/first served basis until the timeline has been determined to be full.

Any other teams who would like to be invited, please contact <u>whatcoaches@gmail.com</u>.

The host team reserves the right to keep its swimmers entered in the meet. All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. See CT Swimming athlete <u>registration procedures</u>. Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a \$100 fineper instance, as described in CT Swimming meet policies:

https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf and

https://www.ctswim.org/Customer-

Content/www/CMS/files/policies admin/RegistrationPolicyforMeetHosts.pdf

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability <u>prior</u> to competition. Adapted athletes may direct questions to the <u>Connecticut Swimming office</u>.

EVENT INFORMATION: Heat winner and musical heat prizes will be awarded.

ENTRY LIMITATIONS: 4 individual events per day

ENTRY TIMES: Submit entry times in: SCY

DEADLINES: deadline is November 4th, 2017. Mail hardcopy and payment to the entry chairperson: WHAT Swimming, 113 Ballard Drive, West Hartford, CT 06119. All entries must be legible and must use full names and registration numbers from USA Swimming registration. Receipt of an e-mailed entry will determine the date of entry. Invited teams will be given priority in acceptance of entries.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at whatcoaches@gmail.com. Please check that your team name, address, and contact information are listed correctly in this file. Receipt of an e-mailed entry will determine the date of entry.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck.

Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

ENTRY FEES: Electronic entries: \$7.50 for individual events. Manual entries: \$10.00 for individual events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry

PAYMENT INSTRUCTIONS: Please make checks payable to WHAT Swimming and mail to: WHAT Swimming, 113 Ballard Drive, West Hartford, CT 06119. Payment must be received by 11/04/17.

CUT PROTOCOL:

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

1. The distance events (500 yards or greater) may be heat limited to the first 6 heats of entries per gender <u>in</u> the order they were received.

2. The maximum number of events allowed per day may be reduced by one (1).

3. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: No

SAFETY:

- 1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
- 2. No shaving is permitted at the competition site.
- 3. No glass containers are permitted within the facility.
- 4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
- 5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: Yes. Time trials may be offered at the discretion of the Meet Referee in accordance with CSI Policy if time allows. Time trials are limited to the events published in this meet announcement (age/distance/stroke). Time Trials will count toward the athlete's event limitations for the day and meet. If they are offered, only athletes properly entered in one or more events in the meet are eligible for time trials and must be properly entered in the Time Trial. The fee for Time Trial entries are \$10.00 for individual events. The closing of time trials will be determined following the seeding of the meet, but will not close prior to 10:15am.

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: Participating clubs must be notifies of work assignments by the Monday before the meet.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: No

CONCESSIONS: No

HOSPITALITY FOR COACHES AND OFFICIALS: Yes

PARKING: A parking map will be sent to attending teams prior to the meet.

DIRECTIONS: The Miss Porter's School Pool is located at 88 Garden Street, Farmington, CT 06032. Take Exit 39 from Interstate 84 (east or west) Go straight through the traffic light onto Route 4 West (Farmington Avenue) Continue through the blinking light Turn left at the 2nd traffic light onto Garden Street Continue through the stop sign Pool will be on your right (brick building- 88 Street)

Session Report

Session: 1 Saturday Morning

Day of Meet: 1 Starts at 08:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	1	Girls 11-12 100 Freestyle	0	0	08:00 AM	
Finals	2	Boys 11-12 100 Freestyle	0	0	08:00 AM	
Finals	3	Women 15-18 100 Freestyle	0	0	08:00 AM	
Finals	4	Men 15-18 100 Freestyle	0	0	08:00 AM	
Finals	5	Girls 11-12 50 Backstroke	0	0	08:00 AM	
Finals	6	Boys 11-12 50 Backstroke	0	0	08:00 AM	
Finals	7	Women 15-18 100 Backstroke	0	0	08:00 AM	
Finals	8	Men 15-18 100 Backstroke	0	0	08:00 AM	
Finals	9	Girls 11-12 100 Breaststroke	0	0	08:00 AM	
Finals	10	Boys 11-12 100 Breaststroke	0	0	08:00 AM	
Finals	11	Women 200 Breaststroke	0	0	08:00 AM	
Finals	12	Men 200 Breaststroke	0	0	08:00 AM	
Finals	13	Girls 11-12 50 Butterfly	0	0	08:00 AM	
Finals	14	Boys 11-12 50 Butterfly	0	0	08:00 AM	
Finals	15	Women 200 Butterfly	0	0	08:00 AM	
Finals	16	Men 200 Butterfly	0	0	08:00 AM	
Finals	17	Girls 11-12 100 IM	0	0	08:00 AM	
Finals	18	Boys 11-12 100 IM	0	0	08:00 AM	
Finals	19	Women 15-18 200 IM	0	0	08:00 AM	
Finals	20	Men 15-18 200 IM	0	0	08:00 AM	
Finals	21	Mixed 500 Freestyle	0	0	08:00 AM	
		Finish Time			08:00 AM	

Session Report

Session: 2 Saturday Afternoon

Day of Meet: 1 Starts at 02:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at
Finals	23	Girls 10 & Under 100 Freestyle	0	0	02:00 PM
Finals	24	Boys 10 & Under 100 Freestyle	0	0	02:00 PM
Finals	25	Girls 13-14 100 Freestyle	0	0	02:00 PM
Finals	26	Boys 13-14 100 Freestyle	0	0	02:00 PM
Finals	27	Girls 10 & Under 50 Backstroke	0	0	02:00 PM
Finals	28	Boys 10 & Under 50 Backstroke	0	0	02:00 PM
Finals	29	Girls 13-14 100 Backstroke	0	0	02:00 PM
Finals	30	Boys 13-14 100 Backstroke	0	0	02:00 PM
Finals	31	Girls 10 & Under 100 Breaststroke	0	0	02:00 PM
Finals	32	Boys 10 & Under 100 Breaststroke	0	0	02:00 PM
Finals	33	Girls 13-14 200 Breaststroke	0	0	02:00 PM
Finals	34	Boys 13-14 200 Breaststroke	0	0	02:00 PM
Finals	35	Girls 10 & Under 50 Butterfly	0	0	02:00 PM
Finals	36	Boys 10 & Under 50 Butterfly	0	0	02:00 PM
Finals	37	Girls 13-14 200 Butterfly	0	0	02:00 PM
Finals	38	Boys 13-14 200 Butterfly	0	0	02:00 PM
Finals	39	Girls 10 & Under 200 IM	0	0	02:00 PM
Finals	40	Boys 10 & Under 200 IM	0	0	02:00 PM
Finals	41	Girls 13-14 200 IM	0	0	02:00 PM
Finals	42	Boys 13-14 200 IM	0	0	02:00 PM
Finals	43	Mixed 9-14 500 Freestyle	0	0	02:00 PM
		Finish Time			02:00 PM

Session Report

Session: 3 Sunday Morning

Day of Meet: 2 Starts at 08:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	44 Mixed 400 IM	0	0	08:00 AM
Finals	45 Girls 11-12 50 Freestyle	0	0	08:00 AM
Finals	46 Boys 11-12 50 Freestyle	0	0	08:00 AM
Finals	47 Girls 15 & Over 50 Freestyle	0	0	08:00 AM
Finals	48 Boys 15 & Over 50 Freestyle	0	0	08:00 AM
Finals	49 Girls 11-12 200 Freestyle	0	0	08:00 AM
Finals	50 Boys 11-12 200 Freestyle	0	0	08:00 AM
Finals	51 Women 15 & Over 200 Freestyle	0	0	08:00 AM
Finals	52 Men 15 & Over 200 Freestyle	0	0	08:00 AM
Finals	53 Girls 11-12 100 Backstroke	0	0	08:00 AM
Finals	54 Boys 11-12 100 Backstroke	0	0	08:00 AM
Finals	55 Women 200 Backstroke	0	0	08:00 AM
Finals	56 Men 200 Backstroke	0	0	08:00 AM
Finals	57 Girls 11-12 50 Breaststroke	0	0	08:00 AM
Finals	58 Boys 11-12 50 Breaststroke	0	0	08:00 AM
Finals	59 Women 100 Breaststroke	0	0	08:00 AM
Finals	60 Men 100 Breaststroke	0	0	08:00 AM
Finals	61 Girls 11-12 100 Butterfly	0	0	08:00 AM
Finals	62 Boys 11-12 100 Butterfly	0	0	08:00 AM
Finals	63 Women 15 & Over 100 Butterfly	0	0	08:00 AM
Finals	64 Men 15 & Over 100 Butterfly	0	0	08:00 AM
Finals	65 Girls 11-12 200 IM	0	0	08:00 AM
Finals	66 Boys 11-12 200 IM	0	0	08:00 AM
	Finish Time			08:00 AM

Session Report

Session: 4 Sunday Afternoon

Day of Meet: 2 Starts at 02:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	69 Mixed 13-14 400 IM	0	0	02:00 PM
Finals	71 Girls 10 & Under 50 Freestyle	0	0	02:00 PM
Finals	72 Boys 10 & Under 50 Freestyle	0	0	02:00 PM
Finals	73 Girls 13-14 50 Freestyle	0	0	02:00 PM
Finals	74 Boys 13-14 50 Freestyle	0	0	02:00 PM
Finals	75 Girls 10 & Under 200 Freestyle	0	0	02:00 PM
Finals	76 Boys 10 & Under 200 Freestyle	0	0	02:00 PM
Finals	77 Girls 13-14 200 Freestyle	0	0	02:00 PM
Finals	78 Boys 13-14 200 Freestyle	0	0	02:00 PM
Finals	79 Girls 10 & Under 100 Backstroke	0	0	02:00 PM
Finals	80 Boys 10 & Under 100 Backstroke	0	0	02:00 PM
Finals	81 Girls 13-14 200 Backstroke	0	0	02:00 PM
Finals	82 Boys 13-14 200 Backstroke	0	0	02:00 PM
Finals	83 Girls 10 & Under 50 Breaststroke	0	0	02:00 PM
Finals	84 Boys 10 & Under 50 Breaststroke	0	0	02:00 PM
Finals	85 Girls 13-14 100 Breaststroke	0	0	02:00 PM
Finals	86 Boys 13-14 100 Breaststroke	0	0	02:00 PM
Finals	87 Girls 10 & Under 100 Butterfly	0	0	02:00 PM
Finals	88 Boys 10 & Under 100 Butterfly	0	0	02:00 PM
Finals	89 Girls 13-14 100 Butterfly	0	0	02:00 PM
Finals	90 Boys 13-14 100 Butterfly	0	0	02:00 PM
Finals	91 Girls 10 & Under 100 IM	0	0	02:00 PM
Finals	92 Boys 10 & Under 100 IM	0	0	02:00 PM
	Finish Time			02:00 PM