

# SYS November 1650

## Distance Meet

November 4, 2016

Walsh Intermediate School Pool, 185 Damascus Road, Branford, CT 06405

<https://goo.gl/maps/bUqwU2bfpzB2>

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #S16-25. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

### EVENTS

	<b>Name</b>	<b>Email</b>	<b>Phone</b>
<b>Meet Director:</b>	Sue Lecza	<a href="mailto:suelecza@gmail.com">suelecza@gmail.com</a>	(203) 675-5269
<b>Meet Referee:</b>	Ed Hinckley	<a href="mailto:edwardhinckley@sbcglobal.net">edwardhinckley@sbcglobal.net</a>	(203) 484-7827
<b>Entry Chair:</b>	Sue Lecza	<a href="mailto:suelecza@gmail.com">suelecza@gmail.com</a>	(203) 675-5269
<b>Safety Chair:</b>	Wesley Crozier	<a href="mailto:wcrozier@cccymca.org">wcrozier@cccymca.org</a>	(203) 481-9622
<b>Officials Contact:</b>	Ed Hinckley	<a href="mailto:edwardhinckley@sbcglobal.net">edwardhinckley@sbcglobal.net</a>	(203) 484-7827

**WEBSITE:** SoundviewYMCAStingrays.org

**POOL EMERGENCY NUMBER:** No incoming phone service is available

**MEET TYPE:** Sanctioned

**MEET CLASSIFICATION:** This meet is open to all USA Swimming athletes and clubs.

**MEET FORMAT:** The meet will be swum as Timed-Final. All **events** will be swum fast-to-slow, alternating heats of women and men.

**SCRATCH PROCEDURES:** Coaches will receive a scratch sheet at the start of the session. All scratches are due 15 minutes after the start of warm-up.

**FACILITY:** The Walsh Intermediate School Pool is a 6 -lane, 25-yard pool. Water depth at start end is 12 feet. Water depth at turn end is 4 feet. The competition course has not been certified in accordance with 104.2.2C(4). Colorado Timing System and touch pads will be used. Spectator seating capacity is 220.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

**DISABLED ACCESS:** There are designated handicap parking spaces in the school parking lot. The school pool and spectator areas are handicap accessible, but the pool locker rooms are NOT. Disabled swimmers who require assistance should contact Sue Lecza at [suelecza@gmail.com](mailto:suelecza@gmail.com) or (203) 675-5269 at least 3 days prior to the meet to make arrangements for alternative changing facilities.

**COURSE:** SCY

**SESSION TIMES: Subject to Change** Warm-ups begin at 4:45 PM, the session starts at 5:30 PM.

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect. There will be 6 lanes of general warm-up from 4:45 PM to 5:15 PM. From 5:15 to 5:25 there will be 3 lanes for general warm-up, 2 lanes for pace and 1 lane for one-way sprints.

**ELIGIBILITY:** All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See [CT Swimming athlete registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

**ADAPTED SWIMMING:** Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to the [Connecticut Swimming office](#).

**ENTRY TIMES:** Submit entry times in SCY. If the swimmer does not have an official time please submit an estimated time. "No Time" (NT) entries will not be accepted.

**DEADLINES:** deadline is Friday October 28, 2016. Mail hardcopy and payment to the entry chairperson: Sue Lecza, 16 Beechwood Road, Branford, CT 06405. All entries must be legible and must use full names and registration numbers from USA Swimming registration. Entries will be considered received on the date the email is received or the date delivered to the entry chair.

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at [suelecza@gmail.com](mailto:suelecza@gmail.com). Please check that your team name, address, and contact information are listed correctly in this file. Payments are due before the start of the meet. Teams are expected to pay for the entries they submit, not for their swims at the meet.

**ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION:** Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

**ENTRY FEES:** Electronic entries \$8.00 for individual events. Manual entries: \$12.00 for individual events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry

**PAYMENT INSTRUCTIONS:** Please make checks payable to Soundview YMCA and mail to: Sue Lecza, 16 Beechwood Road, Branford, CT 06405. Payment must be received by 11/04/16.

### **CUT PROTOCOL:**

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

1. Athletes aged 10 and Under will be cut from the meet.
2. Each event will be heat limited to the first 3 heats of entries per gender (or 6 heats in total) in the order they were received.
3. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

**NOTE:** If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

**RESERVE THE RIGHT TO MAKE CHANGES:** In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

**RELAYS:** No.

**SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

**PHOTOGRAPHY AND VIDEO RECORDING:**

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

**RULES:** Current USA Swimming rules will govern all competition.

**TIME TRIALS:** No

**TIMERS, OFFICIALS OR WORK ASSIGNMENTS:** Each swimmer is responsible for providing their own timer and counter.

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

**SCORING:** The meet will not be scored.

**AWARDS:** No.

**CONCESSIONS:** Beverages will be available.

**HOSPITALITY FOR COACHES AND OFFICIALS:** Beverages will be available.

**PARKING:** Parking is available in the large lot on the east (left) side of the school. Any cars parked in the circular driveway in front of the school will be ticketed and towed.

**DIRECTIONS:** The Walsh Intermediate School is located at 185 Damascus Road, Branford, CT 06405  
<https://goo.gl/maps/bUqwU2bfpzB2>

**From the West:** I-95 North to Exit 55 (Route 1, Branford). Turn left onto Route 1 West. Proceed to the second light and turn left onto Windmill Hill Road. At the stop sign turn left onto Damascus Road. Entrance to the school is at the bottom of the hill.

**From the East:** I-95 South to Exit 55 (Route 1, Branford). Turn right onto Route 1 West. Proceed to the second light and turn left onto Windmill Hill Road. At the stop sign turn left onto Damascus Road. Entrance to the school is at the bottom of the hill.

**SYS November 1650 - 11/4/2016**  
**Session Report**

Session: 1 Friday Night

Day of Meet: 1 Starts at 05:30 PM Heat Interval: 30 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	1 Women 1650 Freestyle	0	0	05:30 PM	_____
Finals	2 Men 1650 Freestyle	0	0	05:30 PM	_____
	Finish Time			05:30 PM	_____