

**Northeast CT Aquatics**  
**Winter Invite**  
**January 21<sup>st</sup>-22<sup>nd</sup>, 2017**  
Star Hill Family Athletic Center  
100 Gerber Drive, Tolland CT 06084

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #S16-66. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**EVENTS**

	<b>Name</b>	<b>Email</b>	<b>Phone</b>
<b>Meet Director:</b>	Rob Ensling	<a href="mailto:rensling@gmail.com">rensling@gmail.com</a>	860-883-9385
<b>Meet Referee:</b>	Mike Huffman	<a href="mailto:Mhuffman99@gmail.com">Mhuffman99@gmail.com</a>	
<b>Entry Chair:</b>	Rob Ensling	<a href="mailto:rensling@gmail.com">rensling@gmail.com</a>	860-883-9385
<b>Safety Chair:</b>	Jennifer Crowley	<a href="mailto:Jennifercrowley24@gmail.com">Jennifercrowley24@gmail.com</a>	

**WEBSITE:** swimnca.com

**POOL EMERGENCY NUMBER:** 860-871-8800

**MEET TYPE:** Sanctioned

**MEET CLASSIFICATION:** This meet is open to all USA Swimming athletes and clubs.

**MEET FORMAT:** Timed-Final

**SCRATCH PROCEDURES:** Coaches will receive a scratch sheet for the meet in their information packet when they arrive and check-in for the meet. This will list all of their swimmers and events. Coaches must indicate all scratches or none on these sheets and turn them into the computer table within 20 minutes after the beginning of warm-up.

**FACILITY:** Star Hill's Pool is a 6-lane, 25 yard facility. Water depth at start end is: 12 feet. Water depth at turn end is: 4 feet. The competition course has not been certified in accordance with 104.2.2C(4). Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. Star Hill has a Colorado Timing, limited deck space and spectator seating. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

**DISABLED ACCESS:** Star Hill's Pool is handicapped accessible. Please contact Rob Ensling, 860-883-9385 for more information and special arrangements.

**COURSE:** SCY.

**SESSION TIMES: Subject to Change**

Saturday:	12&U	Warm-ups:2:00pm	Start: 3:00pm
Sunday:	13&O	Warm-ups:8:00am	Start: 9:00am

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect

**ELIGIBILITY:** All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See [CT Swimming athlete registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

**ADAPTED SWIMMING:** Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to the [Connecticut Swimming office](#).

**EVENT INFORMATION:** Deck entries will not be accepted

**ENTRY LIMITATIONS:** Swimmers may enter a maximum of 5 individual events per day.

**ENTRY TIMES:** SCY

**DEADLINES:** Deadline is December 30th, 2016. Please send entry via email. No hardcopy necessary unless using 'snail' mail only. If hand writing, all entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming Registration Mail hardcopy, if necessary, and payment to the entry chairperson:

Northeast CT Aquatics  
681 Graham Road  
South Windsor, CT 06074  
860-883-9385  
rensling@gmail.com

Receipt of email will determine date of entry.

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at rensling@gmail.com. Please check that your team name, address, and contact information are listed correctly in this file. Please check that your team name, address, and contact information are listed correctly in this file. Receipt of email will determine date of entry.

**ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION:** Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

**ENTRY FEES:** Electronic entries: \$7.00 for individual events. Manual entries: \$10.00 for individual events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

**PAYMENT INSTRUCTIONS:** Please make checks payable to Northeast CT Aquatics and mail to: Rob Ensling, 681 Graham Road, South Windsor CT 06074. Payment must be received by 12/31/16.

## **CUT PROTOCOL:**

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

In the event of over-subscription, the meet director will contact the participating clubs asking for a resubmission of the entry with four events.

Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or changes will be made to Program Operations and the attending teams as soon as possible and not later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

**RESERVE THE RIGHT TO MAKE CHANGES:** In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

**RELAYS:** NO

## **SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

## **PHOTOGRAPHY AND VIDEO RECORDING:**

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for “race starting purposes” during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA Swimming Vice President of Program Operations.

**RULES:** Current USA Swimming rules will govern all competition.

**TIME TRIALS:** NO.

**TIMERS, OFFICIALS OR WORK ASSIGNMENTS:** Teams will be required to provide timers in proportion to the size of their entry. Participating clubs will be notified of work assignments by the Monday before the meet.

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

**SCORING:** The meet will not be scored.

**AWARDS:** No

**CONCESSIONS:** Yes.

**HOSPITALITY FOR COACHES AND OFFICIALS:** Yes.

**PARKING:** Available at the facility.

**DIRECTIONS:** Star Hill Family Athletic Complex is located at 100 Gerber Drive, Tolland CT 06084.

**Northeast CT Aquatics Winter Invitational - 1/21/2017 to 1/22/2017**

**Session Report**

Session: 1 12&U

Day of Meet: 1 Starts at 03:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 10 & Under 50 Freestyle	0	0	03:00 PM	_____
Finals	2 Boys 10 & Under 50 Freestyle	0	0	03:00 PM	_____
Finals	3 Girls 11-12 50 Freestyle	0	0	03:00 PM	_____
Finals	4 Boys 11-12 50 Freestyle	0	0	03:00 PM	_____
Finals	5 Girls 10 & Under 50 Backstroke	0	0	03:00 PM	_____
Finals	6 Boys 10 & Under 50 Backstroke	0	0	03:00 PM	_____
Finals	7 Girls 11-12 50 Backstroke	0	0	03:00 PM	_____
Finals	8 Boys 11-12 50 Backstroke	0	0	03:00 PM	_____
Finals	9 Girls 10 & Under 50 Breaststroke	0	0	03:00 PM	_____
Finals	10 Boys 10 & Under 50 Breaststroke	0	0	03:00 PM	_____
Finals	11 Girls 11-12 50 Breaststroke	0	0	03:00 PM	_____
Finals	12 Boys 11-12 50 Breaststroke	0	0	03:00 PM	_____
Finals	13 Girls 10 & Under 50 Butterfly	0	0	03:00 PM	_____
Finals	14 Boys 10 & Under 50 Butterfly	0	0	03:00 PM	_____
Finals	15 Girls 11-12 50 Butterfly	0	0	03:00 PM	_____
Finals	16 Boys 11-12 50 Butterfly	0	0	03:00 PM	_____
Finals	17 Girls 10 & Under 100 IM	0	0	03:00 PM	_____
Finals	18 Boys 10 & Under 100 IM	0	0	03:00 PM	_____
Finals	19 Girls 11-12 100 IM	0	0	03:00 PM	_____
Finals	20 Boys 11-12 100 IM	0	0	03:00 PM	_____
	Finish Time			03:00 PM	_____

**Northeast CT Aquatics Winter Invitational - 1/21/2017 to 1/22/2017****Session Report**

Session: 2 13&amp;O

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 45 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	21 Girls 13-14 100 Freestyle	0	0	09:00 AM	_____
Finals	22 Boys 13-14 100 Freestyle	0	0	09:00 AM	_____
Finals	23 Girls 15 & Over 100 Freestyle	0	0	09:00 AM	_____
Finals	24 Boys 15 & Over 100 Freestyle	0	0	09:00 AM	_____
Finals	25 Girls 13-14 100 Backstroke	0	0	09:00 AM	_____
Finals	26 Boys 13-14 100 Backstroke	0	0	09:00 AM	_____
Finals	27 Girls 15 & Over 100 Backstroke	0	0	09:00 AM	_____
Finals	28 Boys 15 & Over 100 Backstroke	0	0	09:00 AM	_____
Finals	29 Girls 13-14 100 Breaststroke	0	0	09:00 AM	_____
Finals	30 Boys 13-14 100 Breaststroke	0	0	09:00 AM	_____
Finals	31 Girls 15 & Over 100 Breaststroke	0	0	09:00 AM	_____
Finals	32 Boys 15 & Over 100 Breaststroke	0	0	09:00 AM	_____
Finals	33 Girls 13-14 100 Butterfly	0	0	09:00 AM	_____
Finals	34 Boys 13-14 100 Butterfly	0	0	09:00 AM	_____
Finals	35 Girls 15 & Over 100 Butterfly	0	0	09:00 AM	_____
Finals	36 Boys 15 & Over 100 Butterfly	0	0	09:00 AM	_____
Finals	37 Girls 13-14 200 IM	0	0	09:00 AM	_____
Finals	38 Boys 13-14 200 IM	0	0	09:00 AM	_____
Finals	39 Girls 15 & Over 200 IM	0	0	09:00 AM	_____
Finals	40 Boys 15 & Over 200 IM	0	0	09:00 AM	_____
	Finish Time			09:00 AM	_____