

# **VSYM Age Group Qualifier**

**November 14-15, 2015**

Valley Shore YMCA

201 Spencer Plain Road, Westbrook, CT 06498

Mapping software link: <https://goo.gl/maps/Azy9l>

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #S15-33. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

## **EVENTS**

	<b>Name</b>	<b>Email</b>	<b>Phone</b>
Meet Director:	Davide Mendonca	<a href="mailto:dmendonca@snet.net">dmendonca@snet.net</a>	203-640-3378
Meet Referee:	Ken Gray	<a href="mailto:kwgray3@gmail.com">kwgray3@gmail.com</a>	860-227-8618
Entry Chair:	Davide Mendonca	<a href="mailto:dmendonca@snet.net">dmendonca@snet.net</a>	203-640-3378
Safety Chair:	Todd Wisialowski	<a href="mailto:toddwis234@yahoo.com">toddwis234@yahoo.com</a>	860-575-4995
Officials Contact:			

**WEBSITE:** <http://www.vsymarlins.org>

**POOL EMERGENCY NUMBER:** 860-399-9622

**MEET TYPE:** Sanctioned

**MEET CLASSIFICATION:** This meet is open to all USA Swimming athletes and clubs.

**MEET FORMAT:** The meet will be swum as Timed-Final.

**SCRATCH PROCEDURES:** Coaches will receive a scratch sheet in their information packet before the meet, listing all swimmers and events for that session. Coaches must indicate all scratches or state none on the sheet and return the sheets to the computer table 30 minutes after warm-ups have begun. USA Swimming Rulebook 102.3

**FACILITY:** The Valley Shore YMCA Competition Pool is a 6-lane, 25-yard pool. Water depth at start end is: 9ft. Water depth at turn end is: 3ft. The competition course has not been certified in accordance with 104.2.2C(4). Colorado timing system will be used. There is limited spectator seating on the pool deck.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

**DISABLED ACCESS:** Handicapped parking is directly in front of the building. Handicapped access to pool locker rooms and spectator area are available once inside. Anyone needing assistance should contact the Meet Director prior to the meet.

**COURSE:** SCY

**SESSION TIMES: Subject to Change**

Session 1 (11-12 & 15/O): Saturday 6:30am warm-up, 8:00am start  
Session 2 (10/U & 13-14): Saturday 12:30pm warm-up, 2:00pm start  
Session 3 (11-12 & 15/O): Sunday 6:30am warm-up, 8:00am start  
Session 4 (10/U & 13-14): Sunday 12:30pm warm-up, 2:00pm start

Warm-up and start times are subject to change based on entries. Teams will be notified of final session times no later than Monday before the meet.

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect. 6 Lanes will be used for warm ups with sufficient sessions to accommodate swimmers. There will be a specific session for sprints. The meet director has the right to expand or decrease warm up format dependent upon the number of swimmers.

**ELIGIBILITY:** All athletes must be current athlete members of USA SwimmingAge on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete registration procedures. Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

**ADAPTED SWIMMING:** Any current athlete members of [USA Swimming](#) with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to [Mark Kinne](#), Adapted Athlete Committee Chair.

**EVENT INFORMATION:** All events will be swum as timed finals and will be deck seeded according to the swimmers' SCY times. Swimmer must supply their own timers and/or counters for distance events (500 free and 400IM). Deck entries will not be allowed.

**ENTRY LIMITATIONS:** Swimmers are limited to entering and swimming in a maximum of 8 events. 3 individual events per session and 1 relay event.

**ENTRY TIMES:** Submit entry times in: SCY. NT are discouraged, please estimate times if no official times are available.

**DEADLINES:** deadline is October 30, 2015. Email entry files to Davide Mendonca, [dmendonca@snet.net](mailto:dmendonca@snet.net). Payment is due 5 business days after receipt of entry has been confirmed. Mail payment to Davide Mendonca, 18 Puritan Lane, Madison, CT 06443. Teams will receive confirmation of receipt of entry, via email, within 24 hours of receiving that entry. This confirmation will include notice of acceptance or rejection of the entry. Entries will be accepted in the order they are received. In the event you are not emailed confirmation of receiving the entry within 24 hours after sending it, please email the meet director immediately. If you have not received a confirmation, you need to assume the entry was not delivered. All entries must be legible and must use full names and registration numbers from USA Swimming registration.

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at [dmendonca@snet.net](mailto:dmendonca@snet.net). Please check that your team name, address, and contact information are listed correctly in this file. Remember, payment is due 5 business days after confirmation of receipt of the entry.

**ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION:** Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member

coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

**ENTRY FEES:** Electronic entries: \$7.00 for individual events, \$7.00 for distance event, \$9.00 for relays. Manual entries: \$12.00 for individual events, \$12.00 for distance events, \$14.00 for relays. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry

**PAYMENT INSTRUCTIONS:** Please make checks payable to Valley Shore Y Marlins and mail to: Davide Mendonca, 18 Puritan Lane, Madison, CT 06443. Payment must be received within 5 business days after receipt of entry has been confirmed by email.

### **CUT PROTOCOL:**

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

1. Entries will be accepted until the number of swims in the meet reaches 3.5 hours of swimming for each session. Clubs will be notified of changes no later than the Monday before the meet.
2. The distance events (400 yards or greater) may be heat limited to the first 3 heats of entries per gender in the order they were received.
3. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or changes will be made to Program Operations and the attending teams as soon as possible and not later than the Monday before the meet.

**NOTE:** If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

**RESERVE THE RIGHT TO MAKE CHANGES:** In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

**RELAYS:** Yes. Relays will be limited to 2 relays per team per event. All relay swimmers must be officially entered in the meet.

### **SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.

4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

#### **PHOTOGRAPHY AND VIDEO RECORDING:**

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

**RULES:** Current USA Swimming rules will govern all competition.

**TIME TRIALS:** No time trials will be offered at this meet

**TIMERS, OFFICIALS OR WORK ASSIGNMENTS:** Work assignments will be based on team entries.

Teams supplying names of volunteers willing to officiate will have their timing assignments adjusted.

Swimmers must supply their own timers and/or counters for distance events (500 free and 400IM). Participating clubs will be notified of work assignments by the Monday before the meet.

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

**SCORING:** The meet will not be scored.

**AWARDS:** No.

**CONCESSIONS:** Yes.

**HOSPITALITY FOR COACHES AND OFFICIALS:** Yes.

**PARKING:** There is additional parking in the back field.

**DIRECTIONS:** Valley Shore YMCA, 201 Spencer Plain Rd, Westbrook, CT 06498

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**VSYM Age Group Qualifier**  
**November 14-15, 2015, Westbrook, CT**  
**Session Report**

Session: 1 VSYM AGQ 11-12 & 15/O

Day of Meet: 1 Starts at 08:00 AM Heat Interval: 10 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 11-12 100 Freestyle	0	0	08:00 AM	_____
Finals	2 Boys 11-12 100 Freestyle	0	0	08:00 AM	_____
Finals	3 Girls 15-18 100 Freestyle	0	0	08:00 AM	_____
Finals	4 Boys 15-18 100 Freestyle	0	0	08:00 AM	_____
Finals	5 Girls 11-12 50 Backstroke	0	0	08:00 AM	_____
Finals	6 Boys 11-12 50 Backstroke	0	0	08:00 AM	_____
Finals	7 Girls 15-18 100 Backstroke	0	0	08:00 AM	_____
Finals	8 Boys 15-18 100 Backstroke	0	0	08:00 AM	_____
Finals	9 Girls 11-12 100 Breaststroke	0	0	08:00 AM	_____
Finals	10 Boys 11-12 100 Breaststroke	0	0	08:00 AM	_____
Finals	11 Girls 15-18 200 Breaststroke	0	0	08:00 AM	_____
Finals	12 Boys 15-18 200 Breaststroke	0	0	08:00 AM	_____
Finals	13 Girls 11-12 50 Butterfly	0	0	08:00 AM	_____
Finals	14 Boys 11-12 50 Butterfly	0	0	08:00 AM	_____
Finals	15 Girls 15-18 200 Butterfly	0	0	08:00 AM	_____
Finals	16 Boys 15-18 200 Butterfly	0	0	08:00 AM	_____
Finals	17 Girls 11-12 100 IM	0	0	08:00 AM	_____
Finals	18 Boys 11-12 100 IM	0	0	08:00 AM	_____
Finals	19 Girls 15-18 200 IM	0	0	08:00 AM	_____
Finals	20 Boys 15-18 200 IM	0	0	08:00 AM	_____
Finals	21 Girls 11-12 200 Medley Relay	0	0	08:00 AM	_____
Finals	22 Boys 11-12 200 Medley Relay	0	0	08:00 AM	_____
Finals	23 Girls 15-18 200 Medley Relay	0	0	08:00 AM	_____
Finals	24 Boys 15-18 200 Medley Relay	0	0	08:00 AM	_____
Finals	25 Girls 500 Freestyle	0	0	08:00 AM	_____
Finals	26 Boys 500 Freestyle	0	0	08:00 AM	_____
	Finish Time			08:00 AM	_____

**VSYM Age Group Qualifier**  
**November 14-15, 2015, Westbrook, CT**  
**Session Report**

Session: 2 VSYM AGQ 10/U & 13-14

Day of Meet: 1 Starts at 02:00 PM Heat Interval: 10 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	27 Girls 10 & Under 100 Freestyle	0	0	02:00 PM	_____
Finals	28 Boys 10 & Under 100 Freestyle	0	0	02:00 PM	_____
Finals	29 Girls 13-14 100 Freestyle	0	0	02:00 PM	_____
Finals	30 Boys 13-14 100 Freestyle	0	0	02:00 PM	_____
Finals	31 Girls 10 & Under 50 Backstroke	0	0	02:00 PM	_____
Finals	32 Boys 10 & Under 50 Backstroke	0	0	02:00 PM	_____
Finals	33 Girls 13-14 100 Backstroke	0	0	02:00 PM	_____
Finals	34 Boys 13-14 100 Backstroke	0	0	02:00 PM	_____
Finals	35 Girls 10 & Under 100 Breaststroke	0	0	02:00 PM	_____
Finals	36 Boys 10 & Under 100 Breaststroke	0	0	02:00 PM	_____
Finals	37 Girls 13-14 200 Breaststroke	0	0	02:00 PM	_____
Finals	38 Boys 13-14 200 Breaststroke	0	0	02:00 PM	_____
Finals	39 Girls 10 & Under 50 Butterfly	0	0	02:00 PM	_____
Finals	40 Boys 10 & Under 50 Butterfly	0	0	02:00 PM	_____
Finals	41 Girls 13-14 200 Butterfly	0	0	02:00 PM	_____
Finals	42 Boys 13-14 200 Butterfly	0	0	02:00 PM	_____
Finals	43 Girls 10 & Under 200 IM	0	0	02:00 PM	_____
Finals	44 Boys 10 & Under 200 IM	0	0	02:00 PM	_____
Finals	45 Girls 13-14 200 IM	0	0	02:00 PM	_____
Finals	46 Boys 13-14 200 IM	0	0	02:00 PM	_____
Finals	47 Girls 10 & Under 200 Medley Relay	0	0	02:00 PM	_____
Finals	48 Boys 10 & Under 200 Medley Relay	0	0	02:00 PM	_____
Finals	49 Girls 13-14 200 Medley Relay	0	0	02:00 PM	_____
Finals	50 Boys 13-14 200 Medley Relay	0	0	02:00 PM	_____
Finals	51 Girls 500 Freestyle	0	0	02:00 PM	_____
Finals	52 Boys 500 Freestyle	0	0	02:00 PM	_____
	Finish Time			02:00 PM	_____

**VSYM Age Group Qualifier**  
**November 14-15, 2015, Westbrook, CT**  
**Session Report**

Session: 3 VSYM AGQ

Day of Meet: 2 Starts at 08:00 AM Heat Interval: 10 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	53 Girls 11-12 50 Freestyle	0	0	08:00 AM	_____
Finals	54 Boys 11-12 50 Freestyle	0	0	08:00 AM	_____
Finals	55 Girls 15-18 50 Freestyle	0	0	08:00 AM	_____
Finals	56 Boys 15-18 50 Freestyle	0	0	08:00 AM	_____
Finals	57 Girls 11-12 200 Freestyle	0	0	08:00 AM	_____
Finals	58 Boys 11-12 200 Freestyle	0	0	08:00 AM	_____
Finals	59 Girls 15-18 200 Freestyle	0	0	08:00 AM	_____
Finals	60 Boys 15-18 200 Freestyle	0	0	08:00 AM	_____
Finals	61 Girls 11-12 100 Backstroke	0	0	08:00 AM	_____
Finals	62 Boys 11-12 100 Backstroke	0	0	08:00 AM	_____
Finals	63 Girls 15-18 200 Backstroke	0	0	08:00 AM	_____
Finals	64 Boys 15-18 200 Backstroke	0	0	08:00 AM	_____
Finals	65 Girls 11-12 50 Breaststroke	0	0	08:00 AM	_____
Finals	66 Boys 11-12 50 Breaststroke	0	0	08:00 AM	_____
Finals	67 Girls 15-18 100 Breaststroke	0	0	08:00 AM	_____
Finals	68 Boys 15-18 100 Breaststroke	0	0	08:00 AM	_____
Finals	69 Girls 11-12 100 Butterfly	0	0	08:00 AM	_____
Finals	70 Boys 11-12 100 Butterfly	0	0	08:00 AM	_____
Finals	71 Girls 15-18 100 Butterfly	0	0	08:00 AM	_____
Finals	72 Boys 15-18 100 Butterfly	0	0	08:00 AM	_____
Finals	73 Girls 11-12 200 IM	0	0	08:00 AM	_____
Finals	74 Boys 11-12 200 IM	0	0	08:00 AM	_____
Finals	75 Girls 15-18 200 Freestyle Relay	0	0	08:00 AM	_____
Finals	76 Boys 15-18 200 Freestyle Relay	0	0	08:00 AM	_____
Finals	77 Girls 11-12 200 Freestyle Relay	0	0	08:00 AM	_____
Finals	78 Boys 11-12 200 Freestyle Relay	0	0	08:00 AM	_____
Finals	79 Girls 15-18 400 IM	0	0	08:00 AM	_____
Finals	80 Boys 15-18 400 IM	0	0	08:00 AM	_____
	Finish Time			08:00 AM	_____

**VSYM Age Group Qualifier**  
**November 14-15, 2015, Westbrook, CT**  
**Session Report**

Session: 4 VSYM AGQ

Day of Meet: 2 Starts at 02:00 PM Heat Interval: 10 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	81 Girls 10 & Under 50 Freestyle	0	0	02:00 PM	_____
Finals	82 Boys 10 & Under 50 Freestyle	0	0	02:00 PM	_____
Finals	83 Girls 13-14 50 Freestyle	0	0	02:00 PM	_____
Finals	84 Boys 13-14 50 Freestyle	0	0	02:00 PM	_____
Finals	85 Girls 10 & Under 200 Freestyle	0	0	02:00 PM	_____
Finals	86 Boys 10 & Under 200 Freestyle	0	0	02:00 PM	_____
Finals	87 Girls 13-14 200 Freestyle	0	0	02:00 PM	_____
Finals	88 Boys 13-14 200 Freestyle	0	0	02:00 PM	_____
Finals	89 Girls 10 & Under 100 Backstroke	0	0	02:00 PM	_____
Finals	90 Boys 10 & Under 100 Backstroke	0	0	02:00 PM	_____
Finals	91 Girls 13-14 200 Backstroke	0	0	02:00 PM	_____
Finals	92 Boys 13-14 200 Backstroke	0	0	02:00 PM	_____
Finals	93 Girls 10 & Under 50 Breaststroke	0	0	02:00 PM	_____
Finals	94 Boys 10 & Under 50 Breaststroke	0	0	02:00 PM	_____
Finals	95 Girls 13-14 100 Breaststroke	0	0	02:00 PM	_____
Finals	96 Boys 13-14 100 Breaststroke	0	0	02:00 PM	_____
Finals	97 Girls 10 & Under 100 Butterfly	0	0	02:00 PM	_____
Finals	98 Boys 10 & Under 100 Butterfly	0	0	02:00 PM	_____
Finals	99 Girls 13-14 100 Butterfly	0	0	02:00 PM	_____
Finals	100 Boys 13-14 100 Butterfly	0	0	02:00 PM	_____
Finals	101 Girls 10 & Under 100 IM	0	0	02:00 PM	_____
Finals	102 Boys 10 & Under 100 IM	0	0	02:00 PM	_____
Finals	103 Girls 13-14 200 Freestyle Relay	0	0	02:00 PM	_____
Finals	104 Boys 13-14 200 Freestyle Relay	0	0	02:00 PM	_____
Finals	105 Girls 10 & Under 200 Freestyle Relay	0	0	02:00 PM	_____
Finals	106 Boys 10 & Under 200 Freestyle Relay	0	0	02:00 PM	_____
	Finish Time			02:00 PM	_____