

**North East Regional YMCA All-Star Championship  
Hosted by the Regional YMCA of Western Connecticut  
March 18-20<sup>th</sup>, 2016**

Wesleyan University  
Freeman Athletic Center  
161 Cross Street Middletown, CT 06459

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #OA15-1. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**EVENTS**

	<b>Name</b>	<b>Email</b>	<b>Phone</b>
<b>Meet Director:</b>	<b>Gordon Brown</b>	<a href="mailto:gbrown@regionalymca.org">gbrown@regionalymca.org</a>	<b>203-775-4444 Ext 129</b>
<b>Meet Referee:</b>	<b>Phillip James</b>	<a href="mailto:phillip.m.james@gmail.com">phillip.m.james@gmail.com</a>	
<b>Entry Chair:</b>	<b>Gordon Brown</b>	<a href="mailto:gbrown@regionalymca.org">gbrown@regionalymca.org</a>	<b>203-775-4444 Ext 129</b>
<b>Safety Chair:</b>	<b>Gordon Brown</b>	<a href="mailto:gbrown@regionalymca.org">gbrown@regionalymca.org</a>	<b>203-775-4444 Ext 129</b>

**WEBSITE:** [http:// www.makoswim.org](http://www.makoswim.org)

**POOL EMERGENCY NUMBER:** 860-685-2915 (Pool Deck)

**MEET TYPE:** This off-calendar approved meet will not count toward the regularly scheduled sanctioned meet eligibility requirement for CSI championships (Regional Championships and Age Group Championship). This meet will not count toward the eligibility requirement of Connecticut Swimming Scholar Athlete, Athlete Travel Assistance, or other CSI recognition programs with meet eligibility requirements. This meet will not count toward the regularly scheduled sanctioned meet eligibility requirement for CT Zone Team selection. If this off calendar meet is an approved meet, then times attained at this meet cannot be used for Short Course Zone Team qualification and selection.

**MEET CLASSIFICATION:** This is a sanctioned, closed, inter-association YMCA meet as defined by the YMCA of USA. Swimmers must be full members of the YMCA they are representing.

2016 USA Swimming Technical Rules will govern this meet.

The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. Meet management reserves the right to limit heats, adjust warm-up and/or start times or make other changes to ensure a quality meet. Changes will be communicated as far in advance as possible.

**MEET FORMAT:** The meet will be swum as timed-finals. The age limit is 18 years of age – no lower age limits; swimmers will be separated by seed times and gender based on traditional age groups. Results will be reported for 8 & Under, 9/10, 11/12, 13/14 and 15-18 age groups. Swimmers age will be determined by the first day of the meet (3/18/16).

**SCRATCH PROCEDURES:** Scratch sheets will be due to the computer table 30 minutes after the start of warm-ups; these must be returned even if a team has no scratches.

**FACILITY:** The Wesleyan University Pool will be configured as one 10 lane, 25 yard course. RYWC reserves the right to adjust to a single course of 8 lanes or less if warranted by the projected time line. Water depth at start and turn ends is between 7.5 and 14 feet. Colorado electronic timing system will be used. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

**POOL CERTIFICATION:** The competition courses have been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming.

**DISABLED ACCESS:** Accessible/ Fully ADA Compliant

**COURSE:** SCY.

**SESSION TIMES: Subject to Change**

**Friday:**

Session 1: 11 and Over Distance Events:	1:00pm Warm-up	1:45pm Start
Session 2: 11/12 Stroke 200's and 11/O 400IM:	3:00pm Warm-up	3:45pm Start
Session 3: 8 and Under	5:45pm Warm-up	6:30pm Start

**Saturday and Sunday:**

Session 4 & 6: 9/10 and 11/12 Swimmers:	8:00am Warm-up	9:00am Start
Session 5 & 7: 13/14 and 15-18 Swimmers:	2:00pm Warm-up	3:00pm Start

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect. Warm-up assignments will be provided.

**ELIGIBILITY:** All athletes must meet the standards regarding Swimmer Eligibility as stated in the YMCA of the USA Competitive Swimming Black Book. All teams must be currently registered through the YMCA Online Team Registration system in order to participate in the meet. Only YMCA Registered coaches with current certifications in the following safety courses will be permitted on deck at a YMCA Sanctioned Meet:

- **First Aid**
- **CPR**
- **Safety Training for Swim Coaches OR Lifeguarding**
- **Principles of YMCA Swimming and Diving**

*Coaches may show their current YMCA coach credential, current USA Swimming coach credential or the individual current certification cards*

**DISTANCE EVENTS:** The 11&Over 1650yd freestyle, and the 11/12 and 9/10 500 Freestyle will be swum fastest to slowest and alternate girls and boys. Awards and scoring shall be determined in 11/12, 13/14 and 15-18 categories for the 1650yd freestyle. The 11/O 1650yd freestyle is heat limited to 3 heats for each gender. Swimmers need to provide their own timer and counter for the 11/O 1650yd Freestyle, and the 9/10, 11/12, 13/14 and 15-18 500yd Freestyle.

**ENTRY LIMITATIONS:** Swimmers may participate in the following number of events:

Age Group	Individual Events per Session	Relay Events per Session	Total Individual Events for the Meet	Total Relay Events for the Meet
<b>8/u</b>	3	2	3	2
<b>9-10</b>	3	2	6	4
<b>11-12</b>	3	2	6	4
<b>13-14</b>	3	2	6	4
<b>15-18</b>	3	2	6	4

**TIME STANDARDS:** Swimmers must have equaled or bettered the minimum time standard since January 1, 2015. Swimmers absolutely may not swim an event for the first time at this meet. In order to fulfill volunteer requirements as the host team, the Regional YMCA of Western CT Mako Swim Club, and all swimmers attached to the Regional YMCA of Western CT, are not required to meet the qualifying standards set for this meet.

**ENTRY TIMES:** Submit entry times in: SCY. **No Times (NT) will not be accepted.**

**DEADLINES:** Entry deadline is March 7<sup>th</sup>, 2015. Mail hardcopy and payment to the entry chairperson: Gordon Brown, 2 Huckleberry Hill Rd, Brookfield, CT 06804. All non-electronic entries must be typed or printed legibly, and must use full names and include each athlete's correct date of birth. Entries will be accepted on a first-come, first-serve basis, space permitting. Formal team entry date is determined by date of email receipt as long as the entry fee and hard copy are post marked within five business days. Be aware the meet may close prior to the entry deadline. Teams whose entries cannot be accepted will be notified as soon as the meet is full, but no later than March 9<sup>th</sup>, 2015. The meet director reserves the right to deny any or all changes to the entry after it is received. Any entry received after the entry deadline will be returned, unless the meet is undersubscribed. Only swimmers times may be updated after the entry deadline. Time updates will be available up until 9:00pm on March 14<sup>th</sup>.

**ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at [gbrown@regionalymca.org](mailto:gbrown@regionalymca.org). Please check that your team name, address, and contact information are listed correctly in this file. Entries will be accepted on a first-come, first-serve basis, space permitting. Please send original entry sheets, sorted by swimmer, along with payment to the meet director, Gordon Brown, at 2 Huckleberry Hill Rd, Brookfield CT 06804. **A statement, signed by each competing YMCA's executive director, verifying that all athletes have met the membership requirements and that all coaches have met the coach certification requirements must be submitted with payment and post marked within five business days of the email receipt of the electronic entry.** Official acceptance may be waived if the payment is not submitted within this time period. In case of dispute, the original entry file will be considered the only official document of entry.

**ENTRY FEES:** Electronic entries: \$7.00 for individual events, \$15.00 for relays. Manual entries: \$8.00 for individual events, \$19.00 for relays. No refunds will be given for entries that are accepted, for entries that are rejected due to improper entry, or for events that may be canceled due to conditions outside of the control of the Regional YMCA. Relay only swimmers: \$2.00.

**PAYMENT INSTRUCTIONS:** Please make checks payable to The Regional YMCA of Western Connecticut and mail to: Gordon Brown, 2 Huckleberry Hill Rd, Brookfield, CT 06804. Payment must be received by 03/18/16.

**CUT PROTOCOL:** The meet will be managed to stay within approximately four and half hours of competition for all age groups, not including warm ups. If the timeline is excessive based on entries, teams /entries will be cut based on date of receipt. Before cutting teams, the 400IM and 500 Free will be limited to only the fastest 30 swimmers per gender. Clubs will be notified of cuts no later than Monday before the meet.

**RESERVE THE RIGHT TO MAKE CHANGES:** The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. Clubs will be notified of changes no later than Monday before the meet.

**RELAYS:** Teams may enter a maximum of three relays per relay event. All relay swimmers must be officially entered in the meet and be full members of their YMCA.

**SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time

2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. No electronic audio or visual recording devices, including cell phones, are permitted in changing areas, rest rooms, or locker rooms.

#### **PHOTOGRAPHY AND VIDEO RECORDING:**

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

**RULES:** Current USA Swimming rules will govern all competition.

**TIME TRIALS:** Individual event and relay time trials will be offered at the discretion of the meet referee if time allows. There will be no Time Trials on Friday, March 18<sup>th</sup>. Time trials are \$10.00 for individual events. The decision to offer time trials will be made each session after the start of the meet. In the event that time trials will run, requests for time trials must be handed in to the Admin Referee by 10:00AM for morning sessions and 4:00PM for the afternoon sessions. Time trial events will be limited to one event per time trial session and will not count toward the total number of event limitations per session. Time Trial events may be limited to those events published in this meet announcement. Swimmers will need to provide their own timers for time trial events. Relay only swimmers are permitted to time trial.

**WORK ASSIGNMENTS:** All teams will be required to supply timers in proportion to the size of their entry. Teams providing a list of officials by March 7<sup>th</sup>, 2016 will be credited in their timing assignments. Watches to be provided by meet host. Participating clubs will be notified of work assignments by the Monday before the meet. Swimmers will need to provide their own timers for the 500 freestyle for all age groups and the 11 and Over 1650 Freestyle.

**OFFICIALS:** YMCA Sanctioned Championship Meets must be run under USA Swimming Technical Rules. It is recommended that they also follow the USA-S Administrative Regulations of Competition in Part Two of the Rulebook, modified to adapt to local conditions.

YMCA Sanctioned Championship Meets must be officiated by YMCA certified officials. USA-S certified officials may assist in the officiating and should be encouraged to do so. However, the Meet Referee must be YMCA certified and two additional YMCA certified officials must be on deck at all times, one of whom must be the deck referee. A copy of the Meet Referee's YMCA Certified Official's card must be submitted with the sanction request.

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

**AWARDS & SCORING:**

- Medals will be awarded for 1-3 place and ribbons for 4-8 place individual events and medals for 1-3 place for relays.
- Events will be scored to 8 places. Individual Events: 9-7-6-5-4-3-2-1 Relays: 18-14-12-10-8-6-4-2
- Team Champion plaques will be awarded to the women's, men's and combined team that earn the most points across all ages.
- For the combined aged distance events, awards and scoring shall be determined in 13/14 and 15/18 categories.

**CONCESSIONS:** TBD.

**HOSPITALITY FOR COACHES AND OFFICIALS:** Yes.

**PARKING:** Directly across and adjacent to the Middletown firehouse. Please do not park on the street, especially if snow removal parking is in effect for Middletown, CT.

**DIRECTIONS:** [Freeman Athletic Center](#)

**Northeast Regional YMCA All Star Championship - 3/18/2016 to 3/20/2016****Session Report**

Session: 1 NE ALL STARS Session 1 - 11&amp; Over 1650

Day of Meet: 1 Starts at 01:45 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Meet Qualifying	Starts at
Finals	1 Girls 11 & Over 1650 Freestyle	0	0	24:00.00	01:45 PM
Finals	2 Boys 11 & Over 1650 Freestyle	0	0	25:00.00	01:45 PM
	Finish Time				01:45 PM

Session: 2 NE ALL STARS Session 2 – 11/12 Stroke 200's &amp; 11&amp;Over 400 IM

Day of Meet: 1 Starts at 03:45 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Meet Qualifying	Starts at
Finals	3 Girls 11-12 200 Backstroke	0	0	3:08.00	03:45 PM
Finals	4 Boys 11-12 200 Backstroke	0	0	3:20.00	03:45 PM
Finals	5 Girls 11-12 200 Breaststroke	0	0	3:30.00	03:45 PM
Finals	6 Boys 11-12 200 Breaststroke	0	0	3:40.00	03:45 PM
Finals	7 Girls 11-12 200 Butterfly	0	0	3:23.00	03:45 PM
Finals	8 Boys 11-12 200 Butterfly	0	0	3:30.00	03:45 PM
Finals	9 Girls 11 & Over 400 IM	0	0	6:09.99	03:45 PM
Finals	10 Boys 11 & Over 400 IM	0	0	6:19.99	03:45 PM
	Finish Time				03:45 PM

Session: 3 NE ALL STARS Session 3 - 8/Under

Day of Meet: 1 Starts at 06:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Meet Qualifying	Starts at
Finals	11 Mixed 8 & Under 100 Medley Relay	0	0		06:30 PM
Finals	12 Girls 8 & Under 25 Freestyle	0	0	25.00	06:30 PM
Finals	13 Boys 8 & Under 25 Freestyle	0	0	27.00	06:30 PM
Finals	14 Girls 8 & Under 50 Backstroke	0	0	54.00	06:30 PM
Finals	15 Boys 8 & Under 50 Backstroke	0	0	58.00	06:30 PM
Finals	16 Girls 8 & Under 100 IM	0	0	2:00.00	06:30 PM
Finals	17 Boys 8 & Under 100 IM	0	0	2:05.00	06:30 PM
Finals	18 Girls 8 & Under 25 Breaststroke	0	0	30.00	06:30 PM
Finals	19 Boys 8 & Under 25 Breaststroke	0	0	33.00	06:30 PM
Finals	20 Girls 8 & Under 50 Butterfly	0	0	52.00	06:30 PM
Finals	21 Boys 8 & Under 50 Butterfly	0	0	56.00	06:30 PM
Finals	22 Girls 8 & Under 25 Backstroke	0	0	27.00	06:30 PM
Finals	23 Boys 8 & Under 25 Backstroke	0	0	29.00	06:30 PM
Finals	24 Girls 8 & Under 50 Breaststroke	0	0	1:00.00	06:30 PM
Finals	25 Boys 8 & Under 50 Breaststroke	0	0	1:06.00	06:30 PM
Finals	26 Girls 8 & Under 25 Butterfly	0	0	26.00	06:30 PM
Finals	27 Boys 8 & Under 25 Butterfly	0	0	28.00	06:30 PM
Finals	28 Girls 8 & Under 50 Freestyle	0	0	50.00	06:30 PM
Finals	29 Boys 8 & Under 50 Freestyle	0	0	55.00	06:30 PM
Finals	30 Girls 8 & Under 100 Freestyle Relay	0	0		06:30 PM
Finals	31 Boys 8 & Under 100 Freestyle Relay	0	0		06:30 PM
	Finish Time				06:30 PM

**Northeast Regional YMCA All Star Championship - 3/18/2016 to 3/20/2016****Session Report**

Session: 4 NE ALL STARS Session 4 - 9/10 &amp; 11/12

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Meet Qualifying</b>	<b>Starts at</b>
Finals	32 Mixed 9-10 200 Medley Relay	0	0		09:00 AM
Finals	33 Mixed 11-12 200 Medley Relay	0	0		09:00 AM
Finals	34 Girls 9-10 50 Freestyle	0	0	45.00	09:00 AM
Finals	35 Boys 9-10 50 Freestyle	0	0	48.00	09:00 AM
Finals	36 Girls 11-12 50 Freestyle	0	0	37.50	09:00 AM
Finals	37 Boys 11-12 50 Freestyle	0	0	38.00	09:00 AM
Finals	38 Girls 9-10 100 Backstroke	0	0	1:39.50	09:00 AM
Finals	39 Boys 9-10 100 Backstroke	0	0	1:44.00	09:00 AM
Finals	40 Girls 11-12 50 Backstroke	0	0	42.00	09:00 AM
Finals	41 Boys 11-12 50 Backstroke	0	0	45.00	09:00 AM
Finals	42 Girls 9-10 50 Butterfly	0	0	59.00	09:00 AM
Finals	43 Boys 9-10 50 Butterfly	0	0	1:01.50	09:00 AM
Finals	44 Girls 11-12 100 Butterfly	0	0	1:28.50	09:00 AM
Finals	45 Boys 11-12 100 Butterfly	0	0	1:40.00	09:00 AM
Finals	46 Girls 9-10 200 Freestyle	0	0	3:07.00	09:00 AM
Finals	47 Boys 9-10 200 Freestyle	0	0	3:13.00	09:00 AM
Finals	48 Girls 11-12 200 Freestyle	0	0	2:36.48	09:00 AM
Finals	49 Boys 11-12 200 Freestyle	0	0	2:43.00	09:00 AM
Finals	50 Girls 9-10 200 IM	0	0	3:34.99	09:00 AM
Finals	51 Boys 9-10 200 IM	0	0	3:37.99	09:00 AM
Finals	52 Girls 11-12 100 IM	0	0	1:23.00	09:00 AM
Finals	53 Boys 11-12 100 IM	0	0	1:31.00	09:00 AM
Finals	54 Girls 9-10 50 Breaststroke	0	0	46.50	09:00 AM
Finals	55 Boys 9-10 50 Breaststroke	0	0	1:01.25	09:00 AM
Finals	56 Girls 11-12 100 Breaststroke	0	0	1:37.50	09:00 AM
Finals	57 Boys 11-12 100 Breaststroke	0	0	1:42.50	09:00 AM
Finals	58 Girls 9-10 400 Freestyle Relay	0	0		09:00 AM
Finals	59 Boys 9-10 400 Freestyle Relay	0	0		09:00 AM
Finals	60 Girls 11-12 400 Freestyle Relay	0	0		09:00 AM
Finals	61 Boys 11-12 400 Freestyle Relay	0	0		09:00 AM
Finals	62 Girls 9-10 500 Freestyle	0	0	7:27.50	09:00 AM
Finals	63 Boys 9-10 500 Freestyle	0	0	7:40.00	09:00 AM
	Finish Time				09:00 AM





**Northeast Regional YMCA All Star Championship - 3/18/2016 to 3/20/2016****Session Report**

Session: 5 NE ALL STARS Session 5 - 13/14 &amp; 15-18

Day of Meet: 2 Starts at 03:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Meet Qualifying</b>	<b>Starts at</b>
Finals	64 Girls 15-18 200 Medley Relay	0	0		03:00 PM
Finals	65 Boys 15-18 200 Medley Relay	0	0		03:00 PM
Finals	66 Girls 13-14 200 Medley Relay	0	0		03:00 PM
Finals	67 Boys 13-14 200 Medley Relay	0	0		03:00 PM
Finals	68 Girls 15-18 50 Freestyle	0	0	34.50	03:00 PM
Finals	69 Boys 15-18 50 Freestyle	0	0	32.00	03:00 PM
Finals	70 Girls 13-14 50 Freestyle	0	0	35.00	03:00 PM
Finals	71 Boys 13-14 50 Freestyle	0	0	34.50	03:00 PM
Finals	72 Girls 15-18 200 Backstroke	0	0	2:41.50	03:00 PM
Finals	73 Boys 15-18 200 Backstroke	0	0	2:39.00	03:00 PM
Finals	74 Girls 13-14 200 Backstroke	0	0	2:43.50	03:00 PM
Finals	75 Boys 13-14 200 Backstroke	0	0	2:53.25	03:00 PM
Finals	76 Girls 15-18 100 Butterfly	0	0	1:25.00	03:00 PM
Finals	77 Boys 15-18 100 Butterfly	0	0	1:22.50	03:00 PM
Finals	78 Girls 13-14 100 Butterfly	0	0	1:30.00	03:00 PM
Finals	79 Boys 13-14 100 Butterfly	0	0	1:30.50	03:00 PM
Finals	80 Girls 15-18 200 Freestyle	0	0	2:22.00	03:00 PM
Finals	81 Boys 15-18 200 Freestyle	0	0	2:18.00	03:00 PM
Finals	82 Girls 13-14 200 Freestyle	0	0	2:29.00	03:00 PM
Finals	83 Boys 13-14 200 Freestyle	0	0	2:28.00	03:00 PM
Finals	84 Girls 15-18 100 Breaststroke	0	0	1:32.50	03:00 PM
Finals	85 Boys 15-18 100 Breaststroke	0	0	1:22.00	03:00 PM
Finals	86 Girls 13-14 100 Breaststroke	0	0	1:32.50	03:00 PM
Finals	87 Boys 13-14 100 Breaststroke	0	0	1:36.50	03:00 PM
Finals	88 Girls 15-18 400 Freestyle Relay	0	0		03:00 PM
Finals	89 Boys 15-18 400 Freestyle Relay	0	0		03:00 PM
Finals	90 Girls 13-14 400 Freestyle Relay	0	0		03:00 PM
Finals	91 Boys 13-14 400 Freestyle Relay	0	0		03:00 PM
Finals	92 Girls 15-18 500 Freestyle	0	0	5:57.50	03:00 PM
Finals	93 Boys 15-18 500 Freestyle	0	0	5:40.00	03:00 PM
	Finish Time				03:00 PM

**Northeast Regional YMCA All Star Championship - 3/18/2016 to 3/20/2016****Session Report**

Session: 6 NE ALL STARS Session 6 - 9/10 &amp; 11/12

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Meet Qualifying</b>	<b>Starts at</b>
Finals	94 Girls 11-12 400 Medley Relay	0	0		09:00 AM
Finals	95 Boys 11-12 400 Medley Relay	0	0		09:00 AM
Finals	96 Girls 9-10 400 Medley Relay	0	0		09:00 AM
Finals	97 Boys 9-10 400 Medley Relay	0	0		09:00 AM
Finals	98 Girls 11-12 100 Freestyle	0	0	1:19.00	09:00 AM
Finals	99 Boys 11-12 100 Freestyle	0	0	1:20.00	09:00 AM
Finals	100 Girls 9-10 100 Freestyle	0	0	1:33.50	09:00 AM
Finals	101 Boys 9-10 100 Freestyle	0	0	1:36.50	09:00 AM
Finals	102 Girls 11-12 100 Backstroke	0	0	1:24.00	09:00 AM
Finals	103 Boys 11-12 100 Backstroke	0	0	1:30.00	09:00 AM
Finals	104 Girls 9-10 50 Backstroke	0	0	49.75	09:00 AM
Finals	105 Boys 9-10 50 Backstroke	0	0	52.00	09:00 AM
Finals	106 Girls 11-12 50 Butterfly	0	0	44.25	09:00 AM
Finals	107 Boys 11-12 50 Butterfly	0	0	50.00	09:00 AM
Finals	108 Girls 9-10 100 Butterfly	0	0	1:58.00	09:00 AM
Finals	109 Boys 9-10 100 Butterfly	0	0	2:03.00	09:00 AM
Finals	110 Girls 11-12 50 Breaststroke	0	0	48.75	09:00 AM
Finals	111 Boys 11-12 50 Breaststroke	0	0	51.25	09:00 AM
Finals	112 Girls 9-10 100 Breaststroke	0	0	1:53.00	09:00 AM
Finals	113 Boys 9-10 100 Breaststroke	0	0	2:02.50	09:00 AM
Finals	114 Girls 11-12 200 IM	0	0	3:00.00	09:00 AM
Finals	115 Boys 11-12 200 IM	0	0	3:07.00	09:00 AM
Finals	116 Girls 9-10 100 IM	0	0	1:37.00	09:00 AM
Finals	117 Boys 9-10 100 IM	0	0	1:38.00	09:00 AM
Finals	118 Mixed 11-12 200 Freestyle Relay	0	0		09:00 AM
Finals	119 Mixed 9-10 200 Freestyle Relay	0	0		09:00 AM
Finals	120 Girls 11-12 500 Freestyle	0	0	6:40.00	09:00 AM
Finals	121 Boys 11-12 500 Freestyle	0	0	6:45.00	09:00 AM
	Finish Time				09:00 AM

**Northeast Regional YMCA All Star Championship - 3/18/2016 to 3/20/2016****Session Report**

Session: 7 NE ALL STARS Session 7 - 13/14 &amp; 15-18

Day of Meet: 3 Starts at 03:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Meet Qualifying</b>	<b>Starts at</b>
Finals	122 Girls 13-14 400 Medley Relay	0	0		03:00 PM
Finals	123 Boys 13-14 400 Medley Relay	0	0		03:00 PM
Finals	124 Girls 15-18 400 Medley Relay	0	0		03:00 PM
Finals	125 Boys 15-18 400 Medley Relay	0	0		03:00 PM
Finals	126 Girls 13-14 100 Freestyle	0	0	1:14.00	03:00 PM
Finals	127 Boys 13-14 100 Freestyle	0	0	1:13.50	03:00 PM
Finals	128 Girls 15-18 100 Freestyle	0	0	1:10.00	03:00 PM
Finals	129 Boys 15-18 100 Freestyle	0	0	1:08.00	03:00 PM
Finals	130 Girls 13-14 100 Backstroke	0	0	1:21.75	03:00 PM
Finals	131 Boys 13-14 100 Backstroke	0	0	1:26.75	03:00 PM
Finals	132 Girls 15-18 100 Backstroke	0	0	1:20.75	03:00 PM
Finals	133 Boys 15-18 100 Backstroke	0	0	1:19.50	03:00 PM
Finals	134 Girls 13-14 200 Butterfly	0	0	3:00.00	03:00 PM
Finals	135 Boys 13-14 200 Butterfly	0	0	3:01.00	03:00 PM
Finals	136 Girls 15-18 200 Butterfly	0	0	2:50.00	03:00 PM
Finals	137 Boys 15-18 200 Butterfly	0	0	2:45.00	03:00 PM
Finals	138 Girls 13-14 200 Breaststroke	0	0	3:05.00	03:00 PM
Finals	139 Boys 13-14 200 Breaststroke	0	0	3:13.00	03:00 PM
Finals	140 Girls 15-18 200 Breaststroke	0	0	3:05.00	03:00 PM
Finals	141 Boys 15-18 200 Breaststroke	0	0	2:56.00	03:00 PM
Finals	142 Girls 13-14 200 IM	0	0	2:40.00	03:00 PM
Finals	143 Boys 13-14 200 IM	0	0	2:42.50	03:00 PM
Finals	144 Girls 15-18 200 IM	0	0	2:40.00	03:00 PM
Finals	145 Boys 15-18 200 IM	0	0	2:35.00	03:00 PM
Finals	146 Girls 13-14 200 Freestyle Relay	0	0		03:00 PM
Finals	147 Boys 13-14 200 Freestyle Relay	0	0		03:00 PM
Finals	148 Girls 15-18 200 Freestyle Relay	0	0		03:00 PM
Finals	149 Boys 15-18 200 Freestyle Relay	0	0		03:00 PM
Finals	150 Girls 13-14 500 Freestyle	0	0	6:04.50	03:00 PM
Finals	151 Boys 13-14 500 Freestyle	0	0	6:08.50	03:00 PM
	Finish Time				03:00 PM