

**CPAC vs RAC Dual Meet**  
**Hosted by Chelsea Piers Aquatic Club**  
**October 17, 2015**

Chelsea Piers CT, 1 Blachley Road, Stamford CT 06902  
Google Map - <http://goo.gl/maps/rikJ4>

Held under approval of USA Swimming and Connecticut Swimming, Inc. #A15- 1.

In granting this approval it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**EVENTS**

	<b>Name</b>	<b>Email</b>	<b>Phone</b>
<b>Meet Director:</b>	Kathy Salvo	SalvoK@Chelseapiersct.com	203-989-1300
<b>Meet Referee:</b>	William Bittenwieser	wbutten@optonline.net	914-879-5045
<b>Entry Chair:</b>	Pat Ford Griffis	pat.f.griffis@gmail.com	203-861-1579
<b>Safety Chair:</b>	James Barone	baronj@chelseapiersct.com	203-989-1300
<b>Officials Contact:</b>	William Bittenwieser	wbutten@optonline.net	914-879-5045

**WEBSITE:** <http://www.ChelseaPiersCT.com>

**POOL EMERGENCY NUMBER:** 203-989-1300

**MEET TYPE:** Approved

**Please Note:** This Connecticut Swimming approved meet will not count toward the regularly scheduled sanctioned meet eligibility requirement for CSI championships (Regional Championships and Age Group Championship). This meet does not count toward the eligibility requirement of Connecticut Swimming Scholar Athlete, Athlete Travel Assistance, or other CSI recognition programs with meet eligibility requirements. This meet will not count toward the regularly scheduled sanctioned meet eligibility requirement for CT Zone Team selection. Times attained at this meet cannot be used for Short Course Zone Team qualification and selection.

**MEET CLASSIFICATION:**

This meet is an Age Group Dual Meet between Ridgefield Aquatics Club and Chelsea Piers CT only.

**MEET FORMAT:** The meet will be swum as Timed-Final, seeding alternating by team in **10** lane course.

**SCRATCH PROCEDURES:** Coaches will receive a scratch sheet at the beginning of each session. Coaches must indicate all scratches on these sheets and submit their scratch sheets to the computer desk at least **45** minutes before races start.

**FACILITY:** The Chelsea Piers Competition Pool is a 15-lane, 25-yard pool. Water depth at start end is: **7.5'**. Water depth at turn end is: **7.5'**. The competition course has not been certified in accordance with 104.2.2C(4). Chelsea Piers uses a Daktronic timing system with a multilane LCD scoreboard.

Spectator seating will be available on the mezzanine.

Bleachers are available on deck for team seating; deck chairs will **not** be allowed to be brought on deck.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

**DISABLED ACCESS:** Chelsea Piers Connecticut is fully accessible to all, able-bodied and challenged. The spectator area is easily accessible via elevator, and all bathrooms have reserved stalls in them. Reserved parking is directly in front of the facility.

Please contact the Safety Chair for more information and special arrangements

**COURSE:** SCY

**SESSION TIMES: Subject to Change**

Single session Warm-ups 8:15 am Start 9:15 am

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect.

Single session : 15 lanes will be available for warm-ups.

**ELIGIBILITY:** All athletes must be current athlete members of CT Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet.. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete registration procedures. Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

**ADAPTED SWIMMING:** Any current members of RAC or CPAC teams, with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to [Mark Kinne](#), Adapted Athlete Committee Chair.

**EVENT INFORMATION:** No deck entries.

**ENTRY LIMITATIONS:** Athletes may enter Maximum 3 events.

**ENTRY TIMES:** Submit entry times in: SCY

**DEADLINES:** Entry deadline is October 12.

Email entry file in CL2 or SD3 format to the Entry Chair: Pat Ford Griffis, [pat.f.griffis@gmail.com](mailto:pat.f.griffis@gmail.com). .

**ELECTRONIC ENTRIES:**

Email entry file in CL2 or SD3 format to the Entry Chair:

Pat Ford Griffis, [pat.f.griffis@gmail.com](mailto:pat.f.griffis@gmail.com). .

**ENTRY FEES:** None.

**CUT PROTOCOL:**

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

1. Athletes aged 15 and Over will be cut from the meet.
2. Maximum number of entered events may be lowered.

**RESERVE THE RIGHT TO MAKE CHANGES:** In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. Clubs will be notified of changes no later than Monday before the meet.

**RELAYS:** Yes. Teams will be limited to five relay teams. All relay swimmers must be officially entered in the meet.

**SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

**PHOTOGRAPHY AND VIDEO RECORDING:**

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

**RULES:** Current USA Swimming rules will govern all competition.

**TIME TRIALS:** No.

**TIMERS, OFFICIALS OR WORK ASSIGNMENTS:**

**Officials:** All RAC & CPAC volunteer officials should contact Bill Battenwieser, [wbutten@optonline.net](mailto:wbutten@optonline.net) .

**Timers will be Required from both Teams:** Participating clubs will be notified of work assignments by the Monday before the meet.

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

**SCORING:** The meet will be scored for 3 places in Individual Events and 1 place in Relays as follows:

Individual Events: 5, 3, 1      Relay events: 7, 0, 0

**AWARDS:** No.

**CONCESSIONS:** Yes

**HOSPITALITY FOR COACHES AND OFFICIALS:** No.

**PARKING:**

There is parking located on site at Chelsea Piers Connecticut. If full, off-site parking may be provided at Rogers International School, 202 Blachley Road, Stamford, CT 06902

**DIRECTIONS:**

Northbound 95: Take exit 9. Make a left at the end of the ramp. Make a left on to Rt.1. Make a left onto Blachley Road. The facility is at the end of the street. Car park is beyond the buildings.

Southbound 95: Take exit 9. Make a right at the end of the ramp. Make a left onto Blachley Road. The facility is at the end of the street. Car park is beyond the buildings

**LODGING:**

The Sheraton Stamford Hotel is 1 mile from Chelsea Piers CT, take exit 8 from I-95.

Address: 700 East Main St, Stamford, CT 06901

Phone: (203) 358-8400 • Fax: (203) 358-8872

Please mention Chelsea Piers if making a reservation.

**RAC Dual Meet - 10/17/2015****Session Report**

Session: 1 Single Session Dual Meet

Day of Meet: 1 Starts at 09:30 AM Heat Interval: 20 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	1 Girls 18 & Under 200 Medley Relay	0	0	09:30 AM	_____
Finals	2 Boys 18 & Under 200 Medley Relay	0	0	09:30 AM	_____
Finals	3 Girls 10 & Under 50 Backstroke	0	0	09:30 AM	_____
Finals	4 Boys 10 & Under 50 Backstroke	0	0	09:30 AM	_____
Finals	5 Girls 11-12 100 Backstroke	0	0	09:30 AM	_____
Finals	6 Boys 11-12 100 Backstroke	0	0	09:30 AM	_____
Finals	7 Girls 13-14 100 Backstroke	0	0	09:30 AM	_____
Finals	8 Boys 13-14 100 Backstroke	0	0	09:30 AM	_____
Finals	9 Girls 15 & Over 100 Backstroke	0	0	09:30 AM	_____
Finals	10 Boys 15 & Over 100 Backstroke	0	0	09:30 AM	_____
Finals	11 Girls 10 & Under 50 Breaststroke	0	0	09:30 AM	_____
Finals	12 Boys 10 & Under 50 Breaststroke	0	0	09:30 AM	_____
Finals	13 Girls 11-12 100 Breaststroke	0	0	09:30 AM	_____
Finals	14 Boys 11-12 100 Breaststroke	0	0	09:30 AM	_____
Finals	15 Girls 13-14 100 Breaststroke	0	0	09:30 AM	_____
Finals	16 Boys 13-14 100 Breaststroke	0	0	09:30 AM	_____
Finals	17 Girls 15 & Over 100 Breaststroke	0	0	09:30 AM	_____
Finals	18 Boys 15 & Over 100 Breaststroke	0	0	09:30 AM	_____
Finals	19 Girls 10 & Under 50 Butterfly	0	0	09:30 AM	_____
Finals	20 Boys 10 & Under 50 Butterfly	0	0	09:30 AM	_____
Finals	21 Girls 11-12 100 Butterfly	0	0	09:30 AM	_____
Finals	22 Boys 11-12 100 Butterfly	0	0	09:30 AM	_____
Finals	23 Girls 13-14 100 Butterfly	0	0	09:30 AM	_____
Finals	24 Boys 13-14 100 Butterfly	0	0	09:30 AM	_____
Finals	25 Girls 15 & Over 100 Butterfly	0	0	09:30 AM	_____
Finals	26 Boys 15 & Over 100 Butterfly	0	0	09:30 AM	_____
Finals	27 Girls 10 & Under 50 Freestyle	0	0	09:30 AM	_____
Finals	28 Boys 10 & Under 50 Freestyle	0	0	09:30 AM	_____
Finals	29 Girls 11-12 100 Freestyle	0	0	09:30 AM	_____
Finals	30 Boys 11-12 100 Freestyle	0	0	09:30 AM	_____
Finals	31 Girls 13-14 100 Freestyle	0	0	09:30 AM	_____
Finals	32 Boys 13-14 100 Freestyle	0	0	09:30 AM	_____
Finals	33 Girls 15 & Over 100 Freestyle	0	0	09:30 AM	_____
Finals	34 Boys 15 & Over 100 Freestyle	0	0	09:30 AM	_____
Finals	35 Girls 18 & Under 200 Medley Relay	0	0	09:30 AM	_____
Finals	36 Boys 18 & Under 200 Medley Relay	0	0	09:30 AM	_____
	Finish Time			09:30 AM	_____