

2015 CAC Age Group Grand Prix Series Sprint Saturday, Oct 3, 2015

UCONN Avery Point Pool
1084 Shennecossett Rd, Groton, CT 06340
<https://goo.gl/ttxlLd>

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #S15-1. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

EVENTS

| | Name | Email | Phone |
|--------------------|-----------------|--|--------------|
| Meet Director: | Jon Caswell | joncacswim@gmail.com | 239-207-2313 |
| Meet Referee: | Qin Guo | Elxj0924@gmail.com | |
| Entry Chair: | Lynne Benavides | Jackboss2000@gmail.com | 401-447-5190 |
| Safety Chair: | Mike Rowe | Rowemj73@gmail.com | |
| Officials Contact: | Qin Guo | | |

WEBSITE: www.cacswim.net

POOL EMERGENCY NUMBER: 860-405-9011

MEET TYPE: Sanctioned

MEET CLASSIFICATION: This meet is open to all USA Swimming athletes and clubs.

MEET FORMAT: The meet will be swum as Timed-Final

SCRATCH PROCEDURES: Scratch sheets are due to the computer desk no later than 15 minutes after the start of the session warm-up. If a scratch sheet is not turned in, it will be assumed that the team is not in attendance and the entire team will be scratched from that session.

FACILITY: The UCONN Avery Point Pool is six-lane, 25-yard pool. Water depth at start end is: 12 feet. Water depth at turn end is: 4 feet. The competition course has not been certified in accordance with 104.2.2C(4). Colorado Electronic Timing system will be used. Spectator seating is up in the balcony on both sides of the pool. Deck chairs are allowed in the balcony on the east side of the pool, closest to the ocean. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

DISABLED ACCESS: Handicap parking is allowed in the designated spaces posted. If special assistance is needed, please contact the meet director.

COURSE: SCY

SESSION TIMES: Subject to Change Warm-up – 7:00am, Meet starts 8:00am

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. There will be one warm-up session and 6 lanes will be used. Subject to change depending on entries received.

ELIGIBILITY: All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete registration procedures. Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to [Mark Kinne](#), Adapted Athlete Committee Chair.

EVENT INFORMATION: This is the first meet of the Grand Prix Series. Only swimmers who compete in the October meet and are competing in the next 2 meets (Jan & Feb) who age up between Oct 4, 2015 and Feb 20, 2017 will be allowed to compete in their original age group. The age groups will be modified to include these swimmers with birthdays (ex. 9-11, 11-13, 13-15) After the 3rd meet, awards will be handed out to the top 3 point scorers in each age group.

ENTRY LIMITATIONS: Swimmers may compete in 5 events.

ENTRY TIMES: Submit entry times in: SCY.

DEADLINES: deadline is Friday, September 25, 2015. Mail hardcopy and payment to the entry chairperson: Jon Caswell, 54 Baxter St., Charlestown, RI 02813. All entries must be legible and must use full names and registration numbers from USA Swimming registration. An entry will be officially received when the entry is received by email and an email receipt is sent to team.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at joncaswim@gmail.com. Please check that your team name, address, and contact information are listed correctly in this file. Payment is due prior to the start of the meet.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

ENTRY FEES: Electronic entries: \$7.00 for individual events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry

PAYMENT INSTRUCTIONS: Please make checks payable to Connecticut Aquatic Club and mail to: Jon Caswell, 54 Baxter St., Charlestown, RI 02813 Payment must be received by start of the meet.

CUT PROTOCOL:

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

1. The maximum number of events allowed per day may be reduced by one (1).

2. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or changes will be made to Program Operations and the attending teams as soon as possible and not later than the Monday before the meet.

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: No

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: No

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: Teams will be asked to supply timers in relationship to the size of their entry. Participating clubs will be notified of work assignments by the Monday before the meet.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will be scored. Scoring will be for the top 12 swimmers. (15-11-10-9-8-7-6-5-4-3-2-1)

AWARDS: Yes Ribbons will be awarded to the top 6 finishers in each individual event. After the 3rd Grand Prix meet, additional awards will be distributed to the top 3 point scorers in each age group. After the 3rd meet, all awards must be picked up after the meet. Awards will not be mailed out.

CONCESSIONS: Yes.

HOSPITALITY FOR COACHES AND OFFICIALS: Yes

PARKING: There is plenty of parking on the campus. If the lot next to the pool is full, there is plenty of parking by the sea wall by the entrance of the campus.

DIRECTIONS: The UCONN Avery Point Pool is located on the campus of UCONN Avery Point. The address of the college is 1084 Shennecossett Rd, Groton, CT 06340. Once you enter the main entrance, take a left at the stop sign and the pool is on your left. Here is a link to google maps: <https://goo.gl/ttx1Ld>

LODGING: Please check www.cacswim.net for any lodging options for the meet.

CAC Age Group Grand Prix Series Sprint - 10/3/2015
Session Report

Session: 1 Sat AM

Day of Meet: 1 Starts at 08:00 AM Heat Interval: 20 Seconds / Back +20 Seconds

| Round | Event | Entries | Heats | Starts at | |
|--------------|------------------------------------|----------------|--------------|------------------|-------|
| Finals | 1 Girls 8 & Under 100 IM | 0 | 0 | 08:00 AM | _____ |
| Finals | 2 Boys 8 & Under 100 IM | 0 | 0 | 08:00 AM | _____ |
| Finals | 3 Girls 9-10 100 IM | 0 | 0 | 08:00 AM | _____ |
| Finals | 4 Boys 9-10 100 IM | 0 | 0 | 08:00 AM | _____ |
| Finals | 5 Girls 11-12 100 IM | 0 | 0 | 08:00 AM | _____ |
| Finals | 6 Boys 11-12 100 IM | 0 | 0 | 08:00 AM | _____ |
| Finals | 7 Girls 13-14 100 IM | 0 | 0 | 08:00 AM | _____ |
| Finals | 8 Boys 13-14 100 IM | 0 | 0 | 08:00 AM | _____ |
| Finals | 9 Girls 8 & Under 25 Butterfly | 0 | 0 | 08:00 AM | _____ |
| Finals | 10 Boys 8 & Under 25 Butterfly | 0 | 0 | 08:00 AM | _____ |
| Finals | 11 Girls 9-10 50 Butterfly | 0 | 0 | 08:00 AM | _____ |
| Finals | 12 Boys 9-10 50 Butterfly | 0 | 0 | 08:00 AM | _____ |
| Finals | 13 Girls 11-12 50 Butterfly | 0 | 0 | 08:00 AM | _____ |
| Finals | 14 Boys 11-12 50 Butterfly | 0 | 0 | 08:00 AM | _____ |
| Finals | 15 Girls 13-14 100 Butterfly | 0 | 0 | 08:00 AM | _____ |
| Finals | 16 Boys 13-14 100 Butterfly | 0 | 0 | 08:00 AM | _____ |
| Finals | 17 Girls 8 & Under 25 Backstroke | 0 | 0 | 08:00 AM | _____ |
| Finals | 18 Boys 8 & Under 25 Backstroke | 0 | 0 | 08:00 AM | _____ |
| Finals | 19 Girls 9-10 50 Backstroke | 0 | 0 | 08:00 AM | _____ |
| Finals | 20 Boys 9-10 50 Backstroke | 0 | 0 | 08:00 AM | _____ |
| Finals | 21 Girls 11-12 50 Backstroke | 0 | 0 | 08:00 AM | _____ |
| Finals | 22 Boys 11-12 50 Backstroke | 0 | 0 | 08:00 AM | _____ |
| Finals | 23 Girls 13-14 100 Backstroke | 0 | 0 | 08:00 AM | _____ |
| Finals | 24 Boys 13-14 100 Backstroke | 0 | 0 | 08:00 AM | _____ |
| Finals | 25 Girls 8 & Under 25 Breaststroke | 0 | 0 | 08:00 AM | _____ |
| Finals | 26 Boys 8 & Under 25 Breaststroke | 0 | 0 | 08:00 AM | _____ |
| Finals | 27 Girls 9-10 50 Breaststroke | 0 | 0 | 08:00 AM | _____ |
| Finals | 28 Boys 9-10 50 Breaststroke | 0 | 0 | 08:00 AM | _____ |
| Finals | 29 Girls 11-12 50 Breaststroke | 0 | 0 | 08:00 AM | _____ |
| Finals | 30 Boys 11-12 50 Breaststroke | 0 | 0 | 08:00 AM | _____ |
| Finals | 31 Girls 13-14 100 Breaststroke | 0 | 0 | 08:00 AM | _____ |
| Finals | 32 Boys 13-14 100 Breaststroke | 0 | 0 | 08:00 AM | _____ |
| Finals | 33 Girls 8 & Under 25 Freestyle | 0 | 0 | 08:00 AM | _____ |
| Finals | 34 Boys 8 & Under 25 Freestyle | 0 | 0 | 08:00 AM | _____ |
| Finals | 35 Girls 9-10 50 Freestyle | 0 | 0 | 08:00 AM | _____ |
| Finals | 36 Boys 9-10 50 Freestyle | 0 | 0 | 08:00 AM | _____ |
| Finals | 37 Girls 11-12 50 Freestyle | 0 | 0 | 08:00 AM | _____ |
| Finals | 38 Boys 11-12 50 Freestyle | 0 | 0 | 08:00 AM | _____ |
| Finals | 39 Girls 13-14 100 Freestyle | 0 | 0 | 08:00 AM | _____ |
| Finals | 40 Boys 13-14 100 Freestyle | 0 | 0 | 08:00 AM | _____ |
| | Finish Time | | | 08:00 AM | _____ |