

# HHAC 8/Under Quadrathon December 7, 2013

Beckerman Athletic Center, 225 Skiff Street, Hamden, CT, 06517  
<http://goo.gl/maps/svbvH>

Held under sanction of USA Swimming and Connecticut Swimming  
S#13-43

## **EVENTS**

### **IMPORTABLE MEET EVENTS**

	<b>Name</b>	<b>Email</b>	<b>Phone</b>
Meet Director:	Ken Pierson	kpierson@hamdenhall.org	203-464-0436
Meet Referee:	Karen Barber	Karen_jubanyik@yahoo.com	203-494-6068
Administrative Official:	Dave Heller	hellerd@nationwide.com	
Entry Chair:	Melanie Woods	melaniekwoods@optonline.net	203-339-0097
Safety Chair:	Martha Phelan	Phelan.martha@gmail.com	203-619-4289

**WEBSITE:** <http://www.swimhhac.com>

**POOL EMERGENCY NUMBER:** 203-752-2600

**MEET TYPE:** Sanctioned.

**MEET CLASSIFICATION:** This meet is open to all USA Swimming athletes and clubs

**MEET FORMAT:** The meet will be swum as timed finals.

**SCRATCH PROCEDURES:** Coaches will receive a scratch sheet for the meet in their information packets listing all of their swimmers and events. Coaches must indicate all scratches on these sheets and turn them in to the computer table within one half hour after the start of warm-up.

**FACILITY:** The Edwards Family Natatorium is a 6-lane, 25-yard pool. Water depth at start end is 13.6 Feet. Water depth at turn end is 4 feet. The pool has electronic timing with full a display board. The competition course has not been certified in accordance with 104.2.2C (4). We will be using stopwatches for a back-up system should the timing system fail. The spectator seating will accommodate approx. 200 people.

**DISABLED ACCESS:** Handicapped parking is available. The main entrance, locker rooms, spectator seating and pool entrances are handicapped accessible. Please contact the meet director if athletes, coaches, or spectators require assistance.

**COURSE:** SCY

**SESSION TIMES:** Warm-up: 7:30am – 8:50am      Start: 9:00 am  
**Subject to change.**

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect.

**ELIGIBILITY:** All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See [CT swimming athlete registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

**ADAPTED SWIMMING:** Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to [Mark Kinne](#), Adapted Athlete Committee Chair.

**EVENT INFORMATION:** No deck entries will be accepted.

**ENTRY LIMITATIONS:** Swimmers must enter and swim legally in all 4 events to be considered for the Quadrathlon awards.

**ENTRY TIMES:** Submit entry times in: SCY. If there are no official times for an athlete, please submit estimated times. No Times (NT) are strongly discouraged.

**DEADLINES:** Entry deadline is Friday, November 22, 2012. Mail hardcopy and payment to the entry chairperson: Melanie Woods, 198 Zion Hill Road, Milford, CT 065461. All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration. Entries via e-mail are encouraged but final date of entry is not posted until payment is received. Deck entries are not allowed.

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at [melaniekwoods@optonline.net](mailto:melaniekwoods@optonline.net). Please check that your team name, address, and contact information are listed correctly in this file. Payment is due on November 29, 2013. Your team is not officially entered into the meet until payment has been received. Please send payments to entry chair listed above immediately after sending electronic entry to ensure entry into the meet.

**ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION:** Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

**ENTRY FEES:** Electronic entries: \$7.00 for individual. Manual entries: \$10.00 for individual events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

**PAYMENT INSTRUCTIONS:** Please make checks payable to Hamden Hall Aquatic Club and mail to: Melanie Woods, 198 Zion Hill Road, Milford, CT 065461. Payment must be received by Friday, November 29, 2013.

**CUT PROTOCOL:** If the meet is oversubscribed, teams will be cut in the inverse order of the receipt of their entry. Clubs will be notified of any changes to the meet format no later than Monday, December 2, 2013.

**RESERVE THE RIGHT TO MAKE CHANGES:** The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations. Clubs will be notified of cuts no later than Monday before the meet.

**RELAYS:** No

**SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. No electronic audio or visual recording devices, including cell phones, are permitted in changing areas, rest rooms, or locker rooms.

**RULES:** Current USA Swimming rules will govern all competition. **Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.**

**TIME TRIALS:** Time trials will not be offered.

**TIMERS, OFFICIALS OR WORK ASSIGNMENTS:** All teams will be required to provide timers in proportion to the size of their team entry. It is the responsibility of each team representative or coach to make sure that their timers report for the timers' meeting and remain in place throughout the session. Participating clubs will be notified of work assignments by the Monday before the meet.

A full complement of officials is important to the success of any meet. Please email the Meet Referee, Karen\_jubanyik@yahoo.com, with a list of officials from your team who would be available to work the session.

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

**SCORING:** The meet will be scored for the Quadrathon awards. The swimmers times in each of the four strokes will be added together and then ranked fastest time to slowest time for purpose of award placing.

**AWARDS:** Trophies will be awarded to the top 6 overall finishers based on their combined score from all 4 events. There will be heat winners.

**CONCESSIONS:** Yes

**HOSPITALITY FOR COACHES AND OFFICIALS:** Yes

**PARKING:** Free parking is available in the Beckerman Athletic Center parking lot.

**DIRECTIONS:****FROM I-95 (N or S):**

I-95 into New Haven. North on I-91. To Exit 6 Willow St./Blatchley Ave. (left hand exit off I-91) Turn right off ramp onto Willow St. & follow to the end. Turn right onto Whitney Ave. Proceed approximately 5 miles. (Going past Hamden Hall at the 2 mile mark, then past the Reservoir on both sides, and finally past Walgreen's & through the Spring Glen neighborhood.) Turn left at major intersection onto Skiff St. (the 8th light after Hamden Hall, the next light after Spring Glen School.) The entrance to the complex is 1/4 mile up on left.

**FROM RT. 15 MERRITT/WILBUR CROSS PARKWAY (N or S):** Exit 60 Hamden. Turn left (north) onto Dixwell Ave. Proceed past strip malls on both sides. At major intersection, turn right onto Skiff St. (just past TGI Friday's & Super Stop & Shop plaza on right.) Entrance is approximately 1/2 mile down Skiff St. on the right.

**FROM I-91 GOING SOUTH: Exit 10 Hamden/Mt. Carmel:** The exit ramp turns into the Mt. Carmel Connector. Take Exit 1 off connector. At end of ramp turn left and proceed to end. Turn left at light onto Hartford Turnpike. At first light turn right onto Dixwell Ave. Proceed up hill and then down hill and into center of town. Turn left at major intersection onto Whitney Ave. (Rt. 10 South). Proceed to third light at major intersection and turn right onto Skiff St. Field entrance is 1/4 mile up on the left.

**HHAC 8/Under Quadrathon - 12/7/2013****Session Report**

Session: 1 Session 1

Day of Meet: 1 Starts at 09:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Finals	1 Girls 8 & Under 25 Butterfly	0	0	09:00 AM _____
Finals	2 Boys 8 & Under 25 Butterfly	0	0	09:00 AM _____
Finals	3 Girls 8 & Under 25 Backstroke	0	0	09:00 AM _____
Finals	4 Boys 8 & Under 25 Backstroke	0	0	09:00 AM _____
Finals	5 Girls 8 & Under 25 Breaststroke	0	0	09:00 AM _____
Finals	6 Boys 8 & Under 25 Breaststroke	0	0	09:00 AM _____
Finals	7 Girls 8 & Under 25 Freestyle	0	0	09:00 AM _____
Finals	8 Boys 8 & Under 25 Freestyle	0	0	09:00 AM _____
	Finish Time			09:00 AM _____